



**NAMI**

**ILLINOIS**

**START UP YEARS**

**1983 - 1986**



# AMI... ● ● ●



## The Alliance for the Mentally Ill of Illinois, INC. State Coalition

### Who Belongs to AMI?

- Parents and relatives
- Patients and ex-patients
- Friends
- Professionals

To Find An AMI Affiliate In Your Area Contact:

P.O. BOX 863  
GLENVIEW, IL 60025  
(312) 297-9966

## What Does AMI Do?

**Advocates** programs and legislation that will provide innovative and meaningful assistance to the mentally ill.

**Assists** in formation of family self-help and advocacy groups in local communities.

**Educates** family members and friends through regional workshops and informed speakers from mental health professions and government agencies.

**Encourages** more research into causes and effective treatments for mental illness.

**Expresses** the needs and recommendations of consumers and families to the mental health system.

**Influences** public policy by providing consumer representation on boards and organizations in the area of chronic mental illness.

**Informs** members and other concerned citizens about AMI activities through a regular newsletter.

**Promotes** community awareness and the removal of stigma attached to mental illness.

**Promotes** the understanding of mental illness by sharing experiences and knowledge.

**Serves** as a clearing house and resource center for information about chronic mental illness.

**Supports** development of comprehensive services for mental health consumers and their families, and monitors existing services.



## **THE FOUNDING OF AMI-THE ALLIANCE for the MENTALLY ILL**

The early formation of AMI-NAMI can be very confusing to the reader.

Before NAMI (1979) and AMI-ILLINOIS (1983) were formed, several local area support groups had formed:

The Schizophrenia Assoc. of West Suburban Chicago, Downers Grove, IL

SFI-Schizophrenia Foundation of IL-Highland Park (1976)

NASS- North Area Schizophrenia Society, (1976)

SSRI- Schizophrenia Society and Related Illness;(1976-77)

VOICES, (1979) Mt. Prospect, IL

AMI-Illinois, (1979) Glenview, IL

AMI/Voices (1979) (Merger)

IAMI (Sept 1979) Merged group name changed.

NAMI (National) (1979) AMI-Illinois State Coalition (1983)

### **FORERUNNER of AMI - NAMI 1976-1982**

The Illinois family movement started back in 1976 when the Huxley Institute sponsored a lecture on Schizophrenia. After the lecture Milly Markson, from Glenview, inquired about forming a group of parents concerned about mental illness, a sheet of paper was passed, and 12 persons signed up.

At the same time, others groups were forming, NASS-North Area Schizophrenia Society, which later changed their name to SSRI-Society for Schizophrenia and Related Illnesses, and SFI-Schizophrenia Foundation of Illinois, Highland Park.

In 1979 Thresholds held a family support meeting and concerned parents formed an organization named VOICES-Voices of Interested Citizens for Emotional Stability. Five couples were initiators, Shirley Starr became President.

Vi Orr was involved with SSRI group. Groups were growing at a fast pace and with the exchange of newsletters from other groups all over the country keeping us informed of activities and happenings throughout the U.S.A, the name, Alliance for the Mentally Ill had been circulated. Vi Orr thought the name was so appropriate, she brought the idea to next board meeting, May 1979, and NASS, SSRI became AMI-The Alliance for the Mentally Ill. Initially meetings were held in various homes and eventually moved to a church basement. When the acting chairperson belatedly cancelled out, Vi Orr met the challenge of preparing an agenda and chaired the first meeting

Vi working full time with 4 young children did not wish to be President and proposed a suggestion to Shirley Starr president of VOICES. Shirley invited Vi to be a visitor at VOICES meeting, Sept. 11, 1979, to meet the board and bring up the idea of a merge. Vi was introduced and suggested to the VOICES board that AMI and VOICES unite; AMI had over 150 members, VOICES, 95 members.

By unanimous vote of the individual boards of both organizations the merge was accepted. Membership, treasuries, Board of Directors, and agenda was formed into a new organization. The name chosen was AMI-VOICES. With growth the group held meetings at the Old Orchard Hospital (Former Skokie Valley Hospital, Skokie Hospital and now a part NorthShore UniversityHealth System.)

## NAMI (NATIONAL) FORMATION: 1979

Years of frustration and the lack of a unified voice were the grounds for the formation of the National Alliance for the Mentally Ill, the first concerted effort to unify the variety of parents' organizations and self-help groups. Monies for a weekend conference was federal funded provided through the Univ. of Wisconsin Extension. Harriet Shelter and Bev Young, two concerned mothers of sons with serious mental illnesses, were involved with AMI of Dane County, WI. They were one of the more active family groups at the time.

The conference was held Sept. 7<sup>th</sup>, 8<sup>th</sup>, and 9<sup>th</sup>, 1979. Invited were 284 individuals from 59 groups in 29 states and Canada for the long full weekend of meetings. Vi Orr and Shirley Starr were among several members from AMI and VOICES attending. By Sunday the NAMI- National Alliance for the Mentally Ill was officially christened.

A hat was passed around for start-up funds. A steering committee was soon establishment. In time the first executive director, H. Bernard Smith, was hired. Shirley Starr (VOICES president) was elected the first president of the NAMI board and office was established in Washington, DC

## FORMATION of NAMI-ILLINOIS STATE COALITION -1983

Vi Orr, former President, IAMI-Illinois Alliance for the Mentally Ill (now merged with Voices), exercised leadership in the efforts to form a regional statewide coalition when the local groups merged. Vi, newly chosen membership chairman of this new group called IAMI, wore many hats during her reign from 1979 to 1982. Vi working on the formation of NAMI-Illinois State Coalition was asked to resign as IAMI board member as they felt it was a "conflict of interest!!!"

Here where it gets a little confusing originally AMI-Voices changed their name to IAMI – Illinois Alliance for the Mentally Ill with offices in Chicago. When the state was formed, the chosen name became AMI-Illinois State Coalition with offices in Springfield. In time, Illinois- AMI (Chicago) became AMI-Greater Chicago.


In July of 1997 at the NAMI National Convention in Albuquerque, NM, the national membership approved a referendum stating that all state and local affiliates should call themselves NAMI of \_\_\_\_\_ (name of area.) Now we are NAMI-Illinois.

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## HISTORY OF AMI-ILLINOIS STATE COALITION

The following concise history pages give a month-to-month report of all the activities during Vi Orr's three year reign as founder and first president. The list gives our state organizational activities, meetings, officers, speakers, conferences, etc. Looking back, I must say that the formation of AMI-STATE was a very rewarding "adventure." We had a fantastic group of volunteers who traveled around the state, and so eager to get jobs accomplished. All were great workers. The founders, were all family members with no previous knowledge of mental illness.

Since I am writing this history 33 years after the founding of NAMI-Illinois, I wish to pay tribute to so many hard working founders that are no longer with us. May they Rest in Peace.

Vi Orr   
9/9/2016

### References:

NAMI-1999 Short History review  
VOICES, October, 1979 newsletter  
Through the Years Profile, Anne McGuire  
AMI-Illinois History, 6/15/1988, Vi Orr

LIST OF THOSE ATTENDING NAMI CONFERENCE IN ST. LOUIS, MO  
 WHO SIGNED UP TO FORM A STATE AMI IN ILLINOIS.  
 DATE; AUGUST, 1983

(include area code)

NAME	ADDRESS	PHONE	GROUP	# IN GROUP
Ayge Janssens	612 Hilltop Ct. Bloomington 61701	(309) 828-0530	Livingston-McKean REACH	30 *
Shirley Barrett	203 Chubbartwood Livingston	319 365530	Tri County	
Vi ORR	3808 Regen Rd Glenview, IL 60025	312 729-1057	Sec. AMI - Chicago	
KEN & BEV COOPER	7446 W. 114th MILLAND PARK, IL 60031	312 432-7752	(2 AM)	
June Hayes	498 Linden Palatka, IL	312 358-1244	N.W. Sub. A.M.I	
Anna McQuire	184 Maple H. Shaw & Oak, IL 60035	312 432-4562	11 AMI (Chicago)	
Bob Dell	4145 E. Pleasant Sandwich, IL	815-786-6341	Sandwich/ J. K. & B. Dell	
Joyce Dell	1027 N. Santa Fe Chillicothe, IL	274 5039	Tri-County	
Rice & Betty Brody	4800 Chicago South Ave Chicago, IL 60615	312 275-8385	1 AMI - Chicago area	
From Apartment	ACCESS LIVING, 505 N. M. SALVE CHICAGO, IL 60610	312 312-328-1476	1 AMI - Chicago	700+
Laura Guilfoyle	207 N. Powell N. Prospect St	312 372-7276	Tri County AMI	
Pat Moorey	111 Sunset Dr. East Peoria 61611	309-699-6346	Tri County AMI	

(include area code)

NAME ADDRESS PHONE GROUP # IN GROUP

Margie Mayra	2252 - 32nd St. Rock Island, Ill.	309-786-4923	Rock Island - Memm C. A. M. I.	
Marie Nelson	Rt 2 Box 29 Cambridge, Ill 61238	309-476-8656	Rock Island - Memm A.M.I.	
Heleen L. Peterson	Cambridge, Ill.	309-939-2995	Rock Island - A.M.I.	
Jeff Womach	1817 - 45th St S Rock Island	309-788-1660	Rock Island A.M.I.	
Jack & Fay Klimach	Sterling, Ill		San Val Mey A.M.I. Dixon	
John & Bonnie Resko	Pontiac, Ill.	815-842-1514	Livingston-Melcan Reach	25
Mary McCabe	2818-7th St E. Moline, Ill. R.R. 2	755-2707	Rock Island A.M.I.	
Lyle and Merna Lutter	Flanagan, Ill. 61740	815 796-2648	L.W. - McLean REACH	
Richard Donach	1817-48th St. R.I. Ill.	309- 788-1660	R.I. A.M.I.	
Lene Bassen	15939 Woodlawn East South Holland 60473	312 331 6145	AMISS	
JANE S. O'BRIEN	9656 S. KARLOV OAK LAWN, IL. 60453	312 425-6605	AMISS	
Stephen Pereira	10504 S. Francis Oak Spauld 60453	312 744-5247	AMISS	
Heleen Bassen	907 N. School St Tumult, Ill. 61761	309 452-3317	Jungstrom/McLean Reach	

ANNOUNCEMENT OF FIRST ORGANIZATIONAL MEETING

THE STATEWIDE MEETING OF MEMBERS OF THE ALLIANCE FOR THE MENTALLY ILL, AS PROPOSED DURING THE NATIONAL CONFERENCE ST. LOUIS, WILL BE HELD.....

SATURDAY, OCTOBER 1, 1983

10:00 AM to 6:00 PM

in the meeting hall of

REDEEMER LUTHERAN CHURCH

1822 E. Lincoln  
(off Veterans Parkway)

BLOOMINGTON, ILLINOIS

- AGENDA
- \* Developing a State Coalition
  - \* A "Call to Arms" on the closing of State Institutions

Please notify your members that ALL interested parties are welcome!

There will be a break for lunch. Either brown bag it or take advantage of Fast Food Restaurants near-by.....

Directions

John Plesko - 815-842-1514 (H)  
1153 (O)

Questions

Ill. AMI Office  
312-864-8866 (Leave Message)

# OUR FIRST MEETING

## ALLIANCE FOR THE MENTALLY ILL ILLINOIS, INC.

Organizational Meeting: Saturday, October 1, 1983

10:00--10:30 Registration, Coffee, Conversation

1. Sign in at front desk
2. Be sure to obtain a number if one is not marked on your name tag.
3. Until 1st break, please sit with members of your own AMI group.

10:30-10:45 Welcome. Purpose and Information.....Vi Orr

10:45-12:30 Formation of a Statewide Coalition

1. Discussion and voting
2. Select key person to represent your group as spokesperson.
3. Discuss expertise your group can offer: ie. Public Relations, Legal, trips to Springfield, State Fund Raising, Special Promotions, Writing Campaigns, By-Laws Comm., Accounting, Newsletter, Office, etc.
4. Suggestions for place and hosts for quarterly meeting.  
(February---- weather permitting)
5. Volunteers for drafting of By-Laws. (Draft to be submitted at next quarterly meeting.)
6. Submit suggestions for name of this newly formed organization.

Reports and Discussion

Group Speakers.....to be announced

12:30-1:15 Lunch

1:15-2:15 Group discussions, groups formed by numbers on your name tag

1. State-Federal Issues to be addressed: (example) Current problem: closing of state institutions and our role.
2. Membership, Growth
3. Fund Raising ideas--Grants
4. Public Relations (Getting to know your Legislators)
5. Our role as state advocates
6. Political action/Legislative Policies

2:15-3:00 Reports and Discussion

3:00-3:15 Break

3:15-4:00 Set up Policy for contact  
Newsletter Information  
Telephone Tree  
Special Interest Issues

4:00-4:30 Discussions/ Ideas for a State Conference. How? What? Where? Who?

4:30-5:30 Special Reports  
New Business  
Sharing

5:30-6:00 Social/Visiting/Good Byes



November 16, 1983

Dear Steering Committee Members:

The by-laws and minutes of last meeting are enclosed. The packet of mail is being mailed by our corresponding secretary to key people in each affiliate group. Please xerox this information and pass on to your officers and arrange for a group discussion.

Feel free to discuss changes, additions and make comments to the by-laws and mail any suggestions to Hank Lacine, By-laws Chairman. (Addresses of key persons are enclosed with this packet of mail). The by-laws will be approved at the open meeting in February.

Inform your group as to what has been happening so far and make them feel a part of the coalition. Please alert them to the fact that we made the annual dues very low so as to encourage all groups to join, particularly the small, financially strapped groups.... \$25.00 per year, per affiliate and no charge per member.

Of course, we are aware we have no funds, your donations are welcome to help defray expenses...postage, xeroxing, etc. Early payment of affiliate dues is welcome but dues are due January, 1984. \*^ suggestion: at your next general meeting you might suggest to pass the basket for donation for the state organization "start up fund."

We will need to seek out funding sources and freebies. Perhaps your local mental health center or your place of business could furnish xeroxing at cost, etc.

Please collect and mail any interesting items for our newsletter to P.O. Box 1016, Evanston, IL 60204. Laura will see that helpful articles will be published in the STATE column. (News of grants rec'd, housing successes, legislative news, etc.)

To consolidate mailings and to get maximum use of postage, please send all articles that are to be distributed to all affiliates to Imelda for distribution.

In the near future I will be sending art work, stationery ideas, alerts for your approval and discussion among your group.

Sincerely,

\*Mail all checks to Bob Dell directly

  
VI Orr

TENTATIVE AGENDA FOR 11/13/83 ROCHELLE, IL  
STATE COALITION STEERING COMMITTEE  
MEETING

1. Introduction of any new affiliates. Rockford, IL (Northern Illinois AMI) has joined us.
2. Selection of name.
3. By-laws.
4. Chairman and Treasurer should be named. Possibly other officers.
5. Firming up date, place, agenda for Feb. meeting.  
Suggestion for place: Peoria.
6. Old Business.
7. New Business.
8. Writing of another news release. We must keep pushing. "Anti-stigma campaign". Did ANY newspaper publish our last news release?

Meeting 10:00 to 4:00. Two key persons from each affiliate should be in attendance as part of steering committee. Directions were mailed in earlier mail packet and sent to everyone.

The enclosed draft of by-laws and this notice have been mailed to YOU as key contact for your group. Please pass on to others.

Vi Orr  
10/20/83

The Alliance for the Mentally Ill of Illinois, Inc. - State Coalition met at the AMI house in Rock Island, Il., Saturday, May 19, 1984. Fifty one guests signed the register.

Jeff Womach of Rock Island welcomed the group and President Orr opened the meeting. The Treasurer's report of a cash balance of \$503.57 was accepted.

A motion was made by Jeff Womach, seconded by Gene Phalan that our name shall be Alliance for the Mentally Ill of Il., Inc., - State Coalition. The motion was unanimously approved.

President Orr announced the next general meeting will be July 28, at the Elgin Mental Health Center. Edwin Goldman, Director will report on "What is Happening in Region 2". The afternoon program will have Mr. Richard Hills presenting information of his facility, Chestnut Hill in South Carolina.

Dorothea Gieske of Rochelle gave a report of a conference she attended in LaCrosse, Wisconsin. Some of the points made at the conference were: the media doesn't know the difference between DD and MI, need more feedback from AMI, irrational fear of MI, unequal insurance coverage, need for more research and to combat the prejudice..

All groups were encouraged to make nominations for an Advisory Board. An award was accepted by Dean Stone for his wife Peg, who was too ill to attend, expressing gratitude for all the hours of time and energy she has devoted to making the AMI house a reality.

Frank Ware, Executive Director of Rock Island Mercer AMI spoke of how the AMI family support group with the help of the Community Mental Health Center recieved a State grant, hired their Director and set up a program to provide transitional housing and employment for the young chronic adult population. They presently serve 61 clients and have 28 paid staff members.

A delicious lunch was prepared by their Job Club Members. Due to some delay in the completion of their delicatessan, it was not in operation as had been planned, but all the guests were given a tour of their mall location.

Raffle tickets were sold for \$1.00 each. Dorothea Giesks won the clock radio telephone and Mary Rose Kelly of Washington won a crystal bud vase. A begonia plant was also awarded.

John Plesko will prepare a newsletter for the Coalition. Irene Hayes and Jane O'Brien will send a report to IAMI for their newsletter.

All organized groups that are not going to be represented at the National Conference in California were urged to give their proxies to John Plesko of Pontiac.

The meeting was adjourned after a very pleasant and informative day.

Pat Mooney, Recording Secretary

AMI—Illinois, Inc.  
P.O. BOX 2363  
Glenview, IL 60025

May 21, 1984

Alliance for the Mentally Ill of  
Rock Island & Mercer Counties  
P.O. Box 933  
Rock Island, IL 61201

Dear Frank Ware, Jeff Womack, AMI Staff  
and Residents

Thank you all for doing a great job on Saturday, May 19, 1984  
in entertaining the STATE coalition. We all went away very  
inspired and hope all AMI groups will be as successful as  
you have been in your short time in operation.

Your AMI house and living arrangements were very impressive,  
so well furnished and so clean. The staff serving us and  
those giving tours of the facility expressed their pleasure  
and enthusiasm in being part of AMI's operation. What a  
great endorsement.

Your buffet was excellent and the raffle went so well with  
proceeds from both given to the STATE coalition. This was  
a fun way to add money to the STATE treasury. We thank you.

Your AMI restaurant truly is a dream come true. What a  
fantastic location and what innovative thinking was put  
into planning. I am sure the hard work and leadership  
of many dedicated workers helped see you through many  
difficulties. We were pleased to be part of the presentation  
of the plaque dedicated to Peg Stone.

I am sure everyone went back to their group with dreams of  
duplicating what AMI of Rock Island/Mercer County has achieved.  
Yes, we want a return engagement...we want to keep up with  
AMI House and AMI Restaurant "Mes AMIS" .

We look forward to seeing you all on July 28, 1984 at the  
next STATE Coalition meeting to be held in Elgin, Illinois.

My best to you all for continued success.



Vi Orr, President  
AMI of Illinois, Inc.  
STATE Coalition

(312) 729-1457

cc: Affiliates

December 28, 1983

Mr. Kevin Breslin  
PACT, Inc.  
6 N. Michigan Avenue - Suite 1700  
Chicago, IL 60640

Dear Kevin:

I have enclosed all the information on the newly forming State Coalition.

Our next meeting will be February 18, 1984 in Peoria (weather permitting) at which time we will approve the bylaws and elect remaining officers.

The existing IAMI will by then have chosen a new alliance name and the State Coalition will then become the Illinois Alliance for the Mentally Ill.

Please digest the bylaws and suggest whatever needs to be accomplished for the new charter to be filed and for the existing charter to have name changed.

Our state officers are included in the material enclosed. I have written in the addresses and phone numbers for your convenience.

You are most welcome to join us at the all day meeting at Zeller Mental Health Center in Peoria on February 18, 10:00 a.m. to 4:00 p.m.

Thanks for your help,

  
Vi Orr, President  
State Coalition

cc: IAMI board members  
State Coalition board members

Reply to:

3808 Rugen Road  
Glenview, IL 60025

312-729-1457

# WORD EXPLOSION II



POETRY, VERSE, ART  
& PROSE  
by the MENTALLY ILL  
and FAMILY, FRIENDS  
PROFESSIONALS



# **NAMI** MENTAL ILLNESS

National Alliance on Mental Illness

## **AWARENESS WEEK**

Each year millions of Americans face the reality of living with a no-fault bio-chemical mental health condition that interferes with regular brain chemistry and biological functioning. From October 2 through 8, the National Alliance on Mental Illness (NAMI) and participants across the country are raising awareness of mental illnesses. NAMI fights stigma, provides support, educates the public and advocates for equal care. Over 43 million Americans are affected each year. More than 10 million children suffer from some type of mental illness.

During Mental Illness Awareness Week, NAMI puts a shining light on mental illness to replace stigma with hope. They provide resources to download, such as flyers, posters and social media graphics. NAMI believes that mental health issues are important to address year-round but highlighting them during Mental Illness Awareness Week provides time for people to come together and display the passion and strength of those working to improve the lives of the tens of millions of Americans affected by the illness.

If you or someone you know may need a mental health assessment, anonymous online tools are available. For National Depression Screening Day on October 6, you can get a free mental health screening at [HelpYourselfHelpOthers.org](http://HelpYourselfHelpOthers.org). A community of friends who understand can make family life satisfying and meaningful again.



## LIFELONG FAITH FORMATION

Lifelong Faith Formation classes are available through the Archdiocese Office for Catechesis and Youth Ministry. Whether you want to take a full course of study toward certification as a catechist or simply participate in select classes to enrich your faith, these classes are an exciting new resource. All classes are online, so you can complete them at your own pace and in your home. They are also affordable as some cost only \$14. Topics include Scripture, John Paul II's Theology of the Body, Church History and much more. For a full listing of courses and prices visit [formedcatholiconline.com/home.aspx?pagename=faiith](http://formedcatholiconline.com/home.aspx?pagename=faiith).



## ST. VIATOR SPEAKER SERIES

St. Viator Adult Faith Formation Fall Speaker Series continues its program, *Building Families of Faith* on October 25 with "Living your Faith in the Home" by Deacon Matt Hahn of Saint James Parish. As parents, we are called to share our faith with our children. Matt Hahn will explore the challenges of parenting teens today while offering some strategies for how to bring Christian faith to life in your home. The program takes place 7:30 -8:30pm in the St. Viator High School chapel, 1213 East Oakton Street in Arlington Heights.



## HOLY FIRE

Students in grades 6 through 9 are invited to attend Holy Fire on either October 14 or 15. This one-day event includes



Illinois Alliance for the Mentally Ill, INC

Organizational Meeting (#3)

Sunday, February 19, 1984, 10:00-3:30 P.M.

George A. Zeller Mental Health Center, 5407 North University Street  
Peoria, Illinois 61614

AGENDA

- |      |  |         |             |
|------|--|---------|-------------|
| I.   | Welcome and Introductions  | (10:00) | Vi Orr      |
| II.  | Treasurer's Report   | (10:15) | Robert Dell |
| III. | Discussion and Adoption<br>of By-Laws                                  | (10:40) | Hank Lacine |
|      | LUNCH  | (12:00) |             |
| IV.  | Table of Organization/<br>1984 and 1985 Objectives                     | (1:30)  | Vi Orr      |
| V.   | Election of Board of<br>Directors/Confirmation of<br>Officers          | (2:45)  | Vi Orr      |
| VI.  | Establishment of Standing<br>Committees/Appointment of<br>Chairpersons | (3:00)  | Vi Orr      |
| VII. | Schedule Next Meeting Time<br>and Place                                | (3:20)  | Vi Orr      |

Oi -

29 copies w/  
original  
in case you  
need more

J.

DIRECTIONS TO GEORGE A. ZEILLER MENTAL HEALTH CENTER

10:00 AM to 6:00 PM FEBRUARY 18, 1984, SATURDAY

ILLINOIS for the MENTALLY ILL, INC. State Coalition

I have tried to anticipate the different directions our members will be coming from for the February meeting so hope this will help.

Chicago area: Rt 55 to Bloomington, then Rt. 74 to Peoria  
Exit at University St. NORTH to Zeller

Rockford area: Rt 51 to Peru-LaSalle then West on Rt 80 to 180, South to Rt 29 into Peoria. Turn right at Rt. 150 (First bridge) go about 5 miles to University St. Turn right and it will be about three miles to Zeller.

Rock Island-Moline area:  
Take Rt. 74 to Peoria, exit University St. North to Zeller.

Zeller Mental Health Center is 5407 N. University and is on the left hand side of the street. Go to Parking and Admissions on right hand side of building. We will be in Conference Rm. A. Security will direct you after you enter the building.

For those coming on Rt 150 to University there is a stop light at that corner, Chevrolet dealership on the SE corner, Standard Gas station on SW, Empty lot on NW, Econo Mart Gas on NE.

There are two stop lights on University after the intersection of Rt. 150. These are at Lake st. and Glen Ave. Zeller is approximately three blocks after you pass the stop light on Glen Ave.

LUNCH WILL BE AT A NEAR BY RESTAURANT (or brown bag if you wish).

Dress informally for a day long work session.

Meeting is open to all interested parties working for the mentally ill  
New AMI groups throughout the state are particularly welcome.

Contacts:

Vi Orr	312-729-1457
Pat Mooney	309-699-6346
Robert Dell	815-786-6341
John Plesko	815-842-1514
Imelda Smith	309-745-5338



# AMI of ILLINOIS, INC. STATE COALITION

P.O. BOX 2000 863  
GLENVIEW, ILLINOIS 60025

(815) 842-1514  
(309) 745-5338  
(312) 729-1457

## COMMITTEES & STANDING COMMITTEES

AUDIT/BUDGET/FINANCE

BYLAWS/AMENDMENTS/RESOLUTIONS

COMMUNITY AFFAIRS/RESOURCES

EDUCATION

FUND RAISING (CFC-Combined Federal Campaign, Donor Cards, Torrey's Book, Raffle Prizes, Special Events, Cannisters, etc.) GRANTS

HOSPITALITY

HOUSING RESOURCES/PROGRAMS/STANDARDS

INSURANCE

JOBS PROGRAMS

LEGISLATIVE/GOVERNMENT AFFAIRS  
(State & Federal)

MEDICAL RESOURCES

MEMBERSHIP/BOARD DEVELOPMENT/GROWTH

PATIENT/EX-PATIENT

PETITIONS

PROGRAMS/SPEAKERS BUREAU/WORKSHOPS INFO.

PUBLIC RELATIONS-Internal & External  
(News items, newsletter, brochures, stigma, articles, mailings, press, PSA, radio, TV talk shows, press releases, etc.)

TELEPHONE TREE

Please sign up to work on one of the committees listed above. You can either work as an individual or take as a working project for your AMI group.

NEEDED: Parliamentarian, writers, editors, someone to do job descriptions for committee chairpersons, speakers for various speaking engagements all around the state.

OUR AD PUBLISHED IN  
VARIOUS PUBLICATIONS



Affiliated with the National Alliance for the Mentally Ill, AMI of ILLINOIS is a statewide, nonprofit coalition formed in reaction to the tragic neglect of our mentally ill citizens.

### AMI PROVIDES:

- Workshops/Newsletters
- Education/Information
- Research/Advocacy
- Legislative Lobbying
- Resource Information

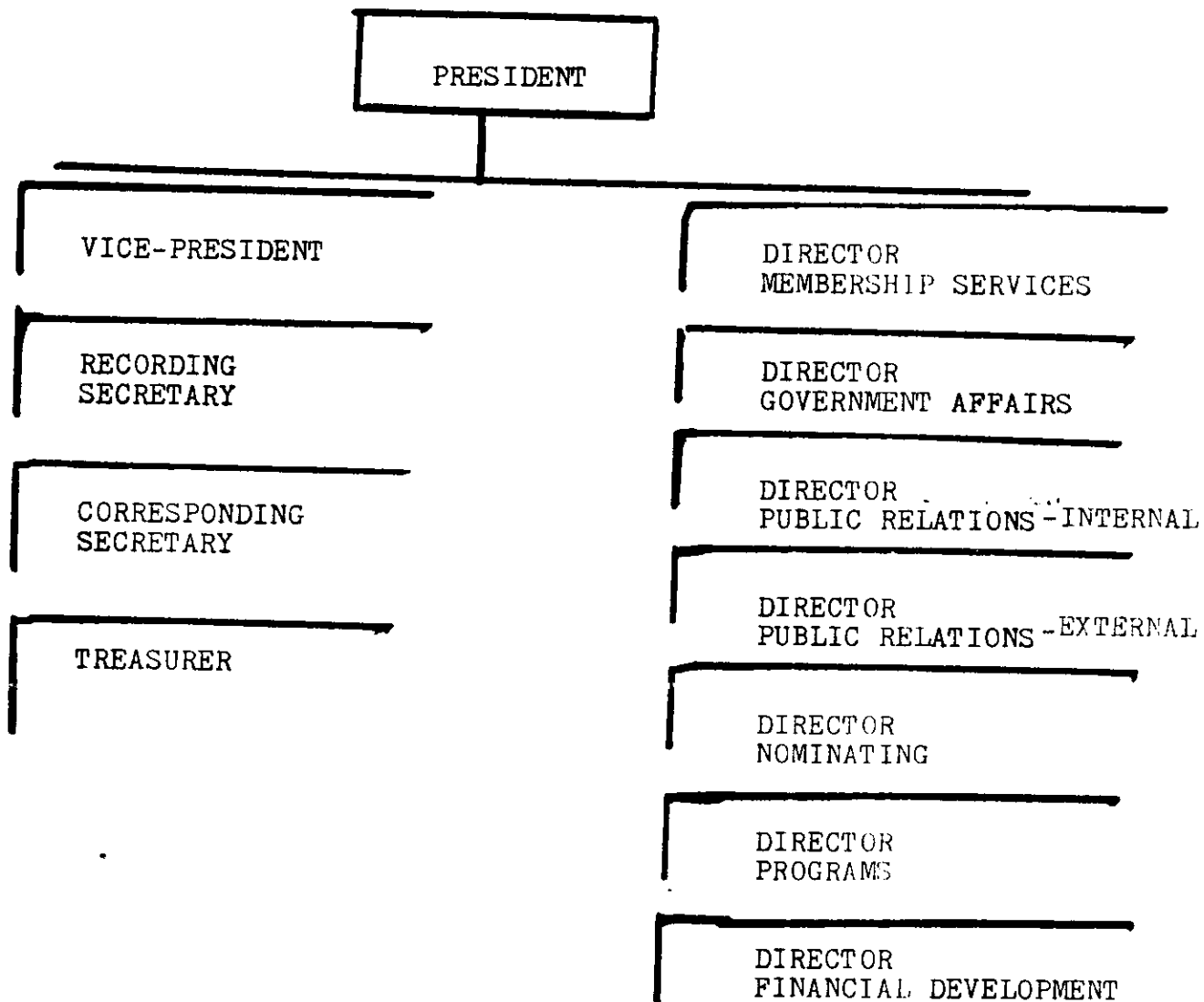
### MEMBERSHIP INCLUDES:

- Parents/Relatives
- Patients/Ex-patients
- Professionals/Friends
- Community Leaders/Citizens

Membership Info/Brochures, Contact:

ALLIANCE for the MENTALLY  
ILL, INC.  
STATE COALITION  
P.O. BOX 863  
GLENVIEW, IL 60025

ILLINOIS ALLIANCE FOR THE MENTALLY ILL/STATEWIDE COALITION  
PROPOSED TABLE OR ORGANIZATION



May 2, 1984

AMI of ILLINOIS, INC.  
STATE Coalition  
P.O. Box 2363  
Glenview, IL 60025

Mr. Edwin Goldman, Director  
Elgin Mental Health Center  
750 S. State St.  
Elgin, IL 60120

Dear Mr. Goldman:

Per our phone conversation of May 1, 1984, the following tentative plans were formulated:

1. Saturday, July 28, 1984 is the date scheduled for the STATE Coalition general membership meeting.
2. Time of the meeting scheduled at 10:30 to 4:00 P.M. with approx. 1½ hours set aside for lunch break.
3. You have agreed to be the morning speaker with the topics being: "What is happening in Region 2" and your viewpoint on what the STATE AMI organization can do to help the mentally disabled. Finally, we would like an overview on future plans for Elgin Mental Health Center as you know it today.

We would like you to speak for about one hour with an additional ½ hour for questions and answers. The day will be for a relaxed atmosphere, informal with a flexible time schedule.

4. To further confirm, there will be no planned tours of the facility but parents and relatives would be free to visit their resident relatives during the day or after meeting.
5. You have agreed to check with your people concerning the possibility of lunch being served on the premises, preferably in the cafeteria. All food charges will be paid for individually. Could we order coffee containers to be available for the meeting?
6. We would be interested in some hand out literature on the history of EMHC. The AMI-I STATE Coalition plans to continue having their meetings at the various Mental Health Facilities around the state. We feel the staff/workers should be aware that there is an organization working for the benefit of the mentally disabled and it gives all our affiliates a chance to see the state facilities that will be or are now caring for our loved ones.
7. If eating on premises is not possible, we are looking into the two restaurants you recommended. We are also checking fast food restaurants nearby and may check with your office at a later date for mapping directions.
8. The afternoon portion will have Mr. Richard Hills as the speaker. Mr. Hills will be showing slides of Chestnut Hill in South Carolina. He will talk about how he went about finding/

AMI—Illinois, Inc.  
P.O. BOX 2363  
Glenview, IL 60025

*Note on address* →

July 5, 1984

*Karen* (circled in red)

*Shezam!*

Dear Affiliates:

Here is AMI of ILLINOIS, INC. official STATE Coalition seal.  
How do you like it?



*CONGRATULATIONS!*

*amazing!  
Whoopee!*

Our first newsletter is out. Several of our members will hand distribute the newsletter at the NAMI Conference in Calif. We hope to start a newsletter exchange with other STATE organizations. We can learn from each other and pass valuable news along.

Copies of newsletter have also been mailed to our affiliates for their local distribution, to our advisory board and to key people and key agencies around the state.

I have asked several of these key agencies to include all affiliates to their mailing list. Hopefully, each affiliate will start to receive legislative alerts and news bulletins directly from the state agencies. Eventually we can eliminate duplicates but until we get a system set up of who gets what, we want to be sure everyone is getting all important materials. Please pass on any dups.

Remember this is your organization. We need everyone's input. We are not competing with each other, but working together for one big common cause, mental illness. Send in your news, clippings, articles of interest which we can use for our newsletter.

AMISS-AMI of South Suburbs has informed us they would like to host the next STATE meeting which will be late October or early November. AMISS Board of Directors are working now setting up an interesting program. We will keep you informed as plans develop.

Sincerely,

Vi Orr

*- I'd love to ...*

*729-1457 - Evenings*

*Karen - put us on list for alerts etc. OK*

*Can we use you as a speaker at a future meeting?*



WE DID OUR NEWSLETTER MAILING VIA BULK MAIL.  
REMEMBER, NO EMAIL, NO COMPUTERS AT THAT TIME

1984

*state line*

AMI-ILLINOIS, INC.

P.O. BOX 2363

GLENVIEW, ILLINOIS 60025

# ILLINOIS UNITED!

## HISTORY OF AMI-ILLINOIS, INC. STATE COALITION

The STATE Coalition movement was started at the National AMI conference in August 1983 with 28 interested attendees from all over the state. Since the initial meetings we have had many organizational meetings throughout the state: Bloomington, Rochelle, Aurora and Peru.

Our open general membership meeting was held at Zeller Mental Health Facility in Peoria in February, 1984. The concerted efforts of a steering committee resulted in the selection of officers, official name and set of by-laws. The charter for incorporation has been filed.

WE ARE ON OUR WAY!

### GOALS

- Promote research.
- Erase the stigma of mental illness.
- Encourage and aid in the formation of new affiliates.
- Promote the general welfare and better treatment of the mentally disabled.

MEMBERSHIP shall be open to all organizations of consumers, families and friends of the mentally ill. Each organization is entitled to appoint one delegate to sit on the STATE board. Alternate delegates may attend meetings and vote in the absence of the official representative delegate. ALL AFFILIATE GROUPS REMAIN AUTONOMOUS. With combined efforts we become a stronger voice.

DUES: Our dues structure is purposely very low to encourage all to join in this STATE effort. Dues are @25.00 per organization yearly. Donations are always welcome. We encourage individuals to join with their local group and affiliates to join the STATE organization.

## OFFICERS SERVING YOU AROUND THE STATE

Vi Orr, President (Chicago & Suburbs)

A founder of Illinois Alliance for the Mentally Ill..their name to be changed to AMI of Greater Chicago Area so as not to be confused with the STATE organization.

Contact: 312-729-1457

John Plesko, Vice-President (Pontiac)

Livingston-McLean County Reach

Contact: 815-842-1514

Pat Mooney, Recording Secretary  
(East Peoria)

Tri County AMI  
Serving Peoria, Woodford, Tazewell,  
Counties

Contact: 309-699-6346

Imelda Smith, Corresponding Secretary  
(Washington)

Tri-County AMI

Contact: 309-745-5338

Robert Dell, Treasurer  
(Sandwich/Somonauk)

Family Alliance for the Mentally Ill  
Serving DeKalb, Kendall, Northern  
LaSalle Counties

Contact: 815-498-2277 Days  
815-786-6341 Evenings

## DIRECTORS - (YOUR DELEGATES)

Faye Townsend Bloomington  
309-828-0530

Dorthea Gieske Rochelle  
815-562-4325

Jane O'Brien Oak Lawn  
312-425-6605

Irene Hayes Palatine  
312-358-4244

Jeff Womach Rock Island  
309-788-1660

Elizabeth Collinsworth Rockford  
815-963-0680

If there is no group in your area, you may become an associate member with payment of dues to the STATE.

**FUND RAISING:** We hope to raise additional funds through raffles, benefits, memorials and corporation donations. These efforts are not intended to interfere with the fund raising of affiliate groups.

**RAFFLES/RAFFLE PRIZES:** A fun and easy way to help raise funds for the STATE Coalition is through the raffle of prizes at our open membership meetings. Anyone wishing to donate raffle prizes may do so by contacting any STATE Officer in their area or by writing to our address at:

**AMI—Illinois, Inc.  
P.O. BOX 2363  
Glenview, IL 60025**

**STATE MEETINGS:** An open membership meeting was held in Peoria in February at Zeller Mental Health Facility. In May we had an inspiring day visiting AMI of Rock Island/Mercer County AMI House and MES AMIS, the new job program restaurant with great potential and fantastic location. Our next meeting will be in July at Elgin Mental Health Center with planned speakers. JOIN US AND LEARN. An interesting day is planned by NWAMI, the host group. The AMI-Illinois STATE Coalition plans to continue having their meetings at the various Mental Health Facilities around the state. We feel the staff workers and residents should be aware that there is an organization working for the benefit of our mentally disabled and it also gives our affiliates a chance to see the state facilities that will be or are now caring for our loved ones.

**TAKING SHAPE:** Committees are being formed and the STATE group is eagerly giving their time and energies to forge ahead on many details. In the coming months we will be setting up an honorary advisory board of persons involved in the mental health field wishing to help us with our goals. We will be working on our newsletter, logo and stationery. We intend to communicate with each other through our newsbriefs, newsletter, informative and informal mailings alerting affiliates of pressing issues that need action as well as interesting news around the STATE.

**HIGHLIGHTS:** Each newsletter issue will feature one of our affiliates. We will be a large extended family and getting to know each other better. It is through this sharing of ideas and information and by working together in our efforts and goals and learning of others' success that we will all grow and become effective in achieving our goals.

**NATIONAL AFFILIATION:** All affiliates are encouraged to join The National Alliance for the Mentally Ill, 1200 15th St., N.W., Suite 400, Washington DC 20005, Phone: 202-783-6393. You may affiliate by sending a one time contribution of \$25.00 to National AMI, as well as a contribution of \$1.00 per member each year. The dues structure is likely to change after July 5, 1984, at the California Conference ... pay now. We, AMI of Illinois Inc. are affiliated with National. We have paid our newly formed group fee and \$1.00 per group dues.

**ENDORSEMENT:** We have joined the Illinois Citizens for Better Care (ICBC) in their statewide coalition for nursing home reform. The coalition will draft a comprehensive nursing home reform bill, conduct public hearings throughout the state to win passage in the Illinois State Legislature. We have joined ICBC along with many other State groups in this important effort that also affects our loved ones residing in Illinois nursing homes.

While we are all working for you -you can also join us in our efforts!  
Your donations are tax deductible.

SEND CONTRIBUTION TO

**AMI—Illinois, Inc.**

P.O. BOX 2363 Glenview, IL 60025

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

- Parent/Family       Friend  
 Professional       Organization  
 Patient/Ex-Patient



AMI—Illinois, Inc.  
P.O. BOX 2363  
Glenview, IL 60025

Contact: Vi Orr, President  
STATE Coalition  
312-729-1457

AFFILIATE GROUPS MAY 1984

Contact Person:

Sauk Valley AMI  
1038 N. 8th St.  
Rochelle, IL 61068

Bill/Dorthea Gieske, State Director  
815-562-4325

Livingston McLean County REACH  
1206 Kirkwood Dr.  
Pontiac, IL 61764

John Plesko, President  
815-842-1514 (Pontiac)  
Faye Townsend, State Director  
309-828-0530 (Bloomington)

Northwest Suburban AMI  
P. O. Box 1778  
Arlington Heights, IL 60006

Earl Comerford, President  
312-398-1545 (Arlington Heights)  
Irene Hayes, State Director  
312-358-4244 (Palatine)

Tri County AMI  
705 Whipporwill  
Washington, IL 61571

Imelda Smith, State Corres. Secy.  
309-745-5338 (Washington)  
Pat Mooney, State Recording Secy.  
309-699-6346 (East Peoria)

AMI of South Suburbs  
P. O. Box 275  
Olympia Fields, IL 60462

Irene Bauer, President  
312-442-6145 (South Holland)  
Jane O'Brien, State Director  
312-425-6605 (Oak Lawn)

Family AMI  
414 E. Pleasant  
Sandwich, IL 60548

Robert Dell, State Treasurer  
815-786-6342 Evenings  
815-498-2277 Days

AMI of Rock Island and Mercer  
Counties  
P. O. Box 933  
Rock Island, IL 61201

Jeff Womach, State Director  
309-788-1660

Northern Illinois AMI  
817 Haskell St.  
Rockford, IL 61103

Elizabeth Collinsworth, State Director  
815-963-0680

AMI of Greater Chicago Area  
(Formerly Illinois AMI)  
P. O. Box 1016  
Evanston, IL 60204

Fran Apatoff, President  
312-864-8866

SAWSC  
Schizophrenia Assoc. of West  
Suburban Chicago  
P. O. Box 237  
Downers Grove, IL 60526

Jane Amorosi  
312-971-3588

Grundy County REACH  
1970 East Southmor Road  
Morris, IL 60450

Lois Darin  
815-942-0541

Family Support Group  
3101 Peach  
Mt. Vernon, IL 62864

Michelle Hartley  
618-242-4021

AFFILIATE GROUPS (Continued)

Contact Person:

Manic Depressive Association  
P. O. Box 753  
Northbrook, IL 60062

Marilyn Weiss, State Director  
312-446-9009

Operation Cope  
P. O. Box 1292  
Aurora, IL 60507

Margaret Enriquez, State Director  
312-898-8291

COVER AND COLOR

THE ENTIRE STATE

WITH AMI GROUPS

**GET ACQUAINTED**

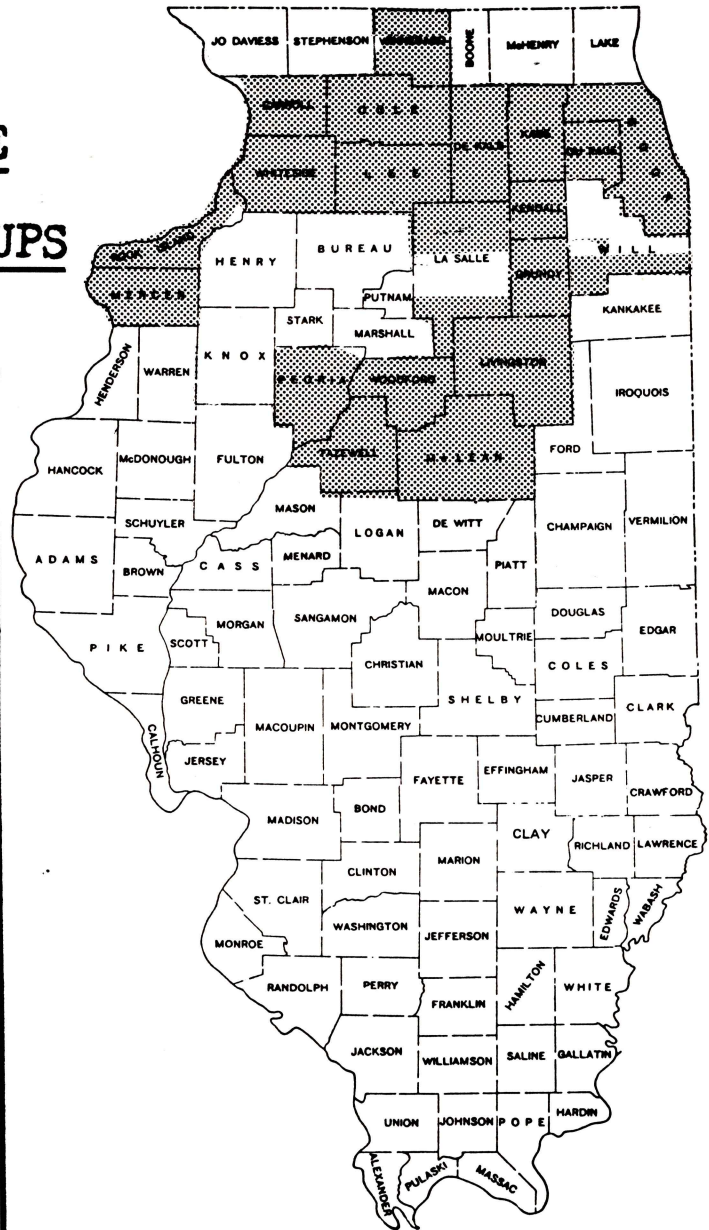
**WITH YOUR AFFILIATES**

Sauk Valley AMI, which was the name chosen by the Sinmissippi Parents' Group, became an AMI affiliate in <sup>May</sup> 1982, but it had its beginnings in November, 1981.

Three sets of concerned parents from Sterling, Dixon and Rochelle joined to share some of their problems and feelings about mental illness which they were experiencing in dealing with ill family members. Meetings were arranged through the Sinmissippi Mental Health Center, with two of the staff making the contacts so as to preserve the confidentiality of the clients.

Meetings are scheduled for the fourth Wednesday of each month from 7:00 to 8:30 P.M. at the SMHC, Sterling-Dixon Freeway. The four counties of Lee, Whiteside, Carroll and Ogle are represented.

Attendance is usually about 15. Clients range in age from 24 to 41 and include six men and one girl.



**AMI of ILLINOIS, INC.  
STATE COALITION**

P.O. Box 2363  
Glenview, IL 60025

OFFICERS/DELEGATES RESPONSIBILITIES & CHAIRMANSHIP

ROCHELLE SAUK VALLEY	PONTIAC LIVINGSTON McLEAN CT. REACH	ARLINGTON HEIGHTS NORTHWEST SUBURBAN AMI	PEORIA TRI COUNTY AMI
Fund Raising; donor cards	Newsletter; typing, editing, printing	Fund Raising; raffle prizes	Minutes & Records
Community Development	Public Relations Insurance Reporting	Public Relations Bylaws	Speakers Bureau Conference Materials Mailings
OLYMPIA FIELDS AMISS	SANDWICH FAMILY AMI	ROCK ISLAND AMI ROCK ISLAND/MERCER CTY	ROCKFORD NORTHERN IL AMI
Telephone Tree	Audit	Education & Information for the Emotionally Disturbed Adolescent	Parliamentary Procedure
Community Liaison Development	Finance & Budget		
Legislation Research	Fund Raising	Jobs Program	
DOWNERS GROVE SAWSC	EVANSTON AMI-GREATER CHICAGO	MORRIS GRUNDY CTY REACH	NORTHBROOK MANIC DEPRESSIVE & DEP. AS.
Client Consumer Column	Legislation Reporting Research & Resources	HOSPITALITY	Manic Depression & Depression Reporting
Scientific Research Reporting	Housing Resources & Information		
Orthomolecular News	Grant Writing & Info. Library/Tapes		
AURORA OPERATION COPE	MT. VERNON FAMILY SUPPORT GROUP	SPRINGFIELD FAMILIES	BELLEVILLE SOUTHERN IL AMI
Audit & Bookkeeping Assistance		Legislative Reporting	
		Springfield Meetings Area Liaison Coordinator & Development	

OFFICERS CHAIRMANSHIP & RESPONSIBILITIES

CHICAGO	PONTIAC	PEORIA	WASHINGTON	SANDWICH
W ORR VICE-PRESIDENT	JOHN PLESKO VICE-PRESIDENT	PAT MOONEY RECORDING SECY.	IMELDA SMITH CORRESPONDING SECY.	ROBERT DELL TREASURER
Community Contact:	Newsletter	Minutes	Mailing	Audit
Local State Federal	External Public Relations	Affiliates Records	Mail List	Finance & Budget
Growth & Development	Internal PR	Speakers Bureau	Bylaws	Fund Raising
Telephone Tree	Insurance Reporting	Conference Materials	Housing Info.	Donor Cards
Hospitality		Nominating Materials		Raffles
Client Consumer Contact		Parliamentary Procedure		Grants
				Cannisters
				Shop & Save

10

OFFICERS MEETING  
PERU-IL STATE COALITION AMI MEETING

APRIL 8, 1984

Treasurer report

Secretary-minutes mailed. Any Corrections?

1. Vote on name       SEE SUGGESTED LIST OF NAMES ON BACK SHEET
2. Rock Island-May 19, 1984
  - a. Program
  - b. Short business meeting (name, other)
  - c. Publicity
  - d. Movie (check Peoria)
  - e. Raffle prizes
  - f. Rotate speakers-Introductory speaker-Jeff Wowack
3. Questionnaire
  - a. Questions, additions, deletions
  - b. Cover letter
  - c. Map-"color the state theme"
4. Cover letter
  - a. general introductory to new prospects
  - b. packet of information
5. Money
  - a. Raffle
  - b. Pass the hat at general membership meeting-once yearly
  - c. Donations from businesses
  - d. Advertising
  - e. Dominicks/Jewels/your area "shop and save"-proceeds to STATE.
  - f. Event-Hinckley-talent night-movies
  - g. Collections at st. corners (Lions, Kiwanis, etc.)
6. Newsletter
  - a. Theme
  - b. By-line
  - c. layout-something different
  - d. Printing, deadlines, material information
7. July Meeting
  - a. NWAMI offered to host at EMHC-Elgin
  - b. Program: Ed. Goldman "What's happening in R@ for MI"  
Richard Hills - success story "Chestnut Hill"

NAME SUGGESTIONS FROM AFFILIATES

AMI - A Legacy of Hope

Build Mental Health Care

Families With Medication

AMI - A United Illinois

AMI - Advocacy in Illinois

Mental Health

Healthy Minds

✓ Minds need T.L.C. (Tender Loving Care)

chry



**To all to whom these Presents Shall Come, Greeting:**

**Whereas,** ARTICLES OF INCORPORATION OF  
 ALLIANCE FOR THE MENTALLY ILL OF ILLINOIS (INC.)  
 STATE COALITION  
 INCORPORATED UNDER THE LAWS OF THE STATE OF ILLINOIS HAVE BEEN  
 FILED IN THE OFFICE OF THE SECRETARY OF STATE AS PROVIDED BY THE  
 GENERAL NOT FOR PROFIT CORPORATION ACT OF ILLINOIS, IN FORCE  
 JANUARY 1, A.D. 1944.

*Now Therefore, I, Jim Edgar, Secretary of State of the State of Illinois, by virtue of the powers vested in me by law, do hereby issue this certificate and attach hereto a copy of the Application of the aforesaid corporation.*

**In Testimony Whereof,** *I hereto set my hand, and cause to be affixed the Great Seal of the State of Illinois,*

*at the City of Springfield, this* 30TH  
*day of* MAY *AD. 19* 84 *and*  
*of the Independence of the United States*  
*the two hundred and* 8TH.



*Jim Edgar*  
 \_\_\_\_\_  
 SECRETARY OF STATE

84 03309

6-



# AMI of ILLINOIS, INC.

## STATE COALITION

P.O. BOX 863  
GLENVIEW, ILLINOIS 60025

(815) 842-1514  
(309) 745-5338  
(312) 729-1457

### IN-KIND DONATIONS

1983-1985

### GIFTS RECEIVED

1983	Art Work & Logo Design (Anne Orvieto)	\$ 100.00
1983	Artist's drawing: Logo, Stationery (Marianne Greene)	150.00
1983	Loaned Coronomatic Smith-Corona for use in "office"-- Repair bills (Marge Raitt)	75.00
1983	Rubber stamps--4 (M/M Willard Gieske)	45.00
1984	Loaned telephone answering machine--Repairs (Robert Orr)	54.00
1984	1 box miscellaneous envelopes (Vi Orr)	12.00
1984	1 box colored envelopes (Vi Orr)	15.00
1984	2 Rubber Stamps (M/M Willard Gieske)	30.00
1985	China Gifts donations ( <i>FOR RAFFLES</i> )	470.00
1985	Brochures--10,000 (Forest Foundation)	510.00
1985	5,000 blue brochure inserts (Minann Foundation)	150.00
1985	Newsletter, quarterly--3, at \$385.00 to \$400.00 per printing	<u>1,200.00</u>
	TOTAL	<u>\$2,811.00</u>

Vi Orr  
1/86



Filing Requirements—Present 2 originally signed and fully executed copies in exact duplicate For Inserts — Use White Paper — Size 8½ x 11

Date Paid 5-30-84 Filing Fee \$50.00 Clerk [Signature]

TO: JIM EDGAR, Secretary of State

We, the Incorporators being natural persons of the age of twenty-one years or more and citizens of the United States, for the purpose of forming a corporation under the "General Not For Profit Corporation Act" of the State of Illinois, do hereby adopt the following Articles of Incorporation:

Article 1. The name of the corporation is: Alliance for the Mentally Ill of Illinois (Inc.) State Coalition

Article 2. The name and address of the initial registered agent and registered office are:

Registered Agent Robert Dell (First, Middle, Last Name) Registered Office 414 East Pleasant (Number, Street, City, IL, 60548, De Kalb)

Article 3. The duration of the corporation is [X] perpetual OR \_\_\_\_\_ years.

Article 4. The first Board of Directors shall be 10 in number, their names and addresses being as follows: (Not less than three)

Table with 5 columns: Directors' Names, Number, Street, Address City, State. Lists names like Dorothy Gieske, Vi Orr, Irene Hayes, John Plesko, Jeff Womach, Pat Mooney, Jane O'Brien, Imelda Smith, Anne McGuire, and Robert Dell with their respective addresses.

Article 5. The purposes for which the corporation is organized are:

- 1. To promote the general welfare of the mentally ill and advocate for improved services for them.
2. To foster more research in this field.
3. To develop an enlightened and more sympathetic understanding by general public.
4. To offer support to families of mentally ill; through the establishment of a network of self-help groups.

Mail to: Robert Dell, 414 E. Pleasant, Sandwich, Ill. 60548

84 03309

Article 6. Other provisions (Please use separate page):

WE the incorporators declare that we have examined the foregoing Articles of Incorporation and that the statements contained therein are, to the best of our knowledge and belief, true, correct and complete. Executed this 19th day of May, 19 84.

(Signatures must be in ink. Carbon copy, xerox or rubber stamp signatures are not acceptable.)

Signatures and Names (Not less than three)	Post Office Address
X 1. <u>[Signature]</u> Signature <u>Vi Orr</u> President Name (please print)	1. <u>3808 Rugen Road</u> Street <u>Glenview, IL</u> 60025 City/Town State Zip
X 2. <u>[Signature]</u> Signature <u>John Plesko</u> Vice-President Name (please print)	2. <u>1206 Kirkwood</u> Street <u>Pontiac, IL.</u> 61764 City/Town State Zip
X 3. <u>[Signature]</u> Signature <u>Pat Mooney</u> Record. Secretary Name (please print)	3. <u>111 Sunset Drive</u> Street <u>E. Peoria, IL.</u> 61611 City/Town State Zip
X 4. <u>[Signature]</u> Signature <u>Imelda Smith</u> Corres. Sec. Name (please print)	4. <u>705 Whipporwill</u> Street <u>Washington, IL.</u> 61571 City/Town State Zip
X 5. <u>[Signature]</u> Signature <u>Robert Dell</u> Treasurer Name (please print)	5. <u>411 E. Pleasant</u> Street <u>Sandwich, IL.</u> 60548 City/Town State Zip

The registered agent cannot be the corporation itself.

The registered agent may be an individual, resident in this State, of a domestic or foreign corporation, authorized to act as a registered agent.

The registered office may be, but need not be, the same as its principal office.

File # \_\_\_\_\_  
Form NP-29  
ARTICLES OF INCORPORATION  
under the  
GENERAL NOT FOR PROFIT  
CORPORATION ACT

FILED FOR RECORD  
DEKALB COUNTY, ILL.  
JUN 12 AM 11:22  
84 03309  
JERRY WESMOUND  
DEKALB COUNTY RECORDER

FILED  
MAY 30 1984  
JIM EDGAR  
Secretary of State

PAID  
SECRETARY OF STATE  
CORPORATION DEPARTMENT  
SPRINGFIELD, ILLINOIS 62756  
TELEPHONE (217) 782-6961 JUN 01 1984

(These Articles Must Be Executed and Filed in Duplicate)  
Filing Fee \$50.00

84 03309



Alliance for the Mentally Ill, Inc.

**AMI of ILLINOIS, INC.**  
**STATE COALITION**  
VI ORR  
PRESIDENT

**AMI—Illinois, Inc.**  
P.O. BOX 2363  
Glenview, IL 60025

Res.

3808 Rugen Road  
Glenview, IL 60025  
(312) 729-1457 (Evenings)

P.O. Box 863  
Glenview, IL 60025  
(312) 297-9966

Contact: Vi Orr, President  
STATE Coalition  
312-729-1457

AFFILIATE GROUPS    MAY 1984

Contact Person:

Sauk Valley AMI  
1038 N. 8th St.  
Rochelle, IL 61068

Bill/Dorthea Gieske  
815-562-4325

Livingston McLean County Reach  
1206 Kirkwood Dr.  
Pontiac, IL 61764

John Plesko, President  
815-842-1514 (Pontiac)  
Faye Townsend  
309-828-0530 (Bloomington)

Northwest Suburban AMI  
P.O. Box 1778  
Arlington Heights, IL 60006

Earl Comerford, President  
Irene Hayes, State Director  
312-358-4244

Tri County AMI  
705 Whipporwill  
Washington, IL 61571

Imelda Smith, State Corr. Secy.  
309-745-5338

AMI of South Suburbs  
P.O. Box 275  
Olympia Fields, IL 60462

Irene Bauer, President  
313-442-6145  
Jane O'Brien, State Director  
312-425-6605

Family AMI  
414 E. Pleasant  
Sandwich, IL 60548

Robert Dell, State Treasurer  
815-786-6342 Evenings  
815-498-2277 Days

AMI of Rock Island & Mercer Counties  
P.O. Box 933  
Rock Island, IL 61201

Jeff Womach, State Director  
309-788-1660

Northern Illinois AMI  
817 Haskell St.  
Rockford, IL 61103

Elizabeth Collinsworth, State Director  
815-963-0680

AMI of Greater Chicago Area  
(Formerly Illinois AMI)  
P.O. Box 1016  
Evanston, IL 60204

Fran Apatoff, President  
312-864-8866



# AMI of ILLINOIS, INC.

## STATE COALITION

P.O. BOX 2368xx 863  
GLENVIEW, ILLINOIS 60025

(815) 842-1514  
(309) 745-6338  
(312) 729-1457

### 1985-1986 OBJECTIVES

- 1) Prepare funding proposal for Executive Director position
  - 2) Consolidate plans for statewide conference. When, where.  
(Springfield when legislators are in town, legislature is in session.)
  - 3) Lobbyist-suggest one already working in Springfield who has an office.
  - 4) Sponsor two special events
- 

TEAM EFFORT. We need input, support and ideas.

WHAT IS AMI-IL all about?

Goals, hopes, problems...how to gain and solve them.

What changes are needed for AMI-IL to become effective?  
To provide better service to affiliates?

How can we improve the mental health system in Illinois?  
How can we activate these changes?  
Who has the power?  
What is involved to get our act together?

Where do we start?

What can be done to reduce stigma associated with mental illness?

What can be done to encourage research?

What needs to be done to improve the treatment, care and housing for the mentally disabled?

How best can we work with parents, patients, providers, professionals, politicians and the public in our STATEWIDE network?

## Coalition formed

The newly formed state coalition, the Alliance for the Mentally Ill of Illinois, will have a general meeting Saturday at the Elgin Mental Health Center, 750 S. State St. Hours will be from 10:30 a.m. to 4 p.m.

Representatives from organizations for the mentally ill throughout Illinois will attend, with the Northwest Suburban AMI serving as hosts for the event.

A double-pronged program is planned. Edwin Goldman, director, will discuss "What's Happening in Region 2".

There is no charge for attending and anyone interested is welcome. For more information, call 358-4244.

## NEWS RELEASE

(August-September Newsletter) To: Laura Guilfoyle

ly seventy-five people attended the current meeting of

r Mentally Ill of Illinois, held Saturday, July 28, at

Elgin Mental Health Center. Recently organized, this State Coalition represents various groups throughout the state dedicated to promoting the health and welfare of mentally-handicapped individuals and to educating and supporting their families. The host group for this meeting was the Northwest Suburban Alliance for the Mentally Ill.

The day's program included two speakers. Edwin Goldman, Director of Region 2A, which includes Elgin Mental Health Center, briefed the audience on past and present happenings in the Mental Health Department, and advised the group of ways and means of serving the mentally disabled in the immediate future.

The second speaker, Richard Hills, is founder and owner of Chestnut Hill, a private psychiatric facility in Traveler's Rest, South Carolina. Unable to find suitable housing for his wife, who became ill, he recounted his 7-year struggle to establish this 44-bed residence - illustrated through slides.

Any organization wishing to join the State Coalition may write to:  
Alliance for the Mentally Ill of Illinois, P.O. Box 2363, Glenview,  
Illinois, 60025.

AMI of ILLINOIS, INC.  
STATE COALITION  
P.O. BOX 2363  
GLENVIEW, IL 60025

GENERAL MEETING, ELGIN ILLINOIS  
ELGIN MENTAL HEALTH CENTER  
JULY 28, 1984

- 10:00-10:45 Registration, Social, Coffee, Raffle Tickets
- 10:45 Welcome and Announcements.....Vi Orr
- 10:50 Treasurer Report.....Bob Dell
- 10:55 Introduction Host Group & Mr. Earl Comerford,  
Program Director for the day.
- 11:00 Introduction of Speaker.....Earl Comerford
- 11:05-12:00 Mr. Edwin Goldman  
"What is Happening in Region 2"  
"How can the STATE Coalition Help the Mentally Ill"  
"What is the future of Elgin Mental Health Ctr. as  
you see it today"
- 12:00-12:30 Questions and answers
- 12:30-1:30 Lunch at nearby fast food restaurants of your choice.  
Car pool with others. Directions will be given.
- 1:45-2:00 Social -- raffle prizes.....Earl Comerford
- 2:00 Introduction of Speaker.....Earl Comerford
- 2:05-3:05 Mr. Richard W.Hills, Jr.  
Owner, builder of Chestnut Hill in South Carolina  
Slide Presentation
- 3:05-3:30 Questions and answers
- 3:30-4:30 Business Meeting.....Vi Orr  
Future Meeting, AMISS Affiliate, Late October
- Old Business  
New Business
- Discussion and highlights of NAMI California Conference,  
if time available, by all attendees.....John Plesko

AMI of ILLINOIS, INC.  
STATE COALITION  
P.O. Box 2363  
GLENVIEW, IL 60025

TO: AMI-I Officers and Directors

From: Vi Orr *VO*

OCTOBER UPDATE 10/19/84

Enclosed please find names and addresses of our officers and our 10 member board of directors plus various other news items for your review.

The 10 honorary member board of directors have all accepted the position and a second letter thanking them for their support has been mailed. All members are in the mental health field and serve in different capacities which should be helpful to us. They also can spread the word about the STATE Formation.

A copy of the Oct. 27 meeting is enclosed, also. The directions and other program information were mailed earlier by AMISS, our host group.

Because of the nature of the program and room availability and the possibility that Zena Naiditch would like to meet with groups from around the STATE to discuss the housing issues, it may be impossible to have a directors board meeting before the general meeting. I suggest all the Officers and Directors to arrive earlier and socialize and meet new people, talk about the STATE formation and be "Good Will Ambassadors".. Several new groups were invited but no word if they are coming.

Since luncheon will be serve on premises, it is possible we could have a meeting at lunch time. We are still trying to get the cafeteria area but no word has come through as of this date.

NAMI will have a new executive director starting November 1, 1984. Bernie Smith is going into another field and Lori Flynn(not sure of spelling) will be replacing Bernie. She will bring new interest, new talent and expertise to NAMI. The bookkeeping and thank you letters are backed up to last May so there is no report on our double payment.

Please bring new items, clippings about your groups activities at the 27th meeting so we can review and possibly put items in our next newsletter.

Please cull your phone directories and other sources for local mental health centers, libraries, your area hospitals (if there is a psychiatric unit) and doctors, relatives and families who are interested in our ~~affairs~~ so we can begin adding them to our mailing list which we soon will be developing.

By the way, be sure to check out the premises & grounds on the 27th. We will be meeting in the Developmental Disabilities Center....they have great rooms, and facilities including a gym and swimming pool for the DD's. Right next door is the Mental Health Center....why aren;t we meeting there? They offer nothing in comparison for the mentally ill!!!! The DD groups are extremely well organized and have done well for the DD's. Of course, they have been at it longer than us but we can learn many things from them.

Donor cards should be ready for distribution at the Oct. 27th meeting as well as stationery.

AMI of ILLINOIS, INC.  
STATE COALITION  
P.O. Box 2363  
Glenview, IL 60025

REGIONAL MEMBERSHIP MEETING, TINLEY PARK, IL  
HOWE DEVELOPMENTAL CENTER-ALL PURPOSE ROOM  
OCTOBER 27, 1984

PROGRAM: HOUSING FOR THE YOUNG CHRONIC MENTALLY ILL PATIENT

\* Each of our three speakers will address one or more of the following issues:

Where is the young chronic patient to go after hospitalization? (we stress young chronic patient as we are aware that most established facilities and half-way houses do not care to have the chronic mentally ill patient).

Continuum of care for the young chronic patient.

Community support and programs available for the released young chronic MI patient.

How to obtain housing. Grants and funding available.

Successful community programs. -----

10:30-10:45 Registration, Social, Coffee, Raffle Tickets  
Welcome and Announcements.....Vi Orr  
Treasurer Report.....Robert Dell  
Introduction host group & Irene Bauer your program director  
and host for the day. AMISS is the host group.  
Introduction of speaker.....Irene Bauer

\* 11:00-11:45 Zena Naiditch, Executive Director, Protection and Advocacy Board  
to 12:15 Questions and answers

12:15-1;30 LUNCHEON. For your convenience AMISS is providing luncheon on premises for \$5.00 per person. Proceeds from the luncheon will be donated to the STATE Coalition Treasury.

SOCIAL - - - - RAFFLE

1:30 -2:15 Introduction of speaker.....Irene Bauer

\* Dr. James Grot, Administrator, Tinley Park Mental Health Center.

2:20 -3;00 Introduction of speaker.....Irene Bauer

\* Ann Patla, Consultant to IL Dept. of Mental Health & DD on Residential Facilities

3:00 - 3:45 Questions will be addressed to and answered in turn or jointly by  
Dr. Grot and Ann Patla.

3;45 - 4;30 Business Meeting.....Vi Orr  
Old Business: State Emergency Telephone Tree.....Kay Periera  
New Business: Donor Cards/Tribute Cards.....Dorthea Gieske  
" " Springfield & Danville Meetings.....John Plesko



AMI OF ILLINOIS, INC. - STATE COALITION  
Report of the Treasurer - 1985, January 1, to March 22

I N C O M E

\$ 200.00 LOCAL CHAPTER DUES  
1,175.00 DONATIONS  
178.61 MEMORIAL GIFTS  
\$1,553.61 TOTAL

E X P E N S E S

\$ 114.08 POSTAGE  
625.00 PRINTING  
\$ 739.08 TOTAL

\$ 680.39 BALANCE ON HAND JAN. 1, 1985

\$1,494.92 BALANCE ON HAND MARCH 22, 1985  
\$809.21 Memorial Account  
687.71 General Account

Local Chapters with 1985 Dues Paid

NOT PAID (3/22)

FAMI  
FOCUS  
TRI-COUNTY  
SO. ILLINOIS  
McLEAN COUNTY  
NW SUBURBAN  
SAWSC  
MH CENTERS OF CENTRAL IL - *Families*  
SAUK VALLEY

AMISS  
ROCK ISLAND  
ROCKFORD  
GREATER CHICAGO  
MUSCULAR DISTROPHY  
BEN GORDON FOUNDATION

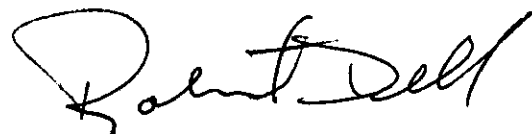
ALLIANCE FOR THE MENTALLY ILL OF ILLINOIS, INC. - STATE COALITION  
1984 - Report of the Treasurer

## I N C O M E

\$ 50.00 Individual Memberships  
375.00 Local Chapter Dues  
953.47 Donations  
465.00 Raffles  
\$1,843.47  
630.60 Contributions through Memorial Funds  
\$2,474.07  
30.00 Balance on Hand Jan. 1, 1984  
\$2,504.07 TOTAL

## E X P E N S E S

\$ 20.83 Supplies  
923.26 Postage and Fees  
751.59 Printing  
56.00 Incorporation & Filing Fees  
72.00 NAMI Dues (\$35.00 to apply for 1985)  
\$1,823.68 TOTAL  
  
\$ 680.39 Balance on Hand 12/31/84





# AMI of ILLINOIS, INC. STATE COALITION

DECEMBER, 1984

## Stateline

P.O. BOX 2363 GLENVIEW, Illinois 60025 815-842-1514 312-729-1457

# Seasons Greetings

### LETTERS FROM GRATEFUL READERS

Dear Vi:

It was exciting to read about the new Illinois State Alliance, especially since I was in on the formation stage in St. Louis. The time is right for state organizations to draw different groups together and to keep our main goals in mind, to educate, provide support and advocate ..... as NAMI's Chairman of Membership Committee, I welcome you.

Sincerely,  
Nancy P. Masland

### Here are excerpts from some other letters received:

- ...."fantastic and it's about time!"
- "Contratulations on a job well done."
- "You're on the way, great."

...."the State Coalition has long been a personal dream of mine. It's existence can only improve services for the mentally ill as well as provide hope and support for them and their families."

"Keep up the good work. We are behind you all."

...."thanks to your hard work on behalf of the State Coalition."

Many other responses have been as enthusiastic and encouraging. While these heartfelt replies spur us on to continue with our important work...we need the help of each and everyone to reach our goals. Why not take part? We can develop your skills.



A new star has been added.

WELCOME  
TO  
"FAMILIES"

our new Springfield affiliate.

Our new affiliate has offered to host our next regional meeting in Springfield with a tentative date set for May 3 and 4, 1985.

Plans are in the making but we hope for a day and half educational and training workshop for all affiliates and their members.

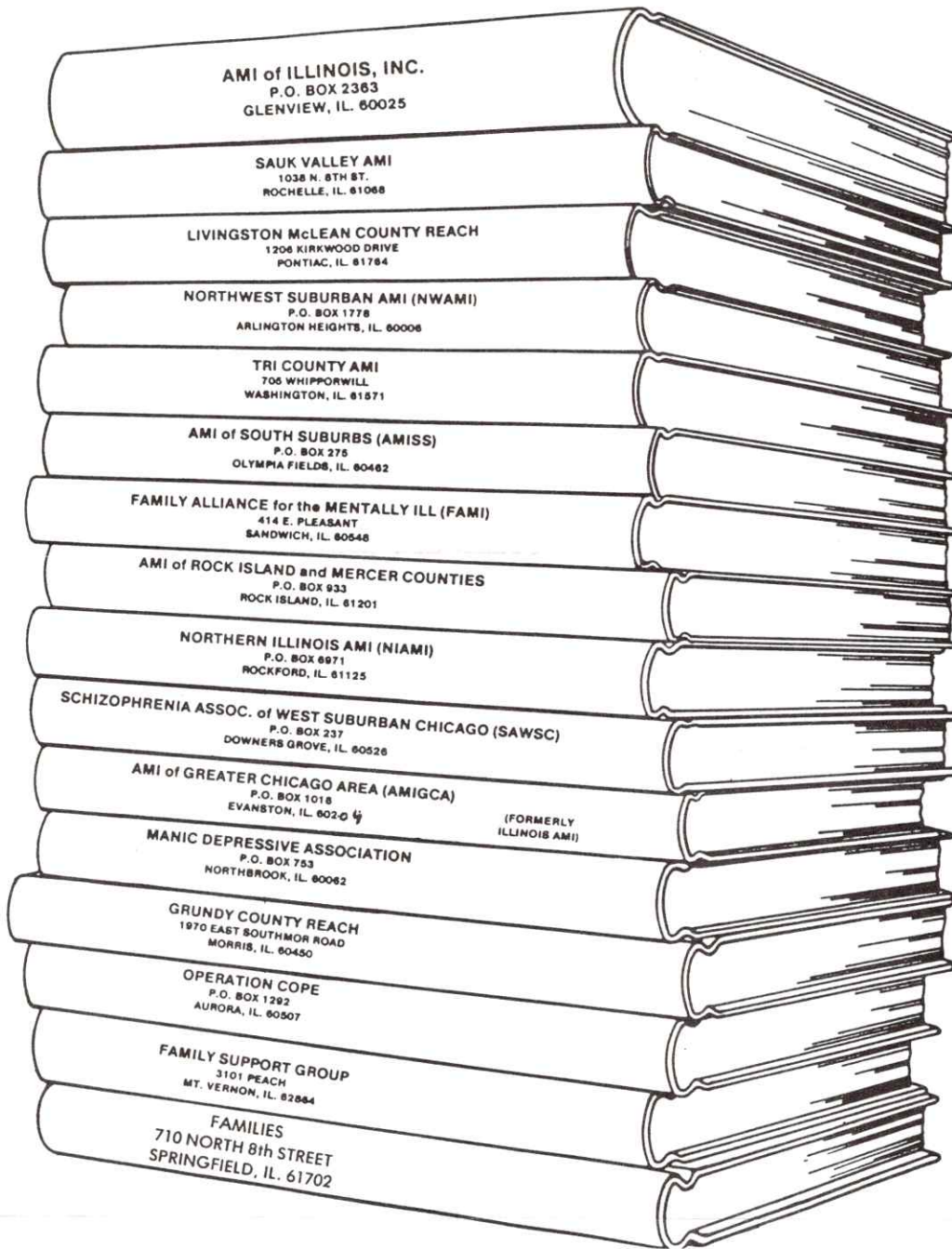
The program will be on legislation. Workshops may include how a bill is passed; meeting and working with your local legislators. We will keep you informed as plans become finalized. Please mark your calendar ..... May 3 & 4, 1985.

### AMI-ILLINOIS OFFICIAL STATE SEAL



We wish to give recognition to talented Anne Orvieto and to Marianne Green for their art designs and camera ready work on the above Stateline Masthead, for the Design of the

State Seal, our logo and letterhead. How great to be so creative! With deep appreciation to you both for your donation of your time and talents.



OFFICERS SERVING YOU

AROUND THE STATE

Vi Orr, President (Chicago & Suburbs)

A founder of Illinois Alliance for the Mentally Ill..their name was changed to AMI of Greater Chicago Area so as not to be confused with the STATE organization.

Contact: 312-729-1457

John Plesko, Vice-President (Pontiac)

Livingston-McLean County Reach

Contact: 815-842-1514

Pat Mooney, Recording Secretary  
(East Peoria)

Tri County AMI  
Serving Peoria, Woodford, Tazewell,  
Counties

Contact: 309-699-6346

Imelda Smith, Corresponding Secretary  
(Washington)

Tri-County AMI

Contact: 309-745-5338

Robert Dell, Treasurer  
(Sandwich/Somonauk)

Family Alliance for the Mentally Ill  
Serving DeKalb, Kendall, Northern  
LaSalle Counties

Contact: 815-498-2277 Days

815-786-6341 Evenings

Internal Revenue Service  
District Director

Department of the Treasury

Date: 17 JUN 1985

Employer Identification Number:

36-3305804

Accounting Period Ending: December 31

Foundation Status Classification: \*

509(a)(1) - 170(b)(1)(A)(vi)

Advance Ruling Period Ends:

December 31, 1986

Person to Contact:

Mr. E. Kelley

Contact Telephone Number:

(312) 886 1278

ALLIANCE FOR THE MENTALLY ILL OF  
ILLINOIS INC STATE COALITION  
PO BOX 2363  
GLENVIEW, IL 60025

Dear Applicant:

Based on information supplied, and assuming your operations will be as stated in your application for recognition of exemption, we have determined you are exempt from Federal income tax under section 501(c)(3) of the Internal Revenue Code.

Because you are a newly created organization, we are not now making a final determination of your foundation status under section 509(a) of the Code. However, we have determined that you can reasonably be expected to be a publicly supported organization described in section 509(a)(1) - 170(b)(1)(A)(vi)

Accordingly, you will be treated as a publicly supported organization, and not as a private foundation, during an advance ruling period. This advance ruling period begins on the date of your inception and ends on the date shown above.

Within 90 days after the end of your advance ruling period, you must submit to us information needed to determine whether you have met the requirements of the applicable support test during the advance ruling period. If you establish that you have been a publicly supported organization, you will be classified as a section 509(a)(1) or 509(a)(2) organization as long as you continue to meet the requirements of the applicable support test. If you do not meet the public support requirements during the advance ruling period, you will be classified as a private foundation for future periods. Also, if you are classified as a private foundation, you will be treated as a private foundation from the date of your inception for purposes of sections 507(d) and 4940.

Grantors and donors may rely on the determination that you are not a private foundation until 90 days after the end of your advance ruling period. If you submit the required information within the 90 days, grantors and donors may continue to rely on the advance determination until the Service makes a final determination of your foundation status. However, if notice that you will no longer be treated as a section \* see above organization is published in the Internal Revenue Bulletin, grantors and donors may not rely on this determination after the date of such publication. Also, a grantor or donor may not rely on this determination if he or she was in part responsible for, or was aware of, the act or failure to act that resulted in your loss of section \* see above status, or acquired knowledge that the Internal Revenue Service had given notice that you would be removed from classification as a section \* see above organization.

(over)

If your sources of support, or your purposes, character, or method of operation change, please let us know so we can consider the effect of the change on your exempt status and foundation status. Also, you should inform us of all changes in your name or address.

As of January 1, 1984, you are liable for taxes under the Federal Insurance Contributions Act (social security taxes) on remuneration of \$100 or more you pay to each of your employees during a calendar year. You are not liable for the tax imposed under the Federal Unemployment Tax Act (FUTA).

Organizations that are not private foundations are not subject to the excise taxes under Chapter 42 of the Code. However, you are not automatically exempt from other Federal excise taxes. If you have any questions about excise, employment, or other Federal taxes, please let us know.

Donors may deduct contributions to you as provided in section 170 of the Code. Bequests, legacies, devises, transfers, or gifts to you or for your use are deductible for Federal estate and gift tax purposes if they meet the applicable provisions of sections 2055, 2106, and 2522 of the Code.

You are required to file Form 990, Return of Organization Exempt from Income Tax, only if your gross receipts each year are normally more than \$25,000. If a return is required, it must be filed by the 15th day of the fifth month after the end of your annual accounting period. The law imposes a penalty of \$10 a day, up to a maximum of \$5,000, when a return is filed late, unless there is reasonable cause for the delay.

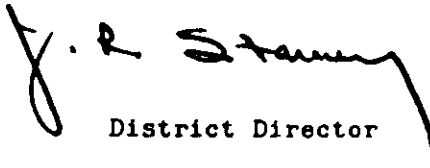
You are not required to file Federal income tax returns unless you are subject to the tax on unrelated business income under section 511 of the Code. If you are subject to this tax, you must file an income tax return on Form 990-T, Exempt Organization Business Income Tax Return. In this letter, we are not determining whether any of your present or proposed activities are unrelated trade or business as defined in section 513 of the Code.

You need an employer identification number even if you have no employees. If an employer identification number was not entered on your application, a number will be assigned to you and you will be advised of it. Please use that number on all returns you file and in all correspondence with the Internal Revenue Service.

Because this letter could help resolve any questions about your exempt status and foundation status, you should keep it in your permanent records.

If you have any questions, please contact the person whose name and telephone number are shown in the heading of this letter.

Sincerely yours,

  
District Director

# POST OFFICE DEPARTMENT

Glenview, Il 60025

DATE: 12 OCT 84

REPLY TO  
ATTN OF:

SUBJECT: Bulk Mail Postage

P. O. CL:

TO:

Mrs. Orr  
P.O. Box 2363  
Glenview, Il 60025

Reference our conversation the other day regarding your bulk mail postage.

You may have the printer add the words "Non-Profit" to the indicia on your envelopes.

You will need to pay the basic bulk mail rate of .11 until your application for non-profit status is approved. Upon approval you will be granted a credit retroactive to the date of approval of the difference between .11 and .052.

Your use of pre-cancelled stamps would void any possibility of receiving any regroactive credit..

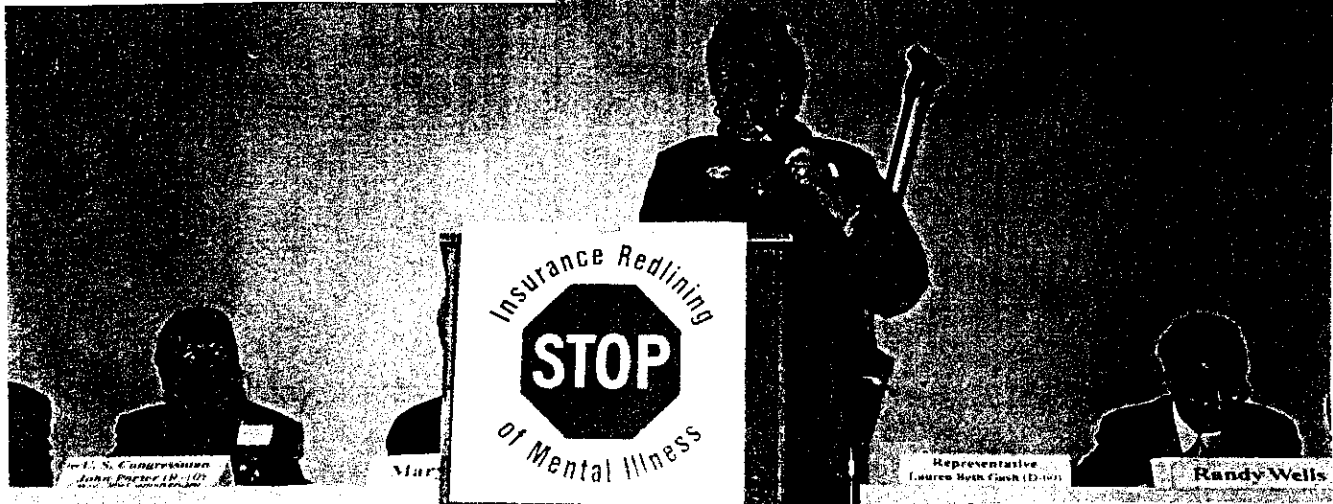
The paperwork on your application for non-profit status has been forwarded to Regional Headquarters for approval.

Hope this clarifies your questions. However if you still wish to order pre-cancelled stamps in lots of 500, please give me a call.

Sincerely,

  
S. Roland  
WinServSupr

LEGISLATIVE BEAKFAST  
ATTENDED by 8 LOCAL LEGISLATORS  
200 GUESTS  
HELD AT ST. CATHERINE LABORE HALL







1784-5

ALLIANCE FOR THE MENTALLY ILL  
NORTHWEST SUBURBAN  
P.O. Box 1778  
Arlington Heights, IL 60006-1778

Vi Orr, Pres. of AMI of IL, State Coalition  
Box 863  
Glenview, IL 60025

Dear Vi -

As the second anniversary of the formation of AMI of Illinois, State Coalition, is approaching, it seems an appropriate moment to proclaim a vote of confidence in your continuing leadership as President. In a relatively brief time you and your board have built the organization into an influential entity that serves the mentally ill throughout the state. You have almost doubled the number of affiliate groups who originally and earnestly demanded its formation, and now 21 affiliates are dedicated to expanding further, in numbers and spheres of influence.

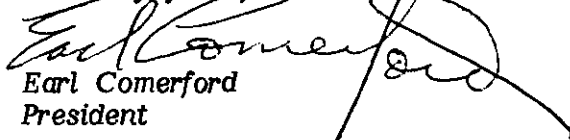
Congratulations on securing a well-known community psychiatric foundation to underwrite the printing expenses of the quarterly newsletter, STATELINE. We of AMI - Northwest Suburban are happy to have played a small part in its contacting you. We know, of course, that this sponsorship is based on the intrinsic merits of the newsletter and the impact of the state coalition.

Our readers, along with 3000 others, welcome every issue for information on current legislation and research, and for inspiration on sources and methods of helping all classes of mentally ill.

In retrospect we are impressed with the organization of regional meetings and the way you have profiled some of our state's facilities, namely Elgin MHC, Tinley Park MHC, Rock Island MHC, and Zeller MHC. By coordinating each region's administrators and civic leaders on the program with on-site location and hosting by a local affiliate, members have gained statewide exposure to the mental health system and insight into its needs and methods of implementation.

We are also happy to inform you, Vi, that the board of AMI-NS, Inc. has voted unanimously to make you an honorary member of our organization. We are proud of the ingenuity, dedication, and co operation you have demonstrated, and are confident that the state coalition will continue to flourish under your guidance.

Sincerely yours,

  
Earl Comerford  
President

EC/mr  
CC: Affiliate Members

AFFILIATED WITH:  
The National Alliance for the Mentally Ill  
Alliance for the Mentally Ill of Illinois, Inc., State Coalition

1985

## Through the Years: AMI Profile

AMI of Illinois Stateline makes a deliberate effort to emphasize the doings of the State Coalition and its affiliates rather than those of individuals but there are exceptions!

As the second anniversary of the coalition approaches, special acknowledgment is due the Illinois families who persevered in urging the formation of the State Coalition. In 1983, at the St. Louis, Missouri NAMI Conference, there was a large enough group to insist on action!

Twelve family support organizations assembled in Bloomington in October - all determined to share equally, regardless of size, in meeting the problems facing the mentally ill and their families in their communities locally and in the state. They have shaped AMI of Illinois. Each, in turn, has been responsible for preparing a program for an individual meeting held at a state mental health facility or at its own facility such as Rock Island's excellent living quarters. Each has provided information and new ideas, attracting new affiliates and binding all members closer together. A salute for hard work well done!

One individual who merits a special accolade is Vi Orr, president of the coalition board of directors. It was she who, when the intended chairperson belatedly cancelled out, met the challenge of preparing an agenda and chairing the first meeting. Call it poetic justice that she, who had presided over the first local AMI in Illinois should also preside at the founding of the State AMI!

The State was fortunate! Vi Orr has a superb talent for organizing and carrying through projects in the most effective and productive manner. Her nine years experience with non-profit organizations and her work training in marketing and direct mail prepared her well for the multitude of problems she and the board have faced and handled during the last year and a half. Always, Vi has worked with, not over, the affiliates during these months of growth in which the Coalition has almost doubled its membership and continues to attain recognition and stature statewide.

Vi knows the problems of mental illness and its disappointments only too well. She is representative of the many individuals who seek and find ways of sharing their anguish with other parents.

In 1976, Vi Orr attended a meeting of the Illinois State affiliate of the American Schizophrenia Foundation which had been promoting family support groups from the 1960's on. (The Schizophrenia Association of West Suburban Chicago, Downers Grove, is celebrating its tenth year, the oldest local affiliate of the Foundation in Illinois.)

Joining similar family members from the north suburbs, Vi helped organize the local Society for Schizophrenia and Related Illnesses (SSRI). When one of its members returned from a legislative hearing in Wisconsin in 1978 and told of meeting a member of the Alliance for the Mentally Ill of Dane County, SSRI set up an exchange of newsletters.

Such enthusiasm was aroused concerning the concept of an alliance, not only locally but nationally, that Vi Orr suggested that SSRI change its name to AMI early in 1979. As a result, Vi, as president, led the members of the first AMI in Illinois in September to the conference in Madison, Wisconsin where, through the efforts of similar family groups from 36 states and Canada, National AMI was organized.

Returning to Illinois, Vi pushed for the consolidation of her AMI, another local Illinois Schizophrenia Foundation family group and a recently formed parent group, Voices. In less than a year, the three combined treasuries and membership lists to become Illinois AMI, a name chosen to encompass members from Chicago and outlying areas.

Always striving for growth and more effective advocacy for the mentally ill, Vi suggested a Northwest Regional Conference, made contact with the Governor's Planning Council for D.D.s which later resulted in a housing grant which started the Better Living Apartments, became a charter member on the board of the 7720 House, a first attempt at providing community permanent housing for the chronically mentally ill. Impatient with results, Vi gave up a regular job to work for two non-profit organizations at less salary and benefits which allowed her to concentrate her energies on helping the mentally

AMI—Illinois, Inc.  
P.O. BOX 2363  
Glenview, IL 60025

June 5, 1984

TO: BOARD OF DIRECTORS

FROM: VI ORR

Regarding: Updated Information/assignments

AMI of Rock Is/Mercer Counties forwarded a check for \$102.00 representing proceeds from the May 19th luncheon. Very nice, thank you.

Imelda Smith, Corresponding Secy. is preparing all the outgoing mail to officers and advisory board. Be sure to mail her any announcements that need to be included to all the affiliates. We wish to take advantage of maximum use of postage; consolidation of all our mail is the best way.

Bob Dell, Treasurer will be leaving for vacation and will be out of the country for 3 weeks until July 7th. He will be sending signature bank cards to Pat Mooney and Vi Orr. I am asking Pat Mooney to be in charge of banking responsibilities if such a need arises in B. Dell's absence.

J. Plesko, Vice-President is working on the newsletter. All materials from several sources have been mailed to John. Our first newsletter will be an informative and mostly about the STATE..its movement, goals, history, etc. Your ideas, announcements, information, news items and clippings will be much appreciated for future newsletters.

John will be attending the National Conference in California and will be handling the proxy votes for any ILLINOIS affiliate not going to NAMI conference. Be sure to get your proxy vote to John by June 27th. His address is: John Plesko, 1206 Kirkwood Dr., Pontiac, IL 61764.

Our logo, by-line and stationery designs are being finalized after selections were made at the AMI Rock Island/Mercer Counties meeting.

I. Hayes, M. Raitt and NWAMI Affiliate will host the next meeting in Elgin, July 28, 1984. All contacts have been made and final plans for lunch, time schedule, raffle prizes and raffle tickets are being worked out. Check with Irene Hayes if you have raffle prizes to donate.

Our bylaws committee consists of: H. Lacine, J. O'Brien, I. Smith, K. Periera A. McGuire, I. Bauer and D. Gieske. By laws from other state groups have been forwarded for samples and ideas. Our bylaws have been voted on but our committee is adding the corrections/additions that were mailed in prior to the Peoria meeting but not voted upon.

All Affiliates: Check with your officers about hosting the next STATE Coalition open membership meeting. Tentative date schedule is planned for late October or early November. Ideas for future meetings and speakers you would like to hear will be discussed at next officers meeting.

Please send in your suggestions for our honorary advisory board. Send in names of groups that need to be contacted about joining the STATE Coalition.

Gieske Family and Sauk Valley AMI continue working on memorial cards; the design and wording.

AMI—Illinois, Inc.  
P.O. BOX 2363  
Glenview, IL 60025

September 10, 1984

Dr. James Grot  
Region 2C Administrator  
Tinley Park Mental Health Center  
7300 W. 183rd St.  
Tinley Park, IL 60477

Dear Dr. Grot:

This letter is confirming our phone conversation regarding use of the All Purpose Room, Howe Developmental Center on Saturday, October 27, 1984. The room should be large enough to accommodate 80 to 100 people. We would need a large table for registration and forms and another table to display raffle prizes. (Our raffle is our way of helping to raise funds for the STATE Coalition and still not interfere with the affiliates in their fund raising).

AMI of South Suburbs-AMISS will be the host group-entertaining affiliate groups from all around the state. The program will be on HOUSING. After hospitalization where is one to go? How to develop, obtain funding for residential housing and continuum of care in the community for the chronic MI's.

Zena Naiditch, Exec. Director of Protection & Advocacy Board will be the AM speaker. You will be the first speaker in the PM. Our meetings are relaxed, informal and flexible. We would like you to speak for about One-half hour to forty-five minutes. Ann Patla, Consultant to IDMHDD on residential facilities will follow you at the podium and after her talk you both will take questions from the audience together.

Feel free to contact me days at 441-2131 or 724-5228 (leave messages). The host group may be reached by calling Irene Bauer, 312-331-6145.

Thank you for your continued help and your enthusiastic support. We will be in touch again when all is finalized.

Sincerely yours,

✓  
Vi Orr, President  
AMI of ILLINOIS, INC.  
STATE Coalition



# MEMO/ Robert Dell

11/19/84

Dear Vi and John,

Enclosed is a draft copy of the application to IRS. I went over a previous draft with our local attorney. Upon his advice I lowered the budget for 85 & 86 to a minimum and noted that this was an estimate. (The attorney feels that the bigger the budget the closer they look). I also made some of the other comments simpler and less "expansive".

In addition the attorney suggested that the section III narrative be in accord with the language we are using for possible grant applications; therefore I asked Anne McGuire to write that and her thoughts are included just as I typed them from her handwritten copy.

Now that this application is at its present stage it sure seems simpler than at the beginning. I was un-successful in getting hold of an application from another AMI group to go by. The attorney does think this one is basically OK. Oh - I did contact the Ben Gordon Center Foundation here in DeKalb County. They paid an attorney to have their's done, just a little under \$1,000. I hope my effort is not a case of you get what you payfor!

Regards,

Bob

PS. I'm out of town now until Nov. 27th.

# Application for Recognition of Exemption

## Under Section 501(c)(3) of the Internal Revenue Code

For Paperwork Reduction Act Notice, see page 1 of the instructions.

To be filed in the key district for the area in which the organization has its principal office or place of business.

This application, when properly completed, constitutes the notice required under section 508(a) of the Internal Revenue Code so that an applicant may be treated as described in section 501(c)(3) of the Code, and the notice required under section 508(b) for an organization claiming not to be a private foundation within the meaning of section 509(a). (Read the instructions for each part carefully before making any entries.) If required information, a conformed copy of the organizing and operational documents, or financial data are not furnished, the application will not be considered on its merits and the organization will be notified accordingly. Do not file this application if the applicant has no organizing instrument (see Part II).

### Part I.—Identification

1 Full name of organization <i>Alliance for the Mentally Ill, Inc. State Coalition</i>		2 Employer identification number (If none, see instructions) <i>36-3305 804</i>	
3(a) Address (number and street) <i>P.O. Box 2363</i>		Check here if applying under section: <input checked="" type="checkbox"/> 501(e) <input type="checkbox"/> 501(f)	
3(b) City or town, State, and Zip code <i>Glenview, IL 60025</i>		4 Name and phone number of person to be contacted <i>Robert Dell (815) 498-2277</i>	
5 Month the annual accounting period ends <i>Dec</i>	6 Date incorporated or formed <i>May 30, 1984</i>	7 Activity codes <i>166   531   431</i>	
8 Has the organization filed Federal income tax returns or exempt organization information returns? . . . <input type="checkbox"/> Yes <input checked="" type="checkbox"/> No If "Yes," state the form number(s), years filed, and Internal Revenue office where filed.			

### Part II.—Type of Entity and Organizational Document (see instructions)

Check the applicable entity box below and attach a conformed copy of the organization's organizing document and bylaws as indicated for each entity.  
 Corporation—Articles of incorporation and bylaws.  Trust—Trust indenture.  Other—Constitution or articles of association and bylaws.

### Part III.—Activities and Operational Information

1 What are or will be the organization's sources of financial support? List in order of size.  
*Raffles*  
*contributions*  
*Dues*

2 Describe the organization's fund-raising program, both actual and planned, and explain to what extent it has been put into effect. (Include details of fund-raising activities such as selective mailings, formation of fund-raising committees, use of professional fund raisers, etc.) Attach representative copies of solicitations for financial support.  
*Raffles at our general meetings (prizes contributed)*  
*contributions from interested individuals. note form in newsletter*  
*and attached donor cards.*  
*Dues from local chapters.*

I declare under the penalties of perjury that I am authorized to sign this application on behalf of the above organization and I have examined this application, including the accompanying statements, and to the best of my knowledge it is true, correct, and complete.

\_\_\_\_\_  
(Signature) (Title or authority of signer) (Date)

## Part III.—Activities and Operational Information (Continued)

3 Give a detailed narrative description of the organization's past, present, and proposed future activities, and the purposes for which it was formed. The narrative should identify the specific benefits, services, or products the organization has provided or will provide. If the organization is not fully operational, explain what stage of development its activities have reached, what further steps remain for it to become fully operational, and when such further steps will take place. (Do not state the purposes and activities of the organization in general terms or repeat the language of the organizational documents.) If the organization is a school, hospital, or medical research organization, include enough information in your description to clearly show that the organization meets the definition of that particular activity that is contained in the instructions for Part VI-A.

Part III

3.

PAST

The organization is an outgrowth of informal meetings at National AMI conferences of concerned members of local AMI support groups, after a number of organizational meetings held throughout the state from October, 1983 on, was incorporated as a non-profit State Coalition, May 1984, to promote general welfare and care of the mentally ill, support for all consumers concerned, research into nature of illness toward cure.

PRESENT

At present we have a representative group of affiliates, members of the state coalition, with officers and a board, holding meetings at various state mental health centers throughout the year, editing an informative newsletter, developing an advisory board from the mental health field, gathering information concerning resources and services regarding treatment, housing, rehabilitation, education and assistance from federal, state, local departments and agencies.

FUTURE

In the next year we plan to increase the number of local AMI groups throughout the state, to provide information to the groups regarding linkage with Department of Mental Health and Developmental Disability, other involved state departments, local community mental health centers and other agencies, and programs. Since over 50% of patients return to their homes, it is vital that there be increased education toward involvement of relatives in ongoing treatment programs and support and respite for all.

This organization is providing support, information, opportunities to interact with communities to provide and develop the necessary continuum of care for the mentally ill.

STEPS IN DEVELOPMENT

We have a viable organization with limited funding. We have had membership and donor letters printed and we are applying for grants from various sources to enable us to conduct a promotional campaign through letter

writing, personal contact, use of the media, arrangement of meetings to increase the number of AMI groups throughout the state to provide a network for the linkage of families and patients with the resources and services available in the state. We expect to have regional meetings and a state conference of AMI groups in May, 1985, with study groups developed as we assess lack of information throughout the new groups.

Part III.—Activities and Operational Information (Continued)

4 (c) Do any of the above persons serve as members of the governing body by reason of being public officials or being appointed by public officials? . . . . .  Yes  No  
If "Yes," name those persons and explain the basis of their selection or appointment.

(d) Are any members of the organization's governing body "disqualified persons" with respect to the organization (other than by reason of being a member of the governing body) or do any of the members have either a business or family relationship with "disqualified persons?" (See specific instruction 4(d).) . . . . .  Yes  No  
If "Yes," explain.

(e) Have any members of the organization's governing body assigned income or assets to the organization, or is it anticipated that any current or future member of the governing body will assign income or assets to the organization? . . . . .  Yes  No  
If "Yes," attach a complete explanation stating which applies and including copies of any assignments plus a list of items assigned.

5 Does the organization control or is it controlled by any other organization? . . . . .  Yes  No  
Is the organization the outgrowth of another organization, or does it have a special relationship to another organization by reason of interlocking directorates or other factors? . . . . .  Yes  No  
If either of these questions is answered "Yes," explain.

6 Is the organization financially accountable to any other organization? . . . . .  Yes  No  
If "Yes," explain and identify the other organization. Include details concerning accountability or attach copies of reports if any have been submitted.

7 (a) What assets does the organization have that are used in the performance of its exempt function? (Do not include property producing investment income.) If any assets are not fully operational, explain their status, what additional steps remain to be completed, and when such final steps will be taken.

*cash balance only*

(b) To what extent have you used, or do you plan to use contributions as an endowment fund, i.e., hold contributions to produce income for the support of your exempt activities?

*NONE*

8 Will any of the organization's facilities be managed by another organization or individual under a contractual agreement? . . . . .  Yes  No  
If "Yes," attach a copy of each contract and explain the relationship between the applicant and each of the other parties.



Part III.—Activities and Operational Information (Continued)

9 (a) Have the recipients been required or will they be required to pay for the organization's benefits, services, or products? . . . . .  Yes  No
If "Yes," explain and show how the charges are determined.

(b) Does or will the organization limit its benefits, services, or products to specific classes of individuals? .  Yes  No
If "Yes," explain how the recipients or beneficiaries are or will be selected.

10 Is the organization a membership organization? . . . . .  Yes  No
If "Yes," complete the following:

(a) Describe the organization's membership requirements and attach a schedule of membership fees and dues. (quote By-laws III:1

\$25/year, per local affiliate

(b) Describe your present and proposed efforts to attract members, and attach a copy of any descriptive literature or promotional material used for this purpose.

Local groups are contacted and invited to join the state coalition.

(c) Are benefits, services, or products limited to members? . . . . .  Yes  No
If "No," explain.

11 Does or will the organization engage in activities tending to influence legislation or intervene in any way in political campaigns? . . . . .  Yes  No

If "Yes," explain. (Note: You may wish to file Form 5768, Election/Revocation of Election by an Eligible Section 501(c) (3) Organization to Make Expenditures to Influence Legislation.)

12 Does the organization have a pension plan for employees? . . . . .  Yes  No

13 (a) Are you filing Form 1023 within 15 months from the end of the month in which you were created or formed as required by section 508(a) and the related regulations? (See general instructions.) . . .  Yes  No

(b) If you answer "No," to 13(a) and you claim that you fit an exception to the notice requirements under section 508(a), attach an explanation of your basis for the claimed exception.

(c) If you answer "No," to 13(a) and section 508(a) does apply to you, you may be eligible for relief under regulations section 1.9100 from the application of section 508(a). Do you wish to request relief? . . .  Yes  No

(d) If you answer "Yes," to 13(c) attach a detailed statement that satisfies the requirements of Rev. Proc. 79-63.

(e) If you answer "No," to both 13(a) and 13(c) and section 508(a) does apply to you, your qualification as a section 501(c)(3) organization can be recognized only from the date this application is filed with your key District Director. Therefore, do you want us to consider your application as a request for recognition of exemption as a section 501(c)(3) organization from the date the application is received and not retroactively to the date you were formed (see instructions)? . . . . .  Yes  No

Part IV.—Statement as to Private Foundation Status (see instructions)

1 Is the organization a private foundation? . . . . .  Yes  No

2 If you answer "Yes," to question 1 and the organization claims to be a private operating foundation, check here  and complete Part VII.

3 If you answer "No," to question 1 Indicate the type of ruling you are requesting regarding the organization's status under section 509 by checking the box(es) below that apply:

(a) Definitive ruling under section 509(a)(1), (2), (3), or (4)  Complete Part VI.

(b) Advance ruling under  sections 509(a)(1) and 170(b)(1)(A)(vi) or  section 509(a)(2)—see instructions.

(c) Extended advance ruling under  sections 509(a)(1) and 170(b)(1)(A)(vi) or  section 509(a)(2)—see instructions.

(Note: If you want an extended advance ruling you must check the appropriate boxes for both 3(b) and 3(c). You must also complete and attach two Forms 872-C to the application.)

Statement of Support, Revenue, and Expenses for the period beginning Jan 1, 1984, and ending 9-30, 1984

Note: Complete the financial statements for the current year and for each of the three years immediately before it. If in existence less than four years, complete the statements for each year in existence. If in existence less than one year, also provide proposed budgets for the two years following the current year.

Previous bal 508

Table with columns for Support and Revenue (lines 1-8), Expenses (lines 9-19), and Ending date. Includes entries for gross contributions, dues, and various expenses.

Balance Sheet (at the end of the period shown above) Enter date

Balance Sheet table with columns for Assets (lines 20-30), Liabilities (lines 31-35), and Fund Balances or Net Worth (lines 36-37). Includes entries for cash, receivables, and total assets/liabilities.

If there has been any substantial change in any aspect of your financial activities since the period shown above ended, check the box and attach a detailed explanation [ ]

	1	2	3	4
	<u>Income (1)</u>		1986	
1	Dues \$25@ - 20 chapters	500	500	
2	Raffles	500	500	
3	Contributions	500	500	
4		<u>1,500</u>	<u>1,500</u>	
5				
6				
7				
8	<u>Expenses (2)</u>			
9	Printing, Postage	700	700	
10	distribution of information			
11	to public & local affiliates			
12				
13	Phone	475	475	
14				
15	Contribution to NAMI	25	25	
16				
17	Meetings & Honoraria	300	300	
18		<u>1,500</u>	<u>1,500</u>	
19				
20				
21	(1) Estimate, pending			
22	possible grant			
23				
24	(2) Estimate, only			
25				
26				
27				
28				
29				
30				
31				



# The National Alliance for the Mentally Ill

1200 15th St., N.W., Suite 400 • Washington, DC 20005 • (202) 833-3530

## 1985 INFORMATION UPDATE

(PLEASE TYPE OR PRINT)

\*\*Name of Affiliate ALLIANCE for the Mentally Ill-ILLINOIS STATE COALITION

Address P.O. BOX 2363, GLENVIEW, IL 60025

Phone Number (312 ) 729-1457

CONTACTS: Names and address with zips and phone numbers with area code

Pres. Vi Orr

3808 Rugen Rd., Glenview, IL 60025

(312-) 729-1457

V.P. John Plesko

1206 Kirkwood, Pontiac, IL 61764

(815-) 842-1514

Trea. Robert Dell

414 E. Pleasant, Sandwich, IL 60548

(815-876-6341

Sec. Pat Mooney

111 Sunset Dr., East Peoria, IL 61611

( 309) 699-6346

LEGISLATIVE ACTION CONTACT:

Anne McGuire

184 Maple Ave., Highland Park, IL 60035

( 312) 432-4562

INFORMATION & REFERRAL CONTACT (For listing in NAMI Directory, and for daytime referrals to affiliate:

312-729-1457 (days-Answering Machine) Calls taken daily

312-358-4244

For Evening I & R Contact, if different than above:

312-729-1457

Geographic areas served (Alphabetically list counties, then jamjor cities served):

Entire State of Illinois

Members' local zipcodes: 60004 to 60099

Please asterisk (\*) name/address above where NAMI's mailings should be sent

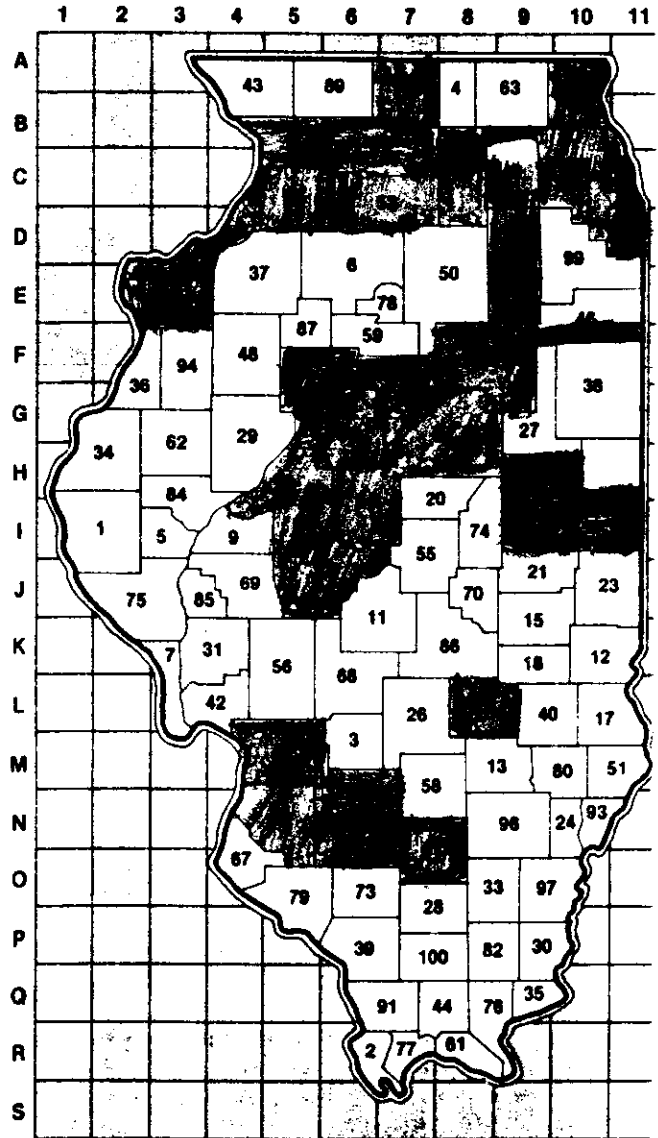
**COVER AND COLOR THE ENTIRE STATE WITH AMI GROUPS**

The darker spots on the map represent AMI-ILLINOIS AFFILIATES  
 Invite your neighbor county to one of your meetings. Help others to  
 start an AMI support group.

**Counties  
 in Illinois**

- 1 Adams, I-2
- 2 Alexander, R-6
- 3 Bond, M-6
- 4 Boone, B-8
- 5 Brown, I-3
- 6 Bureau, E-6
- 7 Calhoun, L-3
- 8 Carroll, B-5
- 9 Cass, I-4
- 10 Champaign, H-9
- 11 Christian, J-6
- 12 Clark, K-10
- 13 Clay, M-8
- 14 Clinton, N-6
- 15 Coles, J-9
- 16 Cook, C-10
- 17 Crawford, L-10
- 18 Cumberland, K-9
- 19 DeKalb, C-8
- 20 DeWitt, H-7
- 21 Douglas, J-9
- 22 DuPage, C-10
- 23 Edgar, J-10
- 24 Edwards, N-10
- 25 Effingham, L-8
- 26 Fayette, L-7
- 27 Ford, G-9
- 28 Franklin, P-7
- 29 Fulton, H-4
- 30 Gallatin, P-9
- 31 Greene, K-4
- 32 Grundy, E-9
- 33 Hamilton, O-9
- 34 Hancock, H-2
- 35 Hardin, Q-9
- 36 Henderson, F-2
- 37 Henry, E-4
- 38 Iroquois, G-10
- 39 Jackson, P-6
- 40 Jasper, L-9
- 41 Jefferson, N-8
- 42 Jersey, L-4
- 43 JoDaviess, B-4
- 44 Johnson, Q-8
- 45 Kane, C-9
- 46 Kankakee, E-10
- 47 Kendall, D-9
- 48 Knox, F-4
- 49 Lake, B-10
- 50 LaSalle, E-8
- 51 Lawrence, M-10
- 52 Lee, C-7
- 53 Livingston, F-8
- 54 Logan, I-6

- 55 Macon, I-7
- 56 Macoupin, K-5
- 57 Madison, M-5
- 58 Marion, N-7
- 59 Marshall, F-6
- 60 Mason, H-5
- 61 Massac, R-8
- 62 McDonough, H-3
- 63 McHenry, B-9
- 64 McLean, G-8
- 65 Menard, I-5
- 66 Mercer, E-3
- 67 Monroe, O-4
- 68 Montgomery, L-6
- 69 Morgan, J-4
- 70 Moultrie, J-8
- 71 Ogle, B-6
- 72 Peoria, F-5
- 73 Perry, O-6
- 74 Piatt, I-8
- 75 Pike, J-2
- 76 Pope, Q-9
- 77 Pulaski, R-7
- 78 Putnam, E-7
- 79 Randolph, O-5
- 80 Richland, M-10
- 81 Rock Island, D-3
- 82 Saline, P-8
- 83 Sangamon, J-6
- 84 Schuyler, H-3
- 85 Scott, J-4
- 86 Shelby, K-8
- 87 Stark, F-5
- 88 St. Clair, N-5
- 89 Stephenson, B-6
- 90 Tazewell, G-6
- 91 Union, Q-6
- 92 Vermilion, H-10
- 93 Wabash, N-10
- 94 Warren, F-3
- 95 Washington, N-6
- 96 Wayne, N-9
- 97 White, O-10
- 98 Whiteside, C-5
- 99 Will, D-10
- 100 Williamson, P-7
- 101 Winnebago, B-7
- 102 Woodford, F-7



VI ORR, PRESIDENT  
 AMI of ILLINOIS, INC.  
 STATE COALITION  
 P.O. BOX 863  
 GLENVIEW, IL 60025

312-729-1457 (Chicago & Suburban area)  
 815-842-1514 (Pontiac & Bloomington area)  
 815-562-4325 (Rochelle & Rockford area)

April 15



# AMI of ILLINOIS, INC.

## STATE COALITION

P.O. BOX 2363  
GLENVIEW, ILLINOIS 60025

(815) 842-1514  
(309) 745-5338  
(312) 729-1457

April 14, 1985

To: Officers, Directors, Chairpersons and Special Guests

From: Vi Orr

Re: Springfield Meeting and April Update

All affiliates should have received materials for the MAY 4-5 Springfield meeting from our host group, "Families."

The packet includes the weekend agenda, hotel registration forms and information flyers. If you, as director, did not receive the packet, please check with the person who picks up your affiliate mail.

If you need more materials please call or write to:

"Families" c/o Barbara Hortberg  
710 N. 8th St.  
Springfield, IL 62702  
(217) 525-1064

"Families", our host group, is working very hard to give us an educational and inspiring weekend. We can help by spreading the word and having good representation from each affiliate around the state.

At the State House Inn the "hospitality room" will be the place to meet in the evening and spare hours. Make a point to get acquainted with others from around the STATE and form a good working relationship for AMI of ILLINOIS, STATE Coalition and for you, toward the good of our ill loved ones and the future of the coalition

We will have our usual STATE Coalition raffle. The monies from the raffle helps defray postage, printing and xeroxing expenses.

If you wish to donate prizes for future meetings, please bring your gifts to the meeting and contact an officer about your donation.

Dr. E. Fuller Torrey's, Surviving Schizophrenia, \$8.95 paper back book, will be sold at the meeting for your convenience and for additional fund raising for the STATE Coalition.

- . Buy a copy for your affiliate library
- . Give a book to friends and relatives for their better understanding of the illness
- . Buy a copy for your local public library!
- . Take orders for your affiliate members who cannot attend the May 4-5 meeting

The nominating committee has been selected and all persons have accepted. This committee represents various areas around the state:

Dorthea Gieske	Rochelle	A founder and director
Jeff Womack	Rock Island	Director and consumer
Kay Pereira	Chicago & Suburbs	Chairperson
Lynn Houser	Springfield	Affiliate president
Secy. & Pat Mooney	Peoria	Officer
Substitute		

The nominating committee will meet during the May 4-5 weekend at a convenient time for all. Reading of your bylaws prior to the meeting will be helpful and will expedite matters.

I am asking Jeff Womack to chair the meeting.

Because of the high volume of mail and future growth of AMI of ILLINOIS, Inc., it will be necessary to institute a system of written reports for intra-state communication. Presently we need to "get acquainted" with each other, seek our new talent so all officers, directors, chairpersons and special guests and invited to prepare SHORT reports for Sunday's business meeting. If you will not be in attendance, you may have someone report for you. We welcome a written summary of your comments.

The following are invited to report:

✓ D. Gieske	Fund RAising-Donor Cards
✓ I. Hayes	Raffle prizes
✓ J. Plesko	Torrey's Book, Candies
✓ R. Dell	Cannisters
✓ K. Pereira	Telephone Tree
✓ J. O'Brien	Community Meetings
✓ J. Womack	Education
✓ Stanlee	Client/Consumer Column
J. Plesko	NAMI Conference & Proxy Vote
✓ I. Hayes/E. Rives	Public Relations
✓ L. Darin	Hospitality
✓ S. Starr	Legislation & CFC Reporting
✓ G. Kniss	Meeting Highlights (do's/don'ts for overnight meetings)
✓ P. Mooney	Future Meeting/Programs
H. Lacine	Bylaws
✓ I. Smith	Mailings, Housing Ideas, Grants
L. Guilfoyle	NAMI Reporting & Fund Raising Ideas
✓ Belleville	Someone from your group is invited to report on any special problems, your successes, ideas and plans. Your suggestions are always welcome. How can we help you? How can you help the STATE Coalition?
✓ Mt. Vernon	
✓ Lake County	
✓ Rockford	
✓ Aurora	

Pg. 3

We hope to see all the Directors at the meeting. Our next scheduled directors meeting will be in October

Articles of local and STATE interest are due for the newsletter MAY 5, 1985. Also needed are the written histories on affiliates in Peoria, Greater Chicago and Sandwich for the column "Get Acquainted With Your Affiliate"

Articles missing the deadline will be held for future newsletters. All items are welcome but subject to editing due to limited space and/or subject.

It is important that all efforts on behalf of the STATE Coalition are coordinated so that we have a unified state effort, rather than fragmented local efforts.

NEW GROWTH.....NEED FOR EXPANSION

NATIONAL AMI has moved. New Address is:

National Alliance for the Mentally Ill  
1901 N. Fort Myer Dr., Suite 500  
Arlington, VA 22209

(703) 524-7600

Don't forget the STATE P.O. Box has been changed.

Our new box number is P.O. Box 863, Glenview, IL 60025

Looking forward to seeing everyone May 4-5. Lots of work, lots of learning and lots of fun for all!





# AMI of ILLINOIS, INC.

## STATE COALITION

P.O. BOX 863  
GLENVIEW, ILLINOIS 60025

(815) 842-1514  
(309) 745-5338  
(312) 729-1457

July 10, 1985

Dear Affiliates:

We continue working on your behalf. We continue working towards reducing stigma. We continue to spread the word and to try to reach families who are not aware of AMI support groups.

Our "Stateline" newsletter, along with your affiliate listing and a cover letter, have been mailed to:

1161 Illinois registered psychiatrists  
250 Legislators and representatives in Illinois  
260 Village professionals in human services  
50 Mental health centers around the state  
Many area hospitals

Both novice and pro are well acquainted with the direct marketing Golden Rule: the most important part of any direct mail effort is the list. You can do your own mailings in your area for the State Coalition, or you can prepare a mailing list of your membership, area hospitals, psychiatrists, psychologists, social workers, mental health professionals, halfway houses and local libraries, and we will do the mailings via bulk mail and eliminate any duplicates from neighboring areas.

### HOW ELSE CAN YOU ASSIST?

Do you have contacts with the media, newspapers, magazines, radio, TV? Are you a writer?

Do you have access to voluntary services? (I.e. typesetting, xeroxing, printing, paper, envelopes, and other supplies)

Are you willing to respond to phone calls and letters from your area?

Do you have any other skills which can be of service?

It is important that all efforts on behalf of the mentally ill be coordinated so that we have a state unified effort, not a local fragmented one. Write to advise of any new medical research data you read; send clippings or information about media publicity.

Write letters to members of the Senate and House of Representatives from your area asking them to support funding for research on chronic mental illness.

Sincerely,

Vi Orr

Enclosures

OFFICERS' ORGANIZATIONAL MEETING

January 25, 1986

10:30-4:30

Where are we going?

- Goals and objectives for 1986 and how to approach and accomplish them.
- 1985 membership and growth (23 affiliates).
- 1986 communication, legislation and fund raising.

10:30 Introduction of Officers

Each will give a 3 minute background of self, goals and objectives for self and state, and expertise.

- Treasurer's Report

- Distribution:

- NAMI dues
- Pass out mail
- Donor cards
- Newsletter packets of other
- See "Gifts from China"

- Group Discussion:

- Supplies--Review and reorder of stationery, envelopes, remittance envelopes, brochure.
- Newsletter
- Ads
- Letters to psychiatrists, psychologists and social workers
- Writer for newspapers and editing

- Reports on:

- April 5 Meeting - Rock Island
- July 3-4-5 NAMI Meeting
- Summer Meeting in Edwardsville
- Fall Meeting

- Committees and Jobs Review

- Lunch and breaks when needed

Vi Orr  
1/20/86

AMI OF ILLINOIS, INC. STATE COALITION  
 OFFICERS' AND DIRECTORS'  
 ORGANIZATION MEETING-ROCHELLE, ILLINOIS  
 MARCH 15, 1986  
 10:00 to 4:00

WHERE ARE WE GOING? HOW TO GET THERE

- GOALS AND OBJECTIVES FOR 1986 AND HOW TO APPROACH AND ACCOMPLISH THEM.
- 1985 year of membership and growth (23) affiliates; communication.
- 1986 anti-stigma, legislation, fund raising. See Objectives 2/18/84

ROLL CALL & NEW BOARD MEMBERS  
 & GUEST INTRODUCTIONS

DELBERT MUNDT, SECRETARY

TREASURER REPORT

ROBERT DELL, TREASURER

ANNOUNCEMENTS & HAND OUTS

VI ORR, PRESIDENT

ESTABLISH AND APPOINT CHAIRS TO AND  
 MEMBERS OF STANDING COMMITTEES

APRIL 5, 1986 REGIONAL MEETING UPDATE & HANDOUTS

LESTER MAYES, 2nd VICE PRESIDENT

ANTI-STIGMA INFORMATION & HANDOUT KIT

ANDREA WOYT, CHAIRPERSON

TELEPHONE TREE INFORMATION & HANDOUT

KAY PEREIRA, CHAIRPERSON

LUNCHEON & SOCIALIZING  
 RAFFLE AND "GIFTS FROM CHINA"

SAUK VALLEY AMI, HOST

-----  
 INDIVIDUAL/AFFILIATE DIRECTORS' REPORTS

Audit/budget/finance	Robert Dell
Bylaws/amendments/resolutions	Hank Lacine
Community affairs/resources	Jane O'Brien
Education	Jan Cerny
Fund raising	Robert Dell
CFC-Combined Fed. Camp.	Tom Peterson
Donor cards	Dorthea Gieske
Cannisters	Marge Mayes
Torrey's Book	John Plesko/Ann McGuire
Bumper stickers	Irene Hayes
Raffle prizes/special events	" "
Special events	Mary O'Neill Siebel
Shop & Save	
Hospitality	Lois Darin
Housing/programs/standards	Ann Patla, Frank Ware
Insurance	John Plesko
Jobs Program/Employment	Lester Mayes, Frank Ware
Legislative/Government affairs	Siebel, Hayes, O'Brien, Pereira
Medical Resources	
Membership/board development	Vi Orr
Patient-Ex-patient	Stanlee
Petitions	Jane O'Brien
Programs/workshops info.	Delbert Mundt
Public Relations Internal	Paul Kaiser, A. McGuire, Vi Orr, C. Smith, J. Plesko,
"           "           External	E. Rives, W. Gieske,

-----  
 Old Business

New Business



# AMI of ILLINOIS, INC. STATE COALITION

P.O. BOX 2000 763  
GLENVIEW, ILLINOIS 60025

(815) 842-1514  
(309) 745-5338  
(312) 729-1457

July 16, 1985

Dear Affiliate:

We have mailed, under separate cover via third class mail, a packet of newsletters for you to distribute to your support group and miscellaneous letters and bulletins for your review, information and sharing.

While the packet is loaded with information and meeting notes, we realize it is too much to grasp at one time. We hope to be mailing information on a more timely basis but there is so much going on both locally and nationally with AMI growth that it is hard to keep up on a regular volunteer basis. We want you to be inform as to what is going on so we will continue to mail whenever we can and whenever we can afford to!

Big plans are being made for the November 1 & 2 conference in Peoria with Dr. Bert Pepper. Talk it up now among your membership and have everyone mark their calendars.

We missed you at past meetings for officers and directors and hope you will join us on Sept. 7 for the next meeting. Directions and meeting place will be mailed soon.

Please send in some items about your group for our next issue of the newsletter.

Cordially,

Vi Orr, President  
AMI of ILLINOIS, INC.  
STATE Coalition

A.M.I of Illinois, INC.  
STATE COALITION  
1985-86 Nominations Committee  
September 30, 1985

Dear Affiliates,

During the November 2, 1985 Annual Meeting, the election of (6) officers and (13) directors is to take place. On Saturday September 28th, 1985, the Nominations Committee met in LaSalle, Illinois to develop a slate of officers and directors to submit at the Annual Meeting. The following slate of (6) Officers and (9) of the (13) needed Directors will be submitted:

Officers:

President Vi Orr, AMI of Northwest Suburbs  
1st Vice President Paul Kaiser, AMI of Lake County  
2nd Vice President Les Mayes, AMI of Rock Island and Mercer Counties  
Recording Secretary Delbert Mundt, AMI of Effingham  
Corresponding Secretary Carolyn Smith, AMI of South Suburbs  
Treasurer Bob Dell, Family AMI of Sandwich

Directors: (in alphabetical order)

1. Dortha Gieske, Sauk Valley AMI
2. Irene Hayes, AMI of Northwest Suburbs
3. Marge Mayes, AMI of Rock Island and Mercer Counties
4. Anne McGuire, AMI of Lake County
5. Jane O'Brien, AMI of South Suburbs
6. John Plesko, Livingston McClean County REACH
7. Mary Siebel, AMI of Greater Chicago
8. Imelda Smith, TRI County AMI
9. Andrea Woyt, Schizophrenia Assoc. of West Suburban Chicago
- 10.
- 11.
- 12.
- 13.

There are four remaining director positions for which we did not receive candidate nominations.

Nominations shall be open to the floor with permission of nominee. Terms of Directors shall be determined by lot at the time of the 1985 election.

Each affiliate may have as many as one Officer and one Director or two Directors at any one time.

The 1985-86 Nomination Committee consists of:

Jeff Womack, AMI of Rock Island and Mercer Counties, Chairperson/Dir.  
Dorothy Gieske, Director, Rochelle  
Kay Pereira, Director, Chicago  
Lynn Houser, Affiliate President, Springfield  
Pat Mooney, Officer, Peoria

Respectfully,

*Jeff Womack*

Jeff Womack, Chairperson



# AMI of ILLINOIS, INC.

## STATE COALITION

P.O. BOX 2309 863  
GLENVIEW, ILLINOIS 60025

(815) 842-1514  
(309) 745-5338  
(312) 729-1457

January 30, 1986

Mr. Morris Squires and Mrs. Ann Eman Sepowicz  
Forest Hospital Foundation  
555 Wilson  
Des Plaines, IL 60016

Dear Mr. Squires and Mrs. Sepowicz:

As a founder of AMI of IL STATE Coalition, I am proud of our growth and accomplishments. This has been possible because of a small core of tireless volunteers and the financial support of people like you, Mr. Squires, and Forest Foundation.

The STATE Coalition is growing. Our 1986 Board of Directors is a motivated and energetic group wishing to work throughout the state to accomplish reachable goals and to speak with a unified voice. Families working together can make a difference for the clients and their families.

We have set up working committees on Education, Legislation and Advocacy. We are working on informational kits for legislation, publicity, telephone networking and anti-stigma goals. As AMIs' all over the nation continue to grow (nationally we have 525 affiliates and STATEwide, we have 23), we learn from each other and communicate ideas through letters, newsletters and workshops as well as through local and regional educational meetings.

The biggest obstacles facing each affiliate are housing and respite care. Job training and placement are second. With my involvement with Don MacRae and Greentree Industry, I have seen the fine work in the print shop and assembly area. I have heard about the training and family support. I have met and seen your public relations department and administrators. Each time I walk away, I have been impressed by Forest Foundation personnel, their interest, involvement and friendliness.

My mind searches for new ideas to help the mentally ill. I can visualize a STATEwide jobs training workshop for clients all over the state. In the corporate world, businesses often donate 'outdated' machinery and equipment to make room for 'state of the art'. Of course such a job training workshop would necessitate temporary housing for those in training.

AMI is young and has many challenges. Eventually AMI-IL will be a powerful force. Right now we need support to bring our many feasible ideas into reality. As one of our early supporters, would you be interested in working with us on any of our ideas for respite care, housing or in the development of a STATEwide jobs center? Future projects could be mutually beneficial to you, Forest Foundation, AMI of IL, and the mentally ill and their families.

I look forward to discussing these ideas with you further.

Sincerely,

Vi Orr, President  
AMI of IL, INC.  
STATE Coalition



*copy*

# AMI of ILLINOIS, INC. STATE COALITION

P.O. BOX 2363  
GLENVIEW, ILLINOIS 60025

(815) 842-1514  
(309) 745-5338  
(312) 729-1457

February 20, 1986

Mr. Theodore Tilton, Vice-President  
First National Bank & Trust Co. of Rochelle  
510 Lincoln Highway  
Rochelle, IL 61068

Dear Ted:

The Ami of IL, Inc., State Coalition will have an Officers and Directors' business meeting at the Rochelle Marina (Lakeview Dr.) on Saturday, March 15, 1986 from 10:00 to 4:00 P.M.

I would like Mr. Robert Dell, the STATE Treasurer and myself to make every effort to stop at the bank for a short introduction and visit. We wish to briefly visit with you and to meet the young ladies who are so efficiently handling the AMI-IL donor account.

If we arrive at the Marina earlier, perhaps Bill or Dorthea could run us over to the bank for introductions. Since many of us will be car pooling, this may not be feasible, but we will make every effort to stop in at the bank before noon on Saturday.

Also, I would like you to meet the STATE Board of Directors and to invite you to join us for lunch at the Marina. We would hope, also, to encourage you to give a little "pep" talk about the donor card program to the directors and guests. I am sure Bill and Dorthea would be delighted to have you speak on the importance of the program. They have done such a grand job with continual follow through, it would be great for them to have someone else close to the donor program to motivate the group.

The STATE Coalition is growing rapidly and we will need to think about hiring staff to keep up. I hope you have been reading and enjoying the quarterly newsletters. We are reaching for new plateaus and look forward to the expertise of our honorary advisors.

Sincerely yours,

Vi Orr, President  
AMI of ILLINOIS, INC.  
STATE Coalition

cc: M/M Gieske  
Robert Dell



# AMI of ILLINOIS, INC.

## STATE COALITION

P.O. BOX 863  
GLENVIEW, ILLINOIS 60025

(815) 842-1514  
(309) 745-5338  
(312) 729-1457

### THREE YEAR MATCHING GRANT PROPOSAL

	FOREST FOUNDATION		AMI-ILLINOIS, STATE COALITION
YEAR ONE	\$20,000.00	\$15,000.00	\$15,000.00
YEAR TWO	15,000.00	-or- 15,000.00	15,000.00
YEAR THREE	<u>10,000.00</u>	<u>15,000.00</u>	<u>15,000.00</u>
	\$45,000.00	\$45,000.00	\$45,000.00

YEAR ONE: Set up office and volunteer staff with paid part-time consultant to oversee operations.

Work on: major visibility, direct mail campaigns, newspaper/magazine advertising, newsletter mailings, radio/TV talk shows, guest speaking engagements.

Continue: STATEwide affiliate growth through mailings, visits, workshops, and regional meetings.

- Communications--with affiliates, outreach to new families, media.
- Anti-stigma kits (already prepared media and employment kits).
- Legislation--via training workshops, monthly alerts.
- Fundraising--via direct mail appeals, affiliates, telethons, and special events.
- Stimulate more action into research.
- Coalesce with other organizations.

Train: volunteers in office and telephone procedures.

- Bulk mailing procedures.
- Speakers bureau on AMI history for speaking engagements.
- Hire clients part-time and train them to handle mailings and phone.

Establish: workshops, seminars, and facilitators (Forest Foundation and PR).

- Fundraising team workers.
- Grant writers and trainers.

Prepare:

- mailing list of 6,000 for computer entry.
- AMI of IL resources and library.

YEAR TWO: If Year One has been financially successful, hire full-time Executive Director to:

- Work with office staff and volunteers.
- Continue major fundraising drives.
- Work with Forest Foundation on vocational STATEwide Training Center (plans already discussed with Dr. Sanford Finkel, Ann Eman Sepowicz, and Don MacRae).
- Home Health Care--establish network with Forest Foundation.
- Investigate establishment of Center for Independent Living.
- Work with Forest Foundation on mutually beneficial outlets (respite care, jobs program, workshops, family outreach, etc.).

YEAR THREE:

- Expand on work established in Years One and Two.
- New growth, new developments.
- Directories.

1/2 0



VISIBILITY AND FUNDRAISING PROGRAM

LABELS (rent)

Direct Mail Advertising:

- 1161 psychologists
- 1200 psychiatrists
- 300 cities/villages ( newsletters,
- 70 hospitals ( brochure,
- 500 social workers--psych ( \$ appeal letter
- 50 mental health centers
- well-to-do lists

MAIL LISTS

- Membership ( brochure,
- Friends and relatives ( brochure,
- Patients ( 2nd appeal letter

MEDIA

- Illinois Issues advertising
- local ads in cities of affiliates

RATES AND  
DATA BOOKS

- TV stations
- radio stations

FRIEND  
PROFESSIONALS

- cable TV
- telethon
- luncheon-fashion show

VISIT

- local clubs/organizations
- corporations

GRANTS

- client workers
- office staff
- education materials
- equipment

PUBLIC RELATIONS-INTERNAL

Public Relations to develop internal; Briefs, newsletters, brochures, information exchange, technical assistance information pieces, action alerts, letters, forms, etc.

ACTION ALERTS-TELEPHONE TREE	Kay Pereira	312-424-5247
ANTI-STIGMA-EDUCATION Letters, media, TV, newspapers	Andrea Woyt	312-524-2807
ANTI-STIGMA-EDUCATION Jobs	Lester Mayes Frank Ware	309-786-4923
BROCHURES	John Plesko Dorthea Gieske	815-842-1514 815-562-4325
FORMS	Orr	312-729-1457
INFORMATION EXCHANGE	McGuire Pereira	312-432-4562 312-424-5247
LETTERS	Orr Raitt	312-729-1457 312-253-0680
PETITIONS	O'Brien	312-425-6605
NEWSLETTERS	McGuire Raitt Orr Pereira	312-432-4562 312-253-0680 312-729-1457
TELEPHONE TREE		
EDITING	Rives	

CHAIRMAN-PAUL KAISER, 1st Vice-President

PUBLIC RELATIONS-EXTERNAL

COMMUNICATIONS; PROCESS, PRODUCTS, COMMUNITY EDUCATIONS & STRATEGIES

EDUCATION: PROFESSIONALS, SCHOOLS

1985-Jeff Womack	Rock Island	309-788-1660
1986- Jan Cerny	Downers Grove	312-964-1515

FEATURE ARTICLES

MEDIA

PSA

Carolyn Smith	Olympia Fields	312-423-3451
Paul Kaiser	Waukegan	312-662-6017

SPEAKERS BUREAU

Delbert Mundt	Effingham	217-739-2254
Paul Kaiser		

TALK SHOW; Radio & TV

Earl Comerford, Hank Lacine

STIGMA - EDUCATION

Public Education via the media  
Public Education on job employment

EXECUTIVE SEARCH COMMITTEE

Committee to mingle at local affiliate meetings as well as at all STATE Coalition meetings to seek out new leadership. Recommend for consideration candidates for STATE board membership. Screen and submit names to Corresponding Secretary. Names to be submitted to the nomination committee, when selected.

Committee should meet briefly at all STATE regional membership meetings to discuss new leadership and recruits.

It is recommended that one general meeting be held in early fall to prepare recommendations to nominating committee.

MEMBERS:

Caroline Smith, Chairman	Olympia Fields	312-423-3451
Chuck Beard	Springfield	217-525-1064
Lester Mayes	Rock Island	309-786-4923
Jane O'Brien	Oak Lawn	312-425-6605
Vi Orr	Glenview	312-729-1457
John Plesko	Pontiac	815-842-1514
Imelda Smith	Washington	309-745-5338
Kay Weinrich	Sterling	815-625-6036
Robert Willey	Rockford	815-

NOMINATING COMMITTEE

1985

Jeff Womack, Chairman	Rock Island
Dorthea Gieske	Rochelle
Kay Pereira	Olympia Fields
Lynn Houser	Springfield
Pat Mooney, Substitute	Peoria

BY LAWS COMMITTEE

1984-1985

HANK LACINE, CHAIRMAN	ARLINGTON HEIGHTS	312-392-0208
Irene Bauer	OLYMPIA FIELDS	
Dorthea Gieske	ROCHELLE	815-562-4325
Ann McGuire	HIGHLAND PARK	312-432-4562
Kay Pereira	OAK LAWN	312-424-5247
Imelda Smith	PEORIA	309-745-5338

GOVERNMENT AFFAIRS

Government Affairs--to identify and research public policy issues: (SSI, Community residential programs, facility closures, vocational and educational services, admission/discharge policies at the Federal, State and Local levels) which impact the mentally disabled; formulate positions on those issues for board consideration and endorsement; develop strategies and recruit volunteers/petitions for action.

CHAIRMAN:

Members;

Irene Hayes Local meetings & reports  
Ann McGuire " " "  
Jane O'Brien (Petitions)  
Kay Pereira (Telephone Tree)  
Mary O'Neill Siebel Springfield meetings & reports  
Quarterly legislative reports

---

GRANTS COMMITTEE

Paul Kaiser, Chairman	Waukegan	312-662-6017
Ann McGuire	Highland Park	312-432-4562
Marge Mayes	Rock Island	309-786-4923
John Plesko	Pontiac	815-842-1514

---

PROGRAM COMMITTEE

Research into and develop portfolio of ideas and lists, statistics and vitae's of interesting speakers for future general membership meetings, workshops, STATE Regional meetings and STATE conferences.

Job has been assigned to Recording Secretary

1985- Pat Mooney  
1986- Delbert Mundt

---

PARLIAMENTARIAN-Robert Dell

AMI OF ILLINOIS, INC., STATE COALITION

Treasurer's Report for the Period of 1/1/86 to 3/15/86

INCOME

\$ 425. DUES, 17 GROUPS  
453.50 ADDITIONAL CONTRIBUTIONS, 8 GROUPS (\$1.00/MEMBER)  
449.75 DONATIONS  
20.00 SALE OF BOOKS  
-----  
\$1,348.25

EXPENDITURES

\$ 97.00 PRINTING  
147.00 POSTAGE & PERMIT  
9.35 SUPPLIES  
100.00 ADVANCE FOR POSTAGE, PRINTING  
-----  
\$ 353.35

\$ 994.90 INCOME LESS EXPENDITURES  
241.47 BALANCE ON HAND, 1/1/86  
-----  
\$1,236.37 BALANCE, 3/15/86, GENERAL FUND

MEMORIAL FUNDS

\$2,907.71 BALANCE, 12/24/85  
105.00 DONATIONS  
40.17 INTEREST  
-----  
\$3,052.88 BALANCE, 2/28/86

# AMI of ILLINOIS, INC. STATE COALITION

P.O. BOX 863  
GLENVIEW, ILLINOIS 60025

(815) 842-1514  
(309) 745-5338  
(312) 729-1457

May 31, 1986

TO: All Affiliates  
FROM: Vi Orr  
RE: Donor/Tribute Cards

*OUR DONOR CARD FUND RAISER EARNED \$10,000 IN LESS THAN  
TWO YEARS TOWARD HIRING AN EXECUTIVE DIRECTOR.  
Donor Card Program was not carried through with future officers/board  
And affiliates started their own donor card program*

Eighteen months ago in an effort to raise funds in a unified way throughout the state without interfering with the fund raising of local affiliates, AMI of Illinois, Inc. State Coalition, initiated the donor card program of honoraria and memorials.

The donor cards were designed and the original set donated by Mr. and Mrs. Willard Gieske of Sauk Valley AMI.

Your use of the donor cards has created an excellent savings account and "back-up" fund for furthering the growth of our State Coalition. Contributions and interest have brought in more than \$3,200 to be used in emergencies and at the discretion of the State AMI board. The funds are deposited at the First National Bank of Rochelle and are accessible only to the AMI-IL State Coalition Treasurer.

We thank you and invite you to use this method of contributing to and spreading the word about our strong state movement on behalf of the mentally ill.

Enclosed is a photo-copy of all the cards, the card of thanks and the acknowledgment card, all of good quality and strength (as you can see by enclosed sample). Additional packets of donor cards may be ordered from the bank so that each affiliate or individual may distribute them to family members and friends.

Upon receiving the donor card and donation, bank personnel will promptly return the card of thanks, which also will be the donor's receipt.

The third (acknowledgment) card will be sent by bank personnel to the person(s) the donor has indicated. No amount will be recorded on the recipient's card.

AMI of Illinois, Inc. State Coalition appreciates your excellent support!



**To: Alliance for the Mentally Ill of Illinois, Inc.**  
**State Coalition**  
 In memory of/in honor of \_\_\_\_\_

Acknowledgment to be sent to:

Name \_\_\_\_\_  
 Street \_\_\_\_\_  
 City/State/Zip \_\_\_\_\_  
 Donor \_\_\_\_\_  
 Street \_\_\_\_\_  
 \$ \_\_\_\_\_ City/State/Zip \_\_\_\_\_  
 Amount

**AMI of Illinois, Inc., State Coalition**  
**First National Bank & Trust Co. of Rochelle**  
**Rochelle, Illinois 61068**

SAMPLE OF OUR DONOR CARD PROGRAM  
 IT WAS VERY PROFITABLE IN THE  
 EARLY YEARS



Date \_\_\_\_\_  
 Thank you for your contribution  
 of \_\_\_\_\_ given in the  
 name of \_\_\_\_\_  
 An acknowledgment has  
 been set to \_\_\_\_\_  
 \_\_\_\_\_ Chairperson

**Alliance for the Mentally Ill of Illinois, Inc.**  
**State Coalition**  
 First National Bank & Trust Co. Rochelle, IL 61068



*A contribution has been  
 made in the name of:*

by \_\_\_\_\_  
 Street \_\_\_\_\_  
 City/State/Zip \_\_\_\_\_  
 Chairperson \_\_\_\_\_

The Alliance for the Mentally Ill of Illinois, Inc.  
 State Coalition is a non-profit organization of family  
 and friends dedicated to the care, treatment and  
 rehabilitation of persons with chronic mental disabilities.  
**Affiliated with the National Alliance  
 for the Mentally Ill — Washington, D.C.**

First National Bank & Trust Co. Rochelle, IL 61068





ILLINOIS ALLIANCE

for

THE MENTALLY ILL

An advocacy group dedicated to the care, treatment, and rehabilitation of persons with chronic mental illness.

AFFILIATED WITH THE NATIONAL  
ALLIANCE FOR THE MENTALLY ILL



A CONTRIBUTION HAS  
BEEN MADE IN YOUR NAME

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---

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BY \_\_\_\_\_

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\_\_\_\_\_  
CHAIRPERSON

ANOTHER SAMPLE OF DONOR CARD PROGRAM

**AMI - A Legacy of Hope**

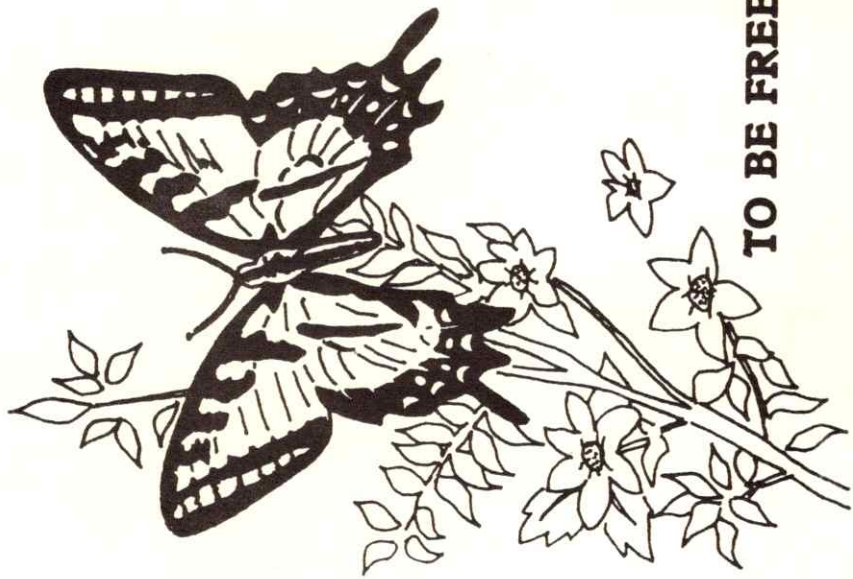
With it's rapidly increasing number of affiliates, encompassing many thousand members throughout Illinois, The Alliance for the Mentally Ill, Inc., of Illinois, State Coalition, strives to improve the quality of life for the mentally ill, to help them function to the fullest extent of their capabilities, to enable them truly **TO BE FREE.**

THE ALLIANCE FOR THE MENTALLY ILL - ILLINOIS  
STATE COALITION

GRATEFULLY ACKNOWLEDGES THE RECENT DONATION  
of

\_\_\_\_\_ in the amount of \$ \_\_\_\_\_

\_\_\_\_\_ Date \_\_\_\_\_ Officer/Staff \_\_\_\_\_



**TO BE FREE**

For more information on AMI affiliates  
in your locality contact:

**AMI of Illinois, Inc.  
State Coalition**

P.O. Box 863  
Glenview, IL 60025  
312-632-1400

P.O. Box 4606  
Springfield, IL 62708  
217-522-1403



# AMI of ILLINOIS, INC. STATE COALITION

P.O. BOX ~~2000~~ 863  
GLENVIEW, ILLINOIS 60025

(815) 842-1514  
(309) 745-5338  
(312) 729-1457

June 17, 1986

Ms. Lynne Saunders, OAR Office  
National AMI  
1901 N. Ft. Myer Dr., Suite 500  
Arlington, VA 22209

Dear Lynne:

Illinois will be represented by several affiliates at the Boston Conference. I will be attending the State AMI Leadership Training Workshop therefore please send me the tentative program agenda.

Vi Orr  
3808 Rugen Rd.  
Glenview, IL 60025

or

Vi Orr  
AMI of IL State Coalition  
P.O. Box 863  
Glenview, IL 60025

Illinois now has 25 affiliates and still growing. We are way beyond the dining room table but we are still working out of volunteers' home and the work load has been tremendous for some, we are moving ahead.

We are in the process of moving into office space offered to us by a local hospital. This move will take place within the month. Our P.O. address and telephone numbers will remain the same but we will have an additional office number to give you once the move is completed. We will be open three (3) days a week with volunteer help until we can obtain grants to staff office with an executive director and an administrator.

Things are moving well.

Sincerely yours,

Vi Orr, President  
AMI of ILLINOIS, INC.  
STATE Coalition



# AMI of ILLINOIS, INC.

## STATE COALITION

P.O. BOX 863  
GLENVIEW, ILLINOIS 60025

(815) 842-1514  
(309) 745-5338  
(312) 729-1457

Office # (312) 297-9966

Mrs. Vi Orr  
3808 Rugen Rd.  
Glenview, IL 60025

December 15, 1986

Dear Friends Of The Mentally Ill:

Thank you for your donation. Your generosity enables the AMI-I State Coalition to better serve the mentally ill and their families.

Listed below is the merchandise you have donated and your estimate of the fair market resale value.

6 - 3 ring binders	vertical files
staplers (2)	tier files
staples	in-out trays
scotch tape dispenser (2)	video tapes (4)
scotch tape	scrap books (4)
note pads, memo pads, steno pads	photo albumns
raffle prizes	manila folders
memo holder and memos	hanging folders & rack

Tax Value \$ \_\_\_\_\_  
for income  
tax purposes

Your continuing support of our work is greatly appreciated.

Thank you.

*Carolyn Smith*  
Carolyn Smith  
Corresponding Secretary  
AMI of Illinois  
State Coalition

# AMI of ILLINOIS, INC. STATE COALITION



P.O. BOX 863  
GLENVIEW, ILLINOIS 60025

(312) 297-9966

## HISTORY OF AMI-ILLINOIS STATE COALITION

- AUGUST 1983** An informal social gathering of 28 AMI members from various communities in Illinois met to discuss the organizing of a state coalition while attending the National AMI (NAMI) Conference in St. Louis, Missouri.
- OCTOBER 1983** The first Illinois AMI organizational meeting was held in a church hall in Bloomington, IL. Host group was Livingston-McLean REACH of Pontiac. John Plesko, President of the local group. IAMI (Chicago affiliate) chaired the meeting with Vi Orr (membership chairperson for IAMI) as acting chairperson for the day. Ideas, by-laws committee, start-up plans were formalized. Two keys people from each affiliate were asked to begin forming and chairing committees. A press release was drawn up and mailed to the media announcing the formation of AMI in Illinois.
- NOVEMBER 1983** The second meeting was held in Rochelle, IL. Chair and Host group was Sauk Valley AMI, Dortehea Gieske, President. Mrs. Gieske asked Vi Orr to be temporary chairperson. Five names were submitted for the State Coalition name and posted on chalk board. All attending the meeting were asked to vote for one of five names. AMI-ILLINOIS STATE COALITION was name selected. Temporary officers were elected in order to move ahead until a formal election could be held.
- Temporary officers were selected as follows:  
Vi Orr, President. Representing IAMI (renamed AMI of Greater Chicago)  
John Plesko, Vice-President from Livingston-McLean REACH, Pontiac  
Pat Mooney, Recording Secretary, TRI-County AMI, Peoria, IL  
Imelda Smith, Corresponding Secretary, TRI-County AMI, Peoria, IL  
Robert Dell, Treasurer, FAMI, Sandwich, IL
- Volunteers formed committees; by-laws, public relations, art work, etc. In order to raise money for the Coalition, Vi suggested we hold raffles at each regional meeting with monies to be donated to the State Coalition.
- MARCH 1984** The third meeting was held in Peoria, IL. Host group, Tri-County AMI. Vote on by-laws, election of officers, etc. Meeting was held at Zeller Mental Health Center. The temporary officers were asked to continue to serve and were duly officially elected as listed above.
- MAY 1984** AMI-Illinois State Coalitioin first regional membership meeting was held in Rock Island. Host group: AMI of Rock Island and Mercer Counties. Featured speaker was Frank Ware, Executive Director of AMI Rock Island/Mercer Counties. A business meeting, luncheon and raffle were held on premises. A tour of the 22 room housing facility and Mes AMIS a restaurant operated by residents under AMI's job program took the balance of the afternoon. Monies from a raffle and proceeds from the luncheon were donated to the State Coalition.
- MARCH MAY 1984** The following months committees met. Artists friends offered services and the State seal, state stationary, logo, names, STATELINE our newsletter masthead all became a reality by officers and directors vote.

**STATE COALITION OF AFFILIATES**

AN AFFILIATE of the NATIONAL ALLIANCE for the MENTALLY ILL

Con't  
MARCH  
MAY  
1984

The State Coalition formed with 12 affiliates and 12 State delegates/or appointed directors. Honorary professionals were named to advisory board from names submitted by each affiliate.

Incorporation papers were filed. Officers, delegates, directors and committee chairmen met in their homes to further the cause of the coalition.

STATELINE, the State Coalition newsletter was printed and distributed. A reprint of newsletter along with a cover letter was issued for mailing to 1,161 registered psychiatrists in Illinois.

JULY  
1984

Regional membership meeting with host group, AMI of Northwest Suburban was held at Elgin Mental Health Center, Elgin. Rolls and coffee were furnished by host group. Luncheon was off grounds. A raffle with prizes of art and handi-crafts made by members plus other gifts by merchants were raffled off.

Keynote speakers: Mr. Edwin Goldman, Director of Region 11  
Mr. Richard Hills, President and Founder of Chestnut Hill  
a long term psychiatric facility in South Carolina.

OCTOBER  
1984

Fall regional membership meeting. Host group, AMI of South Suburbs, (AMISS) was held at Tinley Park Mental Health Center.

Featured speakers: Dr. James Grot, Director, Tinley Park Mental Health Center  
Zena Naiditch, Executive Director- Protection and Advocacy  
Ann Patla, Standards Program-Dept. Mental Health/Dev. Dis.

Sauk Valley presented the design, printing donation and distribution of the donor cards. (Tribute cards in honor/in memory of.) Each affiliate was given an initial packet of 50 cards. Information was given on how to promote the cards through their affiliate and help to raise monies for the State Coalition.

SUMMARY  
1983-1984

Affiliate dues, donations, donor cards, raffle donations kept the State Coalition self-sustaining for postage, mailings, printing and materials. All art work and much of the printing was donated by friends and families.

Serving along with the five officers were the following AMI Directors:

Faye Townsend	Bloomington
Dorthea Gieske	Rochelle
Jane O'Brien	Oak Lawn
Irene Hayes	Palatine
Jeff Womach	Rock Island
Elizabeth Collinsworth	Rockford

All affiliate groups remain autonomous but with combined efforts all AMI's become a stronger voice.

Affiliate dues structure was set at \$25.00 per organization yearly. We encouraged individuals to join with their local group and the affiliates to join the State Coalition and National AMI.

By May 1984 the following affiliates were member of the State Coalition and listed in order of joining:

Sauk Valley AMI, Rochelle  
Livingston McLean County REACH, Pontiac (named changed later)  
AMI Northwest Suburban, Arlington Hts.  
Tri-County AMI, Peoria



MAY  
1985

Regional Membership Meeting was held in Springfield, hosted by Families, AMI affiliate. Held at Springfield Mental Health Center.

Featured speaker was Mr. Michael Belletire, Director of DMHDD. A motivating legislative workshop kept everyone inspired in the afternoon. Barbara Hortbert, Families facilitator from the Springfield Mental Health Center, Lynn Houser and Glenn Kniss hosted the full day event concluding with a raffle and a get acquainted party in the evening.

Judy Emerson, writer attended the meeting and later interview Mr. Belletire and many AMI members. Her article on HOMELESSNESS: A SIDE EFFECT OF MENTAL ILLNESS was in the ILLINOIS ISSUES, Pages 13 through 16 October 1985. Copies of Illinois Issues were mailed to each affiliate.

AFFILIATES  
GETTING  
INVOLVED

AMI-State Coalition participation included some of the following:  
20th Anniversary of the Community Health Board of Chicago, Inc. (founded by Jane O'Brien's husband. Jane is AMI director from AMISS)  
Statewide Health Plan-orientation started 1985 in Springfield  
Statewide Health Coordinating Council Planning Committee  
Research project with Threshold  
Illinois State Advisory Council on the Education of Handicapped Children  
Community Support Projects  
Conference for Human Rights  
CAP-Client Assistance Project  
Mental Health Association of Illinois - legislative workshops  
Independent Living Task Force Subcommittee -DORS  
DMHDD Task Force on Abuse and Neglect  
Governor's Planning Council on Developmental Disabilities  
....to just mention a few

CONTACTING  
AFFILIATES

Calls and letters arrive continually showing interest all around the state in forming AMI groups. President Vi Orr found interest in Director Jane O'Brien and Dorthea Gieske in making two trips around the state inviting affiliates into the AMI family-State Coalition. Director Irene Hayes contacted local groups voicing an interest. Information, visual aids, donor cards, books on mental health, posters and STATELINE-our newsletter were packed into their cars to distribute.

Contacts were made in Joliet, Carbondale, Quincy, LaSalle, Ottawa, Onley, Effingham, Edwardsville, Golanda, Jacksonville, Champaign-Urbana, McHenry and many other areas. They attended the support groups evening meetings telling them about AMI-State Coalition and helping the groups in their formation and growth. These trips were made in 1985-1986 with many of those groups now being members of the coalition or just ~~just~~ now forming and planning to join.

NAMI  
1985

National AMI was formed in summer 1979 in Dane County, Wisconsin with less than 300 families attending. National AMI's growth in 1985 was over 400 affiliates. NAMI moved from Washington, to larger quarter in Arlington, VA. Winter of 1985 there were about 37 state groups formed.

NEW AFFILIATES  
1985

Southern Illinois AMI-Belleville	Spring '85
AMI of Lake County-Libertyville	Summer
Supportive Families of the Mentally Ill-Champaign	
Vermilion Mental Health and Developmental Center-Danville	
AMI of Madison County-Edwardsville	Fall
AMI of Effingham-Effingham	
AMI of Du Page County-Clarendon Hills	Winter

## HIGHLIGHTS-1986

OFFICERS  
1986

Vi Orr, President. (A founder member of IAMI-Evanston now called AMI of Greater Chicago)  
 Paul Kaiser, 1st Vice-President, AMI of Lake County, Libertyville  
 Lester Mayes, 2nd Vice-President, AMI of Rock Island and Mercer Counties  
 Delbert Mundt, Recording Secretary, AMI of Effingham  
 Carolyn Smith, Corresponding Secretary, AMI of South Suburbs  
 Robert Dell, Treasurer, FAMI, Sandwich

DIRECTORS  
1986

Chuck Beard	Springfield	Jane O'Brien	Olympia Fields
Dorthea Gieske	Rochelle	John Plesko	Pontiac
Irene Hayes	Arlington Hts.	Mary Siebel	Evanston
Mary Rose Kelly	Peoria	Imelda Smith	Peoria
Marge Mayes	Rock Island	Kay Weinrich	Rochelle
Ann McGuire	Libertyville	Robert Willey	Rockford

AMI REGIONAL  
MEETINGS  
MAY-1986

Regional meeting; Host AMI of Rock Island/Mercer Counties held at the Franciscan Mental Health Center and Hospital

Workshops:

Community Living and Public Housing  
 Community Support Services  
 Fund Raising and Grant Writing

Lunch served at Mes Amis Restaurant (serviced by client staff)

Keynote speaker-Sue Suter, Director of DORS (Dept. of Rehabilitation Services)

JUNE  
1986

Two day Summer Regional Conference at Collinsville Hilton Inn, Collinsville  
 Host; AMI of MADison County

Workshops on:

Orthmolecular Treatment of Mental Illness  
 Social Security Entitlement for the Disabled  
 Police Intervention in Psychiatric Emergencies  
 Sex and the Political Process  
 GROW  
 The Role of Lifestyle in Relation of Recidivism

Speakers:

Dr. Gary Vickar  
 Jim Brombolich  
 Lt. Conrad Baetz  
 Richard Lockhart  
 L. Keck, J. Baynes, J. Mundt  
 Orville Mercer

Keynote speakers:

Dr. U. Formigone, DMHDD Administrator  
 Dr. Ron Bittle, DMHDD, Region 4  
 Jeff Womack, "My Life Story as a Consumer"

JULY  
1986

AMI Regional Meeting. Holiday Inn Bradywine, Peoria, IL  
 Hosts: Human Service Center, Peoria  
 Tri-County AMI-Peoria  
 AMI-Illinois State Coalition

Keynote Speaker and Workshop:

Dr. Bert Pepper-The Young and the Restless, Part 11

NEW AFFILIATES  
1986

Parent Support Group-North Madison County, Alton (changed name-AMI of Alton)  
 AMI of Jacksonville, Jacksonville  
 AMI of Kankakee, Kankakee  
 AMI of Southwest, Hometown  
 AMI of West Suburban, Franklin Park  
 Quincy Area AMI, Quincy

con't  
HIGHLIGHTS  
1986

AMI-Illinois State Coalition opens office at Greentree, the sheltered workshop facility on the grounds of Forest Hospital, Des Plaines, Illinois

Grant award to Greentrees offering AMI office space and enables the STATELINE to be printed bimonthly.

AMI IL movement has grown at such a rapid pace that working ~~the~~ the homes of AMI leaders was becoming an impossible task. Vi Orr, President of AMI, 1983-1986 fortunately was able to house all materials, office supplies and archives in her home for these past ten years.

With the donated office space, volunteers are taking an active interest in projects and AMI-IL State Coalition hired our first office staff/ secretary on a half time basis. Welcome Caroline Smith from AMI of South Suburbs.

COMMITTEES  
MEDIA  
LOCAL BOARDS  
CONFERENCES  
PARTICIPATION

Partial listings of AMI participation:  
Guardianship, Wills and Trusts  
Disability Rights Conference  
The League of Women Voters  
Governor's Conference on Long Term Care  
Committee for the Homeless  
Housing Committee and tAsk Force Groups around Illinois  
Governor's Mental Health Planning Council Standards in P risons and Jails  
Anti-STigma Committees and planned marches  
GROW  
MIRA (Mentally Ill Recovering Alcoholics)  
Legislative coalescing/joint venture with Mental Health Association of Illinois and Manic Depressive-Depression Association  
AMI affilaites writing, visiting and calling their legislators  
Protection and Advocacy Board  
NAMI Client Council  
Media-talk shows, video productions, cable and interviews  
Mental Health Center Board Participation  
NARSAD Committee Fund Raising  
Supportive Employment Programs Advisory Board  
Illinois Forensic/Help MI (Help Exists for your Mentally Ill Loved One in Prison)  
Statewide Telephone Tree put into action (Organized by Kay Pereira AMISS)  
Donor-Tribute Cards donors - funds exceeded over \$10.000 which helped in financial growth of AMI-State Coalition (Orzanized by Mr. & Mrs. Willard Gieske, Rochelle)  
CHIP-Illinois Comprehensive Health Insurance Plan  
DORS Convention-AMI-State Coalition presented workshops and Keynote speakers

NEW  
AFFILIATES

AMI of Henry County-Kewanee  
AMI Cook County North Suburban  
AMI of Knox and Warren Counties

28 AMI affilaites. 4 more to join the coalition soon and another 6 support groups forming and planning to join the State Coalition

FARWELL  
NOVEMBER  
1986

Marking the third anniversary of AMI-Illinois State Coalition, outgoing President, Vi Orr (November 1983-1986) presentated a challenging speech to all in attendance at the year end conference in Effingham.

The foundation has been laid. The goals of growth and membership, statewide and through regions has wide representation. Office is equipped and staffed. One goal to accomplish-hiring an executive director.

AMI-A LEGACY OF HOPE is our State Coalition motto.

ANNUAL FALL  
CONFERENCE  
1986

State Coalition Annual Fall Meeting with Elections of Officers -  
Host group: AMI of Effingham, Effingham, Illinois

Keynote Speakers: Marilyn Miller from Macoupin County will speak  
about "Multiple Support Programs for CMI"

Laurie Flynn, NAMI Executive Director

Panel: "Community responsibility for the MI"

Chuck Harkte, "Lobbying your Legislature"  
James F. Rea, "State Budget and Mental Health"  
Vi Orr, Business Meeting, Awards, Election of Officers

AWARD WINNING  
NEWSLETTER

See STATELINE newsletter Volume 3, No. 1, March 1987 for listing  
of goals and objectives. Mrs. Orr's standing ovation speech, special  
awards affiliates, recognition to Mrs. Orr's working team and  
listing of certificates of recognition to outstanding affiliates.

Acknowledgement: an award-winning newsletter cited at the 1986  
NAMI conference for its format and educational information.

GRANT

Acknowledgement: The Supportive Employment Program-SEP formulated by  
DORS/AMI-IL State Coalition's leader, Vi Orr and  
North West Mental Health Center Tri Venture for the  
\$142,000 grant awarded.

Acknowledgement: Note cards and Donation Thank You Cards.  
See sample

OFFICERS  
1987

Delbert Mundt,	President
Vi Orr	Immediate Past President
Lester Mayes	1st Vice-President
Paul Kaiser	2nd Vice-President
Ann Piatnitza	Recording Secretary
Carolyn Smith	Corresponding Secretary
Robert Dell	Treasurer

DIRECTORS  
1987

Kay Weinrich	Sterling	Chuck Beard	Springfield
John Plesko	Pontiac	Robert Willey	Rockford
Irene Hayes	Palatine	Anne McGuire	Highland Park
Imelda Smith	Washington	Gloria Hartman	New Douglas
Mary Rose Kelly	Peoria	Dorthea Gieske	Rochelle
Jane O'Brien	Oak Lawn	Dan Perrino	Urbana
Jane Baggeto	Park Ridge	Jeff Womach	Rock Island

AWARDS  
HONORS

Vi Orr honored by Woman's Day Magazine "Outstanding Woman Honorary Award"  
Earl Comerford, Jaycees distinguished service "Humanity" award  
\$142,000 DORS Grant for Supportive Employment to AMI/Northwest Mental H.Ctr.  
NAMI'S Edward T. Kremenz, Jr. Memorial Award to AMI Rock Island/Mercer  
Counties-reducing stigma in their community  
DORS Supportive Employment Joint Venture Grant awarded to Effingham  
Mental Health Center/AMI of Effingham

SUMMARY  
con't

AMI of South Suburbs, Olympia Fields  
Family AMI, Sandwich  
AMI of Rock Island and Mercer Counties, Rock Island  
Northern Illinois AMI, Rockford  
Schizophrenia Assoc. of West Suburban Chicago, Downers Grove  
AMI of Greater Chicago, Chicago, IL. (formerly Illinois AMI-Evanston)  
Grundy County REACH (now Grundy County AMI), Morris, IL  
Family Support Group, Mt. VERNON  
Manic Depressive Association, Northbrook  
Operation Cope, Aurora

MEETINGS

The State Coalition tried to hold the regional meetings at the Mental Health Facilities around the state. It was felt that staff workers and residents at the facilities should become aware that there is an organization working for the benefit of the mentally disabled and it also gave the affiliates a chance to see and visit the state facilities in other cities.

NEWSLETTER

The STATELINE newsletter was printed quarterly. Featured regularly on back page was "Get Acquainted With Your Affiliates". Once all affiliates are recognized the newsletter will continue with listings of each affiliates with address and contact number. Client Consumer's Corner was also introduced.

BROCHURE

Our first brochure was a combined effort of John Plesko, Chairman; Vi Orr and Dorthea Gieske. An initial order for 10,000 was printed and donated through a grant donated to Greentrees a subsidiary of Forest Hosptial Foundation. An additional donation was given by Minann Foundation, Glenview.

STATE SEAL  
LOGO

AMI-Illinois State Coalition State Seal was selected by various art designs submitted and voted upon by officers. The final drawings and camera ready materials were donated by relatives of AMI members.

LETTERHEAD

Stationary designs were submitted and voted upon at Officers/directors meeting. Camera ready work on Stateline Masthead, Logo and letterhead were also donated by relatives.

Affiliates inquire by logos and were invited to used the State seal and logo with their local affiliate name inserted. The grassroots logo was also recommended for use which many of the AMI affiliates around the country are using. Uniformity and continuity was stressed to keep the AMI name recognized.

See Page 1 for design of first Stateline Letterhead  
B. State Coalition Logo  
C. Copy of first official State Coalition flyer  
D. Copy of Artist design of official Stateline Masthead  
E. State Seal

HIGHLIGHTS-1987

REGIONAL MEETINGS

Regional Meeting Zeller Zone Center, Peoria. Host TRI-County AMI April 24-25

Friday, Board Meeting. Movie-Brain Madness-Illusions of REALITY

Saturday workshops and speakers:

Anxiety, Panic Disorders, Agoraphobia

David A. Spiegel, M.D.

Sexually and Medications

Richard Grant, M.D.

Suicide

Herbert Buzbee, M.D. Coroner

Families of the CMI Needs for Support

Betty Hatcher, R.N.

Mental Health/Appropriations Committee

Donald Saltsman, State Rep.

Legislation Update

Richard Luft, State Senator

Raffle. Luncheon at Tazwell County Resource Center served by clients

INSURANCE

CHIP BILL (S.B. 1699) February 9, 1987 the Illinois Comprehensive Health Insurance Plan Act became an historic event for all disabled in IL.

GROWTH EXPANSION JULY-1987

Second Office Opens in Springfield, IL., conveniently located near the Capitol. 805 E. Miller St., P.O. Box 4606, 217-522-1403

Glenview Office remains the same; P.O. Box 863, Glenview, IL 60025  
However office moved from Forest Hospital, Des Plaines to Arlington Heights.  
New telephone # is 312-632-1400

MEDIA COVERAGE

AMI-IL State Coalition was featured in the Illinois Bell Telebriefs mailed out with the July Bell Telephone billings. Thanks to the Public Relations work of Judy Griffin and Irene Hayes of AMI Northwest Suburban.

October 27 issue of Woman's Day Magazine awards Vi Orr with a plaque and a \$100.00 check for its "Outstanding Woman Honorary Award".

NAMI CONFERENCE JULY-1987

Convention in Washington, DC - attendance is 1800 AMI members  
State Coalition had about 14 affiliates represented in the 45 attending from Illinois.

AMI designs note cards and acknowledgement cards with the State Seal and Butterfly as symbols. (See art work on other page)  
The idea, art design, working and layout were created by Anita Stolberg, Eleanor Rives, Vi Orr from AMI of Northwest Suburban-Arlington Heights.

FUND RAISING

Fund Raising Chairperson, Lester Mayes appealed to our membership to help raise funds to hire an Executive Director. Close to \$10,000 was raised. Donor card fund is also banking donations of \$10,000.00 toward the Executive Directors fund.

OFFICE TO CLOSE

AMI-IL STATE COALITION closed Northern area office and will maintain all files, correspondence, legislative communications, financial records from the main office in Springfield. All files and records were turned over to the Springfield office including the computerized 5000 names on our mailing list. Names were compiled, coded, maintained, updated by Vi Orr. Records were computerized by Robert and Julie Orr and updated bimonthly with the mailing of the STATELINE newsletter.

The original northern area office donated to AMI State Coalition by the Northwest Mental Health Center was turned over to AMI-Northwest Suburban, Arlington Heights and is also used by AMI-Cook County North Suburban and AMI-Region 11 in their continued work for the mentally ill.

## VIS SPEECH HONORING VOLUNTEERS

Before I close, I mentioned the need to give praise - it's easy in our growth to forget the work of those who laid the foundation before you. Sad to say our numbers are getting smaller and before they decline more, I would like to introduce NAMI Illinois first founders.

The first group are founders whom you will never meet - but were a very important part of NAMI. I pay tribute to our deceased first leaders. - Dorthea Gieske founder of the tribute card program, (quiet, dedicated, faithful and so proper); Ann McGuire, (full of knowledge, our historian and walking dictionary of facts, and very devoted); husband Paul McGuire (serious, "let's get down to business" & our early financial contributor) and director Jane O'Brien, (persistent and energetic to our cause, - a voice that would not stop).

Other directors, not present today due to illness, or other reason: Ann Piatniza moved to WI to seek better services for her son; Jeff W. was our first consumer; Kay Periera did a wonderful job doing the statewide legislative phone tree; Caroline Smith, was our first paid staffer, in our first state office at Forest Hospital in Des Plaines.

In 1984 we had an honorary professional board. We selected our members well, as you will recognize many names still actively working with us. Some are here or were as part of this weekends conference. If anyone of the first slate of officers, directors, honorary members are here, share with me 4 final good P words. Please come to the podium for praise and pictures right after this session. Professional honorary board were: Frank Ware, Ann Patla, Jan Holcomb, MHA; Mary Jane McCorkle, Dir. Community Support Program MHC, Rock Island; Ted Tilton Vice-President First National Bank of Rochelle who did all the tribute card banking-(a successful statewide tribute card fund raiser program that was dropped and not replaced). Pat Quirk, Chair of the 19 Community Mental Health Boards of Chicago; Gerald Heisinger, Psychologist, Dixon-Sterling; Jan Larson, Social Worker, Menninger Foundation, Gregory Teas, Psychiatrist Elk Grove Village, Dee Beaubian, NWMHC and Zena Naiditch, Equip for Equality;

Officers: John Plesko, founding first Vice-President; Pat Mooney first Recording Sec; Imelda Smith, first Secretary; Rev. Bob Dell first Treasurer; NAMI Illinois first President, myself (Vi Orr) Directors: Irene Hayes, Lester & Margery Mays, Elizabeth Collingsworth and Faye Townsend, (also congrats to Faye as she was just awarded Citizen Advocate of Year from Mental Health Assoc. of McLean County).

CONTRIBUTIONS

were received from the following

EFFINGHAM

Keller Ramada  
Schottman's Office Equipment  
Kroger  
K Mart  
Curtis Mathis  
Holiday Inn  
Grobengieser  
Equity  
Hoelsher s  
Martins Food  
Niebrugge Furniture  
Ludwig Lumber  
Brown's Drug Store  
Anderson's Jewlry  
Laugerhausen Farms

Stevens Hardware  
W.S. Broom & Co.  
Coast to Coast  
Zale's Jewelry  
Rural King  
Spurgeon's  
Jansen's Dept. Store  
Eisner

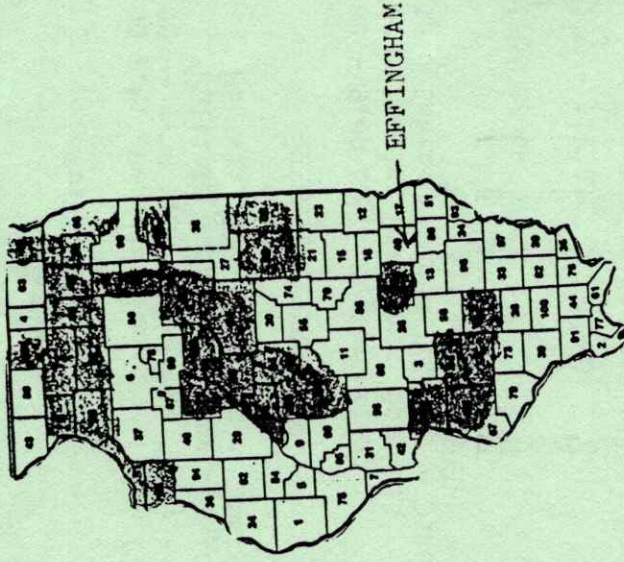
TEUTOPOLIS

Habing Furniture  
Weber Clothing  
Thoele Cabinet  
Hoelscher Service Center  
Teutopolis State Bank  
Kings Country Kitchen  
Siemer Inc.  
Stevens Industries Inc.  
3 Z Printing  
Dew Drop Inn  
Quatman Lumber  
Meyer Oil Co.  
Effingham Animal Health  
Weber Bros Hardware  
Buening Implement Inc.

DIETERICH

Wright's Furniture Store & Funeral Home  
First National Bank  
Horn's Tavern  
Meyer's Store  
Harold "Butch" Meinhart  
Niebrugge Lumber  
Zumbahlen Trucking  
Albert Lewis & Son General Construction  
J.M. Schultz Seed Co.  
Murdt Ins.

ALLIANCE FOR THE MENTALLY ILL  
OF ILLINOIS, INC.  
STATE COALITION



7 & 8 November 1986

STATE COALITION ANNUAL MEETING

EFFINGHAM, ILLINOIS, RAMADA INN

220 miles south of Chicago on Rt. 57  
at crossroads of Rt. 57 & 70.

AMTRACK INFORMATION for people between Chicago &  
Carbondale. Round trip from Chicago to Eff. \$48.00  
Leave Chicago 4:00 P.M. Arrive Eff. 7:32 P.M.  
Leave Chicago 7:32 P.M. Arrive Eff. 10:25 P.M.  
need reservations for second train

Return Leave Eff 5:30 P.M. Arrive Chicago 9:20 P.M.

AMI OF EFFINGHAM will have a van to pick up any-  
one coming on the train. Please notify Ramada Inn  
if you would like this service.



Alliance for the Mentally Ill - Illinois State  
 Coalition Meeting November 7 & 8, 1986. Held at  
 Ramada Inn of Effingham, Illinois  
 HOST: AMI of Effingham

PROGRAM  
 Friday November 7

7:00 P.M. Registration *Marilyn Miller*  
 8:00 -- 9:30 P.M. Josephine Goudy - Exec Director  
 "Multiple Support Program for the Chronically  
 Mentally Ill in Macoupin County"

Saturday November 8

8:00 - 9:00 A.M. Registration  
 9:00 Opening Devotion - Bob Dell  
 9:10 Laurie Flynn - Executive Director of NAMI  
 "Advocacy with Pride"

Coffee Break

10:30 - 11:30 PANEL  
 "Community Responsibility for the  
 Mentally Ill"

LUNCH

11:45 -- 1:30 Luncheon Banquet & Raffle  
 Speakers: Rep: Charles Chuck Harkte  
 "Lobbying your Legislature"  
 Rep: James F. Rea  
 Member of the House Human Services Committee  
 "State budget and Mental Health"

2:00 - 3:30 Annual Business Meeting of  
 Illinois State Coalition.

V1 Orr President  
 Business Meeting  
 Election of Officers

AMI OF ILLINOIS, INC. STATE COALITION MEETING

Arrival date \_\_\_\_\_ Time \_\_\_\_\_ Departure date \_\_\_\_\_  
 Reservations held until 6 P.M. on date of arrival unless guaranteed  
 Type of Room \_\_\_\_\_ Single \$36:00 Double \$42:00 Senior Citizen discount with card

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_  
 ADDRESS \_\_\_\_\_  
 NAME \_\_\_\_\_

AMI OF ILLINOIS, INC.  
 ALLIANCE FOR MENTALLY ILL OF IL  
 November 7 & 8, 1986  
 Ramada Inn (217) 342-2131  
 Mail to Ramada Inn  
 N. Route 32  
 Effingham, IL 62401

Friday & Saturday \$15:00 per person Includes Luncheon and Registration

Registration: \_\_\_\_\_  
 NAME \_\_\_\_\_  
 ADDRESS \_\_\_\_\_  
 AMI AFFILIATE \_\_\_\_\_  
 Make Checks payable to  
 AMI OF EFFINGHAM  
 % of Mabel Traub  
 R.R. 4 Box 217  
 Louisville, IL 62858

### LUNCHEION SPEAKERS

CHARLES "CHUCK" HARKTE; State Representative of the 107th District which includes Effingham County and neighboring counties. Chuck is a grain and hog farmer -- being born raised and still lives on a farm with his wife Kathryn and two children. In the Illinois House of Representatives Chuck serves on the following Committees: Agriculture, Appropriation II, Counties and Townships, Executive, Select Committee on Economic Development, and the Select Committee on Veteran's Affairs. Chuck has been very active over the years in Future Farmers of America, Farm Bureau, Pork Producers, his church, in his community and in government at the precinct, county, state, and national levels. Chuck is a veteran, having served in Vietnam in 1968.

JAMES F. REA; of Christopher, IL. Member of the House Human Services Committee, Aging Committee, Coal Committee, Chairman of Ecomic Development Committee. Representative Rea is married and has two children, is a veteran, and received his B.S. degree in Agriculture and his M.S. degree in Community Development both from Southern Illinois University in Carbondale.

**AWARDS:**  
Certificate of Commendation presented November, 1983, by Margaret Heckler, United States Secretary of Health and Human Services.  
Certificate of Achievement, presented February, 1982, by the National District Attorneys Association.  
Award for Meritorious Service to the Children of America, presented July, 1981, by the National Council of Juvenile Court Judges.  
Certificate of Appreciation presented January, 1980, by the Child Welfare League of America.



Laurie M. Flynn: Executive Director of NAMI

Has served as Executive Director of the North American Council on Adoptable Children 1979-83, also Consultant for 15 Federal and State agencies and non-profit organizations. Laurie's achievements include establishing a National Office of a volunteer organization, doubling the organizations membership; generated over 2,000,000 in four years of fund raising and grant writing; testified before the United States Senate and House of Representatives, organized a lobbying effort which resulted in the passage of major legislation; lobbied successfully for an amendment to the Internal Revenue Code, has been appointed to two Federal Expert panels analyzing current law. Laurie has also authored a booklet on cultivating corporate involvement in local programs, has published several articles, has appeared on Nationwide television on ABC, CBS, NBC, and PBS and on PBS Radio. She has also presented many keynote speeches, seminar and workshop presentations. Laurie has been NAMI'S Executive Director for 2 years. She is the mother of 12 ( adopted)

MRS. JOSEPHINE GOUDY: MSC, CSW, ACSW, Executive Director of Macoupin County Health Center. BA Degree, Master Degree in Social Work from University of Iowa. Background in Psychiatric Social Work at Jacksonville State and McFarland Mental Health Center in Springfield. Listed in Who's Who of American Women; World--Who's Who of Women. Who's Who in the Midwest. Named Woman of the year for Carlinville Professional Group. Social Worker of the year in 1983. Certified Registered Social Worker from State of Illinois. License to practice Social Work in State of Iowa. Instructor in Psychiatric, Southern Illinois University Department of Psychiatry.

RUSS HOWARD: Manager of the Effingham Social Security Office since 1980. He is a graduate of the University of Evansville, Indiana, and for the past sixteen years has held progressively responsible positions with Social Security in Evansville, Indianapolis, Alton, Belleville, and East St. Louis, Il. He is the immediate past president of the Effingham Rotary Club, and is the state representative for the Social Security Management Association, a nation-Organization of field office management personnel.

CHERYL COMPTON: CSW, ACSW, Executive Director of Effingham County Guidance and Counseling Center where she is responsible for overall clinical supervision and fiscal management of a community Mental Health Center receiving state and county funds. Duties include day to day operations, coordination of community activities, budget submission and some direct counseling. Cheryl graduated from Stewardson-Strasburg High School in 1968, Southern Illinois University, Carbondale in 1972 where she received Bachelor of Science Degree in Social Welfare, and University of Illinois, Urbana, in 1977 where she received the Master degree in Social work; concentrating in Management, administration, and Planning. Cheryl is married and mother of one child.

LOWELL HUNSAKER: Public Aid Administrator for the Il. Dept. of Public Aid--Effingham County. Lowell has spent 4 year in the U.S. Navy, 6 years with various factory and driving jobs. Graduate of Greenville College, Greenville, Il. Major in Sociology, minors in Psychology and Religion. Lowell has been with the Dept. of Public Aid for 15 years. First as a caseworker, caseworker Supervisor, and the last 11 years as office manager.

DR. JERRY BOYD: Clinical Psychologist with private practice offices in Charleston, and Effingham County. He has been in practice for 13 years and has worked extensively with persons suffering with chronic mental illness in a variety of settings such as Mental hospitals, nursing homes and the community.

DOUG PHILLIPS: Pastor of First Baptist church in Effingham, and representing the Effingham Ministerial association.

JACKIE TERRY: Charter member of Supportive Families of Mentally Ill --Champaign Urbana. Jackie and Husband Luther have 3 children. Their son since the age of 27, and is now 33 has been suffering with chronic mental illness. Jackie is a teacher at Carrie Busey Grade School in Champaign.

JERRY MUNDT: GROW Field worker in southeaster Illinois -- married and mother of 6 children -- 2 children have had a mental breakdown. A psychiatrist at Carle Clinic recommended that our son go to GROW in 1980. This also involved my husband and I since the only GROW meetings at that time were in Champaign. In 1980 I became an organizer for an Effingham GROW group and in 1983 an organizer for a GROW group in Flora. The last two years as a Field Worker. Also a Charter member of AMI of Effingham.

MODERATOR: RUSS MARVEL: President of Effingham County Guidance and Counseling Board; Principle of Effingham High School.

enlisted in caring. She focussed on the family group, telephone listening, program to provide resources and answers, a library, and letters to legislators. Through exhibits and the media, her group spread an awareness program throughout the community.

Jerry Mundt, though not a professional, described her long association with GROW, the final component of the Effingham caring community. GROW came to southern Illinois in 1978. It offers the lonely and lost a place for weekly meetings for parents and their M.I. young adults. No dues, no strings, just one and a half hours with GROW's Blue Book. So helpful has it been that hospitals often start GROW groups before patients leave. Northern Illinois is just beginning to discover its worth.

AMI of Effingham proved there are quality systems to care for the mentally ill throughout the state. It is the quality of such systems that is missing.

Concluding the morning's agenda, President Vi Orr noted how a general meeting draws family members of the hosting affiliate closer as they plan, solicit merchants for help, explain AMI to others, and educate the community around them. She thanked Effingham AMI for its inspiration, hope and challenges. Those attending are motivated when they hear and see what has been done, she said, and that is the "Legacy of Hope," - the State Coalition motto.

Lunch was served by the Ramada Inn and Les Mayes conducted a lottery for donated gifts preceding the afternoon program.

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#### FLYNN BRINGS NAMI TO AMI



Highlighting the afternoon program on Saturday was Laurie Flynn, executive director of NAMI and former executive director of the North American Council on Adoptable Children. Laurie is the mother of 12 children, seven of them adopted. She has won numerous awards for her outstanding work with 15 federal and state agencies and non-profit organizations.

Acknowledging that AMI is a growing, angry group of people who want to improve treatment and life quality for the mentally ill, she urged AMI members to speak out and advocate effectively. "Family groups have power," she said. "Living with mental illness, they have special expertise in its problems."

Because the mental health system is state-based, the state legislative system is of particular importance. AMI members must know their individual legislators, what shapes their thinking, what they respond to, who would be sympathetic enough to introduce bills. Knowing their staffs also is important since state-level involvement has increased. Affiliates must speak out, willing to make mistakes and learn from them.

Laurie Flynn pictured at right speaks before AMI-IL State Coalition Regional Meeting



Laurie Flynn reminded AMI members that one letter to a legislator represents 100 votes, counting family, relatives, friends and now the AMI groups. There must be energy and enthusiasm behind AMI affiliate leaders, she said. Nothing happens politically without energy behind it.

"Keep in mind that knowledge is power; relationships are power; numbers are power; coalitions are power; unity is power," she said. Laurie pointed out that there are almost 700 affiliates - too many to be ignored. What we want is a range of responsive, humane services delivered by well-trained people for a particular group, and we want that group to be cared for when we are no longer around.

AMI affiliates must go out and "Advocate with Pride."

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#### STATE COALITION GOALS AND OBJECTIVES

- Promote research
  - Erase the stigma of mental illness
  - Encourage and aid in the formation of new affiliates
  - Promote the general welfare and better treatment of the mentally disabled.
-



# AMI of ILLINOIS, INC. STATE COALITION

P.O. BOX 863  
GLENVIEW, ILLINOIS 60025

(815) 842-1514  
(309) 745-5338  
(312) 729-1457

November 7, 1986

## AWARD OF MERIT

The second award of merit is for sharing and is awarded to:

AMI of ROCK ISLAND AND MERCER COUNTIES  
ROCK ISLAND, ILLINOIS

While I realize they are more advanced than other affiliates and because of office, staff and facilities already in place, it makes it easier for them to help. However, they started their AMI movement the same time most others around the state did and are more advanced in programs and are the forerunners in the state with residential facilities and jobs programs... they have always been most eager to share their success with all of us.

Their staff, both office and residential, are most courteous and always helpful. When materials, mailing labels, books are requested, they are mailed out immediately. They fill our requests to appear as panel speakers. They now mail over 200 State Coalition newsletter to the Rock Island area mailing list and have hosted two regional meetings giving tours and training workshops to help other affiliates learn and succeed.

They also carry a heavy load of officers in the State movement;

Jeff Womack, past Director and now IL-NAMI Client Council member  
Lester Mayes, 2nd Vice-President  
Marge Mayes, State Director  
Frank WAre, Honorable advisor to the State Coalition

Thank you,

Vi Orr, President  
AMI OF ILLINOIS, INC.  
STATE COALITION



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GLENVIEW, ILLINOIS 60025

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(312) 729-1457

November 7, 1986

## AWARD OF MERIT

First award of merit is awarded to the group that is every presidents' dream:

- every job completed
- every memo answered
- every form filled out and returned
- every questionnaire finished

Honest, sincere, dedicated leaders wanting to help in any way to further improving our work in the State Coalition.

They conceived a great fund raising idea-followed through from start to finish. Something not to interfere with other local groups' fund raising but because of its success, other are following this example.

To AMI of SAUK VALLEY--Mr. & Mrs. Willard Gieske for the Donor Card Program and continued success.

Thank you,

Vi Orr, President  
AMI of Illinois, Inc.  
STATE COALITION



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November 7, 1986

## AWARD OF APPRECIATION

Award of Appreciation-Rookie Award

AMI of MADISON COUNTY  
EDWARDSVILLE, Illinois

Jumped right in and got involved is just what they did.

AMI of Madison County joined, asked what they can do to help and hosted a very successful 2 day conference.

Thank you,

Vi Orr, President  
AMI of ILLINOIS  
STATE COALITION



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November 7, 1986

## AWARD OF APPRECIATION

Award of Appreciation is for the most improved on activities.  
Largest number of their members involved in helping State Coalition

AMI of NORTHEAST SUBURBAN  
Arlington Heights, IL

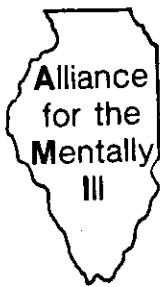
Hank Lacine, President, Chairman of Bylaws Committee  
Irene Hayes, Raffle prizes, office and volunteer recruiter  
Eleanor Rives, Talk and cable show, editing  
M. Raitt, officer volunteer. editing  
Judy Griffin, PR  
Bill Murray, Printing  
Fran Valerio, Bookkeeping  
Earl Comerford, speaking, panel  
Jane Hardy, Typing, office helper  
Martha Haeger, Robin Raitt, office volunteering and typing  
Mr & Mrs. Korins, office volunteering  
Dee Beaubien, honorary advisor

Thank you,

Vi Orr, President

AMI of ILLINOIS  
STATE COALITION





# AMI of ILLINOIS, INC.

## STATE COALITION

P.O. BOX 863  
GLENVIEW, ILLINOIS 60025

(815) 842-1514  
(309) 745-5338  
(312) 729-1457

September 15, 1986

### OFFICE INVENTROY

- 1 Answering machine (AMI Rock Island-Mercer County)
- 1 Beige dial phone (extension)-Vi Orr
- 1 telephone-main
- 1 cabinet type-fold out table
- 1 manual typewriter
- 1 adjustable metal table
- 1 3M photo-copier and moveable stand
- 1 metal black shelf cabinet
- 1 coffee maker-(West Bend-1 pots)
- 2 pictures (1 brown framed, 1 black)
- 1 mirror
- 1 bulletin board
- 1 small black wrought iron telephone table
- 1 white vinyl table chair
- 1 4 drawer supply cabinet
- 1 21" sony colored TV, (jointly with Greentrees)
- 1 divided pencil holder (black)
- 1 pencil sharpener
- 2 staplers
- 2 scotch tape holders
- 4 mail trays (1 black, 2 metal gray, 1 wooden)
- 1 wooden (green) 3 shelf paper rack
- 3 ring binder notebooks (3)
- 4 ash trays
- all contents in file cabinet, desk and other cabinets (contents only)

*This is a list of equipment and office supplies picked up by Hank Bird from the AMI-Illinois Arlington Hts, IL office, to be transferred to the new board and office in Springfield, IL.*

Misc. offices supplies: ink markers, glue, scotch tape, 5x8 cards and guides, 3x5 cards and guides, tape dispensers, 5 scissors, Ko-rec-type, liquid white, paper clips, manila folders, manila envelopes, 5 yellow, 5 white lined tablets, rulers, pens, pencils, letter opener, stapler removers, mositeners, rubber bands, scrap paper, writing pads-all sizes, 3M stick note pads-all sizes, labels.

30 Dr. Torrey; Surviving Schizophrenia - a family manual.

cc: officers

Inventory; September 15, 1986 *V. Orr*

TO: Dr. Finkel  
FROM: Don MacRae  
DATE: February 20, 1986  
RE: Alliance for the Mentally Ill State Coalition

To avoid any additional redundancy, let it suffice that there are a number of potential benefits which can result from pursuing a support/advisory relationship with the AMI State Coalition.

As a result of our meeting with Vi Orr on Monday (2-17-86) and several subsequent conversations I have had with her, the number one priority which has emerged is the need for a full-time Director. The organization, while it is already well established, needs a leader who can devote the necessary time and attention to effectively managing their rapid and continuing growth.

Current Ways in Which the Foundation Could Assist:

- 1) Providing office space on the 2nd floor of Greentrees so their volunteers can be coordinated in a central location. ( AMI will provide their own phone and installation)
- 2) \$ 1,000 additional printing subsidy to be used specifically for fundraising efforts.
- 3) A matching funds grant in the amount of \$ 15,000. The grant along with the dollars raised by AMI will be used to hire a full-time Director.

As you know Sandy, I have been active with AMI in an "unofficial" advisory role for quite awhile. If it is desirable for me to continue to be involved as a representative of FHS, I would be happy to do so but it will require some personnel adjustments at Greentrees. Some mutually beneficial arrangement needs to be worked out.



**To Do Is To Be**

Socrates

**To Be Is To Do**

Plato

**Do Be Do Be Do**

Sinatra

**Be a Do Orr**

Vi Orr

At NAMI ILLINOIS annual conference, October 15, 2016  
three long time advocates are identified for their years  
of dedication, loyalty, commitment, energy and service.

### Illinois NAMI Founding Members Recognized

NAMI is a Grass Roots organization – it depends on members to see the need and commit their energy to solutions, to raise the level of awareness regarding the problems faced by families and persons living with a mental illness. But communication is not enough, the goal is to influence others to take action, join the cause, institute change and demonstrate progress to keep the movement growing and effective.

Today we recognize three people who did just that during the period NAMI was being established in Illinois. In the early years the organization was called AMI, Alliance for the Mentally Ill and a take-off on the French word meaning “friend”, until July 1997 when the name NAMI was standardized. Listen to their stories, and if you get the chance please let them know how much we appreciate what they did:



**Vi Orr** challenges anyone to match her record! Still volunteering after 40 years.

Vi’s “mental health career” started in 1977 when she was involved with small local mental health group start-ups. However, it really started in 1979 when she attended the September AMI weekend gathering in Madison, WI. She is one of the 284 founding members of NAMI. It was a moving, exciting, fulfilling weekend.

In 1983, following an AMI weekend convention in St. Louis, MO, an informal gathering of 28 AMI members from Illinois met to discuss organizing a state coalition. Two members from each participating group were asked to volunteer for organizational meetings. Vi was elected president and AMI-Illinois State Coalition was born. Committees were formed; by-laws, public relations, fund raising, brochure design. The group set up dues structure, developed press releases, artist friends did artwork for state seal, stationary and incorporation papers were filed in 1984.

State meetings were held at State Operated Facilities at a time before deinstitutionalization, when facilities were at full capacity, and at Hospitals that had Psychiatric Units. Regional meetings were held featuring top speakers to educate our growing group of families who were eager to learn and share information. Remember, this was before computers, iPads, iPhones, etc. We used electric typewriters and our office was kitchen and dining room tables. Newsletters were our means of communication. Everyone worked together with full cooperation and enthusiasm. It was a team effort.

In the 3 years as president, Vi wrote an 8 page quarterly newsletter that won a NAMI award, initiated a “Get acquainted With Your Affiliate” column and “Client Consumer’s Corner.” She developed an honorary board of professionals, a mailing list of over 5000 names, donor cards, and raffles to raise funds, opened the first AMI office on the grounds of Forest Hospital in Des Plaines, IL & hired the first office staff/secretary on a part-time basis.

Vi, a full-time working mother of 4, took vacation days to attend state meetings in Springfield. AMI Illinois State started with 12 affiliates and within 3 years it grew to 28 affiliates. A strong foundation was laid with widespread representation. The office was equipped and staffed. A grant of \$142,000 was awarded for Supportive Employment Programs formulated by DORS/AMI-IL State Coalition, Vi and NW

Mental Health Center Tri Venture. Our Donor Card fund totaled \$10,000 - enough to work toward hiring an Executive Director.

In 1986 Vi retired from Illinois state presidency to resume a normal life. Then someone said, "There is no AMI group in your area, can you start one?" She accepted the challenge, a psychiatric nurse offered to facilitate the support groups. Thus, she was the founder and first president of NAMI Cook County North Suburban. She was a whirlwind of activity, writing newsletters, running support groups, creating housing, raising funds and more. The Mental Health Assoc. in Illinois honored Vi with the prestigious Gold Bell MH Award and plaque as Mental Health Person of the Year in 1993 at a luncheon with 1500 guests and keynote speaker Tipper Gore, wife of then Vice-President Al Gore.

In 2000 Vi retired as a volunteer/leader but is still very involved as a mental health advocate. She still receives calls from former members and consumers seeking assistance. She also mentors several consumers wishing to do book publishing. She delivers bags of clothing to 5 care facilities, art, crafts, magazines, and greeting cards, writes articles for a church bulletin every May for MH Awareness Month and October Mental Illness Awareness Week. She was involved with North/Northwest Suburban Housing Task Force for Supportive Housing "Move in Baskets" project for the 39 unit facility Myers Place and now with the 50 unit PhilHaven residential facility soon to be opened.

We were so fortunate to have had Vi's creativity, strong organizational skills, motivation and enthusiasm, which laid the strong foundation for AMI/NAMI's growth. Thank you Vi!



**Catherine Barrett** was born to be a caretaker, protector and activist for those who could not speak for themselves. As the oldest girl in her family, after school she helped her grandparents cook and clean. Although young, she knew that this was what people do – help one another. When her youngest son was diagnosed with paranoid schizophrenia, she helped as much as she could but realized it was beyond her capabilities. She had her older sons take guardianship of him. She searched for help, and in the process found others looking for help too. Catherine found out about NAMI, and got involved. She hosted meetings in her home, she attended meetings in surrounding areas and she went to public forums. When she didn't like the answers she got she started going to politicians to get their help. No one was off limits when Catherine got a notion in her mind.

She was furious about the lack of housing for people living with a mental illness. So she was instrumental in the creation of The North and Northwest Suburban Housing Task Force for Supportive Housing. Her dining room table served as the meeting place, and her china credenza held all the documents and newspaper stories, including those about the homeless. Catherine may be small but she has the will to get things done. Over time she became a known resource for families in need, and for forty years she fought for the cause in her inimitable persistent way. She still cheers on the fighters for those with a mental illness, and is so pleased to see NAMI thriving.

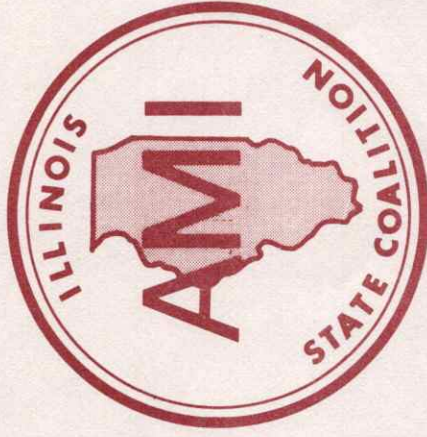


**Alice Byrne** says in 1975 her third of four sons, at age 21, crashed, with schizophrenia, and the endless trip began. "We had entered the world of mental illness: ...'the best of care' ....psychiatrist ....psych hospital ...medications ....sheltered workshop ... community mental health center ....shared apartments ....general hospital outpatient department ....etc". In 1986 the Leyden Family Services and Mental Health Center had started a group for helping families and persons living with a mental illness. About the same time the Alliance for the Mentally Ill (AMI) of Illinois was organized. Its President, Vi Orr, helped us organize our affiliate, about 18

members. Dorothy Garrett was President, a mother of 12 with one son who suffered from severe bipolar disorder, and was suicidal. I was elected President about three years later with 26 members. New affiliates in the state kept forming. Three in our geographic area were rather small and decided that merging would help us to be more powerful. AMI Berwyn, AMI Oak Park and we, AMI West Suburban Cook County merged to become AMI Metro Suburban. President Marie Wackrow, a mother of 5, with one son who had a severe mental illness was open-minded, dedicated, gracious, and delightful. I was a member of the Board and the Membership Committee chairman (96 members at the time). The affiliate created a Drop-In-Center with community support, and with this the organization entered the world of Services. Previously it had focused on Advocacy, Support and Education. This Drop-In-Center is still going strong. And somewhere in this timeframe, the name AMI changed to NAMI.

Later I became Chair of the Policies Committee, NAMI Cook County North Suburban. Housing became a focus area for both the organization and me. Catherine Barrett hosted meetings of a group interested in advocating for supportive housing, and Hugh Brady joined the cause. The rest of the story is history - Meyer's place, PhilHaven and more coming.

# AMI...



## The Alliance for the Mentally Ill of Illinois, INC. State Coalition

P.O. BOX 863  
GLENVIEW, IL 60025

Affiliated with the National  
Alliance for the Mentally Ill

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Glenview, IL 60025

**ALLIANCE**  
for  
**MENTALLY ILL of ILLINOIS**  
STATE COALITION  
P.O. BOX 863  
GLENVIEW, ILLINOIS 60025  
Address Correction Requested

### Chronic Mental Illnesses

- ▶ include the schizophrenias and other affective disorders such as manic depression.
- ▶ are catastrophic diseases with neurological, bio-chemical, genetic and perhaps viral components not yet understood.
- ▶ are characterized by disturbed thinking, feeling and behaving that affects the whole person.
- ▶ strike young people in their most productive years.
- ▶ devastate caring families emotionally, physically and financially.
- ▶ afflict more than 100,000 persons in Illinois and millions in the United States, yet continue to be medically underserved, scientifically under-researched, and widely misunderstood.
- ▶ cost billions in care and lost earnings. Occur in all classes, ethnic and national groups world-wide.
- ▶ can and do improve with the proper treatment, rehabilitation, and support.

To Find An AMI Affiliate In Your Area Contact:  
**AMI of ILLINOIS, INC.**  
**State Coalition**  
**P.O. Box 863      Glenview, IL 60025**

Affiliated with the National Alliance for the Mentally Ill  
A nonprofit support/advocacy group  
Organized by families and friends of person with chronic mental illness.

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# AMI of Illinois State Coalition

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## What is AMI of Illinois?

The Alliance for the Mentally Ill of Illinois is a growing statewide coalition of many local groups and a total membership exceeding 5000. The number of affiliates and total membership are increasing rapidly as more and more families of the long term mentally ill 'come out of the closet', determined to improve conditions and treatment for their children and relatives.

AMI OF ILLINOIS affiliates are typical of groups mushrooming across the nation in recent years in reaction to the tragic neglect of our mentally ill citizens. With the formation of the State Coalition, there are now three levels of advocacy — local, state and national. AMI of Illinois is a member of the National Alliance for the Mentally Ill. The coalition represents an important link in efforts to improve the quality of life for the chronically mentally ill because most programs of care are determined on a state level.

Local affiliates are support/advocacy groups focusing on local area problems such as hospital facilities, community after care, residential facilities, day programs and jobs programs. "Sharing and caring" programs provide compassionate support and understanding for families.

The State Coalition is active on a state level and speaks with one unified voice on state and federal legislative issues. As an acknowledged resource center, the State Organization provides information to professionals and legislators, and wide ranging services to local affiliates.

## What Does AMI Do?

**Advocates** programs and legislation that will provide innovative and meaningful assistance to the mentally ill.

**Assists** in formation of family self-help and advocacy groups in local communities.

**Educates** family members and friends through regional workshops and informed speakers from mental health professions and government agencies.

**Encourages** more research into causes and effective treatments for mental illness.

**Expresses** the needs and recommendations of consumers and families to the mental health system.

**Influences** public policy by providing consumer representation on boards and organizations in the area of chronic mental illness.

**Informs** members and other concerned citizens about AMI activities through a regular newsletter.

**Promotes** community awareness and the removal of stigma attached to mental illness.

**Promotes** the understanding of mental illness by sharing experiences and knowledge.

**Serves** as a clearing house and resource center for information about chronic mental illness.

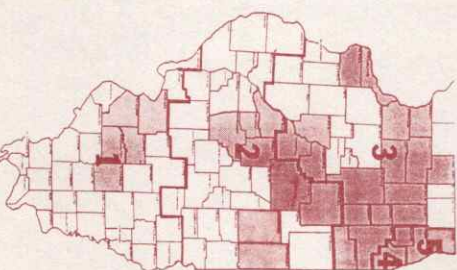
**Supports** development of comprehensive services for mental health consumers and their families, and monitors existing services.

## Who Belongs to AMI?

- Parents and relatives
- Patients and ex-patients
- Friends
- Professionals

Community Leaders and mental health professionals serve on our advisory board. Any person interested in support/advocacy for chronically mentally ill persons and their families is encouraged to join. Although AMI was founded by family members of mentally ill people, professional persons working in the mental health field have helped AMI from the beginning and are most welcome to attend meetings and become members.

Any one wishing to support our cause may join by filling in the separate mailing form.



P.O. BOX 863  
GLENVIEW, ILLINOIS 60025



## AMI OF ILLINOIS, INC.

### STATE COALITION

#### Information Bulletins and Mailing List

\_\_\_\_\_ Please put my name on the AMI of Illinois mailing list to receive newsletters and new information which may become available (Unless you respond, we have no record of your name.)

\_\_\_\_\_ I am interested in doing volunteer work, please contact me at (       ) \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City \_\_\_\_\_ IL Zip \_\_\_\_\_

Telephone: (       ) \_\_\_\_\_

An important public service is being rendered on behalf of patients, families, doctors, professionals and others interested in helping the mentally ill. AMI of ILLINOIS, INC. is a not-for-profit, tax-exempt charitable organization. Volunteers work out of their homes giving assistance and support, mailing newsletters and compiling mailing lists. If sufficient funds are contributed, AMI of Illinois may be in a position to computerize their mailing list and send out legislative alerts and research information on a timely basis.

#### YOUR FINANCIAL CONTRIBUTION IS NEEDED.

In order to continue this public service, we ask that EACH PERSON receiving information respond with a financial contribution, according to ability.

\_\_\_\_\_ \$5 \_\_\_\_\_ \$15 \_\_\_\_\_ \$25 \_\_\_\_\_ \$50 \_\_\_\_\_ other \$ \_\_\_\_\_

# AMI... ● ● ●



## The Alliance for the Mentally Ill of Illinois, INC. State Coalition

### Who Belongs to AMI?

- Parents and relatives
- Patients and ex-patients
- Friends
- Professionals

To Find An AMI Affiliate In Your Area Contact:

P.O. BOX 863  
GLENVIEW, IL 60025  
**(312) 297-9966**

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# AMI of Illinois State Coalition

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A nonprofit support/advocacy group

Organized by families and friends of person with chronic mental illness.



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**State Coalition**

**P.O. Box 863**

**Glenview, IL 60025**

B. STATE COALITION LOGO

LOGO DESIGN - Vi Orr  
ART/DRAWINGS - Anne Orvieto  
ARTIST - Marianne Green



AMI

Alliance for the Mentally Ill

C. COPY OF FIRST OFFICIAL STATE COALITION ANNOUNCEMENT WHICH DEVELOPED INTO

OUR STATELINE NEWSLETTER

1984



*stateline*

AMI-ILLINOIS, INC.

P.O. BOX 2363

GLENVIEW, ILLINOIS 60025

# ILLINOIS UNITED!

D. COPY OF WINTER 1986 NEWSLETTER - \* REPRESENTING OUR 28 AFFILIATES



**AMI of ILLINOIS, INC.**  
STATE COALITION

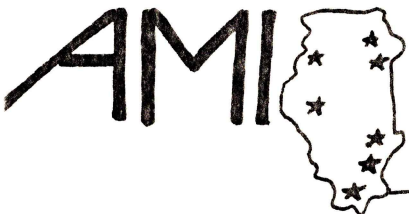
## *Stateline*

P.O. BOX 863

GLENVIEW, ILLINOIS 60025

312-297-9966

IDEAS SUGGESTED



APRIL 1984

*state line*



from the desk of

**JOHN PEREIRA**

9-12-86

INFORMATION ON PHONE TREE  
REMEMBER, NO EMAILS AT THAT TIME  
PHONE CALLS WERE EXPENSIVE

Dear Vi,

Enclosed are formal letters

I sent out to the AMF phone  
members.

It would be a good idea  
to keep in the office in case  
something comes up and I  
could not follow thru.

If circumstances were  
different it would be a lot  
easier to send all groups  
a copy of the up-to-date  
phone list instead of the

Cards

P.S. Up-to-date phone tree  
mailed today to all groups.

J.P.

---

(please print)

EMERGENCY PHONE TREE

Name of Affiliate

Director's Name

Address & Zip

Phone & Area Code

Best time to receive calls

---

(please print)

EMERGENCY PHONE TREE

Alternate Member  
Name

Address & Zip

Phone & Area Code

Best time to receive calls

SAMPLE

8/15/86

Clarendon Hills - Call to continue message

Bowers Grove (See USC)

Liz Studebaker (312-832-2002) after 8 pm

Alternate member:

Pat Taucher (312-355-4357) anytime

To start your <sup>new</sup> own message. Call: Bowers Grove  
and Oak Lawn (AM 188)

Jane O'Brien (312-425-6605) aft. 6 p.m.

Alternate member:

Kay Pereira (312-424-5247) 10 a.m. to 5 p.m.

SAMPLE

Saxdwich - Call to continue message

Morris - Grundy County Leach

Liz Darin (815-942-0541) anytime

Alternate member:

Marge Tomaso (815-942-0845) anytime

To start your own <sup>new</sup> message Call Morris  
and Bowers Grove:

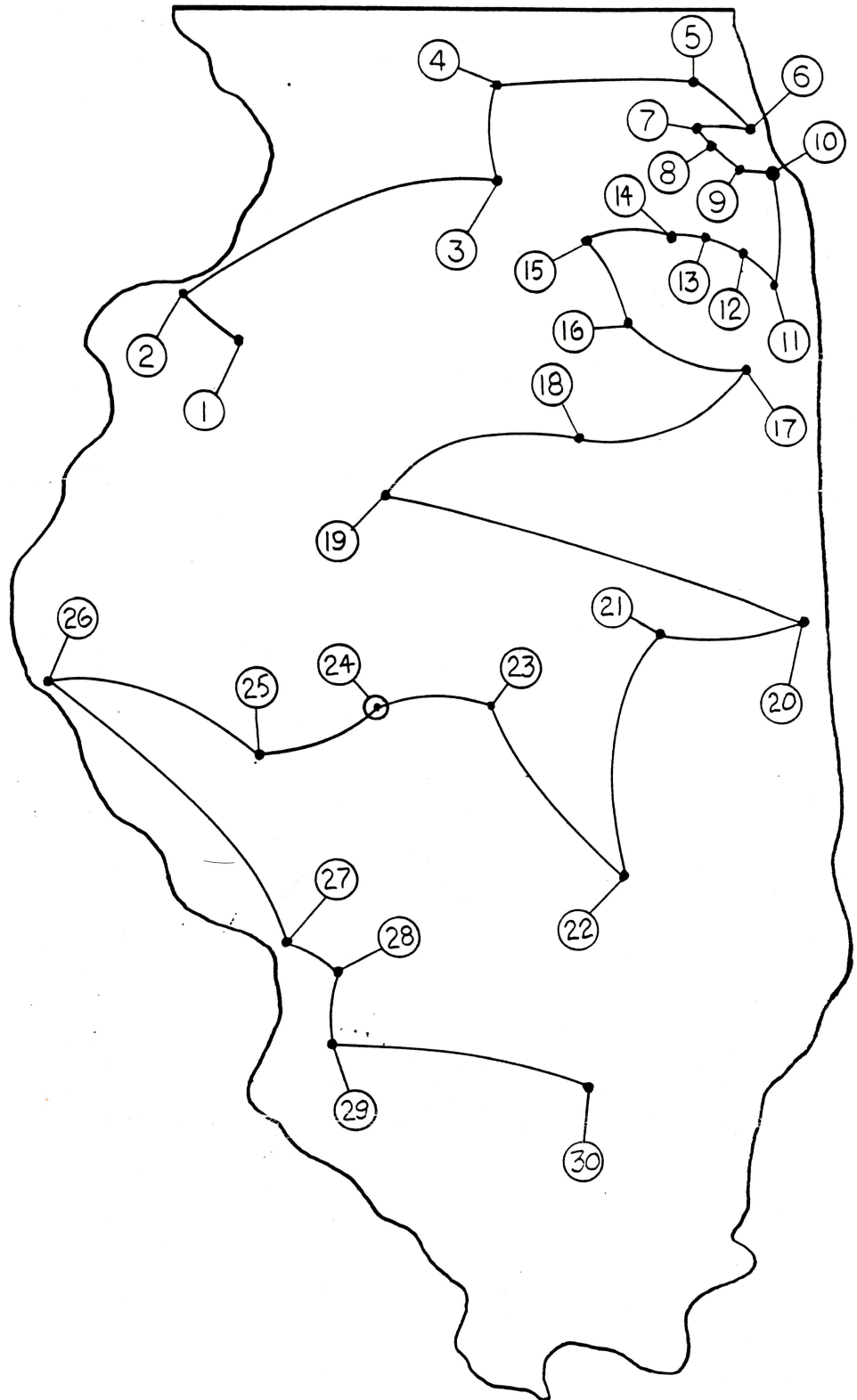
Liz Studebaker (312-832-2002) aft. 8 pm

Alternate member:

Pat Taucher (312-355-4357) anytime



1. KEWANEE
2. ROCK ISLAND
3. ROCHELLE
4. ROCKFORD
5. LIBERTYVILLE
6. NORTHBROOK
7. ARLINGTON HEIGHTS
8. MT. PROSPECT
9. FRANKLIN PARK
10. CHICAGO
11. OLYMPIA FIELDS
12. OAK LAWN
13. CLARENDON HILLS
14. DOWNERS GROVE
15. SANDWICH
16. MORRIS
17. KANKAKEE
18. PONTIAC
19. PEORIA
20. DANVILLE
21. CHAMPAIGN
22. EFFINGHAM
23. DECATUR
24. SPRINGFIELD
25. JACKSONVILLE
26. QUINCY
27. ALTON
28. EDWARDSVILLE
29. BELLEVILLE
30. MT. VERNON



AMI of Illinois Inc.  
 State Coalition -  
 PHONE TREE

# AMI of ILLINOIS, INC.

## STATE COALITION



P.O. BOX 863  
GLENVIEW, ILLINOIS 60025

(815) 842-1514  
(309) 745-5338  
(312) 729-1457

Oak Lawn, Illinois

Re: Emergency Phone-Tree

Dear

I have been asked by our President, Vi Orr to set up and maintain an emergency phone-tree for A.M.I. of Illinois State Coalition.

It is suggested that two members (the director and an alternate) act as co-workers to facilitate telephone business.

Will you please furnish the names and phone numbers of two members of your group and return the enclosed cards to me?

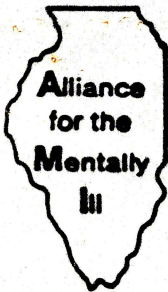
They should be available to receive and transmit any information pertinent to state and federal legislation and additional business important to A.M.I. of Illinois State Coalition.

After your cards are returned to me I will write again and let you know the phone-tree operates.

Sincerely,

Kay Pereira  
10504 S. Kenneth  
Oak Lawn, IL 60453  
(312) 424-5247

enc.



# AMI of ILLINOIS, INC.

## STATE COALITION

2

P.O. BOX 863  
GLENVIEW, ILLINOIS 60025

(815) 842-1514  
(309) 745-5338  
(312) 729-1457

Oak Lawn, Illinois 60453

Dear

Our State Coalition phone-tree is now in order and ready to operate. Enclosed you will find cards with the names and telephone numbers of phone-tree members. These members belong to an affiliate located near you.

A message may START at any point in the phone-tree by calling both affiliates on the card. This will activate the phone-tree throughout the entire state coalition area.

If you RECEIVE a message from an affiliate on your card, please relay the message to the other affiliate on your card (AS SOON AS POSSIBLE).

It is imperative the phone-tree be accurate and active. In case of illness, vacation, etc. be sure to inform your alternate member you will not be available. Any change in membership of the phone-tree should be sent to me. Let me know the name of your affiliate, the new member's name, address and phone number and the best time to receive calls.

It is of utmost importance, each affiliate have their own phone-tree. Every member should be informed of state coalition business and of legislation at the state and federal level.

Letters, phone calls and visits to our representatives coming from every part of the state will make a profound impression. The plight of the mentally ill can no longer be fought by a few. We must all do our part.

As more and more affiliates join the State Coalition a revised card will be sent to you. Please do not break the phone-tree at any point. Remember, we are only as strong as our weakest link!

Sincerely,

Kathleen Pereira  
(312-424-5247)

P.S. As the principle member of the phone-tree, you will be responsible to inform your alternate member of this letter.

cc: Vi Orr

3

# AMI of ILLINOIS, INC.

## STATE COALITION



P.O. BOX 863  
GLENVIEW, ILLINOIS 60025

(815) 842-1514  
(309) 745-5338  
(312) 729-1457

Oak Lawn, Illinois

Dear

The phone-tree is being updated and revised at this time. Can we count on your active participation for your area again this year?

If it is not possible for you to volunteer your services, please advise us of one or two members who are willing to continue the operation of the state phone tree.

Enclosed are two cards for your convenience if you are recommending other members in your place.

Sincerely,

Kay Pereira  
Phone-tree Committee

enc.



# AMI of ILLINOIS, INC.

## STATE COALITION

P.O. BOX 863  
GLENVIEW, ILLINOIS 60025

(815) 842-1514  
(309) 745-5338  
(312) 729-1457

Oak Lawn, IL 60453

Dear

The Phone-Tree for the State Coalition has been revised as more groups join.

Your old card dated \_\_\_\_\_ should be destroyed and replaced with the new card dated \_\_\_\_\_.

Please inform your alternate member of this change of phone numbers and give the second enclosed card to that member.

Sincerely,

Kay Pereira  
Phone-tree Committee

enc.

ROCK ISLAND

AMI of Rock Island  
& Mercer Counties  
P.O. Box 933  
R.I. 61201

Marge Mayes  
2252 - 32nd St.  
R.I. 61201  
309-786-4923

Julia Ekblad  
2404 - 8th St.  
Silvis 61282  
309-792-8358

ROCHELLE

Sauk Valley AMI

Dorthea Gieske  
1038 N. 8th St.  
Rochelle, 61068  
815-562-4325  
almost anytime

Edna Welker  
10960 Kennedy Hill Rd.  
Byron, 61010  
815-234-5352  
after 6 p.m.

ROCKFORD

Northern IL AMI  
P.O. Box 6971  
Rockford 61125

Catherine Dolan  
1010 Sterling Dr.  
Rockford 61107  
815-226-8955  
anytime

Jay Sturm  
4511 Edgewood Hills  
Rockford 61108  
815-399-2843

ARLINGTON HTS.

AMI of Northwest Suburbs

Irene Hayes  
49 S. Linden  
Palatine 60067  
312-358-4244  
anytime

Marjorie Raitt  
1510 E. Fremont  
Arlington Hts. 60004  
312-253-0680  
A.M.

LIBERTYVILLE

AMI of Lake County  
P.O. Box 442  
Libertyville 60048

Dorothy Kelly  
260 Rause  
Mundelein 60060  
312-566-8136

Paul Kaiser  
425 Glendenning  
Waukegan 60087  
312-662-6017 home 5-9 p.m.  
312-MA3-0132 work 9-5

GLENVIEW

P.O. Box 863  
Glenview 60025

Vi Orr  
3808 Rugen Rd.  
Glenview 60025  
312-729-1457  
after 6 p.m.

NORTHBROOK

Manic Depressive Assn.

Romaine Friedman  
8932 Emerson  
DesPlaines 60016  
312-297-0449  
after 9:30 a.m.

Joe Jacobs  
7033 N. Kedzie  
Chicago 60645  
312-274-6941  
after 9:30 a.m.

---

GREATER CHICAGO

AMI of Greater Chicago  
833 N. Orleans  
Chicago 60610

Mary O'Neill Siebel  
2729 Sheridan Road  
Evanston 60201  
312-475-3874

Laura Guilfoyle  
c/o 833 N. Orleans  
Chicago 60610  
312-642-3338

---

OLYMPIA FIELDS

AMISS  
P.O. Box 275  
Olympia Fields 60461

Jane O'Brien  
9656 S. Karlov  
Oak Lawn 60453  
312-425-6605  
after 6 p.m.

Kathleen Pereira  
10504 S. Kenneth  
Oak Lawn 60453  
312-424-5247  
10 a.m. to 5 p.m.

---

CLARENDON HILLS

AMI of DuPage County

Daniel Daniels  
443 Colfax  
Clarendon Hills 60514  
312-655-0122  
anytime

Paul Peterson  
ON155 Robbins  
Winfield 60190  
312-668-4152  
evenings

---

DOWNERS GROVE

SAWSC  
P.O. Box 237  
Downers Grove 60526

Lois Studebaker  
711 Saylor  
Elmhurst 60126  
312-832-2002  
after 8 p.m.

Pat Taecker  
316 S. Julian St.  
Naperville 60540  
312-355-4357  
anytime

---

SANDWICH

Family AMI

Donna Bennett  
221 Joanne Lane  
DeKalb 60115  
815-757-7712

Kei McClary  
328 Knollwood  
De Kalb 60115  
815-758-0361

---

MORRIS

Grundy County Reach

Lois Darin  
1970 E. Southmore Rd.  
Morris 60450  
815-942-0541  
anytime

Marge Tomano  
220 E. North St.  
Morris 60450  
815-942-0845  
anytime

---

KANKAKEE

AMI of Kankakee County

Wanita Senesac  
312 N. Division St.  
Aroma Park 60910  
815-939-7908  
evenings

Norma Gardner  
61 Bonds Dr.  
Bourbonnais 60914  
815-933-1091  
evenings

PONTIAC

Livingston-McLean County

Joan Bartlett  
R.R. 1  
El Paso 61738  
309-527-5722

Leonard Fuchs  
5 Kenyon Court  
Bloomington 61701  
309-828-6359

PEORIA

Tri County AMI

Imelda Smith  
705 Whippoorwill  
Washington 61571  
309-745-5338  
after 6 p.m.  
309-694-2512  
9 a.m. to 5:30 p.m.

Pat Mooney  
111 Sunset Dr.  
East Peoria 61611  
309-699-6346  
after 4:30 p.m.

JACKSONVILLE

AMI of Jacksonville  
Wilma Werries  
120 E. Superior  
Jacksonville 62650  
217-243-6255

Betty F. Pine  
14 Sunnydale  
Jacksonville 62650  
217-245-9229  
8 a.m. or aft. 6 p.m.

Russ Taylor  
1021 Lincoln  
Jacksonville 62650  
217-243-6702  
8:30 to 3:30

SPRINGFIELD

Families  
710 N. 8th St.  
Springfield 62702

Lynn Hauser #4  
1701 Seven Pines  
Springfield 62704  
217-787-0737  
after 6 p.m.

Peg Farney  
1000 Kenyon Dr.  
Springfield 62704  
217-787-0355  
after 6 p.m.

CHAMPAIGN

Supportive Families of  
the Mentally Ill

Cliff Kiefer  
319 N. Fair Ave.  
Champaign 61821  
217-356-3140  
before 10 p.m.

Leda Stevenson  
2010 Geo. Huff Dr.  
Urbana 61801  
217-367-6708

DANVILLE

Vermilion Mental Health  
Developmental Center

Dr. Margaret Wharton  
605 N. Logan Ave.  
Danville 61832  
217-442-3200  
8 a.m. to 5 p.m.

Pat Spears  
605 N. Logan  
Danville 61832  
217-442-3200  
8 a.m. to 5 p.m.

EFFINGHAM

AMI of Effingham

Delbert Mundt  
R.R. 1 Box 21  
Dieterick 62424  
217-739-2254  
anytime or very early a.m.

Glen Kotter  
R.R. 2 Box 371  
Effingham 62401  
217-868-2771



ALTON

Parent Support Group  
Northern Madison

Marc Goldman  
2615 Edwards  
Alton 62002  
618-465-2921  
8:30 to 4:30 Mon-Fri

Margaret Beliveau  
478 Delaney  
Wood River 62095  
618-251-4491

EDWARDSVILLE

AMI of Madison County

Rita Hill  
Rte 1 Box 100  
Edwardsville 62025  
618-656-4599  
8 to 10 a.m. & 6 to 8 p.m.

Kenneth & LaVerne Wagoner  
230 S. Bluff Rd #4  
Collinsville 62234  
618-345-8142  
after 4 p.m. daily

BELLEVILLE

Southern IL AMI

Ethel Neal  
328 Breckenridge Dr.  
Belleville 62221  
618-234-7840

Marion Satterfield  
327 S. Pennsylvania  
Belleville 62221  
618-234-2173

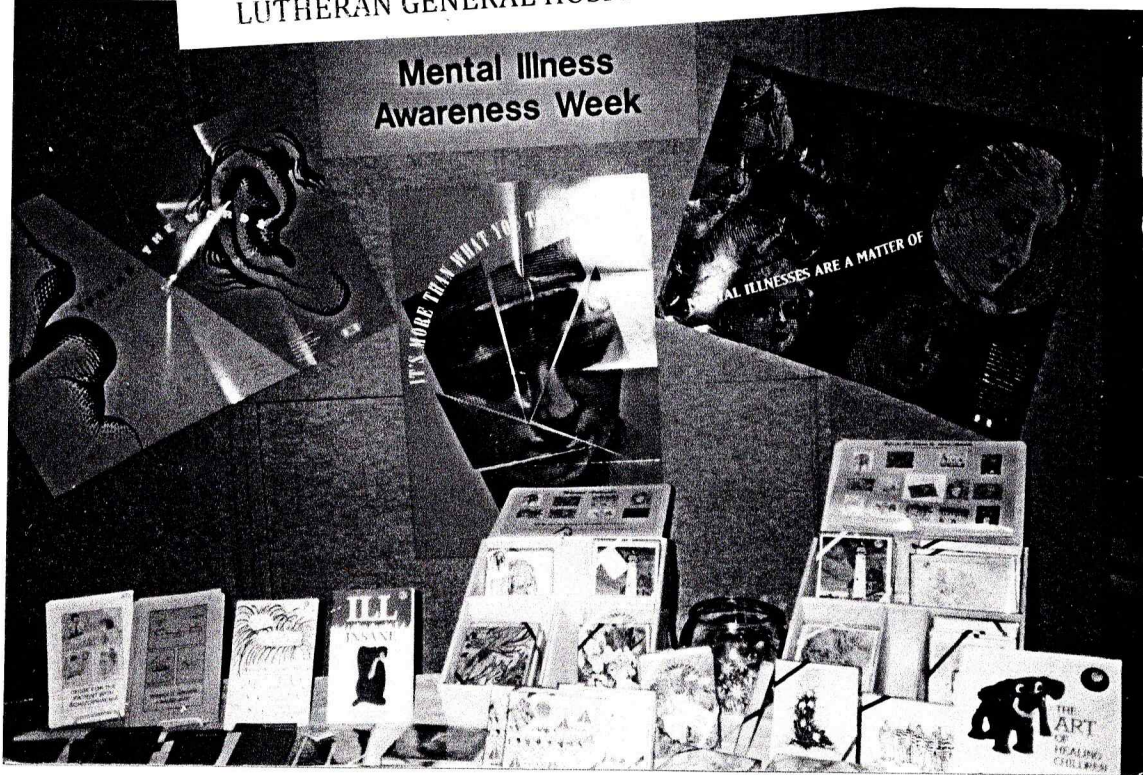
MT. VERNON

Family Support Group

Helen Smith  
214 Grant St.  
Mt. Vernon 62864  
618-244-1299  
8 a.m. to 10 p.m.

Michele Baker  
105 S. 32nd St.  
Mt. Vernon 62864  
618-244-7676  
evenings

DISPLAY TABLE of BOOKS, NOTE CARDS, ETC.  
DURING MENTAL ILLNESS AWARENESS WEEK  
LUTHERAN GENERAL HOSPITAL



## WHAT IS AMI?

The Alliance for the Mentally Ill of Illinois State Coalition is a non-profit organization dedicated to promoting the general welfare of the mentally ill.

We advocate better treatment and programs for the mentally disabled.

We are a growing network of family self-help affiliates. Our "Sharing and Caring" programs provide compassionate support and understanding for families and friends of the mentally ill.

### FOR MEMBERSHIP INFORMATION OR BROCHURES,

Contact the Alliance for the Mentally Ill of Illinois, Inc., State Coalition  
P.O. Box 863 • Glenview, IL 60025 • (312) 297-9966

## Families Helping Families

# AMI

## OF ILLINOIS STATE COALITION

## WHO BELONGS TO AMI?

Parents, relatives, patients, professionals, friends. Community and mental health leaders serve on our honorary advisory board.

## WHAT DOES AMI DO?

- ¶ Communicates through a bi-monthly newsletter
- ¶ Promotes community awareness
- ¶ Encourages and aids the formation of new affiliates
- ¶ Hosts regional workshops
- ¶ Serves as a resource center for information pertinent to mental illness
- ¶ Fights stigma
- ¶ Influences public policy
- ¶ Advocates programs and legislation that will provide innovative assistance to the mentally disabled

Newsletter subscribers can read about upcoming workshops hosted by AMI groups.

*Does it seem like someone is always asking you to be on a committee? Here's the necessary (yet somewhat dubious) information you'll need if you take the plunge.*

## WHAT'S A COMMITTEE?

1. A group of the unprepared, appointed by the unwilling, to do the unnecessary.
2. A group of people who cannot do a job in several hours as efficiently as one person can do it in one hour.
3. Marriage is a committee on ways and means where she has her way and he provides the means.
4. A group of people that keep minutes and waste hours.
5. A group of people appointed to find some innocent individual to do the work.
6. Like a soft chair—easy to get into, but hard to get out of.
7. If Moses had been a committee, the Israelites would still be in Egypt.
8. A group of individuals, who individually can do nothing, getting together and deciding that collectively, nothing can be done.
9. The best way to kill a good idea is to get a committee to work on it.
10. To get something done, a committee should consist of no more than three men, two of whom are absent.
11. Some men can sit on a standing committee and still lay down on the job.
12. Committees have become so important these days that subcommittees have to be appointed to do the work.
13. A congressional committee is made up of members of Congress carefully chosen to ignore some special problem.
14. Those most opposed to serving on committees are made chairman.
15. A committee is 12 men doing the work of one.

## WHOSE JOB IS IT??

This is a story about four people named Everybody, Somebody, Anybody and Nobody.

There was an important job to be done and Everybody was sure Somebody would do it. Anybody could have done it, but Nobody did it.

Somebody got angry about that, because it was Everybody's job. Everybody thought Anybody could do it but Nobody realized Everybody wouldn't do it.

It ended up that Everybody blamed Somebody when Nobody did what Anybody could have done.

*Anonymous*

### BEETLE BAILEY



Vii!



# AMI of ILLINOIS, INC. STATE COALITION

Vol. I No. 3

SUMMER

# Stateline

P. O. BOX 863 GLENVIEW, ILLINOIS 60025 312-729-1457



## ILLINOIS Teaming Up!



WELCOME  
to the **3**

NEW AFFILIATES

AMI ILLINOIS GENERAL MEETING, NOV. 1-2  
AT PEORIA, DR. BERT PEPPER, SPEAKER,  
EXECUTIVE DIRECTOR OF THE INFORMATION  
EXCHANGE ON YOUNG ADULT CHRONIC PATI-  
ENTS AND DIRECTOR OF ROCKLAND COUNTY  
CMHC, POMONA, NEW YORK

Looking forward to the fall, the State Coalition is preparing to mark the 2nd anniversary of its inception with a "bang-up" meeting held under the auspices of Tri-County AMI with thirty mental health centers cooperating.

A two-day seminar is being planned. An inservice program for professional care providers is planned for Friday. A panel of parents will be included. Saturday will be directed toward the family members.

Dr. Pepper, a most compassionate psychiatrist, is much in demand as one who speaks our language and understands the difficult, non-conforming young chronics.

An affirmation of the State Coalition purpose, goals, and objectives and the election of the governing board will take place also.

Mark calendars and watch for additional information on this event.

### NEWS FROM AROUND THE STATE

National AMI - NAMI is totally close to 400 affiliates. Due to continuing growth NAMI has moved to larger quarters. NAMI's new address is:

1901 N. Ft. Myers Dr., Suite 500  
Arlington, VA 22209-1604  
Telephone: 703/524-7600

June 27-30 is the Seventh NAMI Convention entitled "Together Families Are Making a Difference." Many of the IL STATE Coalition members will be covering the conference.

AMI of LAKE COUNTY founded in 1984 covers all of Lake County.

SUPPORTIVE FAMILIES OF THE MENTALLY ILL covers Champaign and surrounding counties and was formed in 1983.

VERMILION MENTAL HEALTH AND DEVELOPMENTAL CENTER formed in 1985 covers Vermilion County.

There is AMI interest in Effingham, Edwardsville, Golanda and Jacksonville, IL. We need a knowledgeable person who likes to travel around the STATE to visit new groups and help them in their growth and formation. Anyone interested?

### A DISASTER FOR THE MENTALLY ILL

The Consumer Self-Advocacy Training Conference workshops held throughout the state dramatically emphasized the inability of the mentally ill to speak up for themselves and to establish themselves on equal terms even with others whose disabilities are much more visible. They continue to be among the unseen and unregarded - so much so, that a petition asking for more recognition of their rights among the disabled has been prepared.

No one person or group is to blame. The State Coalition, young as it is, was ill equipped to get out the numbers needed at each meeting place to be a factor in majority rule, so the mentally ill were barely represented at Springfield where the wheel chair brigade took over.

It was clear in the discussions held at the state meetings that the disabled in mind or/and body have similar needs and goals.

## HIGHLIGHTS-MAY REGIONAL MEETING

### 1ST ANNIVERSARY OF INCORPORATION

AMI of IL Inc.-State Coalition marked its 1st anniversary in May at a general meeting hosted by Families, the community support affiliate in Springfield.

Michael A. Belletire, Director of the IDMHDD, gave an overview of the Department's Annual Plan - 1985-1986, the latest in the series of plan manuals begun by him in 1983.

Mr. Belletire stated that, of the \$617 million budget, \$300 million allotted to the mentally ill would be divided \$200 million to state hospitals and \$100 million to community support services. There would be \$35.4 million for new growth. He hopes to improve medical care and raise the salaries of the staffs. The new growth dollars will promote qualitative care in communities and develop the case management of patients approach.

When asked about patients left at Galesburg and Manteno, he stated admissions are no longer being accepted, that Elgin plus two hospitals downstate will absorb clients not going into the community.

When asked about long term housing for the mentally ill, Mr. Belletire said it was too massive a job for mental health. Other agencies needed to be involved.

When asked what the support groups could do, he urged that we read the Annual Plan, keep tabs on what's being done, and let DMHDD know what is liked and not liked in balance!

Elaine Hoff, Deputy Chief, Disabled Persons/ Advocacy Division in the Attorney General's office detailed services provided. Any areas needing to be addressed should be sent to her and she would get them to the right committee.

We were told how to get a bill into the legislature through a sponsor and then we were put through a crash course on addressing the legislature.

Handouts were: The Annual Plan 1985-1986, Legislative "how-tos," Summary of 1984 Goals Attained and an Agenda at the Federal Level for 1985 from MMHA; Seminar Report on Service Needs of Persons Meeting the Federal definition of D.D.'s.

Naomi Flower, Director of Community Services, Lincoln Land Community College, motivated the group with her inspiring talk on volunteerism. Her 3Rs are (1) recruit (2) retain (3) recognize. All of us need to be given a chance to grow on the job and a chance to grow out of the job. A daily and informed smile and thank you always warms the spirit. On that note two days of very rewarding meetings ended.

### IDMHDD RESIDENTIAL STANDARDS

About sixteen persons attending the State Coalition meeting met with Frank Ware regarding the IDMHDD standards. In the meeting there was much discussion and a great deal of information exchanged. It is important to understand that the standards being developed now pertain only to group homes, family care homes, and staffed apartments (daily).

Major provisions of the standards are: construction and fire safety, individualized residential service plans, admission and discharge guidelines, and twelve month utilization review.

If you have questions regarding the standards or additional comment, contact Frank Ware, Box 933, Rock Island, IL 61201 (309) 793-4993.

FAMILIES wishes to thank the Coalition for the opportunity to host the spring general meeting.

It is our hope that the information shared will be useful to all who were able to attend and that they, in turn, will share with those unable to come. We missed you!

From the brief feedback we heard at the meeting, we feel successful and encouraged to continue helping with whatever support we can provide. We made many new friends and look forward to expanding that circle at the NAMI Conference in June at New Orleans. See you all there !!

### SPRINGFIELD FAMILIES

#### AMI-ILLINOIS STATE COALITION

Did you catch our P.O. Box change that was announced in the last bulletin? Please correct your label to read. P.O. Box 863.



# Client Consumer's Corner

Ex-Patients'-Patients'

Mental Health

NATIONAL EX-PATIENT TELECONFERENCE

## EDUCATION FOR THE HANDICAPPED

Beff Womach, Chairperson

The primary purpose of the Education for the Handicapped Committee will be to give affiliate groups direction in determining the local needs of special education students experiencing serious emotional disturbances, as defined in the Federal Register, 1977.

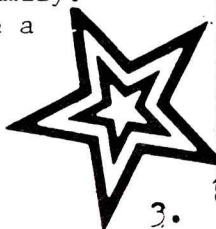
In the state of Illinois these students are identified as Behaviorally Disordered, a term accepted nationally as behavioral therapy and behavior modification have become popular modes of treatment.

It is not too difficult to identify the programs for the seriously emotionally disturbed if labeled Behavioral Disorders, but problems arise in identification when there is more than one problem. The mentally retarded may experience emotional disturbances which are overlooked because of being attributed to adaptive behavior. For that matter, any special education student is more likely than the 'normal' population to incur a serious emotional disturbance and to need added social, emotional and/or behavioral adjustments as part of the on-going treatment.

One other concept to be shared is that of the Developmentally Disabled. A DEVELOPMENTAL DISABILITY IS A SEVERE, CHRONIC DISABILITY THAT MANIFESTS EARLY ENOUGH IN LIFE TO HAVE A PERVASIVE IMPACT ON THE ABILITY TO ACQUIRE BASIC SKILLS AND TO FUNCTION EFFECTIVELY IN SOCIETY.

This population, which includes the mentally ill whose illness developed before the age of 22, consists of those people who are most difficult to serve, who are most likely to need services from a wide range of sources, and who are most likely to be unserved - underserved or inappropriately served precisely because of the complexity of their needs.

AMI - local, state, and national - is here and support for the consumer and family. Together, our involvement can make a difference.



3.

Ex-patients across the country have been engaged in monthly two hour teleconferences. There are 28 phone lines available and several use speaker phones to expand the number who can participate.

The teleconference is provided by a grant from Community Support Program of NIMH with primary developers being Judi Chamberlin and Paul Dorfner both active in Ex-Patients Liberation Organization.

### Troubles

A bridge over the river,  
A bridge over the sea,  
A bridge over the ocean,  
NOW....  
a bridge over me.

I cleared the bridge over  
the river;  
I cleared the one over  
the sea;  
I cleared the one over  
the ocean;  
I can't clear the one  
over me.

### An Opening Heart

Are you disturbed,  
is your heart hanging low,  
is your mind being troubled?  
Have you trouble in your soul?  
All you need is Christ Jesus  
to guide and direct you,  
troubles then depart you.  
Your life will be full....  
and anew.

Debbie Meyer  
Moline, IL 61265

We continue working on our goals of reducing the stigma of mental illness. AMI of Illinois, Inc. STATE Coalition did a mailing to Village Professionals throughout Illinois informing them of our affiliates throughout the state and encouraged these village leaders to set up a file on Mental Illness to be ready to help those in the community that may need help now or in the future.

## Through the Years: AMI Profile

AMI of Illinois Stateline makes a deliberate effort to emphasize the doings of the State Coalition and its affiliates rather than those of individuals but there are exceptions!

As the second anniversary of the coalition approaches, special acknowledgment is due the Illinois families who persevered in urging the formation of the State Coalition. In 1983, at the St. Louis, Missouri NAMI Conference, there was a large enough group to insist on action!

Twelve family support organizations assembled in Bloomington in October - all determined to share equally, regardless of size, in meeting the problems facing the mentally ill and their families in their communities locally and in the state. They have shaped AMI of Illinois. Each, in turn, has been responsible for preparing a program for an individual meeting held at a state mental health facility or at its own facility such as Rock Island's excellent living quarters. Each has provided information and new ideas, attracting new affiliates and binding all members closer together. A salute for hard work well done!

One individual who merits a special accolade is Vi Orr, president of the coalition board of directors. It was she who, when the intended chairperson belatedly cancelled out, met the challenge of preparing an agenda and chairing the first meeting. Call it poetic justice that she, who had presided over the first local AMI in Illinois should also preside at the founding of the State AMI!

The State was fortunate! Vi Orr has a superb talent for organizing and carrying through projects in the most effective and productive manner. Her nine years experience with non-profit organizations and her work training in marketing and direct mail prepared her well for the multitude of problems she and the board have faced and handled during the last year and a half. Always, Vi has worked with, not over, the affiliates during these months of growth in which the Coalition has almost doubled its membership and continues to attain recognition and stature statewide.

Vi knows the problems of mental illness and its disappointments only too well. She is representative of the many individuals who seek and find ways of sharing their anguish with other parents.

In 1976, Vi Orr attended a meeting of the Illinois State affiliate of the American Schizophrenia Foundation which had been promoting family support groups from the 1960's on. (The Schizophrenia Association of West Suburban Chicago, Downers Grove, is celebrating its tenth year, the oldest local affiliate of the Foundation in Illinois.)

Joining similar family members from the north suburbs, Vi helped organize the local Society for Schizophrenia and Related Illnesses (SSRI). When one of its members returned from a legislative hearing in Wisconsin in 1978 and told of meeting a member of the Alliance for the Mentally Ill of Dane County, SSRI set up an exchange of newsletters.

Such enthusiasm was aroused concerning the concept of an alliance, not only locally but nationally, that Vi Orr suggested that SSRI change its name to AMI early in 1979. As a result, Vi, as president, led the members of the first AMI in Illinois in September to the conference in Madison, Wisconsin where, through the efforts of similar family groups from 36 states and Canada, National AMI was organized.

Returning to Illinois, Vi pushed for the consolidation of her AMI, another local Illinois Schizophrenia Foundation family group and a recently formed parent group, Voices. In less than a year, the three combined treasuries and membership lists to become Illinois AMI, a name chosen to encompass members from Chicago and outlying areas.

Always striving for growth and more effective advocacy for the mentally ill, Vi suggested a Northwest Regional Conference, made contact with the Governor's Planning Council for D.D.s which later resulted in a housing grant which started the Better Living Apartments, became a charter member on the board of the 7720 House, a first attempt at providing community permanent housing for the chronically mentally ill. Impatient with results Vi gave up a regular job to work for two non-profit organizations at less salary and benefits which allowed her to concentrate her energies on helping the mentally

# ICE CREAM *Mes Amis* DELI

1724 2nd Ave. — Rock Island, IL

Operated by AMI of Rock Island and Mercer Counties.

Mes Amis, "My Friends" in French, was launched June 19, 1984. Its premise is simple - give the chronically mentally ill work experience in their own ice cream parlor and deli. It started with six employees, paid minimum hour wages, now has 35, working at alternate times, with a waiting list of 70 clamoring for a chance to work.

There were scoffers, but the clients who buy are satisfied and the young employees have raised their heads up and are getting downright cocky at running a restaurant. Groups from as far as Chicago come to see it tick.

Frank Ware, the Alliance executive director, the members of his board, and Dave Prew, architect and former owner of an ice cream store, who became manager, planned carefully. While a state grant paid initial rent, equipment and supplies, Mes Amis is designed to be self-supporting. Its atmosphere is clean and made charming with hanging plants and pictures by native artists. Its honey and mustard salad dressing is so popular, Manager Prew may bottle it to sell. Some of the staff has been hired by other restaurants. "We aren't stopping here" Prew promises, "we'll keep looking for new directions and if they look good, we'll go with them!"

How did we do such a thing!  
(Skipping a digit on your phone number)  
The telephone could never ring!  
We won't blame the typist or proofers  
And we can't promise it won't happen again!  
To err is human, to forgive divine;  
Therefore, we will run this ad a second time!

ALERT-WATCH FOR PRESS RELEASE-NEW IL PERSONAL I.D. CARD AVAILABLE July 1, 1985, FOR PERSONS WITH DISABILITIES-MENTAL, PHYSICAL, DEVELOPMENTAL, VISUAL AND HEARING.

ill. When one of the jobs disappeared at a decrease in funding, as a single parent Vi was forced to take a full-time job. However, she continued working for the mentally ill, giving them as much time by collecting mail during lunch hours, corresponding and doing accounts at home on her own typewriter, using her phone to respond to the many hot-line type requests left daily on the answering machine, pulling together people for a Donahue show and a newspaper series on schizophrenia, compiling membership lists, preparing names for the computer labels, mailing out newsletters and requests for dues, a veritable office force rolled into one person.

That Vi was able to carry a double load through the first months of the State Coalition's formation speaks not only for her dedication and hard work but also for that of other dedicated individuals throughout the state who were investing their time and energy in building a coalition of family group members to protect their constituencies.

Can one person make a difference in the lives of those who suffer mental illness? Vi Orr continues to prove that when we all work together, 1 + 1 does not equal 2, but so much more! Each person in the State Coalition has unique talents and expertise - by sharing and working toward a common goal, there is no limit to what we can accomplish.

## RESEARCH PROJECT NEEDS VOLUNTEERS

Thresholds is looking for adults, frequently hospitalized, to participate in an NIMH-sponsored research project. Participants will be randomly assigned to an assertive outreach program (The Bridge) or a supportive drop-in program (The Lakeview Club). All services are free and available on a long-term basis. Candidates for the project must have accumulated at least 5 psychiatric hospitalizations, including 3 in the recent past. In addition, they should be living in one of the following areas.:

Lakeview, Lincoln Park, Near North, or the Loop. For further information, please call Dave or Dan at 327-7214, and mention this announcement.



# Salute to PEP and Its Founder

## PEOPLE, ENVIRONMENTS, PROGRAMS, INC. (PEP)

"Community mental health cannot succeed without community involvement and support." That was the founding cry of People, Environments, Programs, Inc., PEP, a Chicago based organization working for the chronically mentally ill.

Founded in the late 70's, PEP is dedicated to improving the plight of people with chronic psychiatric conditions. It was started by a young woman, Joan Brogdon, who had been working in an intermediate care facility with deinstitutionalized adults. Initially, the organization was composed of a handful of mental health professionals and para-professionals. Since then, it has grown to a couple of hundred members representing all groups affected by community mental health...ex-patients, lay public, family members, as well as professionals.

PEP's founders strongly believed there were many members of the professional and lay communities, as well as ex-patients and family members, who wanted to actively promote the cause of former psychiatric patients/chronically mentally ill living in the community, but did not see working in an agency an acceptable outlet for their advocacy interests. Further, it was also recognized that there were certain areas of advocacy that such groups were particularly able to address, such as identifying programmatic and funding gaps and addressing the attitudes of the public towards the chronically mentally ill.

So, what does PEP do? PEP's mission is:

- to promote the availability and accessibility of community services for people with chronic psychiatric conditions
- to reduce the stigma of mental illness
- to support worthy organizations that promote the reintegration of former psychiatric patients into the community.

It has two active programs designed to achieve the above mission -- mini-grants and education. The mini-grants program

function is to promote and recognize groups and services that aid former psychiatric patients. Twice a year (spring and fall) PEP awards grants of up to \$1,000 to new, innovative or particularly effective existing programs servicing this special population. The education program is designed to educate and inform ex-patients, professionals, and the public at large through a variety of activities... community seminars, a media program, publication of "Guide to Resources for the Ex-psychiatric Patient", and a newsletter.

PEP is unique because it exists to serve as a catalyst to other community organizations...to be in support of rather than instead of any other community group. The members of PEP are people who care about the plight of the chronically mentally ill and donate their money and time openly and generously to the cause. It is worth recognizing PEP, this growing and special band of advocates for the chronically mentally ill, and be thankful that there are professionals and lay people and ex-patients who not only can work together but who also share the parents' commitment to helping the chronically mentally ill.

For further information about PEP, write to PEP, 1307 W. Granville, Chicago, IL 60660, or leave a phone message at 262-1666.

A machine that detects the infinitesimal firing of messages between individual human brain cells could be a crucial step in understanding schizophrenia, dementia, epilepsy, Huntington's Chorea, Parkinson's and Alzheimer's diseases. Called a Neuromagnetometer, this breakthrough machine picks up tell-tale magnetic fields that accompany the transmission of nerve impulses in the brain - however faint; the super-sensitivity of super conductors provides the first safe, practical way to trace the fine details of brain function. The machine requires no radiation, no injection of dyes into the patient, and it can be operated in an ordinary examining room. Research leaders: Hughes, IEGTC, Hypres, Sperry, Josephon Technology Center. Magnetometer Manufacturer is Biomagnetic Technologies, Inc. Breakthrough by Boardroom Reports, June 1, 1985.

## BRAINSTORMING THE BRAIN

One of the science magazines describes how recent research into brain cells is opening the door to a deeper understanding of how today's therapeutic drugs for mental illness work; this could lead to potent and specific drugs that affect only the target, without unwanted consequences.

Half a dozen of the country's most prominent neuroscientists, including a pair of Nobel Laureates, are surveying what has been learned about the explosive field of brain studies in the last few years. They are finding out that nerve cells are a lot more complicated than ever imagined.

But the new research has yielded clues to more elusive imbalances that cause mental illness. Employing advanced techniques, neuroscientists have found that neurons apparently produce first one set of transmitters and later a different set. This flexibility seems to allow a maturing brain's neurons to respond subtly to changes in internal and external environment by modulating their chemical mix. But it may also backfire, for example, accounting for adolescent's onset of schizophrenia.

Scientists are learning exactly what happens when neurotransmitters reach a receptor. As these chemicals diffuse across the gap from one nerve to the next, they not only set off another electrical impulse, but also stimulate enzymes within the receiving nerve. Knowing how these enzymes go awry should help pharmacologists concoct more precise drugs that could even stave off sure killers like Alzheimers disease as well as mental illness. Discover, 1985.

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## NEW LIGHT ON MENTAL DISORDERS

Seasonal depressions, manic depression and schizophrenia could be caused by defects in the body's day/night timing mechanism (circadian rhythm). Possible treatment: Carbachol, a chemical that mimics the phase-shifting effect of light on the master biological clock in the brain. Animal testing in progress on hamsters.

(Main characteristics similar to humans).  
Pioneer: Dr. Fred Turek, professor of neurobiology and physiology, Northwestern University. Breakthrough by Boardroom Reports.

## THE BRAIN

For those of you who missed Public Broadcasting System's series on "The Brain" and cannot wait for WNET/New York's anticipated rerun this fall, read Dr. Richard Restak's book, The Brain: The Last Frontier (1982). It tells the story of humanity's quest to "understand the organ of understanding", and the relationship between brain and mind from antiquity to the latest research at National Institute of Mental Health.

Dr. Restak, trained originally as a psychiatrist, became uneasy at his lack of biological knowledge of the brain. Therefore he studied neurology also. This dual training makes it possible for him to write with a clarity that makes his book vividly readable; yet he does not overwhelm the lay reader with too sophisticated language or scientific jargon. Several AMI members have found it fascinating for its breadth of knowledge.

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## BRAIN DONORS

Along with the tremendous growth in new biochemical knowledge evidenced by television, lectures, and books, it is appropriate to mention the particular need for brain tissue for neurological research.

The Brain Tissue Resource Center has established a 24-hour answering service, and has set up a mechanism for collecting a brain from anywhere in the country. For emergency situations, call Area 617, 855-2400, which is answered 24 hours a day, 7 days a week. For additional information, write:

Edward D. Bird, M.D. Director  
Brain Tissue Resource Center,  
McLean Hospital  
115 Mill St., Belmont, MA 02178



NEW BULLETIN ON FLU-LIKE ILLNESS AVAILABLE

An Information Bulletin on Chronic Epstein-Barr Virus Infection (CEBV) has been published to assist patients and doctors by answering some of the most common asked questions about this illness, sometimes referred to as chronic mononucleosis. The Information Bulletin explores questions about the illness and lists articles which may be of assistance to patients and their doctors.

CEBV is a newly recognized flu-like illness which may persist for years. Because of the diverse, numerous and somewhat bizarre nature of the symptoms, CEBV is often mis-diagnosed, or the patient is thought to be a hypochondriac. The characteristic symptoms are: extreme fatigue/exhaustion; muscle aches/weakness/twitching/spasms; joint pain; headaches, swollen lymph nodes; sore throat; intolerance of heat/cold; lack of coordination; numbness; sensitivity to light and noise; rashes, hair loss, eyelid, facial, hand and finger swelling; anxiety; personality changes; palpitations; depression; as well as other baffling symptoms. The illness has been linked to unusual flare-ups of the virus in the herpes family which causes mononucleosis.

Studies by three medical doctor-researchers on CEBV have been reported in professional medical journals recently. The researchers have indicated that the illness is especially troubling because it is difficult to detect by routine medical tests despite its obvious symptoms. Many patients, unable to obtain a diagnosis of their illness, have been referred to mental health providers since the patient is thought to have an imaginary illness.

Copies of the Information Bulletin are available free on request. Send a stamped (22¢) self-addressed envelope to: Minann, Inc., Box 582 A, Glenview, IL 60025.

A certificate of Recognition was presented to AMI-Illinois STATE Coalition for outstanding volunteer contributions on behalf of people at Elgin Mental Health Center. Vi Orr was on hand to receive the certificate for the STATE Coalition. Certificate was signed by J. R. Thompson, Governor and signed and distributed by R. J. Mackie, Director of EMHC.

ILLINOIS GUARDIANSHIP AND ADVOCACY COMMISSION

123 West Madison  
Chicago, IL 60602  
(312) 793-5900

Office of State Guardian:

Serves as "guardian of last resort" for disabled adults

Legal Advocacy Service:

Provides legal assistance to the mentally ill, developmentally disabled and physically handicapped of all ages.

Human Rights Authority:

Investigates complaints of rights violations by service providers and makes recommendations for correction.

Regional Offices:

Alton (618) 465-2045  
Carbondale (618) 529-4167  
Champaign (217) 333-4999  
Chicago (312) 996-1650  
Elgin (312) 742-2724  
Peoria (309) 671-3350  
Rockford (815) 987-7657  
Springfield (217) 786-6760  
Tinley Park (312) 429-2050

A new booklet available: Excerpts from Surviving Schizophrenia by E. Fuller Torrey, M.D. Information covered includes signs and symptoms of schizophrenia, characteristics of the illness and causes of schizophrenia.

For a free copy, write to:  
Squibb Professional Services Dept.  
Lawrenceville-Princeton Rd.  
Princeton, NJ 08540

Many callers are concerned about setting up wills and trusts. An informative book: Alternatives: A Family Guide to Legal and Financial Planning for the Disabled by attorney L. Mark Russell may be obtained from the National Alliance for the Mentally Ill for \$11.95 which includes postage and handling. (Paperback-1983). The book is designed to give information to family members on how to provide for disabled relatives. Chapters on wills, guardianship, trusts and financial planning is written for the layman.

To build a new relationship between families and practitioners, the Mental Health Association in Rockland County, New York, held a conference called "Bridging the Gap" in December of 1983. Some guidelines for clinicians, families and agencies came from this conference. For clinicians, guidelines included "Share information and communicate with the family, promptly and openly." For families, guidelines included "Learn about and cooperate with the treatment plan" and "Invite therapists to attend family support group meetings as guests." For agency guidelines included "Twenty-four hour meetings as guests." For agencies guidelines included "Twenty-four hour crisis intervention, with the capacity for home visits," and "Programs on a psychoeducational model to enhance families' expertise as caregivers."

*Our Greatest Asset  
Your Goodwill*

NEW HORIZON CLUB  
A \$250.00-\$500.00 donation is an excellent support commitment to our cause.

THE ANCHOR CLUB  
A 501.00-\$1,000.00 donation provides us financial stability and is a clear declaration of the donor's confidence in our future.  
Members:  
Mr. and Mrs. Willard Gieske  
Mr. and Mrs. Paul McGuire

YOUR OFFICERS: AMI-ILLINOIS, INC.  
STATE COALITION

Vi Orr, President	312-729-1457
Chicago	
John Plesko, Vice President	815-842-1514
Pontiac	
Pat Mooney, Rec. Secretary	309-699-6346
Peoria	
Imelda Smith, Corr. Secy	309-745-5338
Washington	
Robert Dell, Treasurer	815-498-2277
Sandwich	

DONOR CARDS

Many families are using the donor card program to send memorials and honorariums.

Don't forget to send cards for happy times also; birthdays, anniversaries, celebrations or a way of saying thank you for a service.

These funds are used in the efforts for an improved quality of life for the chronically mentally ill in Illinois.



To: **Alliance for the Mentally Ill of Illinois, Inc.**  
**State Coalition**

In memory of/in honor of \_\_\_\_\_

Acknowledgment to be sent to:

Name \_\_\_\_\_

Street \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Donor \_\_\_\_\_

Street \_\_\_\_\_

\$ \_\_\_\_\_ City/State/Zip \_\_\_\_\_  
Amount

While we are all working for you -you can also join us in our efforts! Your donations are tax deductible.

SEND CONTRIBUTION TO  
**AMI—Illinois, Inc.**  
P.O. BOX 863 Glenview, IL 60025

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Parent/Family       Friend  
 Professional       Organization  
 Patient/Ex-Patient

Your donations and contributions continue to make the printing and distribution of this newsletter possible.

**Thank you very much.**

# Get Acquainted With Your Affiliates

The Tri-County AMI, serving residents of Peoria, Tazwell, and Woodford Counties, grew from a nucleus of five families working with the help of a former employee of the Illinois Guardianship and Advocacy Commission. We are incorporated as a not-for-profit organization and have been an affiliate of NAMI since 1981.

In 1983 we were one of the founding members of the State Coalition. Our first President, Pat Mooney, and our current President, Imelda Smith, are both officers of the Coalition. Tri-County AMI will host the big two-day general meeting featuring Dr. Bert Pepper, in November.

We presently have 25 active families involved. In a large part, Tri-County AMI was formed because of a need felt by families to talk over common problems and concerns. An equally important task was promoting the development of quality care in the community. Professionals in the mental health field have helped us from the beginning and are always welcome to become members and attend meetings.

Meetings are held the first and third Thursday of each month at the Arcadia Presbyterian Church in Peoria. The first meeting centers around educational programs to gain insight into factors precipitating illness and to reduce the stigma associated with the disease. The second session allows alliance members to bring up problems they are experiencing. The two meetings allow our members to gain knowledge and to share common problems and feelings in seeking to alleviate the suffering of our mentally ill.

## BREAKING POINTS

by Jack and JoAnn Hinckley  
with Elizabeth Sherrill

While many parents who have mentally ill children may see themselves in this book about the Hinckleys and their son, unless the many, smug and sure that nothing like this could happen to them, bother to buy it and really read it, it can make little change in the public attitude.

Perhaps the many appearances the Hinckley parents are making may help to impress the general public with the knowledge that mental illness can be totally unexpected. Also it may encourage other parents who keep their tragedies behind locked doors to join those of us who are working in the Alliance for the Mentally Ill, attempting to further research, erase stigma, and better living conditions.

Your letters and news items are always welcome. Please sign your materials but advise if you do not wish your name to appear in print. Depending on subject and space, your contribution may be edited and condensed. If item is too late for deadline, subject matter will be submitted for next issue.



**ALLIANCE** for the **MENTALLY ILL of ILLINOIS, INC.**  
STATE COALITION  
P.O. BOX 2363  
GLENVIEW, ILLINOIS 60025

NON PROFIT ORG.  
U.S. POSTAGE  
PAID  
Glenview, Il. 60025  
Permit No. 218



# AMI of ILLINOIS, INC. STATE COALITION

DECEMBER, 1984

# Stateline

P.O. BOX 2363 GLENVIEW, Illinois 60025 815-842-1514 312-729-1457

# Seasons Greetings

## LETTERS FROM GRATEFUL READERS

Dear Vi:

It was exciting to read about the new Illinois State Alliance, especially since I was in on the formation stage in St. Louis. The time is right for state organizations to draw different groups together and to keep our main goals in mind, to educate, provide support and advocate ..... as NAMI's Chairman of Membership Committee, I welcome you.

Sincerely,  
Nancy P. Masland

## Here are excerpts from some other letters received:

...."fantastic and it's about time!"

"Contratulations on a job well done."

"You're on the way, great."

...."the State Coalition has long been a personal dream of mine. It's existence can only improve services for the mentally ill as well as provide hope and support for them and their families."

"Keep up the good work. We are behind you all."

...."thanks to your hard work on behalf of the State Coalition."

Many other responses have been as enthusiastic and encouraging. While these heartfelt replies spur us on to continue with our important work...we need the help of each and everyone to reach our goals. Why not take part? We can develop your skills.



A new star has been added.

WELCOME  
TO  
"FAMILIES"

our new Springfield affiliate.

Our new affiliate has offered to host our next regional meeting in Springfield with a tentative date set for May 3 and 4, 1985.

Plans are in the making but we hope for a day and half educational and training workshop for all affiliates and their members.

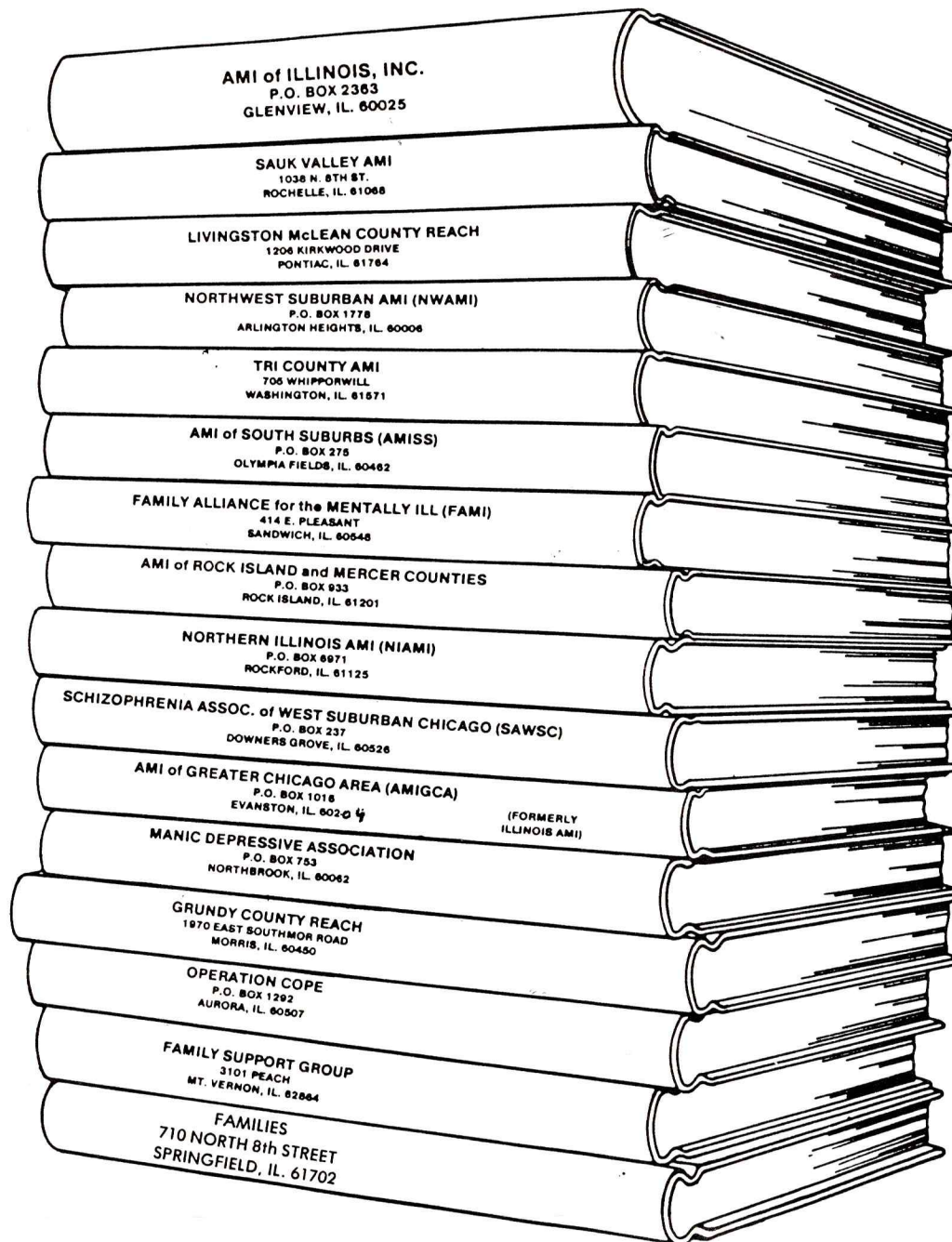
The program will be on legislation. Workshops may include how a bill is passed; meeting and working with your local legislators. We will keep you informed as plans become finalized. Please mark your calendar ..... May 3 & 4, 1985.

## AMI-ILLINOIS OFFICIAL STATE SEAL



We wish to give recognition to talented Anne Orvieto and to Marianne Green for their art designs and camera ready work on the above Stateline Mast-head, for the Design of the

State Seal, our logo and letterhead. How great to be so creative! With deep appreciation to you both for your donation of your time and talents.



OFFICERS SERVING YOU

AROUND THE STATE

Vi Orr, President (Chicago & Suburbs)

A founder of Illinois Alliance for the Mentally Ill..their name was changed to AMI of Greater Chicago Area so as not to be confused with the STATE organization.

Contact: 312-729-1457

John Plesko, Vice-President (Pontiac)

Livingston-McLean County Reach

Contact: 815-842-1514

Pat Mooney, Recording Secretary  
(East Peoria)

Tri County AMI  
Serving Peoria, Woodford, Tazewell,  
Counties

Contact: 309-699-6346

Imelda Smith, Corresponding Secretary  
(Washington)

Tri-County AMI

Contact: 309-745-5338

Robert Dell, Treasurer  
(Sandwich/Somonauk)

Family Alliance for the Mentally Ill  
Serving DeKalb, Kendall, Northern  
LaSalle Counties

Contact: 815-498-2277 Days  
815-786-6341 Evenings

From the President's Desk

1984 SUMMER AWARENESS

Art shows, carnivals and street fairs all have folks in booths selling for their favorite charity.

Bake sales and garage sales advertise profits to the aged, the elderly, the senior citizens and the handicapped.

Craft shows and boutiques display handmade items, homemade goodies, especially during the holiday season.

Many clubs and societies are hard at work....

Lions for the blind and deaf  
Kiwanis sell peanuts for the retarded  
Jaycees cook for youth  
VFW and Legionnaires have fish fries  
and work for the veterans  
Jerry Lewis appeals for MS  
Danny Thomas ...St. Jude, for the  
crippled children

Aproned workers with their collection cans stand at street corners collecting for their charities.

Small neighborhood businesses have large glass containers or gum ball machines collecting for special causes like "help the animal" society. Dollar bills fill the jar!

House tours, flower festivals, Santa Claus hops, ice cream socials and garden walks.

Bingo games and Vegas nights, marathons, telethons and phonathons...isn't it time we stood up to be heard?

Does the Forgotten Children's Fund include the mentally ill? Where are those to help the mentally ill?

Here we are now...NAMI in Washington DC  
28 + State organizations.  
222 + AMI affiliates throughout the  
50 states - - let's gather together our  
ideas and talents in unification.

Vi Orr

RESOURCES

Ex-Patients - Contact: Ed Vonlindern  
Mental Health Advocacy Group  
P. O. Box H  
Palisades Park, NJ 07650

Siblings - Contact: Julie Johnson  
4642 Garfield Ave., South  
Minneapolis, MN 55402  
(They have Siblings newsletter and local contacts.)

HELP (Help Encourage Loved Ones in Prison) - Contact:  
Madeline Goodrich  
12 Longmeadow Rd.  
Lincoln, MA 91773

Task Force for the Homeless - Contact:  
Pat Duncan  
10321 Dover Dr.  
Yukon, OK 73099

Children of Mentally Ill Parents  
Contact: Roselyn Wealth  
1717 Calamia Dr.  
Norristown, PA 19401

Protection & Advocacy Board services  
are available free of charge to the  
mentally disabled.

Contact:

Chicago 60601  
160 N. LaSalle St., Suite 435  
312-793-3536

Rockford 61101  
206 W. State St., Suite 800  
815-965-7556

Champaign 61820  
202 W. Hill St.  
217-782-7759

Carbondale 62901  
205 W. Main St.  
618-549-2553

Community Support Project for Illinois Affiliates. Films/Tapes. List received too late for publication - - check our next issue or write to:  
Illinois Dept. of Mental Health & DD  
Jean Summerfield, MI Division  
160 N. LaSalle St., Rm 1500  
Chicago, IL 60601



## ILLINOIS AFFILIATES & ORGANIZATIONS



Illinois affiliates are invited to send in their news to share; newspaper clippings, radio and TV shows you have participated on, a successful benefit. While each affiliate may view things differently or have special objectives to maintain, we all share similar concerns in our work for the chronic mentally ill.

THIS IS YOUR COLUMN.

CARING

SHARING



### UNITED STATE AFFILIATES

Our newly formed AMI-ILLINOIS, INC. STATE Coalition wishes to have an exchange of newsletters from around the country in order to bring current information to our affiliates.

We invite other chapters throughout the United States to send us their newsletter and to add AMI-I to their mailing list.

## **AMI of Illinois, Inc. State Coalition**

P.O. Box 2363  
Glenview, Il. 60025

### STATE EMERGENCY TELEPHONE TREE GETTING ORGANIZED

Kay Periera, AMISS affiliate, had diligently worked up the telephone tree to be activated when there is a need to communicate emergency information to affiliates.

If you haven't returned your card with your 2 names (Mailed to you Nov. 5), please return as soon as possible to:

Kay Periera  
10504 S. Kenneth  
Oak Lawn, IL 60453

When all the cards are in Kay will draw up procedures on how the phone tree will work.

## **Client Consumer's Corner**

Would you like to help yourself think and feel better? Would you like to help yourself by helping others?

Why not "check out" some of the following self-help/mental health groups? Why not become a regular member and work toward getting better?

### GROW

Chicago: (Midweek mornings) 312-282-8309  
Other areas of Illinois 217-352-6989

### EMOTIONS ANONYMOUS

Chicago: Answering service:  
312-383-0200  
Areas outside of Chicago:  
International Services:  
612-647-9712

### MANIC DEPRESSIVE & DEPRESSIVE ASSOCIATION OF CHICAGO

Chicago: Answering service:  
312-446-9009

### RECOVERY, INC.

Statewide: Mr. Farwell: 312-337-5661  
or call me, Stanlee: 312-668-3652  
or the Self-Help Center: 312-328-0470

By Stanlee  
Your Consumer Columnist

## **Reaching Out—**

One of our goals is working on reducing the stigma of mental illness. Our educational program is underway. We aim to educate the general public and with the help of everyone.

AMI-I did a mailing to 1160 registered Psychiatrists throughout the State of Illinois. Our newsletter with facts about the affiliates, our goals and objectives was mailed along with a cover letter.

We asked the Doctors to work with us in reducing the MI stigma; to speak out for better programs; on issues affecting the mentally ill; to join us to improve medicare, medicaid and insurance issues; to encourage more research; to work on community support programs through local mental health centers, etc.

Response from that mailing has been very positive. Many have written back telling us they support our goals.

## FUND RAISING

### RAFFLES/WHITE ELEPHANT SALES

At our regional meetings we raise money and have fun doing it by raffling prizes. If you have a donation, please contact the STATE representative in your area. What can we use?

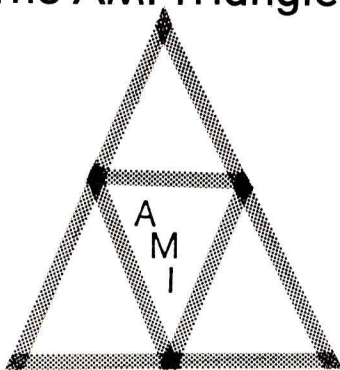
- Any duplication of gifts. You don't need two of the same kind!
- The present you received but doesn't fit your style or era or the color is wrong.
- Aunt Jane's gift, that you didn't like and hid away, could be someone's treasure.
- Art objects that appealed to Cousin Jean but not to you.
- Special gifts you bought "on sale" but never put to use.
- Donate your talent by your art work, candle and jewelry making, knitting, plants, etc.

Let your imagination soar. All the above could be turned into cash painlessly. All monies donated to the STATE treasury will help defray printing, xeroxing, mailings and postage.

### GARAGE SALES/BAKE SALES

Affiliates, families and friends could work together and do their own fund raising for the STATE. Toy showers, Tupperware parties and bake sales... there is no end to ideas if you set your mind to working for our cause... a better life for the mentally ill.

## The AMI Triangle



NATIONAL

STATE

LOCAL

The Triad... a union of three closely related groups all needing your financial support as we continue to work together to ensure effective and efficient progress. We need to support all three to see our dreams come true.

### ANNUAL FUND

This is our first annual appeal for STATE Funds. The annual fund drive is responsible for initiating and facilitating ongoing support from volunteers, parents, friends, professionals, relatives of AMI-I. The donations are allocated to the running of our newly formed organization... to maintain communication between affiliates, to help reduce the stigma of mental illness through direct mailings, flyers, posters, brochures. The Annual Fund will become an integral part of our budget.

We like to extend our appreciation and thanks to all donations of supplies and to all volunteers who, through their time, efforts and enthusiasm, have helped us get started.

It is important that the momentum started in our early months through our friends and supporters is continued. Everyone needs to help now.

Fill in the application blank below and pass the remittance envelope enclosed with this newsletter to others... friends, family and neighbors.

Your charitable gift is deductible.

"We haven't got it made but we're making it"... with your help.

While we are all working for you -you can also join us in our efforts! Your donations are tax deductible.

SEND CONTRIBUTION TO

**AMI—Illinois, Inc.**

P.O. BOX 2363 Glenview, IL 60025

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

- Parent/Family       Friend  
 Professional       Organization  
 Patient/Ex-Patient

FUND RAISING

YOUR  
MENTAL  
HEALTH  
ADVERTISEMENT  
HERE

SUPPORT THE ALLIANCE and advertise your mental health services:

- |           |                  |
|-----------|------------------|
| Doctors   | Housing          |
| Lawyers   | Workshops        |
| Hospitals | Respite Care     |
| Programs  | Residential Care |
|           | Social Workers   |

Any ad helping the mentally ill and their families. Your ad should be undated (no deadlines and no fund raising advertisements).

Donations \$ 25.00

KUDOS TO PAST SPEAKERS

For helping to educate our affiliates and membership we wish to thank the following fine speakers who helped get us off to a good start in 1984.

Mr. Edwin Goldman, Administrator, Region 2, Elgin Mental Health Center.

Richard Hills, Executive Director & Builder, Chestnut Hill Psychiatric Hospital, Travelers Rest, SC.

Zena Naiditch, Executive Director, Protection and Advocacy Board

Dr. James Grot, Administrator Region 6, Tinley Park Mental Health Center.

LEGISLATION

Now that the election is over learn who your local legislators are and make yourself known to them.

"Families must get involved if there are to be any changes or help for the mentally ill."

COMPANY MATCHING FUNDS

Many companies will match your charitable gift giving. Check with your company and take advantage of additional funds. Forms are provided by contributing companies.

NEW HORIZON CLUB

A \$250.00-\$500.00 donation is an excellent support commitment to our cause.

THE ANCHOR CLUB

A \$501.00-\$1,000.00 donation provides us financial stability and is a clear declaration of the donor's confidence in our future.

-----  
HONORARY ADVISORY BOARD - OCTOBER 1984

Mrs. Patricia A. Quirk  
Chairman, Community Mental Health Board of Chicago

Zena Naiditch  
Executive Director, Protection and Advocacy Board

Gerald Heisinger  
Psychologist, Sinnissippi Mental Health Center

Frank Ware  
Executive Director, AMI of Rock Island & Mercer Counties

Jan Larson, M.S.W.  
Staff Social Worker, The Menninger Foundation

Mrs. Joslyn H. Kirkegaard  
Vice-President/Corporate Secy.  
Chestnut Hill Psychiatric Hospital

Gregory A. Teas, M.D.  
Psychiatrist

Mary Jane McCorkle  
Director Community Support Program

Mrs. Dee Beaubien, M. .  
Family Support Program Coordinator

Thomas T. Turlentes, M.D.  
Executive Director, Comprehensive Community Mental Health Center of Rock Island & Mercer Counties

# Get Acquainted With Your Affiliates

The Livingston/McLean County REACH group was formed about five years ago. Dr. Douglas Bey, a psychiatrist in the Bloomington-Normal area, recognized the needs of parents and family trying to cope with chronic mental illness in their loved ones. He enlisted the support of Dr. Garms, a psychologist, and Nancy Peterson, a social worker with Brokaw Hospital, who as a team organized a family workshop. By meeting together for eight sessions, both family members and professionals learned a great deal, and at the end of the series many of the group opted to stay together as a group to achieve goals they had identified. The primary goal was to improve the quality of life for their suffering family member. The second major goal was to support each other so they would have the strength to survive. Housing and public education were also important goals.

The name REACH was adopted from literature of another organization that had similar goals.

About that time Jim Whitehead, president, and John Plesko attended the NAMI meeting in Chicago and REACH then affiliated with NAMI.

Membership in the two-county group has fluctuated through the years. But most of those who have attended at some time still retain an interest in the group even though they do not all attend meetings. Our newsletter is sent to 40 persons and families.

Meetings are held once a month at 7:30 P.M. on the third Thursday of each month at Brokaw Hospital in Normal. Livingston County members also meet once a month to work for additional services that are different from those in McLean County.

Livingston/McLean County REACH hosted the first meeting after St. Louis to form the State Coalition.

## COMMUNITY INVOLVEMENT

Did you know that some state facilities are in constant need of clothing for their patients?

Warm, useable and washable items that are in good condition are appreciated. Men's and women's undergarments are particularly needed.

There are MI's living in state facilities who have no one looking after their needs. No family or relatives... one might keep this in mind when closing estate or when moving to warmer climate.

Check with your local state facility to see what your affiliate can do for Community Outreach. Items discarded by family members could be easily used by others.

Bingo items...cards, puzzles, gum, candy, combs, socks and writing materials are very useable items that would make a recipient happy when one is unable to purchase their own.



**ALLIANCE** for the **MENTALLY ILL** of ILLINOIS, INC.  
STATE COALITION  
P.O. BOX 2363  
GLENVIEW, ILLINOIS 60025

Address Correction Requested

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Glenview, Il. 60025  
Permit No. 218



# AMI of ILLINOIS, INC. STATE COALITION

SPRING, 1985

# Stateline

P.O. BOX 863 GLENVIEW, Illinois 60025

312-729-1457



## Don't miss these special events!

### AMI ILLINOIS REGIONAL MEETING, MAY 4-5 AT SPRINGFIELD, MICHAEL BELLETIRE, DIRECTOR DMHDD TO BE THE SPEAKER

The STATE Coalition Regional Membership meeting will be held on May 4-5 at Springfield, Illinois at:

STATE HOUSE INN  
101 E. Adams  
Springfield, IL 62701

For reservations at the Inn call 217-523-5661 and be sure to give AMI of Illinois' name for special rates.

Costs are:     \$38     Single room  
                  \$42     2 people 1 bed  
                  \$44     2 people 2 beds  
                  \$ 5     rollaway  
                  \$4.50 Luncheon (soup & sandwich)

Mr. Michael Belletire, director of DMHDD will be the featured speaker. Motivating and Legislative workshops will keep everyone inspired in the afternoon.

Early evening we will be guests of "Families", Springfield AMI affiliate at a getting acquainted and socializing wine and cheese party.

For more information call:

Barbara Hortberg at M.H. Center in Springfield at 217-525-1064  
Lynn Houser, Families Pres. 217-787-0737  
Glen Kniss 217-525-3538 (evenings) or 217-525-7700 (mid-day)  
Vi Orr 312-729-1457 in Chicago area

### COMMUNITY MH BOARD OF CHICAGO MEETS MAY 17 FOR 20TH ANNIVERSARY

On Friday, May 17, the Community Health Board of Chicago, Inc. will celebrate its 20th anniversary. The occasion will be commemorated by a luncheon on May 17 at the Bismarck Hotel, Randolph and LaSalle Streets, 12 noon. The Key-note Speaker will be Illinois Speaker of the House Michael J. Madigan who will talk on current issues in mental health.

The Chicago Mental Health Board of Chicago is a volunteer organization composed of two delegates from each of the 19 community mental health centers of the city of Chicago. It serves as the official advisory board to the Mayor, the City Council, and the Department of Health on all matters concerning mental health services.

The Community Mental Health Board of Chicago was the foundation of the community-based mental health services in Chicago. During its 20 years of service, the Board has raised millions of dollars for the mentally ill of Chicago. The group has lobbied on the state, city, and federal levels for the improvement of services and benefits to the mentally ill. Call 744-8033 for ticket info.

### WELCOME TO BELLEVILLE!



A new star has been added.

WELCOME  
TO  
"SOUTHERN ILLINOIS AMI"  
our new Belleville affiliate.

# Reaching Out—

PLEASE NOTE!

## PARTICIPATION IN PLANNING: STATEWIDE HEALTH PLAN

The Alliance for the Mentally Ill of Illinois (AMI Statewide Coalition) along with other consumer representatives was invited to participate in a review revision for planning activities of the State Health Plan for Illinois. Mental Health is found under Chapter 7 of the plan.

Federal statutes under Public Law 93-641 requires triennial review and updated revision of the State Health Plan. A meeting was held for orientation purposes on Jan. 4, 1985 in Springfield at the Dept. of Public Health. Information was provided from the 1982 Plan and recommendations were requested for 86 thru 88 plan.

We in Springfield were pleased to hear from Vi Orr that the Coalition had an interest in this planning effort. We agreed to provide an update on the meeting and did mail information resulting from the first session back to Glenview. Our task was to respond which we did by recommending that the Mental Health component (Chapter 7) goal statement include a positive statement regarding mental wellness and a commitment to education for the patient and family, and a public awareness effort as well.

The schedule of the Statewide Health Coordinating Council Planning Committee for this review and revision process began in November of 1984 and will be completed by August 1 when it is expected that the Plan will be delivered to the Governor and Region 5, the Department of Health and Human Services.

Lynn Houser and Barbara Hortberg have attended these meetings on behalf of the Springfield families Group, the Statewide Coalition and the Mental Health Center in Springfield representing the interest of the patient.

Should you have further questions or interest in information on the input for the Plan development, contact Vi Orr or write to Lynn at 710 N. 8th St., Springfield, Illinois 62702.

## RESEARCH PROJECT NEEDS VOLUNTEERS

Thresholds is looking for adults, frequently hospitalized, to participate in an NIMH-sponsored research project. Participants will be randomly assigned to an assertive outreach program (The Bridge) or a supportive drop-in program (The Lakeview Club). All services are free and available on a long-term basis. Candidates for the project must have accumulated at least 5 psychiatric hospitalizations, including 3 in the recent past. In addition, they should be living in one of the following areas: Lakeview, Lincoln Park, Near North, or the Loop. For further information, please call Dave or Dan at 27-7214, and mention this announcement.

## REACHING OUT

AMI parents who have children living at home might try getting together with a small group (perhaps 5-10 families) of other parents and their offspring for a weekend night supper. Each family supplies a designated dish to support the entree provided by host's family. It has been tried - and enjoyed by all.

Social workers in charge of group homes or overseeing apartments might match volunteers to residents as a "friend" for several hours each week - walking, talking, shopping, lunching, etc. Volunteers could be students in mental health from nearby colleges, or from churches; they could attend a short training program run by social worker, who could even ask for monthly reports from each pair.

## AMI-ILLINOIS

### P.O. BOX CHANGE

We have moved from P.O. Annex to the main post office. Everything remains the same, but our box # has been changed. Please correct your label to read P.O. Box 863.

## Letters

### Ex-Patients - Mental Health

#### PARENTS OF HANDICAPPED CHILDREN

As you know, the role of the Illinois State Advisory Council on the Education of Handicapped Children is to advise the governor, the legislature, and the Illinois State Board of Education about the unmet needs of children in special education in the State of Illinois. I am the parent of a handicapped individual, and I was appointed by Gov. Thompson to serve as one of the two parent representatives on the council.

It is my sincere wish to gain input from parents on specific issues as they come before the council as well as on issues that parents feel should come before the council. In addition, I would like input from parents regarding unmet needs that parents feel exist in any area of special education as well as how their children's needs have been successfully met through special education programs.

A combination April and May meeting in Rock Island has been tentatively set for April 25th and 26th subject to the approval of the council. The first day of the meetings is for committee work, and the second day is for the public meeting.

If possible, attend the council meetings and comment on the issues that will come before the council. The members of the council are respectful of anyone who wishes to comment, and I believe that you would feel comfortable at the meeting. Your views are vital. If you cannot attend the council meetings, please feel free to write me so that your ideas are heard along with the ideas of the administrators, special education directors, teachers, state agencies, consumers, and others who are represented on the council.

Mary McDermed  
1711 Evergreen  
Homewood, IL 60430

*a mind is a terrible  
thing to waste ~*

#### 1985 CONFERENCES

##### Community Support Program (CSP) Learning Community Conference

PLACE: Washington, D.C.

DATE: April 27-May 1, 1985

SPONSOR: Natl Inst, Mental Health (NIMH)  
WHAT: pot-pourri of MH system people and  
bureaucrats

CONTACT: Ann Patla, Project Director  
COMMUNITY SUPPORT PROJECT  
Ill. Dept. MH and DD  
160 N. LaSalle (15th Floor)  
Chicago, IL 60601  
(312)793-3785

##### National Mental Health Primary Consumer Conference

PLACE: College of Notre Dame of Maryland,  
Baltimore, MD

DATE: June 19, 20, 21, 22, 1985

SPONSOR: On Our Own, funded by CSP of NIMH  
WHAT: ONLY for patients who have been  
patients in psychiatric facilities,  
meeting expressly for discussing the  
development of patient run alterna-  
tives and a national patient/ex-  
patient organization

CONTACT: ON OUR OWN  
5422 Belair Road  
Baltimore, MD 21206  
Attn: Peg McCusker  
(301)488-4480

##### Conference for Human Rights and Against Psychiatric Oppression

PLACE: Living & Learning Center, Univ. of  
Vermont, Burlington, Vermont

DATE: August 1 thru 6, 1985

SPONSOR: VERMONT LIBERATION ORGANIZATION

WHAT: This will be the 13th annual meeting  
of people in our country who have  
been or still are consumers of the  
mental health (psychiatric) system.  
People attending usually pay their  
own way.

CONTACT: Paul Dorfner  
Vermont Liberation Organization  
RD #1  
Johnson, Vermont 05656  
(802)635-7547

By Stanlee  
Your Consumer Columnist

312-668-3652

## Educational

## Inspirational

### CONGRATULATIONS!

Seven state agencies were awarded CAP ((Client Assistant Project) grants by DORS (Department of Rehabilitation Services) in March, 1985. These grants were given to promote CAP, the new program established to assist the disabled members of our communities to obtain their rights in daily living situations.

Of particular interest to AMI support groups and all other disabled is the grant given the Council for Disability Rights. It provides funds for a Consumer Self-Advocacy Training Conference which the Council has converted into five mini-conferences and a major three-day conference.

The local workshops are scheduled on Saturdays (9-5) as follows:

- April 13 - Moline at Augustana College
- April 20 - Champaign-Champaign Univ, Inn
- April 27 - Collinsville - to be announced
- May 4 - Joliet-Renaissance Center
- May 11 - Chicago - Holy Trinity School  
1900 W. Taylor

Supply your own lunch and transportation. Choose the date and city most convenient.

From each of the five local workshops, five participants will be selected to spend three days in Springfield during June (all expenses paid) along with thirty or forty leaders from the disabled community. While the goals of the mini-conference shall be to inform persons of their rights and to develop local consumer groups to support the development of centers for independent living, the long-term goal of the Springfield Conference shall be to develop a statewide coalition of people with disabilities.

AMI AFFILIATES, use this opportunity to advertise this meeting in the surrounding cities and counties to gain new members and stimulate the formation of new AMI support groups. For further information about the workshops and registration, please write or call the Council for Disability Rights in Chicago at (312) 922-1093 (voice or TDD).

### EVANSTON ENDS LONG HOUSING BATTLE

Evanston Mayor James Lytle quickly signed Illinois' first licensing ordinance for small group care homes for the mentally ill and developmentally disabled.

The landmark measure, passed by the Evanston City Council, allows for group homes with as many as 15 residents to be opened about a half mile apart in residential neighborhoods. Evanston aldermen made it clear they want the homes for Evanston residents only.

There are now three such care homes in the suburb. Officials said it may be several months before others could comply with the requirements of the complex, 90-page ordinance and open their doors.

Evanston families of the mentally ill and developmentally disabled have been the chief proponents of the legislation. Members from AMI of Greater Chicago were active participants on the task force planning the zoning and regulations for the housing during the long 7 year battle.

### WORKSHOPS ON HOMES FOR MI'S AND DD'S

The Mental Health Association of Illinois with veteran Springfield lobbyist Dick Lockhart and the Public Affairs chairman, Jan Holcomb of Kildeer will conduct legislative workshops throughout the state and present timely information on the status of homes for citizens with long term mental and/or developmental defects, who require services by mandate and public safety.

The first workshop was held in February in Ogle County with an invitation to our Sauk Valley AMI affiliate to participate.

Future workshops will be held in Bloomington, Peoria, Champaign and Springfield and all AMI affiliates are invited. Local County Mental Health Association will contact local group as to where and when future workshops will be held.



# THINGS WE CAN'T KEEP QUIET ABOUT

## STIGMA

Do you write or call your TV stations when there is good coverage of mental illness?  
Do you write also when a bad image has been screened? Thresholds did - here is their letter to Q101 Productions.

*We, the members and staff of Thresholds, are writing to object to your tasteless and stigmatizing commercials featuring Murphy in a straight jacket.*

*Perhaps you are unaware that this type of advertising perpetuates the many myths and fears about mental illness which do so much to prevent community re-integration for recovered and recovering mentally ill people.*

*Additionally you are insulting a large group of people and their families who have more than enough trouble with community misunderstanding.*

*It hardly seems necessary, in this day and age, to put your program across with methods that are so harmful and hurtful to an innocent group of people.*

*We think you are creative enough to find another way to get attention for your programming.*

Mr. Donovan, Q101 Productions, replied: that they were sorry; that they never intended to stigmatize the mentally ill; that, in two years, this was the first and only objection ever received. However, they had no firm plans to continue the use of the commercials in question and they would keep the comments made in mind.

We received several phone calls regarding this commercial. Why didn't you call or write? It is so important for everyone to speak out on issues affecting the mentally ill when the occasion arises.

**When something is made with**

**love and care**

**it's**

**highly valued.**



## COMMUNITY SERVICES/FUNDING TASK FORCE

The Commission on Mental Health and Developmental Disabilities, with Senator Schaffer as chairman, is sponsoring a Community Services/Funding Task Force made up of members from provider and and consumer agencies.

The Committee was provided with comparative overview of human service agencies in the state that require or allow localities to be responsible for certain pieces of the service delivery system. There were four Departments: Mental Health and Developmental Disabilities, Public Health, Aging, and Children and Family Services.

At another meeting, the committee was shown how DOA and DCFS covered the state and provided services thru the use of local boards and geographic planning areas.

After that the committee heard a plan presented by Dr. Dennis Trybus, entitled Legislative Proposal for Community Services by the Ass'n. of Community Mental Health Authorities. The plan concern the creating of boards, the providing for the establishment of a local tax, and funding by DMDDH and Alcohol and Substance Abuse. An example of a Mental Health Authority Board handling affairs for a consortium of six counties was given.

While the Task Force has been reviewing the Commission's report on delivering community-based services and considering the Commission's involvement over the past ten years in establishing those services, as yet it has drawn no final conclusions nor suggestions to be made before the Commission is terminated on April 1st. The meetings which were held throughout the years and the blue sheets printed to inform the community concerning mental health and developmental disabilities legislation were always eagerly awaited and will be sorely missed. We bid a fond good-bye to the Commission.

**Final meeting on the  
Commission on Mental  
Health and DD was  
March 21, 1985.**

1976 - 1985



NEW GROUP TO START IN JOLIET

Joliet AMI held its first meeting Wed., March 13th with 15 family members in attendance.

Their meetings will be held on the second Wednesday of each month at 7:30 p.m. in Saint Joseph Medical Center's cafeteria annex. A speaker to discuss effects of chronic illness will usually be featured and remaining time will permit those in attendance to discuss their own situation and ask questions.

Saint Joseph Medical Center is located at 333 N. Madison St., Joliet. For more information call John Carney, A.C.S.W. or Patricia Naiden at 815-725-7133 ext. 3387.



NEWS FROM AFFILIATES

In August, 1984, the Manic Depressive and Depressive Association (MDDA) held its first National Conference in Chicago. At its conclusion, the Conference formed a 17-member steering committee, to meet three times a year, working toward establishing a national organization.

The medical advisor, Dr. Jan Fawcett of Rush-Presbyterian St. Luke's Hospital, urged members to work with psychiatrists and the APA toward a breakthrough in defining the illness and clarifying it as treatable, like heart disease, cancer, etc. He also suggested a fund-raiser, inviting doctors to become associate members for \$100 each - and he was the first.

Dr. Fawcett's idea was to put the money to immediate use by providing travel funds for the steering committee for meetings in January in Skokie, and Newark, N.J. March 22-24. Reports of both meetings will be presented to the Second Annual National Conference in Ft. Worth, TX, on June 14.

---

*Hats off to Hawthorn Melody Farm Dairy Milk Company for their excellent milk carton advertising the faces of missing children.*

---

*We could use a support system as well planned and advertised that could inform every household about mental illness.*

NEWS FROM AROUND THE STATES

National AMI has gained 34 new affiliates which makes a total of 390 active groups.

AMI of Missouri will have their annual seminar, *New Horizons in Mental Health*, on Saturday, April 27, 1985 in St. Louis.

Colorado AMI invites us to attend their 5th Annual State Conference and Issues Symposium on April 26 & 27 in Denver.

AMI of Wisconsin will feature Dr. E. Fuller Torrey as special guest speaker at its Spring Conference in Appleton on May 3, 4 and 5. The theme will be *Strength Through Unity: Families and Professionals Working Together*.

The Canadian Schizophrenic Foundation will hold its 14th International Conference at the Western Hotel in Toronto. The dates are April 12, 13 and 14.

AND --- Don't forget June 27-30 --- the NAMI Annual Convention, to be held in New Orleans this year.

The National Alliance has requested that all state and local AMI groups come together under one umbrella. Jim Howe, president, asks that the words Alliance for the Mentally Ill be used in the name of each affiliate group, so that AMI becomes familiar everywhere and families will have quick access in times of crisis

---

DR. E. FULLER TORREY

Harper and Row is sending renowned author, E. Fuller Torrey on an extended tour to promote the paperback edition of his book, *Surviving Schizophrenia: A Family Manual*. Watch for Dr. Torrey on TV programs and possible appearances at various family support group gatherings in this area.

YOUR OFFICERS AMI-Illinois, STATE

Vi Orr, President	312-729-1457
Chicago	
John Plesko, Vice President	815-842-1514
Pontiac	
Pat Mooney, Rec. Secretary	309-699-6
Peoria	
Imelda Smith, Corr. Secy	309-745-5338
Washington	
Robert Dell, Treasurer	815-498-2277
Sandwich	

## FUND RAISING

### COMBINED FEDERAL CAMPAIGN (CFC) FUNDS

This year, all NAMI affiliates with concentrations of federal personnel are expected to participate and share their contributions with NAMI. These federal employees should designate NAMI as their choice by writing on pledge cards *Alliance for the Mentally Ill, Washington, D.C.*

Shirley Starr (AMI -Greater Chicago) was appointed representative for Illinois. There are 23 CFC Counties in the state. After removing NAMI's half and certain operating fees, the remainder is to be distributed to local affiliates. Payments are made quarterly, and some are being distributed now.

State Coalition affiliates, alert all members who are federal employees to check their pledge cards. Also, check memberships, keep NAMI lists current, and in some way, perhaps, designate CFC contributors.

Since the organization of the state coalition of all Illinois affiliates into AMI of Illinois, Inc., a donor card program has been established in an interest bearing savings account at the First National Bank and Trust of Rochelle. Members are encouraged to use this account for memorials and honorariums. The funds are accessible to the state AMI treasurer, only. (The bank handles the sending of a recognition card to the person you designate and a receipt card to you, the donor.)

Families and friends are actively participating in this way to establish funds to be used in the efforts for an improved quality of life for the chronic mentally ill of the state.

Address orders for cards (in lots of 5's or 10's) to:

AMI of Illinois, Inc.  
State Coalition  
First National Bank and Trust Co.  
Rochelle, Illinois 61068

### THE ANCHOR CLUB

A 501.00-\$1,000.00 donation provides us financial stability and is a clear declaration of the donor's confidence in our future.

Members:

Mr. and Mrs. Willard Gieske  
Mr. and Mrs. Paul McGuire

While we are all working for you -you can also join us in our efforts!  
Your donations are tax deductible.

SEND CONTRIBUTION TO

**AMI—Illinois, Inc.**

P.O. BOX 863 Glenview, IL 60025

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

- Parent/Family     Friend  
 Professional     Organization  
 Patient/Ex-Patient



To: **Alliance for the Mentally Ill of Illinois, Inc.**  
**State Coalition**  
In memory of/in honor of

Acknowledgment to be sent to:

Name \_\_\_\_\_

Street \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Donor \_\_\_\_\_

Street \_\_\_\_\_

\$ \_\_\_\_\_ City/State/Zip \_\_\_\_\_  
Amount

Your donations/contributions made the printing & distribution of this newsletter possible.

**Thank  
you...**

**Thank you very much.**

# Get Acquainted With Your Affiliates

When Dee Beaubien of the Northwest Mental Health Center, Arlington Heights, began conducting support meetings for small groups of family members of the mentally ill some five or six years ago, neither she nor the center fully realized the desperate need in Chicago's Northwest suburbs for such a service.

One series followed another, with participants reluctantly concluding their affiliation until a handful of "graduates" decided to turn their mutual support into positive action.

In March 1980, ten people formed the nucleus of the Northwest Suburban Alliance for the Mentally Ill, with Beaubien, M.S., as advisor, and by the end of 1980 the organization was formally organized and had its first set of officers. Membership grew by leaps and bounds as its programs were publicized - programs by physicians, legislators, lawyers, paramedics, ex-patients, siblings of the ill, representatives of government agencies, and many more. We meet six times a year and have six board meeting - all at Arlington Heights Memorial Library.

Goals of AMI-Northwest are to advocate for the mentally ill in the areas of housing, employment, public education, financial help, legislation and research while still providing a strong support system for family members through rap sessions and a hot line.

At the end of 1984, our membership numbered 69 persons, encompassing 45 families, with an additional 64 families on our mailing list. Supplementing the generosity of one of our families, we were able to donate a van to Northwest Center for the transportation of clients.

Several members were instrumental in forming the STATE Coalition, and also hosted the July meeting at Elgin Mental Health Center. More recently the group voted to donate \$100 to the State Coalition and also three prizes for use in a raffle to be held at the second birthday celebration of "Access," the Social/Vocational Rehabilitation facility established by Northwest Mental Health Center for day treatment.

---

Need information or help with government red-tape? Call 1-800-252-6584 (Lt. Gov. George Ryan's office) or 1-800-382-3000 (Neil Hartigan's office).

Social Security Disability - SSI?  
Call 1-800-637-8856

Hot-Line for Illinois Legislative Information? Call League of Women Voters. 10 a.m. - 3 p.m. 1-800-252-8959

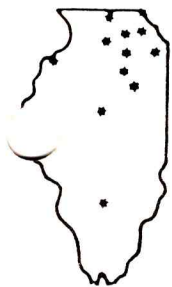
Use your Congressmen to help with problems on the federal level. Give clear information and permission to look at records for you. Copies of particular laws or bills are free.



**ALLIANCE** for the **MENTALLY ILL of ILLINOIS, INC.**  
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AMI of ILLINOIS, INC.  
STATE COALITION

Vol. 1, No. 4 FALL 1985

# Stateline

P.O. BOX 863 GLENVIEW, Illinois 60025 815-842-1514 312-729-1457

## REACHING-OUT FOR EXCELLENCE

### *You Are Invited!*

TO: Conference with **BERT PEPPER, M.D.**

RE: "The Young and the Restless"  
(Young Adult Chronic Patients)  
November 1st and 2nd

Jumer's Castle Lodge  
117 N. Western Ave.  
Peoria, Illinois

This seminar is a tremendous opportunity for treatment providers (Nov. 1) and families (Nov. 2) of these young, chronic patients, ages 18-35. Dr. Pepper, renowned authority, will speak in early mornings, and workshops will be held in early afternoon of both days.

The annual autumn meeting of AMI of IL, State Coalition, will be held at 1:30 on Saturday. We are co-hosting this event with the Human Service Center of Peoria, and Region 1 Field Services, Illinois Dept. of M.H. and D.D.

If you need more information or a registration form for conference or overnite (special rates at Jumer's) please call the Human Service Center, 309/671-8026.

Come for one or two days. Reduced fee for AMI members will help cover costs of conference, honorarium, and meals.

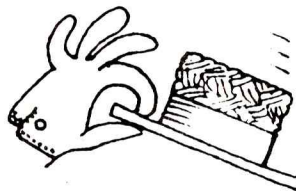
**Together  
we can  
make it work**

#### Symposium on Mental Illness

On November 16, 1985 the Governor's Planning Council for the Developmentally Disabled will host a symposium at Sangamon State University from 8:30-5:00 - in the Public Affairs Room in Springfield, Illinois. It will be arranged by Dr. John Crayton, University of Chicago, who will discuss the newer diagnostic aids, ie. CAT, PET, and BEAM.

Also, on the day's agenda will be Dr. Keith Morton, Harvard University, on the subject of often-ignored medical illnesses among psychiatric patients; and Dr. F. Fuller Torrey, Washington, D.C., who will discuss mental illness as an infectious disease, and treatment planning. A panel of state officials from DMHDD, and Dept. Public Health will discuss the challenges facing Illinois.

Registration fee of \$15 includes lunch.



WELCOME  
to 2 NEW  
AFFILIATES

AMI of MADISON COUNTY - Contact 1507 Troy Road  
Edwardsville, IL (62025)

AMI of EFFINGHAM (In South Central Illinois)  
Effingham, Illinois 217/739-2254

If you live nearby, come or contact above.

## INSURANCE AND MENTAL HEALTH

Today private insurance coverage for psychiatric illness is only half as available as coverage for other medical problems. It has always lagged behind, largely because of the difficulty in measuring the risk, length and medical necessity for treatment.

In the last two decades there has been an increase in number of patients treated in inpatient and outpatient mental health facilities (1.7 M. to 6.4M - almost quadrupled). In '83 alone, costs in nation were \$332 billion. With such figures, efforts at cost-containment have thus resulted in restricted or excluded psychiatric coverage.

A number of states have recently enacted laws that require medical expense policies to provide coverage for mental health in varying degrees. Laws of Illinois permit an exclusion in individual policies for mental or nervous disorders. A group policy, however, must provide coverage for reasonable and necessary treatment and services for mental, emotional or nervous disorders up to the limits provide in the policy for other conditions. The insured may be required to pay up to 50% of expenses incurred as a result of the treatment or services, and the annual benefit may be limited to the lesser of 25% of the lifetime policy limit, or \$10,000.

For both individual and group policies, each insured who is covered for mental, emotional or nervous disorders must be free to select the physician or a registered clinical psychologist of his choice to treat such disorders. The insurer must pay the covered charges of the physician or registered clinical psychologist up to the limits of coverage if the disorder or condition treated is covered by the policy.

Illinois law also protects a mentally retarded or physically handicapped dependent child who reaches the age when he or she is ordinarily no longer insured under the parent's policy. The coverage (child's) must continue while the policy is in force as long as the handicap exists. Benefits for a mental illness, however, are governed by the benefit provisions and limitations of the particular policy.

A survey of 64 large, mostly Fortune 500 corporations, reflected many and varied approaches to the problem, while staying even with cost of living and inflation factors.

Some increased either their annual or lifetime dollar maximum for mental health benefits. Others cut their lifetime maximum, on premise that their responsibility of providing for care of chronically ill should only go so far. Some have increased employee cost-sharing, requiring greater deductibles or coinsurance payments by the employee. A few reduced the cost-sharing burden on employees. 22% of the companies, in response to new trends in mental health care, have increased their reimbursement for outpatient mental health services. Due to federal funding of mental health centers, inpatient care has declined sharply while outpatient care has increased ten-fold.

Among the more innovative changes were the expansion of M.H. benefits to cover day treatment hospitals, the offering of employee assistance program services, the extension of coverage for outpatient alcohol and drug programs, and the use of flexible benefit programs to isolate employees requiring more extensive coverage.

The impetus for Employee Assistance programs has been employer recognition of the costs, absenteeism, and loss of productivity associated with emotional upset, alcoholism, drug abuse, and mental illness. Medium and large-sized companies are finding E.A.P.'s to be a viable, cost-effective option. In the same class are Stress Management Programs, which 41% of companies have. Also, one-third of companies surveyed have a program to bring psychologically disabled workers back to work.

Outpatient coverage for all companies is still a major problem. The three most commonly employed strategies have been to place a maximum limit on annual payment per employee, to restrict the number of reimbursable outpatient visits per year, and to impose a dollar limit on reimbursement per visit. Fifty-six percent limit yearly reimbursement for outpatient M.H. services to between \$1500 and \$2000 per employee. Eight percent rely on a separate deductible for M.H. services, but the majority choose to offer coinsurance restraints and limit payment to 50%.

Country Life Insurance Company markets an individual comprehensive health policy that provides coverage in a general hospital just as for any kind of sickness, 30 days in a mental hospital at 25% of what a semi-private hospital room would cost, and no special limits on outpatient treatment.

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Condensation of a speech by Raymond J. DeFilippo, Director of Group and Health Insurance Country Life Insurance Company.

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It was given to members of Livingston, McLean County REACH, an AmI of Illinois affiliate.

## SUPREME COURT DECISION

Justices of the U.S. Supreme Court unanimously ruled that states may require employer-sponsored health insurance plans to cover certain kinds of treatment, including mental health care. This decision was handed down to uphold a Massachusetts law that requires insurance companies to cover mental health care in employer plans, including both inpatient and outpatient care (visits to a psychiatrist or psychologist).

Challenged by Metropolitan Life Insurance Company and Travelers Insurance Co. this decision will have repercussions from industry and insurance trade groups who claim that doing business to satisfy varying laws of many states will be difficult.

Justice Harry Blackmun invited Congress to clarify federal law, which he says is 1) ambiguous, and 2) supersedes state law.

## Meeting the People who Count

○ IF YOU FEEL WASHINGTON IS GETTING OUT OF TOUCH WITH YOU ...

20 MILLION AMERICANS DISABLED BUT ABLE TO VOTE

Why not get in touch with Washington. Write your Congressman. Let him know where you stand on an issue or a bill. Your letter will have a better chance of being answered if you make it brief and to the point. State your opinion and give the reasons why you feel the way you do. Address the letter properly by title and name, such as Senator (name), Senate Office Bldg., Washington, DC 20510. Or Representative (name), House Office Bldg., Washington, DC 20515. Your letters are important and can influence how your Congressmen vote.

## WE DO WHAT OTHERS JUST TALK ABOUT.

### YOUR OFFICERS AMI-Illinois, STATE

Vi Orr, President Chicago	312-729-1457
John Plesko, Vice President Pontiac	815-842-1514
Pat Mooney, Rec. Secretary Peoria	309-699-6346
Imelda Smith, Corr. Secy Washington	309-745-5338
Robert Dell, Treasurer Sandwich	815-498-2277

## STATE URGED TO PROBE JAILING OF MENTALLY ILL

Mental health and prison reform groups joined Tuesday in urging Governor James Thompson to establish a statewide task force to investigate charges that mentally ill and retarded people are being dumped into prisons and jails.

"Dumping the mentally ill into [the Department of] Corrections makes a mockery of the system," said Michael J. Mahoney, executive director of the John Howard Association, a prison watchdog group. "The system's inability to provide appropriate mental health treatment should not become a sentence to prison for these individuals."

Mahoney and Barry McNamara, president of the Mental Health Ass'n. of Greater Chicago, said their request to the governor was in response to articles this week in The Tribune about the growing number of mentally ill and retarded people who are imprisoned rather than given treatment for their disabilities."

Department of Corrections officials conceded that they are unable to provide comprehensive treatment for such inmates. Without proper treatment, experts say, mentally ill and retarded individuals run the risk of becoming involved in a cycle of criminal conduct and incarceration.

Mahoney and McNamara said they want the governor to convene a Task Force on Mental Health and Corrections to investigate the problem and to establish minimum statewide standards for treatment of mentally ill and retarded people who run afoul of the law.

They recommend that the task force include representatives of the IDMHDD, the Department of Corrections, the public, judges and psychiatrists and other experts.

"We want to ensure that "mad and the bad" are both off the streets and receiving treatment," Mahoney said. "Clearly, Illinois needs a more coordinated approach to make this happen."

A spokesman for Thompson said the proposal would be considered. Ten Chicago psychologists, psychiatrists and mental health workers, all in private practice, called this week for legislation to provide funding assistance to disturbed youths who need long-term treatment.

Richard Stern, a Chicago psychologist and spokesman for the Task Force on Troubled Kids, said the group is seeking to expand state funding for children and adolescents in trouble with the law who could benefit from therapy in a residential setting. (Hank Gratteau of Chicago Tribune)

# from the President's Desk

Our 1985 year of activity will be coming to an end soon, and the nominating committee is working on a slate of officers to serve in 1986. I would like to take this opportunity to thank each and every person and affiliate who became involved and helped to create such a fantastic beginning for the Coalition. It was most heartening to have so many who volunteered their services, and who followed through with their responsibilities.

To all officers, directors, chairpersons, volunteers, members, ex-patients, professionals, and contributing columnists and their helpers - thanks a million. We all worked hard to put AMI on the Illinois map.

Vi Orr

## Family/Consumer Advisory Committee

Recognizing a need to expand its capacity to assess and evaluate mental health services to chronically MI adults, DMHDD is initiating formation of Family/Consumer Advisory Committee. Vi Orr, President of AMI of IL, State Coalition, has been asked to serve and to provide a list of other appropriate representatives from around the state. Regional Planning Meetings are being organized for October, and each region will invite local participation.

The dates are as follows, and the time is 1-3 P.M.

Region 1	October 21
2	22
3	24
4	31
5A	15
5B	17
6	23

President Orr has also been invited to serve on the Independent Living Task Force Subcommittee of Dept. of Rehabilitation Services. Again, she is submitting additional names of consumers, so that we will be represented.

If interested in serving on either of these important committees, please send your name, address, and phone number to: AMI of IL, Inc., P.O. Box 863, Glenview, IL 60025.

"We haven't got it made but we're making it"... with your help.

## DMHDD Task Force on Abuse and Neglect

AMI of IL, State Coalition, is represented on this task force throughout the regions of Illinois by advocates concerned about conditions in state facilities. Issues presented at a summer meeting were: verbal abuse, excessive use of restraints and seclusion, over-medication, over-crowding, poor state of equipment, and non-utilization of good equipment. Quality of environment was found to vary greatly.

The general conclusion was that lack of staff might be responsible for some of the above, but lack of training and disinterest with too little feedback from supervisors (both positive and negative) could account for other issues.

Parents felt that not enough consideration was given to reporting and investigating minor incidents which bothered patients, and that more respect should be given to requests for information about their ill relatives.

It was agreed that there should be liaison staff available seven days a week, and that doctors should be accessible more often. Procedures should be standardized throughout the state, and staff should be trained in attitude and compassion. There should be some relief in high stress jobs, and staff should be suspended immediately in cases of abuse and then investigated.

## **NEW SERVICE FOR DISABLED PERSONS**



A new law enacted July 1, 1985, created an official identification card for Illinois citizens who are disabled. The card, to be issued free of charge, includes a photo of the applicant and lists the classification of the applicant's disability.

Illinois residents who are disabled may apply for the new identification card by submitting:

1. At least three forms of identification, including one establishing date of birth and one with a signature.
2. A physician's statement showing type and class of qualifying disability.

Application forms are available at all Secretary of State drivers license facilities



## GROW

Grow is a mutual help - mental health organization. It is designed for prevention as well as rehabilitation and incorporates unique personal program of growth to maturity. It combines three essential features - group method, program, and sharing-and-caring community. It is a school of life and living through adult education.

GROW believes that "Mental health cannot be taught - it has to be learned together". Grow helps people with emotional problems feel more comfortable in a group, even a large group - to speak out - reach out - and to accept friendship. One of the important things Grow has done for the mentally ill is to decrease the number of trips through the hospital's revolving door. It has also reduced the stigma of having a breakdown. It has been referred to as the "missing link in mental health care".

The movement began in Sydney, Australia in 1957, when a number of former mental patients, inspired by the example of what A.A. had done for alcoholics, formed a self-help group to tackle problems of recovery after breakdown. Father Cornelius, a Catholic priest, was the inspiration needed to keep the group going, and eventually brought it to Illinois. Here Hubert Mower, a professor at the U. of I., became interested.

Illinois is the pilot program for this country, though Grow is international. When it is well established here, it will be introduced to other states. Of the 93 chapters in Illinois, the main areas are: Carbondale, Belleville, Effingham, Springfield, Mount Vernon, Kankakee, Peoria, and Chicago. Headquarters are at 301 W. White St., Champaign, IL (61820) Telephone inquiries will be taken by 217/352-6989.

Grow and other self-help organizations are included in an article in the October issue of Readers Digest.

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## HAPPY WEDDING WISHES

Congratulations to our Consumer Columnist, Stanlee, and his new wife, Diane (SAWSC). We will look forward to your column in the next issue, after you return from your honeymoon.

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**AMI** We make a difference.

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## Calendar for Friends of Special Education

The Illinois State Advisory Council on Education of Handicapped Children has established the calendar for its meetings of 1985-86, according to Mary McDermed, representative. Some of the issues before the council will be: substance abuse as a qualifier for special ed, residential services for emotionally disturbed and behavior-disordered children; mediation, due process, and 0-3 pilot programs.

Interested persons are invited to attend and comment on these dates:

Sept. 5-6, 1985	Dwight (Fox D.C.)
Oct. 3-4 "	Normal
Nov. 7-8 "	Chicago
Jan. 9-10 1986	Chicago
Feb. 6-7 "	Springfield
Mar. 6-7 "	Belleville
April 10-11 "	St. Charles Correct. C.
May 1-2 "	Mt. Vernon
June 5-6 "	Springfield

Contact Mrs. McDermed at 312/799-5071 for further information.

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## Grant for Study of Adolescents

Dr. Daniel Offer, Chairman of the Department of Psychiatry at Michael Reese Hospital and Medical Center, has received a three-year grant of \$250,000 from Chicago Community Trust. He will use it for a survey of the mental health of 1000 Chicago adolescents of the same racial and ethnic composition as the city's population. He will be studying the different ways of handling problems between healthy youths and teens who are troubled.

The first year will be spent preparing a questionnaire, the second in doing the interviews, and the third in analyzing and writing up the results of data.

Dr. Offer is Editor-in-Chief of the Journal of Youth and Adolescence, and Director of the Psychosomatic and Psychiatric Institute at Michael Reese. He has also served on the Task Force on Adolescence for the President's Commission on Mental Health.

## ILLINOIS AFFILIATES & ORGANIZATIONS

From Tri-County AMI: In an innovative program, Governor Thompson has appointed a committee of volunteers to visit, observe, and report on any condition that needs remediating in treatment and care at state facilities. Imelda Smith, President of Tri-County AMI and Secretary of State Coalition, Barbara Runyon, Executive Director of Mental Health Ass'n. of Illinois Valley, Inc., and Joyce Sutton of Illinois Guardianship and Advocacy, will visit Singer, Dixon, Galesburg (until closure), and Zeller. These visits will be unannounced and not necessarily on the 8-5 time shift, in order to be sure that there are no instances of patient abuse at any time.

In another program, initiated by the Mental Health Ass'n. of Illinois Valley in the 1970's, five members of Tri-County (serving Peoria, Tazewell, and Woodford Counties) are presently serving as patient advocates for the mentally ill being treated at Zeller Zone Center in Peoria. All volunteers participate in a 3-hour training program before serving. They offer a 24-hour response to any complaint or question of a client, in areas that include legal rights, relationships with other patients and staff, general health, human rights, visitors' rights, and miscellaneous privileges.

Southern Illinois AMI (Belleville): Chairperson, Marian Satterfield, sent a check to the state coalition of monies collected at their local meetings. She stressed idea that loose change collected would at least pay for the postage involved in mailings from state coalition. Members found it painless to pass around a small coffee can for donations beyond money needed for refreshments. Nice idea.

For a new group, SIAMI members are rapidly gaining information through their monthly programs. They had an attorney speak on setting up Trust Funds for ill family members, a lawyer with Land of Lincoln attorneys give tips on getting and keeping SSI and SSDI, and a speaker from Demolays who explained what happened each year to the thousands of dollars that this organization donates to research for the mentally ill. A program by newly-elected Ron Stevens, is slated for a future meeting.

DuPage Chapter Forming: After several months of sharing common problems and and feelings, many families of DuPage are organizing to affiliate with AMI of IL, State Coalition. Meetings will be held the fourth Tuesday at College of DuPage, 22nd and Lambert Road, Glen Ellyn, Building K, Room 157. Interested persons are welcome to come and help shape the aims and priorities of this new organization. For information call 655-0122.

Supportive Families of the MI (Champaign): At one of their meetings, a judge of the circuit court and an attorney from the Land of Lincoln Legal Assistance Foundation gave a presentat regarding guardianship, trusts, wills, executors, protective payee, estate planning, Social Security, SSI, etc. This protective payee, estate planning, Social Security, SSI, etc. It was an excellent presentation and to a roomful of people (They advertised on TV, newspaper, and by letter, in some instances.

Champaign County Ass'n. for MH is giving an award with a Plaque to SFAMI for the Organization of the Year. This association makes this award at its annual banquet to the local organization that they feel has made a large contribution to the alleviation of problems connected with mental illness.

AMI of Lake County: AMI was represented at a Legislative Breakfast recently by President Dorothy Kelly, and Vice President Louis Redmond. Sponsored by Lake County Advisory Board and Coordinating Council for Mental Health, Substance Abuse and DD Services (ABC Council), the aim of the breakfast was to let the Legislators know that help given to citizens was appreciated, and make them aware of continued need for m programs.

AMI - South Suburban (AMISS): Recently several members of AMISS visited their state legislator. Representative John McNamara was cordial and receptive to the position of the mentally ill. Discussion focused on the 1978 federal definition of Developmentally Disabled, which includes the mentally ill. This compares with the State of Illinois definition, which excludes the mentally ill. Many benefits accrue to the MI through the Developmental Disabilities Act Renewal - HR 5603 (enacted by the 98th Congress), which in turn depends on acceptance of the federal definition of Developmentally Disabled. The state of Illinois should accept the federal definition. You are urged to visit your Springfield representative and request that he/she vote for the acceptance of the federal definition.

*"Helping People Help Themselves"*

# Together, we can find the answers.

Since the organization of the state coalition of all Illinois affiliates into AMI of Illinois, Inc., a donor care program has been established in an interest bearing savings account at the First National Bank & Trust of Rochelle. Members are encouraged to use this account for memorials and honorariums.



To: Alliance for the Mentally Ill of Illinois, Inc.  
State Coalition

In memory of/in honor of \_\_\_\_\_

Acknowledgment to be sent to:

Name \_\_\_\_\_

Street \_\_\_\_\_

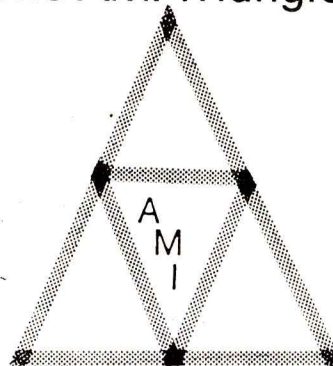
City/State/Zip \_\_\_\_\_

Donor \_\_\_\_\_

Street \_\_\_\_\_

\$ \_\_\_\_\_ City/State/Zip \_\_\_\_\_  
Amount

## The AMI Triangle



NATIONAL

STATE

LOCAL

The Triad...a union of three closely related groups all needing your financial support as we continue to work together to ensure effective and efficient progress. We need to support all three to see our dreams come true.

## YES! I'm Interested!

SEND CONTRIBUTION TO

AMI—Illinois, Inc.

P.O. BOX 863 Glenview, IL 60025

Please **PRINT** name to the form you prefer for mailings.

Mr. & Mrs. \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

- Parent/Family     Friend     Professional     Organization  
 Patient/Ex-Patient

I/We wish to make a charitable contribution to help  
AMI of ILLINOIS, INC. STATE Coalition

- \$ \_\_\_\_\_  
 \$25.00 Organization and/or Associate Membership  
 \$50.00                       \$100.00                       \$200.00  
 \$250.00 - \$500.00 New Horizon Club  
 \$501.00 - \$1,000.00 Anchor Club  
 Enclosed is my/our check for \$ \_\_\_\_\_

Your contribution is tax deductible.

*Teamwork. With us*

The bank handles the sending of a recognition card to the person you designate and a receipt card to you, the donor. (See reduced sized card above.)

Families and friends participate in this way to establish funds to be used in the efforts for an improved quality of life for the mentally ill of the state.

Address orders for cards (in lots of 5 or 10) to:

AMI of Illinois, Inc.  
State Coalition  
First National Bank & Trust Co.  
Rochelle, IL 61068

### NEW HORIZON CLUB

A \$250.00 - \$500.00 donation is an excellent support commitment to our cause.

### THE ANCHOR CLUB

A \$501.00 - \$1000.00 donation provides us financial stability and is a clear declaration of the donor's confidence in our future.

#### Members:

- Mr. and Mrs. Willard Gieske
- Mr. and Mrs. Paul McGuire
- Vi Orr and Family
- Forest Hospital Foundation

# Get Acquainted With Your Affiliates

Family Alliance for the Mentally Ill (FAMI), is probably the biggest little chapter in the state. We cover all or parts of DeKalb, LaSalle, Kendall, and Kane. Our first meeting was in November, 1983, so we are almost two years old now.

We are primarily a support group with a strong accent on education. Our beginning has elements of an all too familiar story - what do you do upon the discharge of a family member? Several years ago when there was no state organization and no circularizing of mental health providers or referrals to agencies, we were advised by a psychiatrist to find a local group and seek help from them. After many phone calls, we got a lead to the Huxely Institute, New York, and through them made contact with SAWSC, the Schizophrenia Association of West Suburban Chicago, who eventually put us in touch with Vi Orr and Dorothea Gieske. Dorthea came to our first meeting and told us about the formation of other groups and the State Coalition to-be. How did we do it? After securing a place to meet, we contacted the county mental health center (they had been urging the formation of a group) who then publicized the meetings. We also put an article in the paper. We have been most fortunate in having a local person who submits articles to several area newspapers. She has done a terrific job of getting our articles printed.

Our meetings are held on the last Sunday of each month at Salem Lutheran Church, Sandwich, Illinois. Usually they begin with a chance for each member attending to say something about how things are going. We have had someone new at each meeting, so that this sharing lets him/her know of our common problems - often giving an insight different from hospital or office. Usually we have a special guest, also, with whom we can relate directly, and in the real world of the family as a care provider - often the major provider. We have talked about: nutrition, the "P & A Board", medications (with a pharmacist), legal aspects, genetics, annual NAMI Conventions, similarities to AA. We have met with the chairman of the 708 board, and watched a video-tape of the PBS program on the Brain.

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NOW the Alliance for the Mentally Ill of Illinois, Inc. State Coalition, has an official brochure available. For copies, write to: AMI of IL, Inc., State Coalition, P.O.Box 863, Glenview IL 60025.

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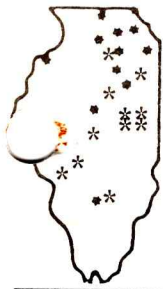
## FIGHT MENTAL ILLNESS

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STATE COALITION  
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# AMI of ILLINOIS, INC. STATE COALITION

Vol. 1, No. 5 WINTER, 1985

## Stateline

P.O. BOX 863 GLENVIEW, Illinois 60025 815-842-1514 312-729-1457

# AMI - Family power.

### TO OUR READERS:

A warm glow envelopes me as I take time to look back and reflect. The Alliance for the Mentally Ill is making it. National AMI, since its 1979 beginning in Dane County, Wisconsin, has 468 Affiliates, (Including 37 state coalitions.) NAMI has become a strong advocate for the mentally disabled. Recently, it announced the creation of a special fund for research on a cure for schizophrenia and depression.

The glow increases as I remember the beginnings of AMI of IL, State Coalition. I see the families meeting and organizing as affiliates, which now number 22. Some are small and most are struggling, but they have marshalled their slender resources to pay their own expenses and arrange programs of useful information and support. As new affiliates formed and attended meetings, their members never failed to comment favorably on the programs and congenial people they met.

In order to reach and communicate with families about ancillary services needed by them, AMI of Illinois started its fledgling newsletter. Fortunately, it acquired an "angel," to finance its printing. The state coalition is doubly grateful to that "angel." Now the volunteer members will not be reaching so deep in their own pockets to meet expenses.

Looking forward into the new year, I shiver with the homeless portrayed by the media as facing a deadly winter with ever greater hardships. I get colder as I remember that 40% of those homeless are estimated to be mentally disabled. No matter how many beds a city may provide, there are always some left out in the cold.

Here in Illinois the state coalition, while still promoting new affiliates, must forge ahead working to meet future challenges facing AMI. The DMHDD faces the new year with a new director. In the past 10 years, too many changes in directors have meant chaos and upheaval in programs and staff. Lack of continuity of services and uniform funding have brought disaster in the care of the mentally

disabled.

Both governments and advocates know that Illinois needs a comprehensive system for mental health, fair and adequate funding, a continuum of care under case management, Community Support Systems, and a blanket zoning law throughout the state which would allow alternative housing in residential areas. AMI of Illinois, State Coalition, will be working towards these goals and welcomes your continued cooperation, both morally and financially. I am looking forward to great progress in 1986.

Thank you and best wishes for a happy and prosperous new year.

Vi Orr, President of AMI of Illinois, State Coalition

### MARK YOUR CALENDAR NOW

Saturday, April 5, will be the date for the next regional meeting of AMI of Illinois, State Coalition. Our host will be AMI of Rock Island and Mercer Counties. The speaker has not been confirmed, but issues such as employment, crisis care, and community services will be explored, under general direction of Mary Jane McCorckle, and Frank Ware. This is your opportunity to see firsthand the much-publicized Ice Cream and Deli, "Mes Amis," operated by Frank Ware as part of Employment Program.

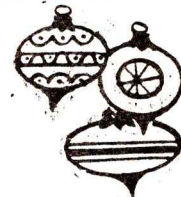


### WELCOME NEW AFFILIATE

Presenting our 22nd Affiliate in Illinois:

AMI OF DU PAGE COUNTY  
% Dan Daniels  
443 Colfax  
Clarendon Hills, IL 60514

Covering Du Page and surrounding counties. Phone is 312/655-0122.



Mental health professionals and families of young, chronic patients gathered amid Austrian Period Decor of Jumer's Castle Lodge in Peoria to hear Dr. Bert Pepper advocate for Case Management Treatment programs. It has taken 10 years for New York's Rockland County to build this type of system that offers a continuum of services to serve the chronic patient wherever he is physically (housing environment) and diagnostically (level of functioning).

Under this plan, the same case manager would attend one patient over a period of years, during admission and discharge from a hospital, as well as at interviews for housing, employment, applications for SSI and SSDA, food stamps and Public Aid, and offering special attention in times of crisis and adjustment.

In one of four workshops offered during this 2-day seminar, which was sponsored by Human Service Center along with Department of Mental Health and Developmental Disabilities and Alliance for Mentally Ill of Illinois, State Coalition, Gene Stormer, Director of the Center told how Peoria is already implementing this idea. He says Case Management is the normal duty of any conscientious therapist and functions in four steps: assessment, planning, linking, and monitoring. According to DMHDD's Rule 125, set up recently, Discharge Planning is mandated to begin long before discharge, and includes the family, or responsible person, if desired. In the monitoring phase of a patient after discharge, Mr. Stormer and Cindy Gilmer, another member of Peoria's team of professionals, related many experiences of actual searching for a client to maintain contact. Often, "natural helpers" in community are utilized to ameliorate behavior in restaurants, shops, etc.

Another workshop on "Creating Training and Employment Opportunities for MI" was impressive for what has been done in Rock Island by Frank Ware, ACSW. Beginning with a Jobs Club to provide training in job attitudes and techniques, members were organized into teams, each under one paid supervisor. Home Helpers did yard work, and housework, for which they were paid minimum wages. At the end of the year, 40 clients had been served with a net profit of \$4000. This AMI Jobs Program also included employment, up to 17 hours per week per employee, in "Mes Amis Ice Cream and Deli" - serving soup, sandwiches, and ice cream in downtown mall of Rock Island.

In Dr. Pepper's final remarks to family members, he advised listeners to refuse advice from doctors, and social workers not to allow their ill sons and daughters to return home. He said it is most

necessary after hospitalization for the patient to establish his support system to include as many people as possible. Also necessary to the chronic patient is daytime activity, which prevents boredom and possible substance abuse.

Dr. Pepper praised the efforts of NAMI, and said that professionals can go no further "without national re-ordering of priorities". He says we must all work together to unify our demands, and quickly contact our legislators to present our case.



**"FUTURE OF MENTAL HEALTH SERVICES"**  
Sponsored by Mental Health Ass'n. of Ill  
Sheraton Hotel, Naperville (Nov. 22, 1985)

This forum was part of an 18-month project, funded by the Robert Wood Johnson Foundation, and chaired by The Honorable Paul Rogers, former chairman of the House Health Subcommittee. The aim is to look at the nation's mental health care system 20-30 years from now and to develop a strategic plan that will respond to future resources and needs.

The project's first written document was available for review and comment. It contained three scenarios projecting diverse futures and was used to plan creative strategies for making the best mental health system possible.

John Ambrose, from the National MHA reminded listeners that there had been a general consensus in the late 70's that our system was breaking down. The 1980's produced an even broader consensus, when the new administration showed no interest except cutting entitlements. State insurance was also cut, as costs rose in the profit-making sector (doctors, hospitals, nursing homes)

The input from members of Mental Health Ass'n. of Illinois and AMI- State Coalition listed these future goals: health planning process, removal of barriers, enlargement of Medicare and Medicaid to include out-patient support, health insurance, community services with a continuum of care under case management, research on Federal and State levels, inclusive environment, and people resources.

Recommendations from all over the country to a 24-member Select Committee and a 43-member Concept Design Committee who will prepare the material to be written up by Jonas Morris, reporter, writer and consultant. The final report will be issued on June 3, 1986.

## HOMELESSNESS AND DMHDD PROBLEMS

Review of 2 articles (Oct. & Nov.) by Judy Emerson, appearing in Illinois Issues, and entitled Homelessness and Serving the Mentally Ill.

In the first issue, entitled "Homelessness - A side Effect of MI", Judy Emerson tries to explain reasons why the number of homeless people is large and constantly increasing. The U.S Dept. of Housing and Urban Development estimates there are 12,000 homeless in Chicago, and another 12,000 downstate. Of this number 30% had experienced some form of mental illness, according to Harry Saver, Executive Director of Chicago Coalition for the Homeless. He further says (when there are no friends or family to offer shelter) patients are sometimes discharged directly from state hospitals to shelters, and are automatically homeless.

Basically, there are two reasons given why housing is non-existent for the mentally handicapped. The state does not fund housing, and the prejudice against this population in most residential communities has resulted in stiff zoning laws which cannot be surmounted. Michael Belletire, Acting Director of the Department of Mental Health and Developmental Disability (DMHDD) said recently to AMI of IL Coalition members, "the state cannot afford housing for MIs or other homeless who need it". He says, further, that housing should be addressed through better case management. This theory is also supported by Dr. Robert Washington, head of M.H. council on Chicago's South Side. He says there must not be shelter without treatment.

Though Belletire believes that basically deinstitutionalization is the correct policy, he and all other experts in the field agree that it has not worked well. The original agenda had called for a nation-wide network of 2000 community mental health facilities. Actually, less than 800 were implemented. A few lucky individuals who were released from hospitals found help and support in creating an effective life style for themselves in the community. But, as Dr. Washington says, 50% of the people in his Comprehensive Center, which should be serving the mentally ill, fall through the cracks between hospital and community.

Residential alternatives were planned as recently as 1985 in the state's budget. But again, fiscal restraint and community prejudice scared away investors and nothing more has been done. Even if a patient had financial resources at the time of discharge, the supply of SORs (Single Occupancy Rooms) is drying up - buildings are torn down or renovated until they are far beyond the meager means of low-income groups.

During the last 25 years the enrollment of mental patients in state hospitals has been decreased from 36,000 to 3500 (roughly 90% less). Still, as Judy Emerson points out, 2/3 of the 85-86 budget of DMHDD is mandated for use in the state's 23 remaining hospitals. Critics ask why is so much money being spent in these institutions, after they have been emptied or closed, and why has this money not followed the discharged patients back to the communities where it has been desperately needed?

Professor Merlin Taber, from University of Illinois School of Social Work has answered this by saying the State has "pulled a con game on the people of Illinois".

Internally, the DMHDD is strewn with inconsistencies of policy and non-uniformity of funding for services. State dollars support, in different degrees, about 400 non-state agencies, or 'providers'(including mental health centers, nursing homes, residential group homes, developmental service centers, and self-help groups). Competition for available dollars is fierce among them and also among the different groups of patients under the DMHDD umbrella (autistic, retarded, epileptic, developmentally disabled, mentally ill, and victims of cerebral palsy).

Another cause of unequal service for constituents can be found at the local level. Each funding body, called different names in different townships, is independent and has community priorities for use of monies. A local board may vote for marriage counseling instead of chronically handicapped or homeless MI.

Worst of all, says Judy Emerson, no law, no person, no agency is accepting responsibility for this population. The state law requires only that patients upon discharge be given an appointment for follow-up with a mental health facility in the area where they live. Supposedly and theoretically, adequate case management will ensure that patients continue to get treatment. As Belletire and Washington admit, "We don't have enough staff to seek out these individuals in the community, even if we knew where to find them".

There were some valuable constructive suggestions made in this article. Blanket state zoning laws passed by the legislature would supersede local rules which discriminate against large or small homes for mentally handicapped in residential neighborhoods. In this effort, all groups included in DMHDD could unite and advocate for such a bill.

Because there are more mentally ill people in the state than there are developmentally disabled, it

was suggested that the allocation of funds for community care was unfair (\$92 million for MI and \$119.7 million for DD's). Various AMI members have been working to compel the state to adopt the federal definition of Developmentally Disabled, which includes the mentally ill and would allow them to share in the funding.

The Commission on MH and DD, under Margaret Hastings, recommended a mental health bill that would outline more clearly who is responsible for giving community service, and in that way achieve a more unified, comprehensive system. Unfortunately, this special legislative commission was dissolved before it could act.

#### GOVERNOR'S PLANNING COUNCIL on DD

Held in November at Sangamon State University, this conference was entitled "Recent Developments in the Diagnosis and Treatment of the Mentally Disabled". It featured many leading researchers and clinicians who summarized current understanding of special problems in diagnosis and treatment of mental patients so that planners and consumers of services could make more informed choices.

Dr. E. Fuller Torrey, from National Institute of Mental Health and St. Elizabeth's Hospital, presented meaningful material on treatment planning, much of which is outlined in his book, Surviving Schizophrenia - a Family Manual. He is fast becoming the leading psychiatrist who speaks to and for the mentally ill and their family support group. (60 Minutes Program of Dec. 1, CBS).

Dr. Torrey detailed the progress of research into schizophrenia as an infectious disease caused by viruses, prions, or other unknowns. Science News of November 30, 1986, Vol. 128, pp. 337-352 has a two-page review of old and new studies of viruses' influence on the nervous system, ability to flare up years later, and cause infections in brain and nervous tissues. Research by immunologists and biological psychiatrists working together is needed so the theory may be more rigorously tested.

Dr. Rosenthal, University of Illinois Pediatric Dept. discussed genetic screening for the retarded. Dr. Keith Marton, Chief, Section of General Medicine, New England Deaconess Hospital, and Assistant Professor of Medicine, Harvard Medical School, reported on an important screening study of the mentally disabled in California. It alerts us to the prevalence of medical illnesses and their lack of treatment at care facilities. He emphasized that physical illnesses exacerbate the psychiatric illnesses, and could be treated after simple screening tests with no major changes in staffing.



HAPPY HOLIDAYS TO EACH  
AND EVERYONE OF OUR  
READERS

Dr. Singh, psychiatrist at the University of Southern Illinois, spoke on kinds of divisions existing between academic psychiatry in the universities and mental health in the state hospitals. He is focusing on collaboration - looking for ideas for treatment research by watching patients in hospitals. Also, he is looking for better understanding and use of families in research. U. of Southern IL is involved in implementing the Pact Program, made famous in Madison, Wisconsin.

Organizer of the Conference, and Associate Professor of Psychiatry at University of Chicago, Dr. John Crayton, presented slides on the action of dopamine on receptors in the brain and how anti-psychotic drugs block this transmission. Dr. Crayton used pictures made by the new diagnostic tools, CAT, PET, and BEAM, which are used mainly in research today. He told of their relative costs, and what may be expected in research as scientists learn how to use these tools to better and better advantage.

Interspersed among the scientific speakers were talks by Uno Formigoni, Ass't, Director of DMHDD, who spoke of plans being made for Fiscal Year 1986, particularly addressing the needs of Region 6.

Senator Jack Schaffer expressed regret at the demise of the Commission on Mental Health and Developmental Disabilities, which he had chaired. He said mental health is at the crossroads, and the big thing right now in Springfield is prisons. He urged the friends of the mentally disabled to get together with their legislators at local levels, since the problems must be fought out in DMHDD and the Bureau of the Budget.

Tapes of recordings of speeches at Governor's Planning Council meeting are available. One tape costs \$6.00 and four tapes can be purchased for \$16.50, including postage. Please order by doctor's name (see article) and address to: Continuing Education, Attention, BLANCA, Sangamon State University, Springfield, IL 62708.



VI ORR, PRESIDENT. A founder & member of AMI of Greater Chicago (formerly IAMI) & an honorary member of AMI-Northwest Suburban.

PAUL KAISER, 1st VICE-PRESIDENT. Member of AMI of Lake County, Libertyville.

LESTER MAYES, 2nd VICE-PRESIDENT Member of AMI of Rock Island & Mercer Counties. Rock Is.

DELBERT MUNDT, RECORDING SECRETARY. Member of AMI of Effingham. Effingham.

CAROLYN SMITH, CORRESPONDING SECRETARY. Member of AMI of South Suburbs. Olympia Fields.

ROBERT DELL, TREASURER. Member of FAMI. Sandwich.

Chuck Beard  
Dorthea Gieske  
Irene Hayes  
Mary Rose Kelly  
Marge Mayes  
Ann McGuire  
Jane O'Brien  
John Plesko  
Mary Siebel  
Imelda Smith  
Kay Weinrich  
Robert Willey

Springfield  
Rochelle  
Arlington Heights  
Peoria  
Rock Island  
Libertyville  
Olympia Fields  
Pontiac  
Evanston  
Peoria  
Rochelle  
Rockford

# HAPPY HOLIDAYS



*Rockford*



AMI AFFILIATES OF WISCONSIN - held their annual meeting and Conference recently in Madison. Hosted by AMI of Dane County, the keynote address, entitled "Tools for Advocacy", was delivered by Laurie Flynn, Executive Director of NAMI.

Referring to the phenomenal growth of NAMI affiliates throughout the nation, Laurie Flynn observed that family movements such as ours cannot fail because of the intensity, the values, and the deep love of the family for their ill members. Organizations and institutions, on the other hand, think only in terms of statistics. She said the real adhesive of our organization is that caring, and we must not lose sight of this.

She praised the hard work and forcefulness of Dick Greer, NAMI Legislative Chairman, and announced the naming of an assistant, Patty Brady, to handle the ever-increasing requirements of this office.

The Protection and Advocacy Law, sponsored by Senator Lowell Weicker, was an outstanding accomplishment, she said, because fewer than 10% of all bills brought before Congress ever get beyond one hearing. Flynn also credited Senator Weicker with having 10 Million Dollars in place, for putting this law into effect in all states.

Also at this meeting Harriet Shetler, NAMI Board Member and Editor of the NAMI newsletter, requested members to send in immediately their 'intent to attend' forms for the next national meeting to be held in July in Boston. Forms are non-binding, but there is a limitation of 1800 for this conference.

The 1987 annual meeting will again be held in Washington D.C.. This practice will possibly be repeated every five years.

A National AMI Client Council is being planned, with one former patient to be chosen from each state. This council will serve in an advisory capacity to NAMI.

After these announcements, there were excellent workshops pertaining to the many problems and issues of advocating for and coping with mental illness as well as comments from two outstanding authorities. Dr. John H. Greist effectively dealt with the problem of anxiety disorders, in which the primary, underlying cause is depression. Dr. Ronald J. Diamond expressed belief that families can change the degree of severity in schizophrenic clients by eliminating stressful situations and adverse environmental conditions, as much as possible. He also stressed the fact that we must rethink the Confidentiality Laws.



In the regional meeting in Peoria, Vi Orr was presented with a plaque for Outstanding Service as the first President of Alliance for the Mentally Ill of Illinois, State Coalition. Vi also founded the AMI of Greater Chicago (formerly IAMI) She is also an honorary member of - AMI - Northwest Suburban.

MEDIA OFFERINGS

SEARCH FOR MENTAL HEALTH is the name of a collection of cassettes made by Forest Hospital as a nationwide Public Education feature. They can be heard on your local FM and AM. Many experts supply input on a number of subjects.

Vi Orr, the president of AMI of Illinois, State Coalition, is featured on one of these cassettes, and discusses National and local AMI groups, Dr. E. Fuller Torrey's book, Surviving Schizophrenia, and related topics. The title of her tape is "Special Needs of the Long Term Mentally Ill".

Chicago stations are WJJD, WLAK, and WYEN..

AMI - Northwest Suburban: has secured a full page advertisement in the Community Pages (green ones) of the Arlington Heights Telephone Directory. Complete with logo and illustrations, the write-up describes the time and place of group meetings and the aims and concerns of the organization. A telephone number and a Postal Box# are included for future contact. Congratulations, Mr. Robert Kouba.

Schizophrenia Ass'n. of West Suburban Chi. (Downers Grove) has been fortunate to have good speakers recently. They include Anne Redmond, Volunteer Coordinator, DuPage County Health Dept. Her division is sponsoring a 6-week training course for volunteers who will eventually work in the DuPage County 24-hour crisis residential program. Fr. Cornelius Keogh, co-founder of GROW, Int., introduced his community health movement which works towards personal growth through shared learning and mutual help. Jon B. Pangborn, Ph.D. of Bionostics, Inc., Lisle, IL spoke on "Nutrition and Metabolism in Schizophrenia" Bionostics assists doctors in diagnosing metabolic errors and provides strategies for ameliorating them.

CHEMISTRY OF MADNESS

Appearing recently in The Reader is an excellent article, featuring Jerry Dincin, Director of Thresholds (August '85). It is very complete, furnishing background and operation of his Day Treatment facility in Chicago, as well as current implications of Dopamine Chemistry in the brains of mental patients.

REGION V COMMUNITY SUPPORT CONFERENCE  
Columbus, Ohio



Sponsored by the National Institute of Mental Health, Community Support Division and the Ohio Dept. of Mental Health, this conference offered discussion on policy issues in community support programming and workshops relating to particular tracts of community support. Presenters, moderators and reactors represented the states of Minnesota, Wisconsin, Illinois, Michigan, Indiana and Ohio. Included were consumers, family members, direct service providers, board leaders, community leaders and management.

A special report on the Ohio Housing Task Force findings was presented by David Chapin, Architect and Cindy Flaherty, Chief, Office of Housing Policy and Advocacy. The Ohio Dept. of Mental Health instituted a 60-member Housing Task Force which has worked for a 12 month period to define a set of initiatives that, if implemented, would increase the viability of alternative living arrangements for mental health services consumers. Some findings of this group were presented.

The speakers in the Family Support/Services tract included Bev Young, President of AMI-Wisconsin and Evelyn Taylor, President of Ft. Wayne MI (Indiana). Bev Young emphasized legislative work that needs to be accomplished by family support/advocacy groups. She recommends a study of the power structure; who is in power, how does this structure work and where does the money come from. Groups must get to know people in power so that they will remember your name and who you are representing; the group must figure out how to influence these people in power. AMI-Wisconsin has the viewpoint that the mental health system should be the service provider with the family group lobbying for the funds and support of decision-makers. The group often works in coalition with other groups when lobbying and believes that the mental health system should keep the AMI groups informed so that both may work together. AMI-WI recently received a contract from NIMH/CSP for children which entails determining the extent of services needed for children with mental disabilities and coalition building with those involved.

Evelyn Taylor stressed publicity and membership retention for local IAMI groups. The Ft. Wayne group uses advance knowledge of mental health related TV and radio programs to have the name of its group mentioned. By distributing their brochure, writing letters to newspaper editors, showing up at meetings of mental health related organizations, being interviewed on local programs and keeping the mayor and governor informed, members are receiving excellent press for their group. Newcomers to the group receive a folder containing brochures, newsletters, a reading list and other relevant information. They are introduced to the group and

a follow-up call is made to their home to insure they will be returning to the next meeting. Ft. Wayne AMI was recently involved in the passage of a law within Indiana that permits a family member to have access to a patient's records. They have also made it possible for the Social Security Administration to allow a letter from an AMI group to help establish disability (in Indiana).

Within the Research tract, Martha Taylor, Research & Evaluation Director of Franklin County (Ohio) United Way spoke on a recently completed study of the disability process. The study represented a joint effort between the Ohio Department of Mental Health, Office of Program Evaluation and Research and the Ohio Bureau of Disability Determination. It was designed to better understand the disability determination process and to explain ways in which consumers, professionals and policy makers could impact the determination process.

The Weaves With Texture tract offered Larry Miller, Director of Community Support Programs (Indiana) speaking about the state advisory board. The advisory Board is directed to the goal of formulating a state community support plan by mid-1986. After identifying key CSP stakeholders within the state, a broad based and multi-level membership has been established, comprised of family members, consumers, representatives from major state agencies and diverse human service organizations.

Two recurrent themes were felt throughout the Ohio Conference. Historically primary and secondary consumer involvement in policy issues has been limited. A Consumers in Policymaking discussion portrayed examples of self-governance, planning and evaluation of services. It was acknowledged that decisions regarding issues of involvement, control and accountability are in transition. Consumers are effective advocates and professionals are realizing through experience, that working together can be a positive experience. The second theme involves the Ohio Department of Mental Health. Evidence from Ohio family groups, the Chief of NIMH's Community Support Division and speakers representing Ohio's mental health services is gathering that the department is doing quite a good job. The department's early ideas of three years ago are now a philosophy and include: consumer centered community support programs, collaboration between consumers, families and other service groups and departmental representatives. As Pamela Hyde, Director of the Ohio Department of Mental Health said, "The department displays a passion in the area of CSP".

The Illinois Department of Mental Health and Developmental Disabilities sponsored an AMI-Illinois state coalition member to this Community Support Conference.



## DOLLARS FOR POSTAGE

President Reagan vetoed a 13 billion dollar bill, because it provided \$820 million for the Postal Service subsidies to charity and not-for-profit groups via lower postal rates.

The Senate's postage meter is expected to run up a \$56 million bill in Fiscal Year 1986, and the projected cost for both House and Senate is \$144 million. In October, alone, the mass mailings from the Senate, including newsletters and announcements of town meetings totalled 44.7 million pieces.

We hope, by the time our readers receive this newsletter, the White House, the Treasury, and the Postal Service (and our news-letter) will have received operating funds for FY 1986.

## LIFE AFTER SCHIZOPHRENIA

Researchers from Yale University School of Medicine, the University of Vermont College of Medicine and the Vermont State Hospital found that patients diagnosed with severe schizophrenia over the past 30 years made a big turnaround. Sixty-eight percent of more than 250 former patients studied had no signs of schizophrenia, had jobs and decent homes.

Former patients listed things which helped: having basic needs met, like housing, clothing, and food; finding a way to be productive; finding a way to control symptoms and buffer themselves against symptoms; having a chance to get well; and having someone believe in them and their own persistence. It could take 15 years, and there are no guarantees.

## LASKER AWARD TO ANN LANDERS

Ann Landers is the winner of one of the nation's most prestigious prizes - the Albert Lasker Medical Award for Public Service. This award, which carries an honorarium of \$15,000, was donated by her to Hereditary Disease Foundation in Santa Monica.

Ann Landers has served AMI well, speaking at one of our conventions and advising her readers to contact our organization. A single mention in her column resulted in more than 400,000 requests for a booklet from the National Institute of Mental Health.

The magazine, Public Opinion, in its January issue (84) had an article "The Evolution of Ann Landers: From Prim to Progressive". Written by Charlotte Hays, it claims she has continued to be a mirror of America in her columns from 1955-80.

## DISABILITY REVIEWS

2.6 million disabled face status reviews beginning in January 1986. The Department of HHS is sending notices to the first 50 thousand people, asking them to show up at local Social Security offices and provide the names and addresses of their doctors and hospitals.

The department will essentially check the medical status of all recipients under the new regulation to determine if persons are still disabled. The cases of another 75 thousand people who were either involved in a class action lawsuit or have individual cases pending in the court will be studied.

A second review will be made before cutting benefits of those people whose medical condition has improved and are able to work. The revised regulations avoid pitfalls of the past when numerous persons were taken off the roles..

Other important changes will include more realistic evaluations of mentally impaired people to determine their ability to function in a competitive work environment. Also, the combined effect of all of an individual's impairments will be studied.

## HOT LINES TO CALL:

Bureau of Disability Adjudication Services. -1-800-637-8856.

Attorney General Office concerning disabled persons problems. -1-800-382-3000.

Health Care Costs and Services - 1-800-325-9564.

## Beware of Disappearing Bank Accounts

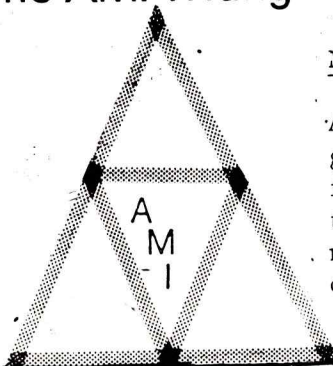
Representative Payees, Guardians, and any family members who handle bank accounts for their disabled ones should make sure that increased service charges do not eat up these accounts. A service charge from \$7.00 to \$10.00 every month to cover perhaps one deposit and only a few checks or withdrawals is too much. And there are other hidden charges, relating to telephone inquiries, direct deposit, minimum balance, etc. Check on your local bank's practices before your account is eaten away.

Many banks have a reduced fee for Senior Citizens. This discount rate should be extended to emotionally handicapped and physically disabled persons also. Chicago Tribune and Chicago Magazine (October issue) have articles on this. Bank regulators, legislators, and consumer-groups have all become concerned. Join them in this complaint.

forget something?



The AMI Triangle



NATIONAL STATE LOCAL  
THE TRIAD

A union of 3 closely related groups all needing your financial support as we continue to make progress. We need to support all 3 to see our dreams come true.



To: Alliance for the Mentally Ill of Illinois, Inc. DON'T FORGET AMI of ILLINOIS DONOR PROGRAM  
State Coalition

In memory of/in honor of \_\_\_\_\_

Members and friends are encouraged to use this account for memorials, honorariums, holiday "gifting".

Acknowledgment to be sent to:

The bank handles the sending of a recognition card and receipt card. (See reduced sample to left)

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Donor \_\_\_\_\_  
Street \_\_\_\_\_  
City/State/Zip \_\_\_\_\_

Address orders for cards (in lots of 5, 10 Or 50's) to:  
AMI of ILLINOIS, INC.  
State Coalition  
First National Bank & Trust Co.  
Rochelle, IL 61068

HELP US TO CONTINUE TO HELP THE DISABLED.

\*\*\*\*\*ORDER COUPON\*\*\*\*\*

Mail me \_\_\_\_\_ Book(s)-Surviving Schizophrenia-  
A Family Manual by E. Fuller Torrey, M.D.

Enclosed is check for \$10.00. \$8.95 Book  
Postage and Handling 1.05  
10.00

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THE ANCHOR CLUB

A \$501.00-\$1,000.00 donation provides us financial stability and is a clear declaration of the donor's confidence in our future. THANK YOU.

MEMBERS:

- Mr. & Mrs. Willard Gieske
- Mr. & Mrs. Paul McGuire
- Vi Orr & Family
- Forest Hospital Foundation
- Camelot East; China & Peking
- Market Place; Sertoma Club of Chicago (Loop).

YES, I want to help!

I realize the importance of your work and want to assure its continuance.

Enclosed is my contribution to AMI of ILLINOIS. STATE COALITION

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A SPECIAL  
THANK  
YOU  
TO  
ALL  
CONTRIBUTORS  
AND  
VOLUNTEERS  
IN  
1985



\$20  \$50  \$75  \$100 Other \$ \_\_\_\_\_

# Get Acquainted With Your Affiliates

AMISS, the Alliance for the Mentally Ill of the South Suburbs, had two beginnings. In 1980 Kenneth Schmitt of the Family Service & Mental Health Center in Harvey, IL, brought 3 couples together to work on mutual problems of living with their ill relative and to consider how their own lives were going. They did a lot of talking, some role playing and took some steps toward a social life for themselves. Then in 1982 Ken brought those couples together plus other parents and the group numbered around 14 people. Ken introduced us to AMI-Illinois (now Greater Chicago) which we eagerly joined. We traveled up north to their meetings but soon realized that we needed a local group.

We got together a brochure, stationary, by-laws, a not-for-profit charter and our name. AMISS now has 56 family memberships, a large mailing list, and serves 33 south suburban communities. We meet twice a month (1st and 3rd Thursdays) at the Olympia Fields Osteopathic Hospital. One of those evenings is devoted entirely to support, listening to one another, sharing information about doctors, hospitals, medication, housing, financial resources, whatever is needed. The other evening (and some Sundays) we have a speaker, run a video tape, handle advocacy, educate ourselves and conduct the business of AMISS. In addition our board meets once a month.

AMISS has grown in numbers, in activities and in accomplishments. We were active participants in

forming AMI of Illinois, State Coalition, having 2 people on the steering committee. We hosted the State Coalition meeting at Tinley Park State Hospital. We have members presently serving the State Coalition as a delegate, a board director and as its secretary. We also have an AMISS member on the boards of Region 6's Abuse and Neglect Project, the Guardianship and Advocacy Commission and the Human Rights Authority.

We now have our own newsletter published every month offering, along with news of AMISS, information on agencies and services available in our area. We have 4-5 speakers each year (mostly from the mental health field) and we have had a few legislators. We have an active library, a newly-formed and promising Housing Committee. Our Finance Committee has raised funds by having a dinner and raffle, and has succeeded in obtaining some money from local townships participating in Federal Revenue Sharing Funds. We are giving new AMISS members, and persons in crisis, a copy of Agnes Hatfield's booklet "Coping with Mental Illness in the Family: A Family Guide".

In addition to educating ourselves we attempt to educate the public by giving talks on Schizophrenia and AMISS to local groups. In December three of us will participate as a panel in a class at Governor State University, in University Park, IL. We will be giving psychiatric nursing students our perspective of what the mentally ill and their families experience and what they need.

THE MARIE BALTER STORY is a TV movie about a woman who grew up in a mental institution and recovered so completely that today she runs the place. Marlo Thomas stars.

## FIGHT MENTAL ILLNESS



ALLIANCE <sup>for</sup> the MENTALLY ILL of ILLINOIS, INC.  
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AMI of ILLINOIS, INC.  
STATE COALITION

Vol. 2, No. 1 MID WINTER, 1986

# Stateline

P.O. BOX 863 GLENVIEW, Illinois 60025 815-842-1514 312-729-1457

## MARK YOUR CALENDAR!

# what -

# when

# - where

AMI of ROCK ISLAND/MERCER COUNTIES TO HOST STATE COALITION APRIL REGIONAL MEETING.

DATE: SATURDAY, APRIL 5, 1986

TIME: 9:00 A.M. to 4:00 P.M.

PLACE: FRANCISCAN HOSPITAL-JORDEAN CENTER  
2701-17th St.  
Rock Island, Illinois

DIRECTIONS: Highways 5, 80, 74 lead into Rock Is. Then take hwy. 280 to 92. North on 92 to 17th St. Right on 17th to Jordean Center.

Each affiliate and/or director will have detailed map and up-to-date information.

PROGRAM: ORGANIZATIONAL MEETING  
9:00- WELCOME INTRODUCTIONS of KEYNOTE  
10:00 SPEAKER(S).

WORKSHOPS: (Workshops 1 & 2 repeated in P.M.)  
10:30- (1) COMMUNITY LIVING & PUBLIC HOUSING  
11:30 Facilitator: To be announced later

(2) COMMUNITY SUPPORT SERVICES  
Facilitator: Mary Jane McCorkle

(3) FUND RAISING & GRANT WRITING  
Facilitator: Frank Ware

LUNCH: MES AMIS RESTAURANT  
(Serviced by client staff)  
12:30 1724 2nd Ave. (Downtown Mall)  
1:30 Rock Island. Transportation will be provided from Jordean Center.

TOUR of FRANCISCAN MENTAL HEALTH FACILITIES. (Transportation provided.)

WORKSHOPS: Repeat of workshops 1 & 2.  
1:30- Workshop #3 to be announced.  
2:30

3:00 RECEPTION-AMI HOUSE (22 Bed Facility)  
805 19th St.  
Rock Island, Illinois  
(309)793-4993

March 25, 26, 27  
GOVERNOR'S CONFERENCE ON LONG TERM CARE  
Americana Congress Hotel  
Chicago, IL

Workshops, panel discussions, awards luncheon, special resource exhibits.

Advanced registration or call for flyers or information: Irene Hill  
(312)793-1976

Write to: Long Term Care Conference, '86  
P.O. Box 5022  
Springfield, IL 62705

*you can't afford to miss.*

COMING: DETAILS AND DATE TO BE ANNOUNCED IN NEXT NEWSLETTER

TWO DAY REGIONAL MEETING WITH WORKSHOPS - SPECIAL SPEAKERS

HOST - AMI of MADISON COUNTY EDWARDSVILLE, IL



## INTRODUCING

Parent Support Group  
Northern Madison County  
c/o Marc Goldman  
2615 Edwards  
Alton, IL 62025  
(312) 465-2921

We look forward to meeting new members at the regional meetings.

## WHO ARE THE REAL EXPERTS?

A major university received a \$10 million grant to build a new library. Since it was to be built on landfill, they hired the best architects, engineers and builders. All the plans were checked and rechecked. Each stage of the construction was tested and retested to ensure the desired outcome. Three months after the library opened, it began to sink into the ground. All the "professional experts" were called in to find out what went wrong. As they went over all their plans, all their calculations, they found they had forgotten one detail. They had forgotten to add in the weight of the books!

In treating the chronically mentally ill patient, I wonder if we have not forgotten one essential detail --- the patient's family. The solution, too often, is to isolate the family from the treatment process thereby rendering them powerless and uninformed. The solution, in many cases, becomes the problem.

Parents and siblings are the critical variable. If they are left out or take themselves out of the picture, everyone suffers. The patient feels abandoned and a self-fulfilling prophecy develops for the family leading to an exacerbated sense of hopelessness.

Exactly one year ago, we began a Parent Therapy Group with the belief that increased involvement on their part would have a positive outcome for their sons and daughters. It was a difficult and painful beginning for all of us. It was necessary to purge ourselves of longheld myths and change the premises from which we were operating. The initial question from parents was always the same, "Why do I need to be involved? What can I do?" The parents no longer ask that question. They are able to laugh at themselves for ever asking such a question. They know now who the real experts are because they have taken charge of the treatment process. Their sons and daughters are making observable progress; moving forward to greater independence and responsibility.

What has evolved is a group of parents invested in becoming skillful and effective creators of a different way. They have left the myths of powerlessness behind and claimed their rightful place as the experts of change for their families. The self-fulfilling prophecy has taken on a positive dimension

leading to a renewed sense of purpose and hope.

Greentree Industries, an affiliate of Forest Health Systems (Forest Hospital, Lovellton Chemical Dependency Treatment Center, Willows Graduate Program) is a therapeutic, Vocational workshop serving chronic young adults and adolescents. As a result of a grant from the Forest Hospital Foundation, we are able to print the AMI of ILLINOIS STATE COALITION Newsletter.

If you are interested in starting a program in your area, call or write:

Don MacRae M.A., M.B.A., Director  
Greentree Industries  
555 Wilson Ln.  
Des Plaines, IL 60016  
312-827-5359

### OFFICERS AND DIRECTORS SERVING YOU-1986

VI ORR, PRESIDENT. A founder of AMI of Greater Chicago (formerly IAMI) & an honorary member of AMI-Northeast Suburban.

(312) 729-1457

PAUL KAISER, 1st VICE-PRESIDENT. Member of AMI OF LAKE COUNTY, LIBERTYVILLE.

(312) 662-6017

LESTER MAYES, 2nd VICE-PRESIDENT. Member of AMI of Rock Island & Mercer Counties.

(309) 786-4923

DELBERT MUNDT, RECORDING SECRETARY. Member of AMI of EFFINGHAM.

(219) 739-2254

CAROLYN SMITH, CORRESPONDING SECRETARY. Member of AMI of SOUTH SUBURBS. Olympia Fields

(312) 423-3451

ROBERT DELL, TREASURER. Member of FAMI. Sandwich. (815) 786-6341

### DIRECTORS

Chuck Beard	Springfield	217-525-1064
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Mary Rose Kelly	Peoria	
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Ann McGuire	Libertyville	312-432-4562
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Mary Siebel	Evanston	312-864-8866
Imelda Smith	Peoria	309-745-5338
Kay Weinrich	Rochelle	815-625-6036
Robert Willey	Rockford	

Most telephone numbers are home #'s reachable in evenings. A few are directly to mental health centers in local areas.



## NATIONAL TRENDS IN MENTAL HEALTH CARE

ANN PATLA, staff member of the Dept. of Mental Health and Developmental Disabilities in charge of setting standards in health care services, at a meeting of concerned consumers and providers in Lake County, spoke on trends in mental health.

There will be less money on the federal, state and local level with more competition for it. Health care and cost is the major issue—who pays, who profits, and who is at peril. There is increased skepticism about the ethics of human services resulting in public awareness and an attitude which need changing.

PATLA cited three studies on the future of mental health being done respectively by the United Way, the Office of Health and Human Services and the National Mental Health Association (another to be watched for is one on Mental Health in Illinois by the League of Women Voters).

Looking toward the year 2000, we view the striking impact of the steadily increasing number of the aged over 65. While growth in native population is slowing, immigration—legal and illegal—swells. Minorities and single parent households have raised the poverty rate from 11% to 15%. Greater international competition has sustained the unemployment rate. Stresses aroused in these populations enlarge mental health issues and provoke a need for reshaping services.

While there is a need for expenditure on all levels to restore mental health forces, the decentralization of government, and the Gramm-Rudeman bill threats continue the shortages. Health care and delivery is challenged by cost containment and control. Government has seen need to assume a gate keeper roll. The rationing (DRG) Diagnosis Related Group result in dumping and a dual class system of care arises public sectors.

PATLA says that the National Alliance for the Mentally Ill has become a helping component of the system much as the DD families have done. Still research in schizophrenia, the case of one-half of admissions, is \$25 million in contrast to \$1 billion for heart disease and cancer.

Since deinstitutionalization in the 70's mentally ill have been treated with 21 days in hospitals for stabilization on drugs, turned out to families, ICFs, nursing homes, with the severely disabled remaining in the state hospitals. Since the numbers of mentally ill have not decreased, that means many are turning up in the correctional system or are among the homeless on the streets. The component of alternative housing needed in the communities is resisted because of the stigma attached to the mentally ill.

PATLA turned to our own state system and said that a two month survey of the nursing homes suggested to Public Aid that it might initiate a new program for the mentally ill using the psycho-social rehabilitation developed by William Anthony, Ph.D, Director, Center for Rehabilitation Research and Training in Mental Health, Boston, MA. The Supreme Court ruling last year that Federal Medicaid may not be used to pay for mentally ill patients in Institutes of Mental Illness, while depriving our Illinois system that portion of federal aid, also relieved it of the nursing standards imposed. There may be a program developed better suited to mental illness at a cost of \$25 to \$28 per diem. There are still the problems of dual diagnosis—mental illness exacerbated by alcohol and drug use, the homeless and other mentally ill who won't come in and need outreach service.

PATLA, in ending, uses Tom Peters In Search of Excellence in American Corporations who gives the example of IBM's motto, "Stay close to the customer". She urges the policy makers to stay close to the patients who are in their stewardship.

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Ann Patla is an honorary advisor to  
AMI of ILLINOIS, INC. STATE Coalition.

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### EXCHANGE OF NEWSLETTERS—U.S. & CANADA

Newsletters do not go to waste. Recently AMI-IL, STATE Coalition had to make room for current materials. The many interesting newsletters from affiliates around the U.S. were "bagged" and passed to all the officers on the STATE Coalition board. After reading they will be sharing them with members in their local groups. New ideas and information can be found by this exchange.

# PEOPLE TO WATCH - REVIEW OF THE STATE MENTAL HEALTH SYSTEM

On the national level, fiscal affairs are uncertain, two medical doctors will head human service departments important to the mentally ill and their families.

Dr. Otis R. Bowen, a former governor of Indiana, is Secretary of Health and Human Services. A change in medicare to provide catastrophic insurance for the elderly is his brainchild. (The elderly do not think it does enough). While this insurance plan is being studied, those who favor more insurance for the young begin to discuss their ideas of a full range of health-care services.

Dr. Donald Ian MacDonald, a pediatrician from a small town in Florida who started out two years ago as head of the Alcohol, Drug Abuse and Mental Health Administration, is now serving as Acting Assistant Secretary in charge of the department's Public Health Service, the division that oversees the Drug Abuse Agency, The National Institute of Health, The Centers for Disease Control and the Food and drug Administration. He is said to have made such a mark in Washington that he is on the "Short List" of candidates for the permanent post.

Stunned by his own ignorance when a child of his own "got in trouble" with drugs, he worked to understand the pain in children and their parents.

He said that one of the things he's loved seeing in Government is the balance between the amateurs and the pros, that this is the way our country was started, by amateurs with high ideals and purpose.

The Governor of Illinois, James R. Thompson, appointed Ann Kiley of Chicago director of the Illinois Department of Mental Health and Developmental Disabilities to succeed Michael A. Belletire, who resigned. Kiley, 38, brings an academic background in anthropology and education to the job, which pay \$65,000 a year. Her recent post as a senior administrator in the Public Aid Dept. and a former position running the Governor's Planning Council on Developmental Disabilities supply excellent background material for her new job. As her husband, James W. Kiley, is director of the Illinois Housing Development Authority a state lending agency, she will use the Chicago offices of DMHDD as her base.

Governor Thompson named Roalda Alderman, a 15 year veteran of state government, as acting director of the Department of Alcohol and Substance Abuse.

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## BASIC MEDICAL RESEARCH TO BE FUNDED

The Howard Hughes Medical Institute became the world's richest independent research institute when it completed the sale of Hughes Aircraft to General Motors for \$5 billion. It plans to use the new funding to support the study of genetics, the immune system, cell metabolism and the nervous sys.

The Univ. of Chicago will share \$1 billion to be spent in the next five years in research to be conducted in 22 laboratories associated with academic medical centers and teaching hospitals in 14 states.

In December, 1984, The University of Chicago received \$5 million for construction of labs and offices in the north wing of Billings Hospital for its Hughes Medical Institute. Here it will spend its share of at least \$180 million to be spent this year for studies in "molecular medicine—the application of modern biology to medicine."

(Scientific American, October, 1985—the entire issue devoted to molecular biology with articles by sixteen of the world's most distinguished scientists some of whom may be worked in the "labs" financed by Hughes.

Solomon Snyder, M.D., one of them mentioned in the article will be on the program at the Natioan AMI conference in Boston, MA, July 3-4-5, 1986.

Dr. John Crayton, whom many AMI members heard recently at Sangamon University at a Springfield seminar is based at the Univ. of Chicago and may have a part in the studies.

Dr. Bernard Strauss, Dean of Basic Sciences at the university, emphasized that money from Hughes and other private organizations is becoming increasingly important because of federal cutbacks in research.

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Paul Kaiser, AMI-IL, Vice-President was guest speaker at a monthly meeting of the League of Women Voters. Paul familiarized the League about mental health problems in IL. The league has formed a Mental Health Task Force to do a two year study on mental health.

INSURANCE

INSURANCE BILLS IN LEGISLATURE. CHIP ACT.

Beyond the problems of liability insurance, a survey completed last year indicated that thousands of Illinoisans are unable to obtain health insurance at affordable rates; some, not at all.

Four bills have been introduced in the IL legislature which would create a Comprehensive Health Insurance Program (CHIP Act) in Illinois. Nine other states already have similar laws. These bills are Senate bills 1122, 1205, 1503 and House Bill 2603.

At hearings held by the Chicago Health Systems Agency, there was support from consumer and hospital interests. The health agency recommended that employers, insurance companies and hospitals contribute to the statewide fund needed to provide money for the pool. While not free, the insurance would be obtainable.

To emphasize the need for this program, send the senate insurance committee written testimony telling them how problems affect you or disabled family members, or you may appear in person at hearings which are to be arranged.

Address correspondence to the following listed senators:

Senate Post Office, Springfield, IL 62706:  
Senator Emil Jones, Chairman or  
Senator Judy Baar Topinka  
Senator John E. Friedland  
Senator Frank D. Savickas  
Senator Margaret Smith

For more information regarding these bills call Elaine Hoff in Springfield (217) 782-2490 or the Disabled Persons Advocacy Division at (312) 793-4384.

These insurance bills are very complicated. Each affiliate should get copies of the bills and discuss them with their members. As individuals, families should give oral or written testimony, get in touch with state senators and representatives, and let the legislature know how important insurance is. This insurance is for anyone uninsurable through normal means or not cared for in some other way.

The STATE Coalition Affiliate interested in and handling insurance matters is:  
Livingston McLean County Reach  
John Plesko (815) 842-1514

COMMITTEE ON MENTAL HEALTH INSURANCE

The Mental Health Association of Greater Chicago has formed a committee on mental health insurance coverage to discuss this subject in depth and attempt to define the primary cause of the decreased mental health coverage and then to create constructive solutions to it. The justified economic concerns of medical plan providers will be addressed.

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INSURANCE NUMBER ONE PROBLEM

Governor James R. Thompson FY 1987 budget message is that aid funds will be tight, and funding very small for human services, the insurance crisis is the number one problem that the legislature must address this year. Because of the decreasing availability of reasonably priced liability insurance, Thompson warned, other agencies providing human services may soon have to begin shutting their doors.

He said the state cannot be as liberal with funding for human services as it was in fiscal 1986, and "we must ask you, the private sector, to do even more."

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HOUSE BILL 2458 - designed to establish a local delivery system for mental health, substance abuse and developmental disabilities services was introduced in the state legislature mid April, 1985 and is still in committee. Under the bill, DMHDD's \$600,000,000 budget beyond administrative purposes would be distributed to local governments on the basis of population. Governing bodies would be run by the county board of each county of Illinois other than Cook County; the City Council of Chicago; and the board of Trustees of each township outside the City of Chicago. Each of these governing boards is to establish a board of directors to run the community services.

While this promises to be a controversial piece of legislation, the STATE AMI affiliates should study it to determine the pros and cons in contrast to our current state delivery system. It is modeled somewhat on the system in Wisconsin.

Each affiliate should get a copy of this bill and begin to study how it would affect the present system.

# You should know...

## POSTAL SERVICE CUTS

The administration again wants to eliminate the subsidy for non-profit and other mailers. Congress is likely to reduce the subsidy gradually instead of wiping it out.

Congress's recent reductions in the subsidy (forced by President's veto as detailed in our winter STATELINE newsletter) made the postal service raise subsidized rates between 23% and 41%. Another increase scheduled for the middle of January was cancelled. However, it may come in March and possibly as high as 19%. The postal rates for our newsletter may be doubled by next mailing. All the more you need to send in your contribution so you won't miss any issues of our newsletter.

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## AWARDS

A \$25,000 Chicago Community Trust Grant was awarded to Mental Health Association of Greater Chicago for the purpose of staffing a full-time site visitation position in their offices. The Association will be able to expand its visits to community mental health centers and mental health state facilities; namely, Elgin Mental Health Center, ISPI, Chicago Read Zone, Tinley Park Mental Health Center and Madden. If you wish to communicate information about one of the facilities call the Site Visitation Director at 312-922-0703 or write directly to: Mental Health Association of Greater Chicago, 407 S. Dearborn, Chicago, IL 60605.

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## GOVERNOR'S MENTAL HEALTH PLANNING COUNCIL STANDARDS IN PRISONS AND JAILS

Governor Thompson has formed a Mental Health Planning Council. One of its tasks is to establish minimum standards for appropriate mental health care in prisons and jails. SB 675 (Netsch) would require the Department of Corrections to make mental health and developmental disabilities services available to every person committed to a jail or prison in Illinois is under consideration in the state legislature.

## TARDIVE DYSKINESIA

The Illinois Department of Mental Health and Developmental Disabilities is beginning a statewide program to monitor patients on tardive dyskinesia systems.

C-MED, Inc. acts as a consultant in the training of staff to implement Complete monitoring and evaluation systems for tardive dyskinesia.

For more information on this topic, contact C-Med, Inc., 115 S. La Salle, Suite 2780 Chicago, IL 60603

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## THE YEAR OF THE HOMELESS - 1987

New York: \$5 million dollars are being raised to coordinate the United Nations "International Year of Shelter for the Homeless." The U.N. General Assembly has declared that 1987 will be "The Year of the Homeless" and has established a five person agency, called the United Nations Center for Human Settlements (Habitat) to conduct an educational campaign.

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## TRAINING AND CURRICULUM COMMITTEE

At the NAMI '85 Conference in New Orleans, Jan Cerny, SAWSC Board Member and delegate to AMI of IL, STATE Coalition, became a member of the NAMI Training and Curriculum Committee. This committee is a group of mental health professionals who are organizing to update the curriculum in the schools that are providing professionals with their education. Jan will chair such a committee in the Illinois area and would like to hear from all concerned mental health professionals.

Jan plans to expand a quarterly newsletter she recently started for professionals and to initiate interest in having a workshop for professionals and families. She would like to hear ideas for bridging the gap that exists between the literature that is used in the schools and the current information that is being used in the field of mental health.

Mental Health professionals may reach Jan Cerny at: (312) 323-5800 ext. 485 (days) or at (312) 964-1515 (evenings and week-ends)

NATIONAL MENTAL HEALTH CONSUMERS' CONFERENCE  
1986

CLIENT CONSUMER CORNER

This summer, the 2nd in-person conference of mental health consumers, psychiatric, patients and ex-patients, clients, survivors, ex-inmates of the psychiatric system and/or mental health system will be held.

CONSUMERS-MARK YOUR CALENDARS for August 15, 16, 17, 1986. FOLLOW IN NEXT NEWSLETTER FOR DETAILS.

Our summer conference in June, 1985 held in Baltimore, MD at the College of Notre Dame was a success! Approx. 470 people with a history of psychiatric care attended, banding together for the first time of this magnitude in the U.S. for the purpose of exploring a national organization and consumer-run-alternatives.

I am Stanlee, a consumer of mental health services. Diane, my wife, went with me to the conference. We had a good time and made acquaintances with many, some of whom we talked with in our monthly national teleconference. We hope that all whom we met will remain or become friends in the struggle to overcome stigma and live a life of holistic health.

The purpose of the conference; to explore a national organization of people who spent time in a psychiatric facility and/or who are opposed to involuntary commitment, and to explore the options for consumer-run-alternatives-to-the-mental-health-system. We participated in at least 4 plenary sessions designed to help organize a previously unorganized group. They ran well, smoothly, and without much disruption. A national steering committee with two representatives plus two alternatives from each of 10 regions was elected. The reps from the midwest, are:  
Su Budd c/o PROJECT ACCEPTANCE  
P.O.Box 187  
Lawrence, KS 66044

Rae Unzicker c/o South Dakota Mental Health Advocacy Project  
P.O. Box 618  
Sioux Falls, SD 57101

and...you can reach me:

Stanlee Kafka  
615 E. Gundersen Dr., Apt. 203  
Carol Stream, IL 60188-3129  
(312) 682-3452

JOIN US! The national teleconference of patients, ex-patients, consumers and survivors is held each month on the second Thursday at 2:30 P.M.

KUDOS TO CONTRIBUTORS-ALL THE WAY TO HONOLULU

The China Market Place and The Peking Market Place, two shops located in the Royal Hawaiian Shopping Center in Honolulu, Hawaii, are helping AMI of IL, STATE Coalition raise funds. Much of their merchandise is imported from the People's Republic of China. Touring members can thank them personally. Many of the lovely gifts were bought by AMI members for gift giving during the holidays. THANK YOU

THE ANCHOR CLUB

A \$501.00-\$1,000.00 donation provides us financial stability and is a clear declaration of the donor's confidence in our future. MEMBERS-1986

Mr. & Mrs. Paul McGuire  
Forest Hospital Foundation  
China Market Place/The Peking Market Place  
Vi Orr & Family



**YES, I want to help!**

I realize the importance of your work and want to assure its continuance.

Enclosed is my contribution.  
Please make check to

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P.O. BOX 863  
GLENVIEW, IL 60025  
10\_\_\_20\_\_\_25\_\_\_50  
75\_\_\_100\_\_\_other\_\_\_

Don't forget our donor card program.  
In memory of/in honor of

- Parent/Family       Friend
- Professional       Organization
- Patient/Ex-Patient

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

# Get Acquainted With Your Affiliates

THE SCHIZOPHRENIA ASSOCIATION OF WEST SUB-URBAN CHICAGO (SAWSC) was ten years old in April, 1985. It is the oldest mental health self-help group for families in Illinois. SAWSC's history began at Argonne National Laboratory in the early 1970's. A group called Concerned Argonne Scientists met at luncheons to discuss a variety of topics and it was at these meetings that people with mental illness in the family, were drawn together. Eventually they formed a sub-committee on mental dysfunction and held meetings whenever the luncheon time was available. Several of these people also attended meetings on mental illness coordinated in Chicago by a prominent attorney. These people and their family members, through personal tragedy and a quest for information, formed SAWSC in Downers Grove.

Aside from being affiliated with NAMI and the AMI of ILLINOIS, STATE COALITION, SAWSC is also affiliated with the HUXLEY INSTITUTE for BIOSOCIAL RESEARCH, New York which was founded in 1971. The Huxley Institute includes as a division, THE AMERICAN SCHIZOPHRENIA ASSOCIATION (founded in 1964) and affiliates of the Institute include Schizophrenia Association in their name. The Huxley Institute promotes the identification of biochemical research and the practice of orthomolecular medicine in dealing with mental illness. Orthomolecular ("correct molecule") doctors do use the quick acting psychotropic drugs and other prescription medication, but they also look for underlying illnesses which might exacerbate or cause the mental disorder.

SAWSC has monthly meetings featuring speakers although two meetings a year are designated as rap sessions at which time members discuss personal issues. During the past year speakers have included; director of a day treatment center, director of DuPage County's transitional services speaking on housing, a prominent psychiatrist speaking on research and an attorney and savings and loan trust department director speaking on estate planning.

SAWSC has a Board of Directors who contact future speakers, answer our crisis and information phone, write the monthly newsletter which is sent to 220 members and organizations, publicize meetings, handle finances, update a referral list for our members, distribute our brochure and manage our library of books.

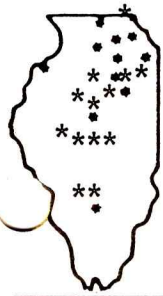
SAWSC meets at the Downers Grove Public Library on the fourth Friday of the month. Between 30 and 70 people are usually in attendance. About half of SAWSC's members reside in DuPage County with the rest residing in Cook and other surrounding counties.

The Schizophrenia Association of West Suburban Chicago has two delegates working on the AMI of IL, STATE Coalition board; Andrea Woyt is chairman of the Anti-Stigma Campaign and is preparing an informational kit for the STATE Affiliates. Jan Cerny is a parent mental health professional serving on Education Committee and is also on NAMI Training and Curriculum Board (see page 6 this newsletter.)



**ALLIANCE** for  
the **MENTALLY ILL of ILLINOIS, INC.**  
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# AMI of ILLINOIS, INC. STATE COALITION

Vol. 2 No. 3 SUMMER 1986

## Stateline

P.O. BOX 863 GLENVIEW, Illinois 60025 815-842-1514 312-729-1457

# AMI *Making life better... for all of us*

THE YOUNG and the RESTLESS-PART II  
July 31, 1986 for Professionals & Family  
August 1, 1986 for Families

HOLIDAY INN BRANDYWINE  
PEORIA, ILLINOIS

Dr. Bert Pepper, popular psychiatrist returns to go beyond theory and provides practical applications for treatment providers and family members of the young adult patient.

Dr. Pepper was so well received last year, we asked him back. Now is your chance to hear him again.

Additional conference workshops will explore proposed standards of care, drug and alcohol complications, dealing with crises, and family issues.

The Human Service Center in Peoria provides the same affordable cost offered last year: \$45.00 for two days general registration-\$35.00 for two days-AMI members & families. Plus hotel rooms as needed. Detailed flyers have been mailed to those attending last year.

Address questions and registrations to:  
Human Service Center-Conference Headquarters  
600 Fayette St.  
Peoria, IL 61603  
Telephone: 309-671-8026

or to co-sponsor:  
AMI-Illinois State Coalition  
P.O. Box 863  
Glenview, IL 60025  
312-297-9966

We will have additional brochures to send upon request. All affiliates will be mailed packets for local distribution to membership.

Since there is a shortage of space because of our four-page education insert, the interesting subjects neglected in this issue will be addressed in the next STATELINE issue.

Remember that NAMI affiliates are AMI self-help groups having the inclusive goals of SUPPORT, EDUCATION and ADVOCACY.

Thresholds and the Bridge, among the best psycho-social rehabilitation programs in the country, will be written up in the August Readers's Digest.



We proudly welcome to our growing family, two new AMI Family Support Groups.

Please join with us to welcome Affiliate #24:

AMI of JACKSONVILLE  
Jacksonville, IL ---  
for meeting times and other information, contact:  
Wilma at 217-243-6255

Welcome Affiliate No. 25  
AMI of KANKAKEE  
Kankakee, IL  
Contact: Wanita  
815-939-7908

REPORT ON STATE COALITION REGIONAL MEETING  
COLLINSVILLE- JUNE 13, 14  
HOSTED BY AMI of MADISON COUNTY

We wish to thank all the wonderful speakers & workshop facilitators. Due to limited space we can only give brief reports. We will include Dr. U. Formigone & Dr. Ron Bittle talks in our next STATELINE issue.

Dr. Gary Vickar-Orthomolecular Treatment of Mental Illness, Director of Programs for Schizophrenia, Christian Hospital, St. Louis, Dr. Vickar gave an outline of the trends that led to Orthomolecular medicine as well as the ongoing awareness that is developing. Good nutrition and vitamins do play a great role in changes because schizophrenia is treated by a correction of bio-chemical imbalances. Vitamins will make the prescribed medication more potent. Some foods affect mood & behavior. Children full of allergies have a tendency toward mental illness.

Jim Brombolich, Social Security Administrator "Social Security Entitlements for the Disabled" Mr. Brombolich gave a very concise & helpful report on the eligibility requirement for social security as well as a description of SSI & SSDI. He gave the steps for the Appeal Process & explained the definition of the Continuous Review that is administered by Social Security. The decisions on the review will be on the basis whether or not the patient has improved from the point when he was first put on SSDI. They are presently working with people that have been taken off disability and continuous reviews will begin in the near future.

Jeff Womack-"My Life Story as a Consumer." Jeff gave a remarkable story of his life and recovery. He was an inspiration to parents & clients. His popular & informative presentation inundated him with questions from the audience. It was obvious that interest was great & Jeff's thoughtful cordiality and concern for the audience's questions made the listeners utilize more time than was allowable for his rap session after his presentation & after running overtime AMI-I reluctantly had to end the session. Jeff was given a standing ovation.

GROW-Lorraine Keck introduced GROW speakers & informed us that GROW is an organized friendly help-group staffed by voluntary workers who came because they saw loved ones changing as a result of being in GROW -a voluntary, non-denominational & anonymous group. There is no charge for their service which is based on the principles of AA. It is the first mutual help organization to be clinically evaluated (Univ. of Illinois.)

Joanie Baynes a former mental patient who was severely ill & hospitalized many times presented herself as a charming & poised individual as a result of her participation in GROW. She no longer takes medication and gave an interesting account of her life story.

Jerry Mundt, a GROW leader & member of AMI told about the possibilities of the support groups working together. Already GROW has received positive response from AMI-I President, Vi Orr. AMI could help obtain housing & GROW could take care of staffing. The GROW program could help with obtaining jobs for the clients & the Mental Health Centers could be used as a day program for those without jobs. AMI could be forefront for legislation, public relations, and education. Working together as a team will put more people on the road to recovery quicker and more efficiently.

Orville Mercer, Supervisor of Adult Development Center, MHS, Granite City-spoke on the Patients Lifestyle Choices & Its Relation to Relapse. (The Role of Lifestyle in Relation to Recidivism). It is important that the consumer have a structure that he can depend upon. Education, treatment, nutrition, exercise, a predictable environment goaled by hopefulness & realistic expectations are important segments that need to be utilized in a positive way to maintain sustained recovery.

Dick Lockhart, Lobbyist, Social Engineering Associates-"Sex and the Political Process" had an informative presentation & took us through passage of legislative bills from beginning to end. He showed us how important lobbying can be in soliciting legislators to vote for or against proposed measures. He stressed the significance of writing to our representatives which carries the most weight in passages or failure of legislative bills.

Lt. Conrad Baetz, Madison County Sheriffs Dept., Edwardsville, IL could find no special training for the police regarding handling the mentally ill. Policy mission is to maintain order. Their tour of duty includes crises intervention for mentally ill only if they are a danger to themselves or to others. Edwardsville Sheriffs Dept, the Crises Center and State Hospital work well together in handling mentally ill problems. Lt. Baetz encouraged parents to educate local police about AMI and working with the mentally ill. NAMI is working on a project now on Police Intervention for the Mentally ill.

THANK YOU ALL FOR INFORMATIVE & EDUCATIONAL WORKSHOPS.





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SCHIZOPHRENIA UPDATE AND RELATED ISSUES

For Professionals: Connecting Links to Mental Health

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Editor, Jan Cerny, MSW

June 1986

PARADOX RESOLUTION CREATES OPPORTUNITY FOR PATIENT PROGRESS

Minkoff, Kenneth & Stern, Robert. (1985). Paradoxes Faced by Residents Being Trained in the Psychosocial Treatment of People With Chronic Schizophrenia. Hospital and Community Psychiatry, 36(8), 859-864.  
(Assessment Protocol available from Kenneth Minkoff, M.D., Chief of Psychiatry, Chaote-Symmes Health Services, 21 Warren Ave., Woburn, MA 01801).

Treating Schizophrenia

- OLD o A good psychiatrist treats illness and makes people well  
o Has no use for psychosocial treatment
- NEW o A good psychiatrist gets behind diagnostic labels  
o Helps person to get better by accepting illness  
o Finds best level of adaptive functioning  
o Uses psychosocial treatment as a tool

New Values Challenge Old Beliefs Producing Resistance and Stress
---

Psychotherapy

- OLD o Real psychotherapist learns psychodynamic psychotherapy, the only true therapy
- NEW o Psychodynamic psychotherapy is most effective with non-psychotic patients  
o Learns to treat more difficult patients (chronic mentally ill)  
o Learns a wide range of psychosocial psychotherapeutic strategies and selects the best interventions for each patient

Multiaxial

- OLD o An effective therapist learns the "correct" treatment methodology for chronic patients
- NEW o Not one correct treatment for chronic patients  
o Effective treatment for chronic patients requires a comprehensive integrated biopsychosocial assessment (see page 2) and selection of the best combination of interventions for each individual patient based on the assessment

Therapist Role

- OLD o A good therapist helps patients take responsibility for their own lives  
o Assistance with details of daily living is case management and should not be provided by therapists
- NEW o A good therapist for chronic patients helps patients assess how much responsibility they can take for their own lives  
o Takes active responsibility with treatment team in all areas of patient needs

Life Course

- OLD
  - o A good therapist gets results
  - o To get results the focus must be on short-term crises and stabilizing acute episodes since that's the best that can be done with short-term involvement
- NEW
  - o A good therapist, regardless of time spent with patient, focuses on patient's life-course adaptation to chronic illness
  - o Defines success by helping the patient stabilize and move slowly toward the next life-course goal

Normative Goal

- OLD
  - o A good clinician helps patients change to make them well
- NEW
  - o A good clinician for chronic patients helps them maintain or attain the best level of adaptation and functioning consistent with their baseline
  - o Uses criteria based on the clinician's assessment of the patients' true capabilities rather than on normative standards

Empathy and Hopelessness

- OLD
  - o A good therapist must be able to do something to give patients hope when dealing with their pain
- NEW
  - o A good therapist shares the patient's genuine despair as the patient deals with the pain of the illness
  - o To acknowledge, bear and put into perspective the patient's hopelessness and pain may be the most hopeful thing the therapist can do
  - o Only when the patient accepts the chronicity and limitations of the illness then can he or she make true progress toward realistic goals

Effective Paradox Resolution/Good Supervision Paradox

The Paradox Solution is its own Paradox

PRESENT SYSTEM

- o Individual supervision is the means for the seven paradox resolution
- o Training programs for work with chronic patients are given high priority
- o Most valued and senior teachers have little interest or training in serving chronic patients
- o Placements for work with chronic patients have inadequate staff and treatment

RESOLUTION

- o Issue for psychiatric training programs and the profession of psychiatry is good supervision to clarify and resolve basic beliefs

PSYCHOSOCIAL ASSESSMENT PROTOCOL

Four Systems
Interacting
Illness
Individual
Family
Environment

Life Course Questions/Applicable to Each of Four Systems

1. Are there observable patterns that repeat over time?
2. How adaptive are these patterns?
3. Do they contribute to growth, stability or regression?
4. Do the patterns change or remain the same?
5. What factors contribute to growth, stability or regression?
6. In what direction is the patient's "career" moving?

\*\*\*\*\*

**PATIENT'S ROLE CHANGES TO ACTIVE LEARNER**  
**FOUR PSYCHOEDUCATIONAL MODELS FOR INTERVENTION**

Rationale for Teaching Patients with Psychiatric Illness

- o Adherence to Treatment
- o Patient Rights
- o Patients have lost control of their lives through a psychiatric disturbance.
- o In order to regain control they must be able to see themselves as others see them.
- o Patient Understanding
- o Cost Effectiveness

Biopsychosocial and Educational Models

- o Genetically linked biochemical disturbance/Stress vulnerability
- o Medication for symptom stabilization
- o Psychosocial factors determinants of illness course and relapse frequency
- o Families as allies in treatment process
- o Behavioral approaches for teaching patients and families
- o Structural classroom and organized lesson plan/Didactic approach
- o Application of learning theory and teaching methodology

Goals

- o Present information about illness, treatment, prognosis
- o Teach skills for coping with illness
- o Increase patient participation in management of their own disturbances
- o Reach large numbers of patients economically
- o Target attention to specific syndromes and groups of patients
- o Provide standardized therapeutic materials

**A NINE-SESSION ADULT PATIENT EDUCATION PROGRAM**

Cynthia C. Bisbee, Ph.D., and Lynda N. Lee, Ph.D.  
Bryce Hospital, Tuscaloosa, Alabama

- |                |                                       |                         |
|----------------|---------------------------------------|-------------------------|
| SESSION TOPICS | 1. Role of the Responsible Patient    | 6. Family Interactions  |
|                | 2. Psychiatric Illness                | 7. Communication Skills |
|                | 3. Medical Principles                 | 8. Self-Observation     |
|                | 4. Nutrition and Healthful Lifestyles | 9. Discharge Planning   |
|                | 5. Stress Management                  |                         |

**A SIXTEEN SESSION ADULT PATIENT EDUCATION PROGRAM**

J. Laffal, Ph.D., M. Brown, Ph.D., G. L. Birns, M.A., Pearlman, A.B.  
Connecticut Valley Hospital, Middletown, Connecticut

- |                |  |   |
|----------------|--|---|
| SESSION TOPICS | 1. Introduction                                    | 10. Depression                                    |
|                | 2. Seeing Yourself As Others See You               | 11. Disturbed Thinking                            |
|                | 3. Trusting & Confiding in Another Person          | 12. Fear and Suspiciousness                       |
|                | 4. Work and Leisure Time                           | 13. Anger   |
|                | 5. Medication Used in Psychiatry                   | 14. Completing the Self Chart                     |
|                | 6. Legal Aspects of Hospitalization                | 15. Review, Coping With Mental Disturbance        |
|                | 7. Making Psychiatric Hospitalization Work For You | 16. Party and Presentation of Signed Certificates |
|                | 8&9. Self Chart                                    |   |

**A FOUR PHASE PROGRAM FOR ADULT PATIENTS AND FAMILIES**

Carol M. Anderson, Gerard E. Hogerty, Douglas J. Reiss  
Western Psychiatric Institute and Clinic, Pittsburgh, Pennsylvania

	<u>Goals</u>	<u>Techniques</u>
PHASE 1 CONNEC- TION	Connect with family and enlist cooperation Decrease guilt Reduce family stress	Joining Establishing treatment contract Discussion of crisis history Empathy and coping skills
PHASE 2 SURVIVAL SKILLS WORKSHOP	Increase understanding of illness Continued reduction of family stress Enhancement of social networks	Multiple family education Concrete data on schizophrenia Basic communication skills
PHASE 3 REENTRY & APPLI- CATION	Patient maintenance in community Strengthening of marital/parental coalition Increased family tolerance for dysfunctional behaviors	Reinforcement of boundaries (generational & interpersonal) Task assignments Low key problem solving
PHASE 4 MAINTENANCE	Reintegration into normal roles in community Increased effectiveness of general family processes	Infrequent maintenance sessions Traditional family therapy techniques

**A THREE PART INTERVENTION PROJECT**

Ruth Berkowitz, Liz Kuipers, Rosemarie Eberlein Fries, Julian Leff  
Medical Research Council Social Psychiatry Unit, London, England

- o Joint Interview - ASAP post discharge with patient, family, and 2 therapists
- o Mental Health Education - 2 sessions, 4 talks soon after discharge with families and speakers
- o Relative Group - Ongoing for 90 mins every 2 weeks with families and 2 therapists

**References**

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Bisbee, Cynthia & Lee, Lynda. (1984). Patient Education in Psychiatric Illness. (Program Guide, Box 5823, Tuscaloosa, AL 35405, \$9.50).  
Goldstein, Michael J. (1981). New Developments in Interventions with Families of Schizophrenics. San Francisco: Jossey-Bass Inc.  
Laffal, Julius, Brown, Mark, Burns, G. Leonard, Pearlman, Laurie. (1983). Patient Education Newsletter, 8, 5-6

\*\*\*\*\*

We hope you have enjoyed the SCHIZOPHRENIA UPDATE.  
Please share your copy with others who have interests in this area.  
We would like your comments on this addition to your AMI Newsletter.

Jan Cerny, Editor  
Home: (312) 964-1515; Work: (312) 323-5800 x485

HAVE  
YOU  
BEEN  
PUTTING  
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MUCH  
TO  
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WE ARE COMMITTED TO HIRING AND TRAINING THE MENTALLY ILL

# Get Acquainted With Your Affiliates

AMI of Rock Island and Mercer counties was founded in 1981 through the help of the Franciscan Mental Health Center. Mary Jane McCorkle and several family members went to Dane County Wisconsin to attend a meeting which turned out to be the birth of NAMI.

AMI of Rock Island & Mercer Counties were encouraged to develop a grant for a residential program by Franciscan Mental Health Center. When that grant was approved in 1981 by IL Dept. of Mental Health and Developmental Dis. for \$110,000 AMI of Rock Island and Mercer Cty. took on the additional role of provider.

We realize that many persons believe the AMI groups should be advisory only and that the group loses some of its advocacy power by becoming providers. We respect that opinion but feel that each group needs to decide this issue for themselves. It is our opinion that one of the reasons the mentally ill in our area have a wide array of services today is because we stepped in to fill the gaps that other providers were not able, and in the case of our employment program, were unwilling to provide. As we say in Rock Island, "Viva La Difference."

The following is a brief description of the program we operate;

#### AMI RESIDENTIAL:

The AMI residential program has been operating at an agency owned building since 3/1983. The ultimate goal of this program is to assist the individual in acquiring an independent living situation equal to his/her needs and capabilities.

#### AMI SCATTERED SITES:

In 1984, the Scattered Sites Program moved to an agency owned building. The purpose of the program is to assist persons to transition into independent living within the community; and to provide a continuum of services that

that encourage and support independent living. This is accomplished through individualized planning, utilization of a wide range of community resources, flexible scheduling, home visits, participants input, assistance in the development or enhancement of those skills necessary to independent living, and program advocacy for a series of self-help groups.

#### AMI JOBS PROGRAM:

The AMI Job's Program provides an array of employment services. At the Jobs Program a person learns their capabilities, receives supervision and guidance, and becomes involved with others who want to work.

Home Helpers provides working opportunities in a variety of domestic and yard care jobs. Mes Amis Ice Cream and Deli, centered in downtown shopping mall, opened since May, 1984, is the newest AMI program and provides experience in such areas as food preparation, waiter/waitress and working with the public.

Of course family support is still of major importance. Les and Marge Mayes, along with other active AMI members, hold monthly "Family Together Meetings" and the families receive additional information at our monthly "Educational Meetings." Marge and Les Mayes are also leaders in the AMI-IL STATE Coalition Movement as well as Frank Ware (Executive Dir.) who serves the State Coalition as honorary professional advisor.

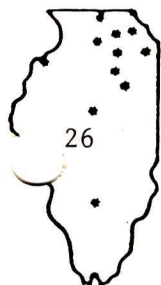
We were very pleased to host the State Coalition Regional Meeting in April, 1986 and to share with others the excitement we feel about advocating for and promoting improved care for the mentally ill.

Bon Jour Mes Amis.



**ALLIANCE** for the **MENTALLY ILL** of ILLINOIS, INC.  
STATE COALITION  
P.O. BOX 863  
GLENVIEW, ILLINOIS 60025

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# AMI of ILLINOIS, INC. STATE COALITION

Vol. 2 No. 4

LATE SUMMER-1986

## Stateline

P.O. BOX 863 GLENVIEW, ILLINOIS 60025 312-297-9966 312-729-1457

# AMI — LEGACY OF HOPE

AMI-ILLINOIS STATE COALITION  
HAS OFFICE AT GREENTREES OF  
FOREST HOSPITAL

The State Coalition has established a business office at Greentrees, the sheltered workshop facility located on the grounds of Forest Hospital, Des Plaines, Illinois.

It is the staff at Greentrees who does the fine job of printing our STATELINE newsletter and it is the clients working at the Greentrees workshop who do the collating and folding of our newsletter when these services are needed.

The AMI-IL movement has grown at such a rapid pace that working in the homes of our leaders was becoming an impossible task.

Many of AMI members are familiar with Forest Hospital and Forest Staff mentioning that their loved ones have spend or are presently receiving treatment at Forest.

We appreciate the comfortable accommodations and already realizing an increase of activity with our longer day time hours. Volunteers are taking an interest in special projects and coming back to offer to work on new ideas and mailings.

The office will be open on Tuesday, Thursday and Friday with a volunteer staff. Our P.O. Box 863, Glenview IL 60025 remains the same but we have a new office phone number:  
312-297-9966

### WAYS YOU CAN HELP

Send contributions/donations for office supplies, mailings and postage.

Volunteer a day or 1/2 day at the office.

Take on a special project until completion.

Work on bulk mailings (bimonthly project)

Check your home and office and donate office supplies.

### NEEDS LIST

Office clock (wall)

Staplers (4)

Scotch tape dispensers (4)

3 x 5 card file drawers

3 hole punch

paper cutter

folding chairs (4)

small book shelves

CALL: 312-297-9966 Days

312-729-1457 Evenings

### FUTURE DATES - - MARK THE CALENDAR

November 7 & 8 will be the next regional membership meeting of the State Coalition, and the last one for 1986.

Our own Laurie Flynn, Executive Director of NAMI will be the special speaker and workshop facilitator.

"WHAT IS AMI ALL ABOUT"  
NATIONAL, STATE AND LOCAL

The host group will be AMI of Effingham and the meeting will be held in Effingham, IL. More information will be given in our next STATELINE issue.

Our next STATELINE issue will also cover: Budget Cuts in Illinois, Legislation and Research.



## NETWORKING

Dr. Ugo Formigoni, Associate Director of Dept. Mental Health and Developmental Disabilities substituted for Ann Kiley, the new director of DMHDD when she found she had to give her full attention to the State Legislature as it rolled to the close of the fiscal year. Dr. Formigoni, at the start of his speech, emphasized that a strong advocacy group is needed to promote the growth of resources and services for the mentally ill. As the State Coalition we know the hard work we have ahead of us.

Dr. Formigoni explained how Federal aid is spearheaded toward the Developmentally Disabled, meaning mainly the retarded whose illness, apparent at birth as on going through life, differs from that of the mentally ill which he said was episodic, not requiring sustained care. While this definition does not sit well with parents, it is true that the Supreme Court, ruling against the state of Connecticut in 1985, made it clear by disallowing Federal Medicaid for the care of patients in Institutes of Mental Disease that the states are responsible for the Mentally Ill. The Federal definition of DD's which includes all disabilities occurring before age 21, does not fund qualifying mentally ill. They are getting some

protection and advocacy and limited planning but no actual reimbursement increase. DMHDD does not like this any better than parents of the mentally ill, and state money must be spent to ensure the certification of DD facilities in order to keep federal medicaid flowing there.

Howe Development Center, losing almost \$9 million last year may lose its chance for federal recertification and regaining \$8.5 million medicaid funds still because of the recent across the board state cuts in funds.

The strategic plan would provide an array of integrated services for vulnerable people and balance the resources between state facilities and community programs. The Dept. is attempting to get medicaid waivers from the federal government for the mentlaly ill to vocer crisis and emergency, day treatment and case management. Community agencies would be the cornerstones, providing alternatives to hospitalization and rehabilitating people in communities where they can maintain supportive ties to families and friends.

The plan would provide intervention by the local hospital through emergency stablization, day hospital and intensive treatment. The state facilities should serve those patient requiring containment and extended treatment focusing on intermediate treatment for psychiatric rehabilitation. Long term care is being redesigned jointly with the Dept. of Public Aid and the Dept. of Public Health in ICFMI and congregate community care.

At Collinsville, Dr. Formigoni stressed that it is hard to carry out plans for people whose illness keeps them from recognizing their need for treatment expecially when the laws designed to protect patients' rights continue to cause difficulties for providers. At present freedom is more important than care. While there is good reason to involve patients in their own treatment to ensure success, perhaps a revision in the laws is needed to ensure care first.

Dr. Formigoni doesn't know how all this can be done and reiterated again at the end of his speech the need for a strong advocacy to make the legislature aware that better care for the mentally ill can no longer be left for some dim future.

Since Dr. Formigoni's speech June 13 at the State Coalition regional meeting he focused his explanations on his call for a Strategic Plan to address the Division's reponsibilities to the mentally ill. He has called for help from the Policy and Planning Advisory Group on which the State Coalition has members, including Vi Orr, the Coalition President.

In a letter to Dr. Formigoni, Vi Orr stated the desperate and immediate for all levels of housing for the mentally ill. She told of the need for respite care and/or foster care. The State Coalition is receiving many calls from unhappy families complaining about the cut backs in funding, in personnel at the state facilities, the poor handling of emergencies and no follow through after hospitalization. Vi stated in her letter that the problems have not changed much in the last ten years and AMI members certainly look foward to working with the Dept. in discussing ideas and plans and hopefully opening a brighter future of outlook for the mental ill.

"Let us give a 'Legacy of Hope' for our loved ones and make the balance of 1986 a start for new progress and accomplishments", Vi Orr said in her closing statement



Dr. Ron Bittle, Director of Dept. of Mental Health & Developmental Disabilities, Reg. 4 and Superintendent of Anna Mental Health Center, certainly emphasized the enormity of our task to provide the strong advocacy to accomplish what the mentally ill need when he immediately informed us that he had not heard of AMI before he was invited to host group, AMI of Madison County.

Dr. Bittle agreed with Dr. Formigoni that the recent rating of state programs by Dr. Torrey and Dr. Wolfe did not reflect the State of Illinois nor his region 4 in particular! He proceeded to tell us how he had made region 4 a good region with comprehensive services and two multi-use facilities. He feels that Anna Mental Health Center in Alton is the best in the state if not in the nation!

Coming to Anna, he tried to change the perception of bad care by making a strong effort to get people to take pride in their jobs and to make heroes of them as they withstood the severe pressures paced in hospitals.

His pet peeve is that advocates, never having walked in the workers' shoes, are always telling what is being done wrong. He had slides to show how he had improved the grounds to get a first good impression when entering the grounds. He claimed the groundskeeper was the most important worker in the facility, and he instills attitudes such as cleanliness in housekeepers so patients can show parents that Anna is not a 'snake pit'. He detailed the excellency of the hospital staff and how he used part of the funds to raise salaries so he could keep that good staff.

Dr. Bittle was proud of having consolidated the agencies in Madison County, once a war zone, and developed a system of management to work toward total compliance with all standards. There are linkage agreements in the 27 counties with the agencies serving as front doors to patients getting services. Agencies decide, screen and send patients to facilities and stay involved through case management, continuing care after discharge. He has 3500 beds with which he serves 15 thousand patients a year.

He is concerned about agency staff also, and he uses the GROW people to develop groups in the state facility, having

community agencies meet with them. There are 30 GROW groups trained staff spread through the counties. Region 4 provided about \$60,000 to GROW to enable them to do this. (A good example for other regions to follow!)

Ron Bittle said that he does not worry about the funding he gets to serve his 1½% of the Illinois population. He has a reasonable funding balance, 60% institutions-40% community. He concentrates on getting things done with what they get, puts hammers in the hands of their carpenters to remodel cottages, also to build a chapel without extra money. His philosophy is that it's easier to get forgiveness than permission, so he goes ahead and does things which seem logical and common sense.

When Superintendent Bittle went on to make changes at Alton Mental Health Center he found the same situation. The groundskeeper there had not mowed the lawn leaving for a bad first impressions. However, he went ahead, as he had at Anna Mental Health Ctr. While there are weaknesses still, and is only minimally acceptable with a ways to go, he felt he had turned things around in a short period of time and was not ashamed to tell the AMI-I groups attending the regional meeting to go ahead and visit Alton when a challenge was put forth. And that is what the AMI parents did!

Indeed, the very next day, without an appointment a group of 7 parents and professionals went to Alton Mental Health Center and saw first hand the well groomed grounds which indeed were attractive. "Since time was limited, the visit only included the acute care unit. The building was divided into two parts and one section was for longer term care. After signing in, we were escorted through by cordial and concerned personnel. Living conditions were clean and in order and the patients appeared neat and well monitored. The kitchen and bath facilities seemed adequate and in good sanitary condition. A daily activities schedule was posted but we witness no group therapy or craft work at the time of our visit (10:30 A.M.). In general we were welcomed warmly and allowed to view the entire unit with the guide answering our questions." We encourage others to visit any state facilities and give STATELINE a report which we will publish.

## KUDOS

KUDOS to host group AMI of MASSACHUSETTS for the marvelous job they did in preparing for the NAMI 1986-Annual Convention.

"Advocacy With Pride" was a huge success. The hard work and efforts were appreciated by the 1650 members who attended from all over the United States and abroad.

AMI of Illinois State Coalition was pleased to have a record of 44 members attending. WE received two awards: The AMI of Rock Island and Mercer Counties received the Edward T. Kremetz, Jr. Memorial Award as best achieving the goal of reducing the stigma generally associated with mental illness. They received a plaque to commemorate this highly coveted award and occasion.

AMI of ILLINOIS won an honorable mention and cash award in the competition of state newsletters. We are proud of this award as STATELINE has no professional writers and composition, layouts and art are all done on a crowded dining room table.

### THE YOUNG & THE RESTLESS-PART 11

Thank you to everyone who attended and who participated in "The Young and the Restless-Part 11, in Peoria, IL - July 31-August 1.

The popular Dr. Bert Pepper has been booked for another conference in early spring, 1987. Subscribers to STATELINE, the State Coalition newsletter, will be informed of dates.

The successful conference was again sponsored by the following:  
Human Service Center-Peoria  
AMI of Illinois, State Coalition  
Region 1 Field Services  
IL Dept. of Mental Health & Developmental Dis.

Special thanks to coordinators:  
Gene Stormer and Cindy Miles from the Human Service Center, Peoria.  
Vi Orr, President of the State Coalition  
AMI-IL Panel members;  
John Plesko from Pontiac, IL  
Anne McGuire from Chicago Suburbs  
and Frank Ware and Ann Patla for their work on the Standards of Care.

and.....SPECIAL THANKS TO:

AMI of ROCK ISLAND & MERCER COUNTIES-ROCK IS.  
AMI of LIVINGSTON & MCLEAN COUNTIES-PONTIAC  
AMI of NORTHWEST SUBURBAN-ARLINGTON HEIGHTS  
For their over \$500.00 contribution to the State Coalition Development Fund Drive.

## GUARDIANSHIP, WILLS AND TRUSTS

The State Coalition has initiated a new standing committee on Wills and Trusts. NAMI now has established coordinators in 20 states. Our Chairman, Paul Kaiser along with Co-chair, Jane O'Brien will be attending future meetings and will be writing timely reports for our newsletter.

NAMI Guardianship and Trusts Committee under the leadership of Ed Brazill presented a workshop with focus on the Planned Lifetime Assistance Network in Maryland and the District of Columbia.

A Federal grant of \$300,000.00 from the Dept. of Health and Human Services was awarded in July 1983 to help PLAN get the program underway on a statewide basis in Maryland.

Plan as it is called is a non-profit corporation which employs professional staff to assist mentally ill clients. A Board of Directors consisting mainly of parents with ill relatives oversees the work of the staff. All policy decisions are made by the Board who are elected by members of PLAN.

Financial planning is coordinated with PLAN acting as surrogate parent. Because extensive planning is needed in this area, NAMI Guardianships and Trusts Committee is exploring how PACT (in Illinois) and PLAN type of organizations could tie into a central organization to provide economical financial services.

The laws of the State relative to planning estates and trusts coordinated with PLAN. In order to protect the beneficiary, one must determine policy and laws concerning invasion of estates and trusts and cost of care reimbursements.

PACT, Inc. in Illinois is now delivering services to members by providing centralized management of the disabled person's funds as well as continuous contact, assistance and protection for the client now and throughout his lifetime.

There were twelve AMI members from Illinois attending the NAMI Boston conference and took part in the new Guardianship, Wills and Trust planning committee workshop.

KNOWING IS CARING  
AND CARING IS SHARING

## DISABILITY RIGHTS CONFERENCE

The Second Annual Disability Rights Conference in Springfield, although not specifically geared to the disability of mental illness, confirmed AMI's belief that "a coalition is a more powerful organization than each group fighting alone for rights and legislation."

Paul Scher, blind chairperson of the Coalition of Citizens with Disabilities in IL, added that to be effective, affiliates of any coalition must settle their differences and not give contradictory messages to legislators.

"Common good for all is the goal," said Scher. To which the AMI of Illinois, Inc. State Coalition heartily agrees.

At the Housing Task Force Update session conducted by Tim Snyder, it was pointed out that although the Dept. of Rehabilitation Services has been very helpful, more employment and workshops, as well as more independent living centers, are needed. With 29,000 people still in nursing homes, "we need more adaptable housing for all kinds of disabilities," Snyder said.

Because thousands of Illinois' disabled persons are unable to obtain health insurance at affordable rates, he considers the Comprehensive Health Insurance Plan (CHIPS Act) to be the single most important bill in the Illinois legislature.

Workshop and 'break out' sessions at the three-day conference included discussions of housing, transportation, insurance, resources, job preparation, peer support, education and "developing a common voice."

(The preceding information was obtained by Evelyn Veach and Peg Farney of our Springfield Families Affiliate who attended several sessions of the conference and were kind enough to pass their notes along to us.)

---

President Orr announces 1986 nomination committee at the Officers and Directors Board Meeting, August 23, as follows:

Carolyn Smith, \*Temporary Chair, Oak Lawn  
Dorthea Gieske, Rochelle  
Ann Piatnitzka, Chicago  
Robert Willey, Rockford

\*Committee will select own chairperson

## THE LEAGUE OF WOMEN VOTERS OF ILLINOIS STUDIES MENTAL HEALTH

AMI-I members will be interested to learn more about the League of Women Voters of Illinois Mental Health Task Force mentioned in the last STATELINE.

In 1985 a statewide Mental Health Task Force was formed to study public policy on mental illness and its implementation. The Task Force is a two year research and education project. AMI members Irene Bauer and Marge Renick of AMISS, Mary Stoltz of AMI of Greater Chicago and Lavona Johnson of NAMI are among those involved with the Task Force. The group also includes two chronically mentally ill.

Committees are researching: history and legal issues; funding; planning and coordination; state institutions; community based services; monitoring, evaluation and standards; mentally ill in the criminal justice system and facilities for children and adolescents. Information is being gathered from reading; interviews and site visits to state facilities and selected community programs throughout the state; and speakers from organizations with different perspectives, including Paul Kaiser, AMI-I Statewide Coalition Vice-President.

The League feels it can present an objective, statewide overview of the current situation to its members, policy makers, advocates, professionals and the public. The report will be available in late November.

Preliminary observations include:

- 1) The mental health "system" is a patchwork of state departments, local authorities, funding sources and programs varying in the state.
- 2) A small number of chronically mentally ill are frequently readmitted to state hospitals because the necessary support services do not exist in the community.
- 3) The mentally ill are still stigmatized and often feared because of persistent myths, which leads to community resistance toward needed local programs.
- 4) Many different perspectives exist and need to be balanced.
- 5) Stronger statewide advocacy is needed. The Task Force is seeking tax-deductible contributions from interested organizations and individuals. Checks can be sent to the League of Women Voters of Illinois Education Fund, 67 E. Madison St., Chicago, IL 60603, earmarked for the Mental Health Task Force.

The same week that Newsweek came out with its story, "Abandoned," Insight Magazine (1/13) focused on the same problem--that of the growing number of homeless Americans, a great percentage of them mentally ill.

Victims of "deinstitutionalization," their minds are not quite damaged or diseased enough to meet the criteria for state mental care. They are on city streets, sleeping on piles of trash, over registers, in parks, on the subway steps. The few who meet the strict interpretation of "danger to self or others" may be admitted to state mental hospitals but rarely are allowed to stay longer than 20 days

Dickson Arnett of the Dept. of Health and Human Services said that federal funds for mental health have held steady since 1981. The immediate need, he told Insight, is for temporary emergency support. Ultimately the government must work with the states to offer some form of centralized care," he said.

Housing, with some kind of rudimentary care, is the bottom line, says Dr. John Talbott, former chairman of the American Psychiatric Assn. But city and state efforts in that direction have been very weak.

Chicago is one of five cities in which police patrols during the past winter advised or forcibly moved mentally ill homeless persons to shelters when temperatures were below freezing. Some shelters are overcrowded, squalid, teeming with tubercular bacteria, points out Norman Siegel, ACLU director in NY.

The situation is not impossible. Although alternatives are few, the magazine cites Outreach and Bridge programs in Chicago, New York and Pittsburgh as models for the type of care needed.

In Manhattan, Franciscan monks operate two hotels for the homeless mentally ill. They house a total of 241 patients. A staff of 9 plus Bellevue volunteers and the city's psychiatric community provide two meals a day, counseling and social services. Rent is about \$175.00 a month.

A recent study showed that the numbers of homeless families have never been higher. State & communities are just beginning to comprehend the wide scope of medical social and economic care that is needed.

POLICE MUST IMPROVE HANDLING OF MENTALLY ILL  
by Tamara Henry, Economist-April 1986

Police must improve the way they handle the mentally ill by coordinating services with mental health agencies and involving officers in an exchange program with social workers.

"Increasingly, the police are called by citizens to take action against mentally ill persons-who have committed a minor crime or no crime at all," said Cornelius Behan, president of the Police Executive Research Forum and policy chief for Baltimore Cty, MD.

"Officers with little mental health training are expected to determine legal and medical criteria for making an arrest or making a referral to an emergency treatment facility."

What is needed, Behan said, is "a clear cut set of guidelines and procedures to help law enforcement agencies" protect the public and the rights of the mentally disabled.

The forum released the results of its 18 month study of 172 police agencies across the country that recommend ways to recognize and treat the mentally ill and coordinate services with mental health and other agencies.

Titled "Special Care: Improving the Police Response to the Mentally Disabled," the study was funded by the National Institute of Justice and the New York Community Trust.

The study said institutions are releasing mentally ill persons at a rapid pace. Patients in state hospitals dropped from 559,000 in 1955 to about 132,000 in 1980-81.

However, the crime rates among the mentally ill do not exceed that of the general population and arrest was the least frequent resolution of incidents. But the study found that police departments are not properly preparing their officers to handle the mentally ill. The average mental health training for a police recruit averaged about 4.3 hours.

The study points to three model programs in Madison, WI, Birmingham, AL, and Galveston, TX. Officials said each program incorporates a number of elements that appear to be essential for an effective program.-including:

A 24-hour on site response ability and constant access to the needed resources to forestall delays in treatment.

Thorough and appropriate training for officers or use of trained mental health professionals.

An open letter to MOM.

THANK YOU, MOM.

Life is hard. Severe, chronic emotional/mental illness is my cross to bear, along with visual stigmatism, alcoholism, drug and nicotine addiction, a heart murmur, ringworm and somewhat bowed legs.

Many time (14?) I have lost my freedom to a locked psychiatric ward, strapped hand and foot to a hard cot, with a cute but mean nurse inserting the needle of a thorazine-filled syringe into my hip muscles.

A competent psychiatrist we heard speak publicly, on two occasions, told of how a meaningful, warm, trusting relationship could help unlock the pathology of schizophrenia. Rarely, he said, is that relationship for the patient with a parent. In my case, it was!

I was invited home at age 27 and stayed there until I was well past 31 years old, over 4 years. That is an age when most normal men are raising families of their own. During that time, MOM's love, care, concern and support were high quality, consistent, persistent and persevering. Endlessly, SHE served meals, monitoring the special diet, helping me clean "my" room, taking me to the doctor's office, staying at home while I borrowed the car. MOM was my emotional, financial and spiritual nurturing. With sensitive understanding, SHE continued HER healing grace when I pushed HER in a bush outside the mental health satellite, or threw HER to the floor while threatening with a chair overhead. One afternoon SHE came home to find me ripping up her wardrobe.

Orthmolecular nutrition helped, as did God and doctor. MOM, however, was the one human providing the key element of understanding and communication.

Here and now I have freedom, I am gainfully and substantially employed, and I am happily and successfully married. I pay taxes.

Today, at this writing, it is MOM's birthday. MOM: I love you; thank you for life; thank you for your contribution to a measure of humanity.

MIRA

A program for the Recovering Mentally Ill Alcoholic Chemically Dependent--MIRA

MIRA is a fellowship of men and women who meet to share their experience, strength and hope with each other so they may solve their common problems and to help those still suffering from mental disorders and alcoholism

WHAT DOES MIRA OFFER YOU?

Help, hope, acceptance, understanding and growth. By practicing the Twelve Step Recovery Program; by the belief in a Power greater than ourselves; and by the support and fellowship; we learn to find self-understanding, self-acceptance, self-worth and love.

Mental Illness can be partner to alcoholism. When the two illnesses, mental and alcoholism, are mixed together, combating either of them becomes an often insurmountable problem. This is why a trio of suburban women have founded MIRA, a new self-help group founded over four years ago.

As many as 20% of alcoholics suffer from a mental illness of some kind and detection of either one of the illnesses is sometimes difficult because the symptoms often mirror each other.

Mira uses AA's 12 steps, with modification. MIRA organizers wrote AA and asked and received permission to use the 12 steps, eventho MIRA is not affiliated with AA.

MIRA meets several times a week in the Northern Suburbs of Chicago, presently. For further informaton about MIRA contact:  
Answering service: 312-530-5380.

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GROW

THE MISSING LINK IN MENTAL HEALTH CARE  
GROW groups vary in size from 3 to 15 members. Meetings are held weekly, last 2 hours and are followed by refreshments. GROW helps people to learn and practise the basic elements of natural mental health and growthful living in society.

GROW groups can be found in many cities in Illinois: Call or write to: GROW, INC.,  
301 W. White St., Champaign, IL 61820  
Telephone-(217) 352-6989- Main Office  
In Peoria:(309) 685-1173  
Chicago:(312) 282-8309 Des Plaines 299-3330  
Belleville:(618) 235-4868

# Get Acquainted With Your Affiliates

NORTHERN ILLINOIS AMI held it's first meeting October 1983. It was attended by 16 people. It has grown steadily since. At the last meeting April 1986, 86 people were present.

Our local organization evolved from small group meetings started by a few parents and relatives of mentally ill persons. These meetings were suggested by a counselor from the Janet Wattles Mental Health Center and were eventually held in the private homes of family members.

There are now 6 small groups of about 10 or 12 people per group meeting each month. This is where the real support comes from. We can be very candid about our problems. We share our crises and also share relief when a crisis is passed and our loved ones are once more stabilized.

Each month after the business meeting we have a guest speaker or a panel. These well informed people cover all phases of mental illness. We also have repeat lectures for new members and to refresh the older members.

As we learn more about mental illness we try to familiarize the public about our

problems. We have had cooperation from the local media-radio, newspaper and television.

We are receiving more and more inquiries about our organization. We listen, give support and information. The key to support in the beginning is to listen. As callers become members-we in turn receive support from them in our struggle to eliminate the stigma of mental illness.

Along with other affiliates in the State Coalition we are working to raise funds to promote a better life for the mentally ill.

We are active participants of the State Coalition and try to attend all the regional workshops and educational meetings. Bob Willey, our delegate to the State Coalition, serves as parliamentarian. We have recently been host to the State Coalition Officers and Directors all day business meeting.

We are educators who are willing to speak to any group interested about mental illness and it's impact on the individual, family and on the community.

The Northern Illinois AMI public meetings are held the first Tuesday of each month at the Home Federal Savings Bank at 1107 E. State St. in Rockford at 7:00 P.M. Contact number for more information: 815-226-8955

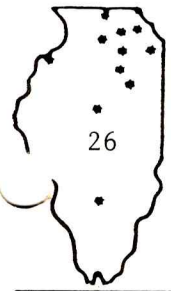
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## FIGHT MENTAL ILLNESS



**ALLIANCE** for the **MENTALLY ILL** of ILLINOIS, INC.  
STATE COALITION  
P.O. BOX 863  
GLENVIEW, ILLINOIS 60025

NON PROFIT ORG  
U.S. POSTAGE  
PAID  
Glenview, Il. 60025  
Permit No. 218



P.O. BOX 863

GLENVIEW, ILLINOIS

312-297-9966

312-729-1457

## AMI - To realise a vision is to understand reality.

### DEVASTATION

Our last STATELINE, late summer issue, described our new office in one of the buildings at Forest Hospital site. We listed our new telephone number and the volunteers were coming in on scheduled days to help.

AND THE RAINS CAME! Flood waters rushed over the banks of the river. The idyllic hospital setting along the river, became a disaster. Buildings were inundated. Patients were relocated. Workers, staff, community friends, and the Boy Scout troops were on hand to help sandbag and later to help with the cleanup. Crews went back and forth between the buildings by rowboat.

AND WHAT ABOUT THE STATE COALITION? We had been asked by DORS-Dept. of Rehabilitation Services-to present speakers and keynote speaker at its statewide conference. (See page 6 on DORS write up.) The rains marooned half the material collected to fill the 500 folders to be distributed at the convention.

Fortunately the portfolios and some materials were delivered to President Orr's home. Additional materials was gathered from Vi Orrs home files and the printers helped with our "rush" jobs. The Orr home became the AMI office once again and volunteers and friends were on hand to work the final weekend putting all the materials together.

As this newsletter went to press, the roads were dry, the electricity and phone were on, the DORS conference was pronounced a great success, and Forest Hospital thanked the community for helping to bail it out and announced on radio that it was ready to go to work for the community again. Patients are returning and the grounds, again, are a center of activity.

STATE COALITION REGIONAL MEETING  
NOVEMBER 7-8 EFFINGHAM, ILLINOIS  
HOSTED BY: AMI OF EFFINGHAM

Effingham RAMada Inn-220 miles south of Chicago on Rt. 57 at crossroads of Rt. 57 & 70.

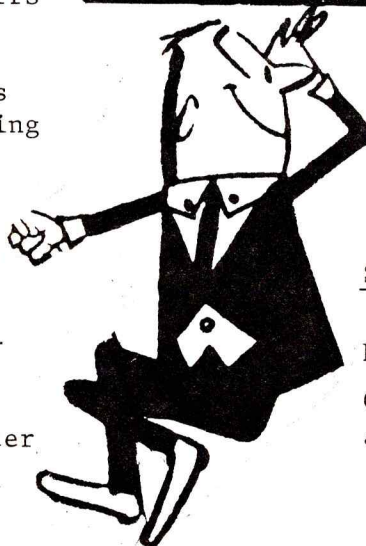
Flyers with registration form have not arrived for insertion in newsletter. Check with local affiliate leaders-phone numbers, pg. 8, for Amtrack and car pooling information.

Friday evening: Josephine Goudy, Macoupin Cty.  
"Multiple Support Program for CMI"

Saturday: Laurie Flynn, NAMI-Keynote speaker  
and a  
Panel: "Community responsibility for the MI"

Luncheon speakers: Representative "Chuck" Harkte, "Lobbying your Legislature" and Rep. James F. Rea, Member of the House Human Services Committee, "State Budget and Mental Health"

2:00-3:30 Annual Business Meeting  
Vi Orr, President  
Business Meeting and Election of Officers



WE WISH TO WELCOME  
OUR  
NEWEST AFFILIATE

Affiliate #26

SOUTHWEST ALLIANCE FOR THE  
MENTALLY ILL-SWAMI

HOMETOWN, ILLINOIS

CONTACT NUMBER: 312-425-0925  
ask for Lois

HE TOOK IT ALL AWAY  
ONE EARLY AUGUST DAY

THEN HE GAVE SOME OF IT BACK  
AFTER ADVERSE PUBLICITY AND  
MUCH FEEDBACK

IS THE MONEY HERE TO STAY?  
OH, WHAT GAMES THE  
GOVERNOR DOES PLAY

LET THE HEADLINES SPEAK.....THEY TELL THE STORY of the mental health budget cuts, research and staff cuts...all affecting thousands and thousands of families already devastated by the Illinois system that lacks basic human rights for their disabled. Illinois ranks 40th in State position in services for the mentally ill.

# Mental health cuts hit

## Mental agency to slash staff research

CHICAGO SUN-TIMES, Thursday, August 7, 1986

# Big loss seen in closing state psychiatric institute

By Marilyn Marchione  
and Don Terry

By Michael Briggs  
Chief, Springfield Bureau  
Chicago Sun-Times

SPRINGFIELD—The state mental health department will cut its work force by 500 and close three Chicago research institutes to meet budget cuts ordered by Gov. Thompson

The cutbacks at ISPI were announced by Ann Kiley, director of the Department of Mental Health and Developmental Disabilities, who also targeted for demise two Chicago area institutes

Kiley said. "Research is valuable but is not a luxury the taxpayers can afford this year. In the future, the department will work to strengthen cooperation with universities to promote research rather than to operate free-standing programs.

## Future is cloudy for 24 students

The future of 24 psychiatry residents at the Illinois State Psychiatric Institute is in limbo because of Gov. Thompson's decision to close the institute's research component on Sept. 15.

"The implications are devastating at this point

## State mental health cut stuns research leaders

### Coalition calls state slashes 'uninformed'

The cuts—\$6.5 million from institute programs and \$4 million in administrative savings—are in addition to \$6 million in across-the-board reductions in grants to community programs announced previously by the governor.

The psychiatric institute has become one of the leading facilities in the nation for the training of psychiatrists since it opened in 1959.

## Official quits over health cuts

Chi. Trib. Mon, Aug 11, 1986  
By Hanke Gratteau

By Daniel Egler  
and Jean Latz Griffin

After more than a week of public outrage and intense political pressure, Gov. James Thompson Thursday reversed his administration's cost-cutting decision to close two psychiatric research and training facilities in Chicago and eliminate research at a third.

20 MILLION  
AMERICANS  
DISABLED  
BUT ABLE TO  
VOTE

## crisis hits



# Views/comments

RESEARCH EDITORIAL-Mary Laney, WMAQ  
Broadcast on August 12, 13, 1986

Do you know anyone who's ever been depressed?

Have you ever been so depressed - seriously depressed - the sort of malady that makes you incapable of getting out of bed?

If you have experienced this, you know what a nightmare it can be. For some, it lasts weeks and months.

But there is a place in Chicago that has made giant inroads into understanding depression and actually curing it. It's called the Illinois State Psychiatric Institute, ISPI. Twenty-seven years ago it was established by an act of the state legislature. Since then, working with doctors from the Univ. of Chicago and Illinois, it's attained national acclaim as a research, educational and treatment center. Critical research there has found what causes depression. Drugs have been developed to combat depression, and a doctor at ISPI has written the definitive textbooks on the use of drugs in treating mental illness.

But that's not all that's going on at ISPI. Researchers say they're on the cutting edge of learning how and why a brain malfunctions and how to correct it; how to better treat schizophrenics and manic depressives.

The discovery of lithium alone, a drug which fights depression, saves an estimated billion dollars a year in what otherwise would be lost jobs and mounting medical bills.

In other words, ISPI is a very vital research and educational center. One that Illinois should treasure and nurture. Unfortunately, that's not the case. Governor Jim Thompson has announced that he's cutting the budget of the Dept. of Mental Health by \$18 million. Translated, that means the premiere research center in this nation will cease to be. Translated, that's just plain crazy, Governor Thompson. We urge you to reconsider these cuts. WE urge you to continue funding ISPI instead of closing it Sept. 15. Anything less is shortsighted craziness.

JIM RUDDLE COMMENTARY - August 14, 1986

After Jim Thompson started catching public heat for chopping the mental health budget, he changed sides quicker than a Walker Bros. pancake. At first, it was easy: "Six million dollars for mental health?" "Cut it", says Jim. "Three percent and more of the mental health budget?" "Away with it", he says. "What's money, anyway? Buy Samantha some more rabbits."

Did Thompson have even an elementary idea what he was doing? Probably not. Why else would he give Adlai Stevenson such a perfect opportunity to blast him as being "heartless and stupid?" Thompson usually sneers at Stevenson's charges as mere "gloom and doom," but this was different, because it wasn't just Adlai, this time.

There was Phil Rock telling Thompson that he had stepped off the curb, that Thompson had no authority to kill a legislatively mandated program. Thompson might still have tried to bull his way through, but last night's television and this morning's papers told him it was all over.

The SUN-TIMES seldom turns over the top of its "Letters-to-the-Editor" Section to a single topic but, this morning, eight letters assailing Thompson's action appeared under the headline "Cut Mental Health Care? Absurd." Eight letters from the city and suburbs and each one a lash at Thompson. One summed it all up: "What are we, the families of the mentally ill, to do?"

The Thompson folks pretend that they don't hear Stevenson when he calls big Jim "heartless and stupid", but when the public starts saying the same thing, their sense of hearing improves remarkably.

"Okay", says Thompson, "Put the money back and we'll act as though it didn't happen." Except it did, and only a couple of months before the election.

## A serious failure

# Illinois legislative update

STATE COALITION HAND DELIVERED RESOLUTION TO GOVERNOR JAMES THOMPSON—August 23, 1986

## LEGISLATIVE COALESCING

Ted Ebert, AMI OF Du Page County, volunteered to deliver the following resolution to our Governor:

The Officers and Board of Directors of AMI—of Illinois State Coalition declare the \$12 million cuts in the Dept. of Mental Health and Developmental Disabilities Budget is unacceptable. These funds must be restored.

An effective mental health system includes research, coordination and community care.

Whereas some of the research cuts have been restored at Illinois State Psychiatric Inst. (ISPI), Illinois Juvenile Research (IJR) and The Institute of Developmental Disabilities (IIDD), the research program at McFarland Hospital has been closed.

We call for the restoration of \$12 million in the department of Mental Health and Developmental Budget, including funds for community care, regional staff and the research program at McFarland Hospital.

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### AMI AFFILIATES LEARNING TO BECOME ACTIVE AND VOCAL ON LEGISLATIVE MATTERS

Affiliate members of the State Coalition met with their area Representative John McNamara of the 27th legislative district in his office located in Oak Lawn. Discussion centered on HB-2612 which Representative McNamara introduced into the legislative hopper. HB-2612 involves changing the mental health code of Illinois so that more benefits and services will reach the MI's.

Groups present were AMI of Du Page County and AMISS—AMI of South Suburbs. Dan Daniels, President, Ann Daniels and Ted Ebert represented AMI of Du Page County while Don Renick, President, Marge Renick, Kay Pereira, Carolyn Smith and Jane O'Brien represented AMI of South Suburbs. All were urged to write, call or visit state representatives in the passage of all bills affecting the mentally disabled.

A special workshop, a first joint venture of four mental health groups, was organized by State Coalition President, Vi Orr and Legislative Chairperson, Kay Pereira.

The State Coalition has been coalescing with the Mental Health Association in Illinois and the Manic Depressive & Depression groups in order to follow bills through the state legislature and to provide current information to its members.

The four mental health groups involved in this first special workshop, joint venture; AMI—Illinois State Coalition (26 affiliates) Mental Health Association in Illinois Manic Depressive and Depression Association GROW

The workshop was held so all members could become more aware of what needs to be done as we all learn, grow and continue to work together on important legislative issues.

### "LEGISLATIVE UPDATE AND INFORMATION TIPS"

by the pro...Richard Lockhart, Lobbyist, was an educational learning experience for all groups and members interested in helping the disabled. Information covered pertained to the care and treatment of the mentally ill.

Mr. Lockhart discussed, "Sex and the Political Process"—explaining with visual charts, how bills are passed. Other topics covered were SB--1699 CHIP Insurance; SB-1310 (1983) Community Support Systems Act; SB-2458, Local Community Mental Authority Act; SB-1738—DMHDD Budget (Line Item Vetoes)

Special guest speakers included; Dennis Smith, Executive Director of McHenry County Mental Health 708 Board

and

Dolly Hallstrom, Legislative Liaison with Protection & Advocacy, Inc.

Members and organizations should use the next weeks to communicate the importance of all the bills to senators and representatives and develop their support.

We thank Ms. Hiles and The Elmhurst Memorial Hospital, Elmhurst, Illinois for the lovely meeting room and for services extended.

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**When single efforts  
join together,  
then there is hope.**

THE CLIENT COUNCIL  
by Jeff Womack

At the 1985 NAMI CONFERENCE IN New Orleans a resolution was passed authorizing the creation of a Client Council, which includes one ex-patient, nominated from each state. The Client Council Board members shall serve a three year term. If a vacancy in this position should occur, the Executive Board of the NAMI Client Council shall select a member to serve as a director for the remainder of the term.

In the spring of 1986, Vi Orr, President AMI-IL State Coalition, selected Jeff Womack from AMI-Rock Island/Mercer Counties affiliate to be the Client Council Rep. from Illinois. Jeff will serve three years and it is important to note that the current State Representative for the Council was appointed. If, in the future, it is possible, it would be good to consider the election of the AMI-IL Client Rep. who would serve on the next term.

NAMI 1986 conference was held in Boston, July 2 thru 7. Jeff Womack attended the NAMI Client Council meetings and workshop. Davis Pollack, NAMI Board and Don Culwell, Chairman of the Interim Client Steering Committee conducted the meetings. The Client Council was represented by approximately 20 states. Two important goals were to get to know each other and select officers. The person selected as President of the NAMI Client Council would also be on the NAMI board to allow a voice from a client's perspective. Four offices were to be selected from nine nominees. The NAMI Client Council Officers are:

Don Culwell,	President	Texas
Esso Leete,	Vice-President	Colorado
Barb Pilvin	Secretary	Pennsylvania
Bill Butler	Treasurer	New Jersey

Upon selections, the Executive Board of the NAMI Client Council, became the official Subgroup of NAMI.

A Note of Thanks to AMI-IL State Coalition for supporting the concept of State Client Council Rep. Thank you to Rock Island/Mercer County AMI and all the other affiliate members who contributed to Jeff Womack's trip, board and room at the 1986 NAMI convention.

Appreciatively, Jeff

Jeff and Stanlee are regular columnists for the Client/Consumer Corner. Their news-articles will continue to appear for your interest

SHOULD THERE BE AN ILLINOIS  
CLIENT COUNCIL?

The determination to have a local and/or State Client Council should be dependent upon the interest and the need. If there were to be a Client Council what purpose would there be for its existence?

To begin a Client Council affiliated with AMI it would seem reasonable to assume a posture of support for AMI at the local, state and national level when possible. AMI-IL four goals are research, advocacy, support and education.

To enable the concept of a Client Council in Illinois to proceed past a discussion level, It is recommended that each affiliate of the State Coalition appoint or elect from clients, who are AMI members in good standing, a representative for a State Client Council Steering Committee. The Steering Committee could meet at a future State Conference to determine Steering Committee activities.

One last bit of Client Council business is in regard to what persons who have experience or are experiencing a severe mental illness like to be called? Do you like 'client' or would someother term be more appropriate or less stigmatizing? How about 'consumer' because we utilize mental health services and other community services? Or patient/ex-patient because we have been or are under a Doctor's care for our experience with mental illness? If you have an opinion in regards to what term is most acceptable, please contact Jeff Womack so he can share input to the NAMI Client Council as soon as possible.

Address your input on what term is acceptable and other suggestions or interest in an Illinois Client Council to:

Jeff Womack  
1817 - 45th St.  
Rock Island, IL 61201

CLIENTS' VIDEO PRODUCTIONS

by Kevin Sheridan

Sometimes reality is an amusing thought. For the psychiatrically disabled reality is the ugliness of the truth. The patient alone in a world he doesn't fully understand. He has others like himself whom are his friends. He realizes that caring means more than making sure medication is taken or that he remains calm while people he doesn't know, pry into his life's history. Living in the sedate environment of Du Page County has given a group con't. next page.....

CLIENTS' VIDEO PRODUCTIONS CONTINUED  
FROM PREVIOUS PAGE

of patients the opportunity to agree that reaching out to others, like themselves, is the best way to make friendships that touch upon the reality that the patient has to live with.

These people formed their own video company, C.A.P. 1, Video Productions. Six clients along with Residential Counselor, Wardell Peel, were interviewed by Cooper's Corner, North Shore Line, to talk about our purpose. Norm Bartels and Dr. Gary Noll of Du Page County Health Dept. were also interviewed to give the audience a conception of the psych. patient and psychiatry.

C.A.P. 1 Video Productions will be producing their own videos from W.C.T.V. and will be making productions available to those who may be interested.

#### PRIMARY OBJECTIVES

To produce 30 min. productions using our own daily experience to explain what it is like to suffer with schizophrenia and depression. To educate the general public and visually prove to society that we are normal human beings....with special problems.

We want to share solutions with others around the country who suffer as we do.

We are creating jobs for ourselves and intend to hire others who suffer as we do. We intend to prove to others like us that we can stand up and shake off the stigmas and myths about us. That we can get on with our lives and be successful.

For further information you can write to:  
Linda Lukasik, President  
C.A.P. 1 Video Productions  
211 N. President, Suite 7  
Wheaton, IL 60187  
312-668-4190

-----  
STATELINE is interested in client activities, productions and jobs programs throughout the state. We would be happy to give timely reports in our Client/Consumer Column.

#### 1986 MENTAL ILLNESS AWARENESS MOTTOS

Give the mentally ill a chance  
for a change.

The brain is part of the body.  
It, TOO, can become ill.  
Schizophrenia/Depressive Disorder are  
no fault brain illnesses.

AMI-ILLINOIS STATE COALITION PARTICIPATES IN  
DORS CONVENTION IN SPRINGFIELD-OCT. 7-8-9.

AMI members were speakers at the Prairie Capital Convention Center in Springfield as 600 DORS-Dept. of Rehabilitation employees attended the DORS Convention entitled "Looking Back to Tomorrow." When Vi Orr, AMI-I President was approached to present a panel, she said, "What an opportune time during Mental Illness Awareness Week." One of the keynote speakers was AMI Northwest Suburban member, Earl Comerford who spoke on "Mental Illness-Tomorrow-Is It Forever?" Earl asked that DORS become aware of the mentally ill for they are the most neglected of our disabled citizens. He stated that as a result of this fact AMI has become the voice of the mentally ill because they cannot speak for themselves. As an analogy he compared AMI to a sleeping giant awakening from sleep and just beginning to flex its muscles to bring acting in obtaining overdue services.

Peg Farney and Jean Black joined Doug Megenity President of Springfield AMI along with Rev. Robert Dell and Ann Piatnitzka - panel facilitator, State Coalition members, to describe the characteristics of the client and to emphasize how the client can be serviced by DORS more effectively. Doug showed a tape which was previously aired on the 60 Minute TV program entitled, "Schizophrenia." The tape very aptly portrayed the client visually with Dr. Torr commenting on the disease and its ramifications

The AMI speakers emphasized that shorter waiting periods for services, psychosocial training before employment, flexible job schedule for clients, follow-up on the job, judicious case closures, availability of records, option of having family members or advocates make the transition to part-time of full time employment. Continuous professional growth by the DORS employees in the area of mental illness, legislative bills and activities of AMI would also result in more effective decisions by DORS

The DORS staff was given an overview of AMI-Illinois State Coalition goals and objectives as well as a packet of educational materials.

During the six presentations the discussion periods uncovered many of the problems and concerns by both AMI presenters and DORS staff, regarding the mentally ill. It was an excellent opportunity for AMI and DORS to meet each other and become acquainted. The needs of the mentally ill and how they can best be served by DORS was an important topic on the convention agenda and one of the highlights of activity for the State Coalition and the affiliates during Mental Illness Awareness Week.

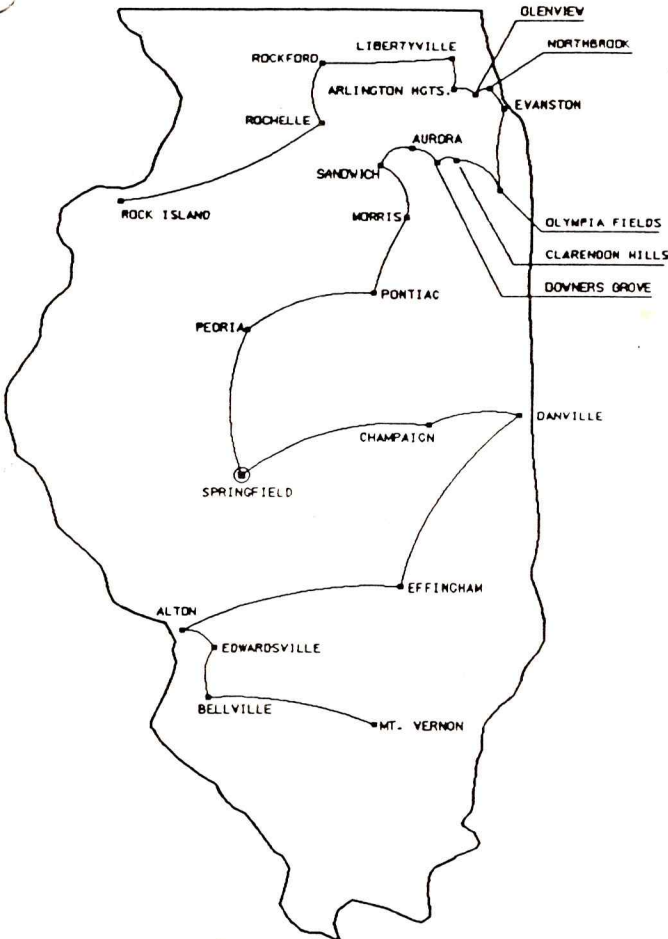
AMI of ILLINOIS, INC.  
STATEWIDE TELEPHONE TREE

With a desire to help the AMI movement Kay Pereira, AMISS discussed with State Coalition President, Vi Orr the possibility of organizing a telephone tree. Ms. Orr gave her the encouragement to proceed and to take the chairmanship. Kay ventured into the job with great enthusiasm and the AMI groups have her to thank when an important message must be reached to all the affiliates

AMI-I affiliates telephone tree is set up to receive and transmit any information pertinent to state and federal legislation and any important business involving the State Coalition.

Her work is not without frustrations - with the rapid growth of the AMI movement she has to constantly update and revise the list. So well did she do the job, that the local AMI affiliates are now asking her to set up a tree for the area chapters.

Her message to each affiliate: "The plight of the mentally ill can no longer be fought by a few. We must all do our part. Please do not break the phone-tree at any point. Remember, we are only as strong as our weakest link!"



THANK YOU-YOUR CONTINUED SUPPORT ENABLES US TO CONTINUE OUR WORK.

SEND CONTRIBUTION(s) TO  
AMI-ILLINOIS STATE COALITION  
P.O. Box 863 GLENVIEW, IL 60025

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_

STATE \_\_\_\_\_ ZIP \_\_\_\_\_

\_\_\_ Parent/Family \_\_\_ Friend

\_\_\_ Professional \_\_\_ Organization

\_\_\_ Patient/Ex-Patient

\_\_\_ 10 \_\_\_ 25 \_\_\_ 50 \_\_\_ 100 \_\_\_ other

THE ANCHOR CLUB-1986

A \$501-\$1000 provides us financial stability and is a clear declaration of the donor's confidence in us. MEMBERS BELOW:

- Mr. & Mrs. Paul McGuire
- Forest Hospital Foundation
- China Market/Peking Market Pl-Honolulu, HI
- Vi Orr & Family
- Minann Foundation
- 3M Company
- AMI of Rock Island & Mercer Cty-Rock Island
- AMI of Livingston & McLean Cty-Pontiac
- AMI of Northwest Suburban-Arlington Hgts.

OFFICERS AND DIRECTORS SERVING YOU-1986

Vi Orr -Pres.	Glenview	312-729-1457
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Delbert Mundt	Effingham	219-739-2254
Carolyn Smith	Oak Lawn	312-423-3451
Bob Dell	Sandwich	315-786-6341

DIRECTORS

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Kay Weinrich	Sterling	815-625-6036
Robert Willey	Rockford	815-226-1735
M. Calderera	Downers Grove	312-986-0521(New

AMI-IL STATE COALITION OFFICE PHONE # is:  
312-297-9966

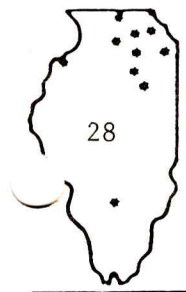
# Get Acquainted With Your Affiliates

ALTON	NORTHERN MADISON COUNTY/PARENT SUPPORT GROUP	618-465-2921
ARLINGTON HEIGHTS	AMI OF NORTHWEST SUBURBAN	312-991-1773
AURORA	OPERATION COPE	Not available presently
BELLEVILLE	SOUTHERN ILLINOIS AMI	618-234-2173
CHAMPAIGN	SUPPORTIVE FAMILIES OF THE MENTALLY ILL	217-356-3140
CHICAGO	AMI OF GREATER CHICAGO	312-642-3338
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# AMI • Looking within... and beyond

## FACTS ABOUT MENTAL ILLNESS

About 2.4 million Americans are chronically mentally ill. (Newsweek-Jan. 6, 1986)

Schizophrenia means "out of touch with reality." Its main symptom is thought disorder. It is not "multiple personalities."

Schizophrenia wipes out young people during what should be the most productive period of their lives. (Richard Lewine, Ph.D)

The % of crime among the mentally ill is the same or lower as in the general population. A mentally ill person is more dangerous to himself than to others.

The U.S. spends annually for research \$1,000 per muscular dystrophy patient; \$300 per cancer patient; \$161 per multiple sclerosis patient; and only \$20 per patient for schizophrenia and the major depressive disorders. (stated on TV and by NAMI)

For every \$1000 invested in rehabilitating physically or mentally disabled people, the economy gets back \$9,000. (Sylvia Porter, Economist)

One of every 100 people has schizophrenia; one of every 20 has depressive disorders. Schizophrenics occupy 1/4 of all hospital beds in the United States.

One of every 5 Americans will have some type of mental illness (e.g. schizophrenia, depression, anxiety disorders) at some time in his/her life.

Almost every American family has been or will be affected in some way by someone with a psychiatric condition, someone socially disabled. (Dr. Bert Pepper)

Last year Congress spent 50 million dollars for research into schizophrenia and the major forms of depressions-about the same amount it contributed to interest payment on the Washington, DC subway system. Even so, that's better than 1980 when it spent on schizophrenia research about the same amount it allocated for tooth decay research. (Nat'l.Inst. Mental Health)

Among all the states in the U.S., Illinois ranks 40th in the quality of care and services for the mentally ill.(E. F. Torrey/Sidney Wolfe)

## May your holidays be healthy, nappy and safe!



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Melrose Park, Northlake areas)

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Quincy, Illinois

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THE MENTALLY ILL IN OUR COMMUNITIES: WHERE DO WE GO FROM HERE?

Sponsored by  
THE LEAGUE OF WOMEN VOTERS OF ILLINOIS EDUCATION FUND

Saturday, March 21, 1987  
Chicago Hilton and Towers, 720 South Michigan AV, Chicago, IL

- 9:00 AM Registration and Coffee
- 10:00 AM Panel Presentation and Discussion  
Moderator: Phoebe Steele Telser, Chair, LWVILEF Mental Health Task Force
- The State's Role in Community Mental Health Services  
Ann Kiley, Director, Department of Mental Health and Developmental Disabilities
- Current Legislative Issues  
Woods Bowman, Illinois State Representative, 4th District
- Community Fears and Zoning Issues  
Daniel Lauber, Attorney and Planning Consultant, Planning/Communications
- Urban Mental Health Services  
Robert A. Washington, PhD, Executive Director, Community Mental Health Council
- Downstate Mental Health Services  
Bobby J. Wilkerson, Executive Director, County of Macon, Mental Health "708" Board
- 12:00 Noon Luncheon and Speaker
- The Potential for Psychiatric Rehabilitation  
William Kennard, Associate Director of Technical Services,  
Center for Psychiatric Rehabilitation, Boston

Co-sponsors: Alliance for the Mentally Ill - Greater Chicago \*\* Alliance for the Mentally Ill - South Suburbs \*\* Alliance for the Mentally Ill - State Coalition \*\* Association of Community Mental Health Authorities of Illinois \*\* Community Mental Health Board of Chicago \*\* GROW Inc. Habilitative Systems \*\* Illinois Hispanic Human Services Association \*\* Illinois Mental Health Education Foundation \*\* Manic-Depressive and Depressive Association \*\* Mental Health Association of Evanston \*\* Mental Health Association of Greater Chicago \*\* Mental Health Association in Illinois \*\* National Association of Social Workers, Illinois Chapter \*\* United Charities, Social Policies Department

-----  
Conference Registration Form

The Mentally Ill in Our Communities: Where Do We Go from Here?

I am enclosing \$ \_\_\_\_\_ for \_\_\_\_\_ reservations for the conference and luncheon.  
(Reservation fee before March 12, 1987 is \$25.00; late reservation fee \$30.00)  
Conference registrations will be limited.

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Please return to: League of Women Voters of Illinois Education Fund  
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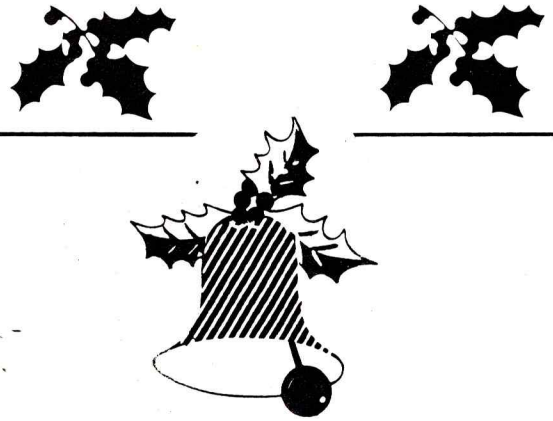


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Volunteer workers sit quietly behind the scenes,  
We know what results their hard work means.  
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Only rain, sleet or big snow can keep them away.  
They don't try to be heard or monopolize the scene,  
They do all the work with a big happy gleam.

We want you to know we gain much from your work,  
Your name is forever embossed in a "special" book.  
You don't seek glory for long hours and tasks you do,  
But we want you to know that WE APPRECIATE YOU.



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ALL OUR MANY FINE SPEAKERS--who helped give special educational workshops  
DEPT. OF MENTAL HEALTH AND DD DIRECTORS AND STAFF

Newsletter printed courtesy of  
Forest Hospital Foundation

### SPECIAL KUDOS TO:

ELGIN, TINLEY, FRANCISCAN AND ZELLAR MENTAL HEALTH CENTERS--for use of auditoriums and meeting rooms for regional state meetings  
AMI AFFILIATES--who "passed the state container" at meetings and donated year 'round  
AMI AFFILIATES--who made the "NEW HORIZONS CLUB" giving over \$500 in donations:  
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# ILL, NOT INSANE

*"The work that you are doing is the most important that is being done for the seriously chronically mentally ill today. It is not understood by most of the professionals who service these people."*

**Elizabeth Bond Ryan**  
Member, Board of Directors  
National Council of Community  
Mental Health Centers

*"The authors pose questions that must be answered and raise issues that must be resolved. Every member of our society should read this book."*

**Barbara Hancock**  
President, Colorado Alliance  
for the Mentally Ill

*"This book is well written and has an important message."*

**E. Fuller Torrey, MD**  
Formerly with the National  
Institute of Mental Health  
and author of  
*Surviving Schizophrenia*

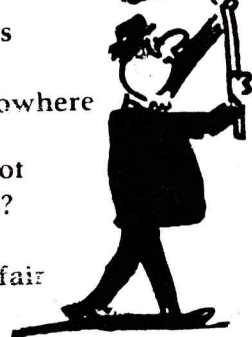
**BONNIE SIGREN BUSICK RN, MA**, has a family member who suffers from a chronic mental illness and is completing a doctoral dissertation on psychobiology and the law. She has written and lectured extensively both regionally and nationally on the biological basis of chronic mental illness and the need to reform the mental health and legal systems.

**MARTHA GORMAN** is an investigative reporter who has exposed abuses within the Colorado mental health care system. She, too, has a family member with a chronic mental illness.

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PROFESSIONAL DEALING WITH  
MENTAL ILLNESS SHOULD  
READ THIS BOOK.

# Surviving

# SCHIZOPHRENIA

A Family Manual by E. Fuller Torrey, M.D.

This is the first complete book for the lay reader on the most widespread, incapacitating and terrifying of all mental illnesses. Schizophrenia strikes one out of every hundred Americans in their lifetime. Over two million people in this country have it, and this year (and every year that follows) another hundred thousand will be diagnosed with it for the first time. Further, its victims spread beyond even these staggering numbers, for its ripple effect (families, friends, employers, fellow workers) and its costs are enormous. Living or working with a schizophrenic can be a difficult and frightening experience.

In this humane, lucid and practical book, Dr. E. Fuller Torrey, a noted psychiatrist affiliated with St. Elizabeths Hospital in Washington, D.C., describes the nature of the disease, what symptoms do and do not characterize it, how it is diagnosed, what the prognosis is for different ages of onset and frequency of recurrence, when hospitalization is indicated, how to care for a schizophrenic patient at home, whether he or she should live at home or not, what the effects are on the family stability, state laws on voluntary and involuntary commitment and facts on compensation and medical benefits.

Schizophrenia is a much misused term and often inaccurately perceived illness subject to many myths:

- It is NOT caused by childhood traumas
- It is NOT caused by domineering mothers and/or passive fathers
- It is NOT caused by any guilts, acts or failures of the victim
- It is NOT responsive to treatment by psychotherapy

### Schizophrenia

- IS a real disease (or group of diseases)
- DOES have concrete and specific symptoms different from other mental illnesses
- IS a result of flawed brain biochemistry
- MAY be treatable by specific psychotropic drugs
- OFTEN HAS a genetic component
- IS SOMETIMES CURABLE

Dr. Torrey writes with humaneness and clarity, separates nonsense from facts and provides responsible, accurate and enormously helpful up-to-date information in text and appendixes.

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# THE BRAIN TISSUE RESOURCE CENTER

EDWARD D. BIRD, M.D.  
*Professor of Neuropathology*

*Ralph Lowell Laboratories  
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 115 Mill Street  
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The Brain Tissue Resource Center (Brain Bank) has been established to promote the research and understanding of neurological and psychiatric disorders. We encourage physicians and family members to request autopsies and to contact us regarding brain donations. We collect brains from all over the United States. All that is necessary to begin making these arrangements is a phone call or letter from a physician or family member. Our phone is answered 24 hours a day.

Through the establishment of the Brain Bank, we hope to maximize the utilization of brain tissue donated from patients who suffered from neurological and psychiatric disorders. A central resource is the most productive way of handling these tissues to encourage vital research, insuring uniform dissection and distribution of samples. The tissues we collect are dissected and sent to neuroscientists throughout the world. When appropriate, a neurological report will be sent to the health professional concerned with the case. This serves as a permanent record which may be of value in counseling other family members in

the case of inherited disorders. Confidentiality of the patient's identity is strictly maintained.

Every study requires tissue from non-affected persons for comparison with the neurological or psychiatric disorder being investigated. Therefore, the Brain Bank is very much in need of brain donations from non-affected as well as affected persons. Each brain provides a large number of researchers with small amounts of tissue that are usually sufficient for their studies.

The maintenance of an adequate supply of tissue to continue our program and insure further important psychiatric and neurologic research depends entirely on the cooperation of interested physicians and family members.

The Brain Bank has been partially funded by the Public Health Service, lay organizations and contributions from concerned individuals.

If you have any questions or would like further information, please feel free to write to our office.

**HARVARD MEDICAL SCHOOL**

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**BRAIN DONATIONS FOR NEUROLOGICAL RESEARCH**

A brain donation can be made at any time. We find it useful to make arrangements in advance of a donor's death since at the time of death a donor's wishes may not be apparent to those professionals who would otherwise be instrumental in assuring that a brain donation goes smoothly. At the time of the donor's death, family members may be confused or forgetful. We therefore encourage donors to discuss their decision with their family or friends and with their physician, who can help our Center by understanding our needs and informing the donor's health care staff. In addition, we have materials that may be included in a donor's medical record to alert medical professionals as to the proper procedure to follow.

Keep the attached donor card to carry in your purse  or wallet

Thank you for your help and interest.

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of \_\_\_\_\_  
 print name of donor

So that I may help others, I do hereby authorize and direct that upon my death, my brain and medical history be used for the purposes of medical research and diagnostics through the Brain Tissue Resource Center, McLean Hospital, Belmont, MA 02178-9983.

\_\_\_\_\_  
 Signature of donor Date \_\_\_\_\_

\_\_\_\_\_  
 Witness Witness  
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- Slippers
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- Underclothing
- 
- Aftershave/cologne  
(in plastic, please)
- Hair grooming
- Soap case
- Shaving kit
- 
- Wallet
- Playing cards
- Cigarettes/cigars
- Candy/gum
- Writing material

## Women

- Caps or scarves
- Pantyhose
- Sweaters
- Slippers
- Socks
- Gloves/mittens
- Underclothing
- 
- Cologne (in plastic, please)
- Dusting powder
- Hand lotion
- Make-up
- Cosmetic bag
- Shampoo
- 
- Jewelry (no stick pins)
- Coin purse
- Handbag
- Cigarettes
- Candy/gum
- Writing material

Christmas/greeting cards for patients to mail to friends and relatives

## For a Unit

- Magazine subscriptions
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Not only at Christmas time--but all year around you can help in small ways.

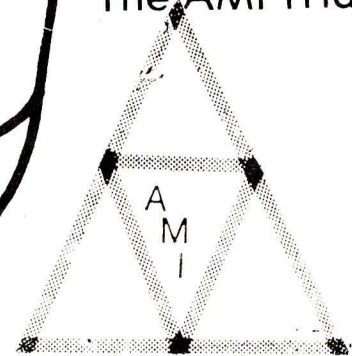
Gifts are wanted by the Volunteer Services at your local Mental Health Centers for;

- Birthdays
- Bingo prizes
- Special Events/Needs
- Holiday Gifts

Check with your area State Mental Health Centers to see how you and your AMI affiliate can help.

Thanks to Elgin Mental Health Volunteer Services for preparing this list.

## The AMI Triangle



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The bank handles the sending of fine quality receipt (to you) and recognition card to the person you designate. Funds are maintained in an interest bearing account.

The AMI-ILLINOIS STATE COALITION need is great, but there may be an especially good reason for you to give before dec. 31, 1986. Changing tax laws means that your checks or negotiable securities could result in a bigger tax break this year than next.

The Triad--a union of three closely related groups all needing your financial support as we continue to work together to ensure effective and efficient progress. We need to support all three to see our dreams come true.

We are certain that you want your STATE COALITION to continue to be a victorious standard bearer in our efforts to protect and work for the mentally ill. We are equally certain that, upon reflection, you will want to share and be part in our future victories.

For your convenience, we have attached a remittance envelope in this end of the year newsletter. Please take a moment now to write a check and mail it today.

(It's tax-deductible)

# HAPPY HOLIDAYS



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YOU!  
YOUR HELP  
YOUR INVOLVEMENT  
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Chicago Tribune, Sunday, December 7, 1986

## High anxiety ...

Lawyers at the Illinois Department of Mental Health and Developmental Disabilities are about to jump out the window over an internal memo that makes a very strong case that patients have been injured or have died because of negligence. Paranoia is running deep because of potential financial liability. The 62-page document, which reads like a quasi-legal brief, was sent to DMH/DD director Ann Kiley by Ronald H. Davidson, a psychologist at Illinois State Psychiatric Hospital. It contains new allegations of widespread patient abuse, both physical and sexual, and links the problems to insufficient staff. Because the state budget dictates the number of DMH/DD employees, and the state's patronage system in part dictates hiring, the memo charges that the practices constitute de facto negligence. While Kiley's in the hot seat now, the problems have plagued the department for years. What's new is that the state, faced with the potential of paying damages, might finally take action.

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GIVE TO THE ILLNESS THAT  
IS LEAST UNDERSTOOD—MENTAL ILLNESS



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